

ACTIVITY GUIDE

SUMMER • MAY - AUGUST 2020

LOVELAND PARKS & RECREATION



City of
LOVELAND
PARKS & RECREATION

ONLINE REGISTRATION BEGINS
Monday April 27 at 6:00 p.m.

BY PHONE REGISTRATION BEGINS
Tuesday April 28 at 8:00 a.m.

WALK-IN REGISTRATION BEGINS
Upon facility re-opening

Loveland Parks & Recreation

cityofloveland.org/parksrecreation

500 E. Third St., Suite 200

Loveland, CO 80537

970.962.2727

parks@cityofloveland.org

NATIONAL RECREATION & PARK ASSOCIATION'S

3 PILLARS OF PARKS & RECREATION

MAKING AN IMPACT ON QUALITY OF LIFE



1. CONSERVATION

PRESERVING NATURAL RESOURCES

Oftentimes, parks & recreation agencies are the only voice for ensuring that open space is protected, our youth have access to nature-related areas and that services and outdoor education are available. These have quantifiable economic benefits to our community.

2. HEALTH & WELLNESS

IMPROVING HEALTH, ENHANCING LIFE

Our staff are leaders in recreation, sports and nutrition and offer fitness, sports and healthy lifestyle classes for people of all ages and abilities. They seek to reduce obesity, physical inactivity and poor nutrition while strengthening skills that enrich body, mind and attitude.



3. SOCIAL EQUITY

ACCESS & INCLUSION FOR ALL

We strive to be a catalyst for ensuring all residents have equal access to our resources and services. We offer opportunities that transcend barriers of income through outreach activities such as our mobile recreation trailer and movies in the park. We also provide scholarships via our Parks & Recreation Foundation.

GET INVOLVED!

LOVE WHERE YOU LIVE, WORK & PLAY

Join us this winter! Enroll in a class or two, explore our open lands and natural areas, ride or walk the 22-mile paved recreation trail, discover a park or take a swing at golf.



VOLUNTEER

GIVE BACK, GET MORE

We're always looking for volunteers. We couldn't do what we do without them! Whether it's behind the desk at the Chilson Senior Center, outdoors with environmental education or coaching youth athletics, our volunteers are vital to our community.

FROM THE DIRECTOR

In these unprecedented times, our Parks & Recreation pillar of Health & Wellness has faced many challenges, and we've needed to change and adapt as situations evolved. We're honored to serve you and provide special places for you to enjoy, and we need them now more than ever. An essential part of operating a park relates to the health and safety of our staff, volunteers and visitors like you. As the COVID-19 situation has been very fluid, we continue to put our best foot forward by reviewing and updating our approach to management to ensure safe access to recreation, leisure and wellness opportunities for everyone.



Elizabeth R. Kayl, CPM, CPRP
Director, Parks & Recreation

Americans have celebrated National Park and Recreation Month in July since 1985. During this time, we highlight and promote the benefits of local parks and encourage people to get outside, explore and enjoy outdoor activities. Visiting a park or walking on a trail is an excellent way to **improve mental health, relieve stress and increase physical activity**, things we especially need now. Exposure to nature improves **creativity, decreases stress hormones and calms aggression**. Summer is a great time to get outside, enjoy the fresh air, take a hike or simply enjoy the beauty of Loveland at one of our many outdoor spaces.

In June we celebrate National Trails Day, a perfect time to celebrate our awesome trail system with a brisk walk or leisurely bike ride. Opportunities to explore the great outdoors are truly endless, as long as we rely upon safe and healthy practices.

By the time you are reading this, our hope is that impacts from COVID-19 have begun to normalize, and we are set for a great summer recreation season. We will continue to assess the situation in real time and provide the best options for your leisure and wellness needs.

Unleash the power of parks this summer in the City of Loveland! Reach your goals, discover new adventures, increase your knowledge and embrace nature!

Elizabeth R. Kayl, CPM, CPRP

Director, City of Loveland Parks & Recreation



SMILE! You could be on the next cover! The Parks & Recreation Department reserves the right to use images and/or photographs of anyone in any activity, park or public place in present and/or future printed publications or on the department web pages for promotional purposes, unless told otherwise at the time the image or photograph is taken.

CONTACT US

Parks & Recreation • 970.962.2727

cityofloveland.org/parksrecreation
[Activity Registration \(info\)](#)
970.962.2386
cityofloveland.org/webtrac

Chilson Recreation Center • 970.962.2386

cityofloveland.org/chilson
[Racquetball Reservations](#)
970.962.2386

Chilson Senior Center • 970.962.2783

cityofloveland.org/chilson

Athletics • 970.962.2445

cityofloveland.org/athletics
teamsideline.com/loveland
[Weather Cancellations](#)
teamsideline.com/loveland
Check up to 30 min. before practice
or games are scheduled to begin.

Golf • 970.962.2496

cityofloveland.org/golf
golfloveland.com
Tee Times Call or go online
Cattail Creek 970.663.5310
Mariana Butte 970.667.8308
The Olde Course 970.667.5256

Open Lands & Trails • 970.962.2727

cityofloveland.org/openlands
[Environmental Ed/Volunteers](#)
970.962.2643

Parks • 970.962.2727

cityofloveland.org/parks
[Park Shelter Reservations](#)
970.962.2727
cityofloveland.org/webtrac

Winona Outdoor Pool • 970.962.2435

cityofloveland.org/outdoorswimming
[Weather Cancellations](#)
970.962.2435, option 2

Follow Us on Social Media



@cityoflovelandparksrecreation
@cityoflovelandchilsoncenter



@cityofloveland



@lovelandparksandrec

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Due to COVID-19, some activities may be cancelled or rescheduled. Subscribe to our Parks & Recreation e-newsletter to stay up-to-date at cityofloveland.org/parksrecreation

CHILSON RECREATION & SENIOR CENTER

700 E. Fourth St. • Loveland, CO 80537
Visit us online: cityofloveland.org/chilson

Recreation Center: 970.962.2386
Senior Center: 970.962.2783
TDD: 970.962.2620

AMENITIES

Fitness

- State-of-the-art strength training equipment
- Indoor cycling studio
- Over 70 group exercise classes each week
- Friendly & professional personal training
- TRX classes

Aquatics

- Lap pool
- Leisure pool with speed slide
- Aquatics programs & exercise classes
- Hot tubs - indoor & outdoor
- Steam room

Facility

- Indoor walking & jogging track
- 3 racquetball courts
- 2 gymnasiums
- Drop-in childcare
- Conference & event facilities
- Party packages

CELEBRATE YOUR EVENT

The Hatfield Chilson Recreation/Senior Center is a great venue for your next event. Casual or formal, big or small, with audio visual equipment for your training or seminar needs. Chilson has rental space available that may be perfect for you! Call 970.962.2503 to plan your next event. Interested in a swim birthday party? Book online at cityofloveland.org/webtrac or call 970.962.2468. Gymnastics parties and Winona Outdoor Pool rentals are also available!

Close to downtown Loveland, the Chilson Center is easily accessible from I-25, Highway 34 and Highway 287. Our professional, experienced staff are happy to assist you in planning your event and are committed to ensuring a memorable experience for you and your guests.

Want more SPLASH in your PASS?

Upgrade your Chilson pass to include Winona Outdoor Pool this summer!

6 Month | 1 Year | Monthly Billing | 3 Month

Individual \$25
Family \$50

Did you know? Chilson 10-Visit, SilverSneakers® and Renew Active passes can be used at Winona Pool, too! Swim like a fish and have fun in the sun!

HOURS - Recreation Center

Monday-Friday 5:30A-9:30P
Saturday 6:00A-6:00P
Sunday 11:00A-6:00P

HOURS - Senior Center

Monday-Friday 8:00A-5:00P
Saturday Open 9A-12P Billiards ONLY

HOLIDAY & MAINTENANCE CLOSURES

Dates	Rec Ctr	Senior Ctr
M, 5/25 Memorial Day	5:30A-2:00P	CLOSED
Sa, 7/4 Independence Day	CLOSED	CLOSED
M, 9/7 Labor Day	5:30A-2:00P	CLOSED
Aquatics/Pool area	CLOSED	M, 8/31-M, 9/7*

*These dates are tentative & subject to change

FEES - Chilson Recreation/Senior Center

Infants (1 & under) are FREE w/paid adult

Age	Daily Fee	10-Visit**
Toddlers (2-5 Years)	\$3.25	\$29.25
Youth (6-18 Years)	\$4.25	\$38.25
Adults (19-61 Years)	\$5.75	\$51.75
Seniors (62+)	\$4.50	\$40.50

Age 3 Month ★

Youth (6-18 Years)	\$86.50
Adults (19-61 Years)	\$157
Seniors (62+)	\$90
Family*	\$229

Age 6 Month ★ 1 Year ★

Age	6 Month Res NR	1 Year Res NR
Youth (6-18 Years)	\$140 \$163	\$248 \$278
Adults (19-61 Years)	\$265 \$297	\$465 \$520
Seniors (62+)	\$157 \$169	\$260 \$291
Family*	\$382 \$429	\$683 \$768

Monthly ★ Billing	Initial 2 Month Payment	Monthly Payment
Age	Res NR	Res NR
Youth	\$41.40 \$46.40	\$22.66 \$25.16
Adults	\$77.50 \$86.70	\$40.75 \$45.33
Seniors	\$43.40 \$48.50	\$23.66 \$26.25
Family*	\$113.90 \$128.00	\$58.91 \$66.00
Childcare (add on)	\$15.00 \$10.00 (1 st child 2 nd +))	\$7.50 \$5.00 (1 st child 2 nd +))

*Family = 1-2 adults + child(ren) under age 21 at home
**10-Visit pass is valid for 3 years
★ Pass fees include 1-week facility closure for annual maintenance. Additional area closures may also occur.

Drop-In Childcare

Parents, legal guardians and persons in charge (immediate family members) participating in classes/working out may utilize drop-in childcare for ages 3 months through 8 years. Infants 3 through 7 months require a reservation. Call 970.962.2386 or stop in for details.

MAX VISIT: 2 hour limit per day

HOURS - Childcare

Monday-Thursday	8:45A-1:30P & 4:00-8:00P
Friday	8:45A-1:30P & (Sep-May) 4:00-7:00P
Saturday	Only Sep-May: 9:00A-12:00P

FEES - Childcare

Daily Fee: \$2.50

10-Visits: \$22.50

Upgrade your annual pass:
\$90 1st child; \$60 ea. additional child
Also see monthly billing options below.

Recreation Center Fees

Fees provide access to fitness equipment, gym, weight room, exercise track, racquetball courts, most fitness classes, swimming pools, hot tubs, steam room and locker room with locker.

Cancellation fee may apply for passes or visit cards.

See bottom of pg. 3 for pool rules.

Group Rate

Bringing a group of 10 or more? Please submit a group attendance request form online: cityofloveland.org/groupswim at least 48 hours in advance to be eligible for a \$4.00/person group rate. Group requests may be made only for the current calendar year and are on a first-come, first-served basis, subject to space and staff availability.

Senior Center Fees

No fees are required to enjoy activities in the lobby including billiards, cards, chess, etc. Refer to the Active Generation pages for Senior Activity Card (SAC) benefits and fees for classes/activities.

DROP-IN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LARGE GYM: West (front)							
Basketball 18+ Full Court	5:30A-3:30P 5-9:30P	10A-1P	9:30A-1P 5-9:30P	9:30A-1P	5:30A-1P	3-6P	3-6P
Family/Open Basketball	3:30-5P	1-9:30P	1-5P	1-9:30P	1-9:30P	11A-3P	11A-3P
Pickleball		6-9A 50+	6-9A 50+	6-9A 50+			
LARGE GYM: East (back)							
Basketball 18 Full Court	---	---	---	9A-1P	---	---	---
Family/Open Basketball	9:30A-9P	10A-5:30P	1-9:30P	3:30-9:30P	10:30A-1P 7-9P	8A-6P	3-6P
Pickleball	6-9A 50+ 1:30-3:30P 50+	6-9A 50+	6-9A 50+ 9A-1P All ages	6-9A 50+ 1:30-3:30P 50+	6-10A All ages 1:30-9P 50+	---	11A-2P 50+
Volleyball - Coed	---	5:30-9:30P	---	---	---	---	---
SMALL GYM:							
Volleyball - Coed	---	5:30-9:30P	---	---	4:30-9:30P	---	11A-2P
Volleyball - Senior 50+	---	9-11A	---	---	1:30-3:30P	---	---
RACQUETBALL COURTS: Call 970.962.2438 or go online to reserve: cityofloveland.org/webtrac							
Reservation Slots	6A-9P	6A-9P	6A-4P & 8-9P	6A-9P	6A-12P & 2-9P	6A-6P	11A-6P
NEW! Handball Challenge Court		Courts 2, 3 10A-12P		Courts 2, 3 10A-12P			
Racquetball Challenge Court	Courts 2, 3 12-2P	Courts 2, 3 8-10A 12-2P	Courts 2, 3 12-2P & 4-8P Court 1 4-7P	Courts 2, 3 8-10A 12-2P	Courts 2, 3 12-2P	---	Courts 2, 3 11A-2P
Wallyball	---	---	---	Challenge, Ct 3 7-9P	Drop-In, Ct 1 12-2P	---	---

Schedules may be updated periodically; revised schedules posted at the front desk. For more information, please call 970.962.2383. Racquetball equipment rental: \$1.50 per person/per hour. Racquetball challenge court provides opportunities to meet players/practice. All levels invited. Games are played in order of player arrival and are coed. Play to 15 points; winner plays next player waiting, up to 3 consecutive games.

AQUATICS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LAP POOL:							
Lap/Open Swim	5:30A-9P	5:30A-9P	5:30A-9P	5:30A-9P	5:30A-9P	6A-5:30P	11A-5:30P
Aqua Fitness	6A-12:45P	7A-12:45P	6A-12:45P 5:30-6:30P	7A-12:45P	6A-12:45P	8-8:50A	---
Swim Lessons	8:00-11:00A 5-7:30P	8:00-11:00A 5-7:30P	8:00-11:00A	8:00-11:00A 5-7:30P	8:00-11:00A	8:30A-12P	---
Please anticipate limited space availability during time frames listed for aqua fitness classes and swim lessons. See the fitness schedule available at the front desk and online for details on aqua fitness classes.							
LEISURE POOL:							
Open Swim	10A-9P*	10A-9P*	10A-9P	10A-9P*	10A-9P	10A-5:30P	11A-5:30P
Zero Depth	9-10A**	9-10A**	9-10A**	9-10A**	9-10A**	9-10A**	---
Lazy River & Water Walking	6-8A	6-9A	6-7A	6-9A	6-8A	6-9A	---
Aqua Classes	8-10A	9-10A	7-10A	9-10A	8-10A		---
Speed Slide	12-9P	12-9P	12-9P	12-9P	12-9P	11A-5:30P	12-5:30P

* Swim lessons are held during open swim hours in the leisure pool on Mon-Fri 8-11A, Sat 8:30A-12P and Mon/Tues/Thur 5-7:30P
 ** Zero depth area for tots/toddlers (without water features) open Mon-Sat for 1 hour prior to open swim. **Open swim pool schedules are subject to change without notice.** Please inquire at the front desk if there are any closures/deviations. Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6-7 must be directly supervised on the pool deck by someone 16 or older. Youth (under 16) are not permitted to use steam room/outdoor hot tub. **Proof of age may be required.** The use of flotation devices in all bodies of water is limited to water wings or small inner tubes only. Mermaid tails are permitted in the lap pool only. Aquatics policies are posted at: cityofloveland.org/chilson and aquatics area.

Due to COVID-19, some activities may be cancelled or rescheduled. More info: cityofloveland.org/parksrecreation



Richard Haro Photography

SPECIAL EVENTS

Summertime! We've been waiting for this beautiful weather to arrive, and now it's time to get out and enjoy it at one of our many summer special events. Be sure to check out our farmers market for the latest in farm fresh produce and other great finds from local artisans. Or join us for our perennial favorite, Yoga at Mehaffey Park. Or check out this year's All American Car Show at Loveland Sports Park. We've got something for everyone!

STARTS

4/29 Loveland Walk & Bike Month

Venture out for a walk or a bike ride this summer and be part of a virtual celebration! Walking and biking in our community is more essential than ever before. The City of Loveland hopes that everyone who was looking forward to Walk and Bike Month will seek out ways to participate through virtual, solo or safely distanced adventures. Several special events will be available online for encouragement and education. Go to the website for more information on walking and biking safety tips, including Larimer County and the CDC's guidelines for social distancing.

Walking and biking for transportation and recreation is on the rise in Loveland. While daily routines have changed substantially, take the opportunity to integrate walking and biking into your schedule. Think about how some of your trips by car to the grocery store or a nearby trail can be shifted to walking or biking. Rediscover the joy of spending time outside and experience the physical and mental health benefits walking and biking bring. Loveland's Walk and Bike Month can unite us all, even as we must stay apart and stay home. **Details:** cityofloveland.org/walkbikeloveland

**Want to bike and hike with others?
Check out page 55 for guided trips.**

5/2 Pickleball Expo **CANCELLED**

Join the Parks & Recreation Department and the Loveland Pickleball Club for an introduction to pickleball. Preregister for a session to learn about the game plus hands-on playing! Have an opportunity to register for the popular Pickleball Beginning Skills classes (**see pg. 28**). Location: Mehaffey Park, 3350 W. 29th St.

Age: 30+

Sa 5/2 8:00A-3:30P FREE

Sessions - preregister online: cityofloveland.org/webtrac

1: 8:00-9:30A 396100-1 3: 12:00-1:30P 396100-3

2: 10:00-11:30A 396100-2 4: 2:00-3:30P 396100-4

STARTS **5/3 MAY BE RESCHEDULED** Visit golfloveland.com for more info.

5/3 Starting New at Golf (SNAG)

Bring the whole family out to try the Mini-Course at Cattail Creek. Get a brief introduction to golf utilizing specialized SNAG equipment. Have the opportunity to try the four swings in golf and learn basic terminology. Then, put your skills to work and play 9 holes on the Mini-Course for FREE!

More info: cityofloveland.org/minicourse

You must call 970.663.5310 to reserve a time.

All ages

Su 5/3, 5/10 11:00A-12:30P FREE

5/13 Fashion Show & Tea CANCELLED

Enjoy an afternoon of tea, treats and beautiful spring fashions from local stores. Location: Chilson Senior Center

Age: 18+

W	5/13	1:30-3:30P	\$8	231032-1
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5/16 Kids to Parks Day at North Lake Park

Aye matey - it's Pirate Day! Get outdoors and kick off summer at this national day of play. Sponsorship opportunities available, call 970.962.2446. Location: North Lake Park, 2750 N. Taft Ave.

- Mobile Recreation Trailer • Arts & Crafts • Buckhorn Train
- Family Geocaching Treasure Hunt - **registration required pg. 45**
- Pirate Picnic (BYO picnic at 11A; desserts provided)
- A treasure chest of goodies and info for all the great summer events and classes from the Parks & Recreation Department

All ages

Sa	5/16	11:00A-2:00P	FREE
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5/16 Fishing Loveland Open Lands

Join this drop-in style public fishing event for all ages and angler skill levels. Stations provide advice from fishing club members and Open Lands volunteers including where to access rivers and ponds in the Loveland area. Activities include viewing river macro-invertebrates under microscopes and a fish handling station to foster good angler habits and ethics. Perfect for families, scout groups and others to learn about fishing. **More info:** offero.cityofloveland.org

Questions? 970.962.2643 Location: River's Edge, 960 W. 1st St.

All ages

Sa	5/16	9:00-11:00A	FREE
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5/30 NEW! Outdoor Gear & Bike Swap

Need to clear out your garage? Rent a space and sell your stuff! Sell your items directly to the buyer and walk away with cash. Join us for a fun day with music, food trucks, bike mechanics and vendors. Booth rental info: visit cityofloveland.org/PREvents or register at cityofloveland.org/webtrac **Bonus event!** Create your best poker hand on the Bicycle Poker Ride. There is a family ride and individual ride - **see pg. 55 for registration info.**

Location: Foundry Plaza on Third St. between Lincoln & Cleveland

Sa	5/30	10:00A-2:00P	FREE
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Booth spaces - limited spaces in each size

5' x 5'	\$25	351200-1
5' x 10'	\$50	351200-2
10' x 10'	\$80	351200-3
10' x 10'	\$100*	351200-4

*commercial vendor

STARTS

5/30 Outdoor Yoga at Mehaffey Park

Increase flexibility, improve balance and calm your mind while enjoying the fresh air. Open to all fitness levels; no yoga experience required. Bring a yoga mat or beach towel to these drop-in classes. Meet east of the bathrooms by the playground. Weather permitting. You may drop in using a Chilson pass or 10-Visit pass for these classes (no payments taken at the park). Instructor: Sondra Love

Location: Mehaffey Park, 3285 W. 22nd St.

Age: 14+

Sa	5/30-8/29	8:15-9:15A	Chilson or 10-Visit pass
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6/5 Tee Off For Kids Golf Tournament WILL BE RESCHEDULED

Visit cityofloveland.org/teeoffforkids for info.

Golfers! Play this tournament where ALL proceeds benefit youth recreation scholarships. Includes 18-hole round, cart, prizes, awards and dinner! **Registrations accepted through May.** **More info:** 970.962.2728 or cityofloveland.org/teeoffforkids

Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

F	6/5	8:00A shotgun	\$230 per 2-person team
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STARTS

6/5 Movies in the Park

Have fun as you enjoy outdoor movies this summer! Play games at the mobile recreation trailer from 6:30-8:30P. Bring blankets, chairs and a picnic if you want (no alcohol or glass).

Fee: FREE **Time:** Dusk (approx. 8:45P) Weather permitting.

Questions? 970.962.2446

F, 6/5: *How to Train Your Dragon 3* (PG), Foote Lagoon

F, 6/12: *Dolittle* (PG), Cattail Creek Golf Course
Free SNAG & driving range for families, 5:30-7:30P

F, 6/26: *The Bad News Bears* (PG), Barnes Softball Complex

F, 7/10: *Happy Gilmore* (PG-13), Mariana Butte Golf Course
Date Night! Play Games on the Range, 6:00-7:30P; drinks available for purchase

F, 7/24: *The Lego Movie 2* (PG), North Lake Park
Giant building blocks available for play, 5:30-8:30P

F, 8/7: *Frozen 2* (PG), The Foundry Plaza
Enjoy an ice cream social for end of summer party!

Dive-In Movie, Winona Outdoor Pool (entry fee required)

Sa, 7/25: *The Princess Bride* (PG), Bring your own float.

6/6 National Trails Day - Volunteer

Trailbuilding Project

Celebrate National Trails Day and help build Loveland's newest soft-surface trail at Sunset Vista Natural Area. We'll use crusher fine gravel materials to lay a new meandering trail through short-grass prairie and along a wetland corridor. No experience necessary, all tools and materials provided. Registration required at offero.cityofloveland.org.

Questions? 970.962.2725.

Location: Sunset Vista Natural Area, 1323 W. 57th St.

All ages

Sa	6/6	9:00A-12:00P	FREE
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NEW! City of Loveland Mobile Recreation Trailer Rentals

We can help you with the fun for your next event. Block parties, corporate events, private parties and more. **Contact Kerry at 970.962.2446 or email P&REvents@cityofloveland.org for pricing and reservations.**

Included with the rental: cornhole – up to 4 boards, ladder golf, giant Connect 4, giant Jenga, disc golf, volleyball, soccer, T-ball, pickleball and much more!

6/7 -9/27 City of Loveland Farmers Market

Voted one of the 10 best farmers markets in the state of Colorado! Farm-fresh produce, baked goods, crafters and entertainment. Fun for the whole family! SNAP/Double Up onsite.

Questions? 970.962.2446 or cityofloveland.org/farmersmarket

Su | 6/7-9/27 | 9:00A-1:00P at Fairgrounds Park, pavilions 1 & 2

- Drop-in Yoga: 9:00A (\$5), ongoing
- 6/7: Opening Day: Bike Day (bike to the market and get \$5 in Market Bucks); smoothie blender bike; beer garden
- Monthly Artist Market: 6/28, 7/26, 8/30, 9/27
- 7/12: Bloody Marys and Mimosas
- 8/9: Watermelon Daze
- 8/23: Kidchella
- 8/30: Senior Day
- 9/13: Honey Festival
- 9/27: Pumpkin Party

6/27 Dog Day of Summer

This 5th annual event offers a variety of opportunities to learn about responsible dog ownership, recreating with your pet, natural area stewardship and information from local pet vendors. You are invited to bring leashed, well-mannered dogs and visit stations for information on enjoying the great outdoors, including dog-friendly sites to visit and exercise options such as rally and agility. Vendors will exhibit equipment, nutrition choices, grooming and boarding options for pets. **More info:** offero.cityofloveland.org

Questions? 970.962.2643

Location: River's Edge Natural Area, 960 W. 1st St.

Sa 6/27 6:00-8:00P FREE

7/4 July 4th Festival

Celebrate Independence Day with music, entertainment, dancing, vendor booths and a fireworks show (at approximately 9:17P) over Lake Loveland! No parking at North Lake Park - additional parking available on 29th Street or limited parking at Loveland High School. You are encouraged to use ride shares with designated drop-off/pick-up locations. For booth and sponsorship info, visit cityofloveland.org/july4th. **Questions?** 970.962.2446

- Kid Zone (near train): **2:00-7:30P** - mobile recreation trailer, face painting, SNAG demos
- Battle of the Bands Competition (amphitheater): **2:00-5:00P** Applications must be submitted by 6/12 (\$25 fee); band will be contacted by 6/26 if selected. Professional judges, sound and lighting provided by Rialto Theater. Cash prizes.
To apply: bit.ly/July4Battle
- Beer Garden (above amphitheater): **3:00-7:30P** - blankets and chairs ONLY on the amphitheater lawn until 7:30P
- Cornhole Tournament (#377901-99): **3:30P** - 32 team single elimination, cash prize for top three teams. Fee: \$30/team
- Children's Bike Parade
4:30P (staging in park)
5:00P (start time): scooters, wagons and strollers welcome for kids 10 years and younger. FREE

7/4 Party at Winona Outdoor Pool

Join us at Winona Pool on July 4th for FUN in the SUN! Great food with a picnic-style menu. Kids' activities and all pool amenities. **Fee:** Winona entry fee. Open expanded hours from 10:00A-5:00P with a FREE Aqua Zumba® class from 8:45-9:45A.

7/11 All American Car Show

Join us for the 13th annual All American Car Show presented by the Northern Colorado Mustang Car Club. All makes and models welcome! \$20 entry fee (includes event T-shirt with preregistration); active duty military may register for free with ID. Enjoy food, beer, prizes, music and trophies. The show is open to the public. No admission fee. Proceeds benefit Hearts & Horses, Operation Gratitude and the Loveland Parks & Recreation Foundation.

Visit allamericancarshow.com for more info or to register.

Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

All ages

Sa 7/11 10:00A-3:00P \$20 car entry
FREE to attend

8/15 Open Lands Community Picnic

Join us for fun and games at the annual Open Lands community picnic. Bring a picnic dinner and enjoy Namaqua Park & Natural Area during an afternoon outdoors. We'll have community lawn games set up with plenty of shaded areas for blankets and lawn chairs. Friendly pets are welcome on a leash. Bring a fishing pole for the Big Thompson River nearby. Closed-toe shoes and long pants recommended for exploring Namaqua Natural Area. **More info:** offero.cityofloveland.org

Questions? 970.962.2643

Location: Namaqua Park, 730 N CR 19E

All ages

Sa 8/15 3:00-6:00P FREE

Outdoor Teambuilding

We hereby invite you to a new form of teambuilding. It's all about having FUN! Get your team out of the office and working together in a new way. We create the opportunity to motivate individual employees to form a team that stays together, works together and achieves together.

GPS Geocaching Scavenger Hunt – Teams will work together to solve clues and find hidden caches. Along the way, you may have to overcome some added challenges.

Hiking/Snowshoeing – Hike as a group, get out in nature and push those comfort zones. Along the way you will be encounter various challenges that the team must overcome.

Contact Kerry Helke at 970.962.2446 or kerry.helke@cityofloveland.org

**Want to bike and hike with others?
Check out page 55 for guided trips.**

**Get the kids outside this summer!
See summer camps on pages 46-48.**

Loveland's State-of-the-Art FITNESS COURT® in partnership with UHealth

Fairgrounds Park 700 S. Railroad Ave.

MONDAY

- 9:00-10:00A
Take Your Brain
on a Walk w/UHealth
6/8, 6/15, 6/22, 6/29
- 9:00-10:00A
Senior Circuit w/Julie G.
7/6-7/27, 8/3-8/24
- 10:30-11:30A
Tai Chi in the Park
w/UHealth 5/18

TUESDAY

- 9:00-10:00A
Conditioning for
Teens w/Glenn
6/9, 6/23, 7/7, 7/21, 8/11
- 9:00-10:30A
Health Walk &
Doc Talk w/UHealth 6/16
- 9:30-11:00A
Nature-Based Mindfulness
w/UHealth 6/30
- 4:00-5:00P
Women's Self Defense
w/UHealth 6/16

WEDNESDAY

- 6:00-7:00A
Boot Camp w/Glenn
6/3, 6/17, 7/1, 7/15, 8/5, 8/19, 9/2
- 8:30-10:00A
Benefits of Interval-Based
Walking w/UHealth 8/19
- 6:00-7:00P
Basic Conditioning w/Glenn
6/10, 7/8, 8/12
- 6:00-7:00P
Basic Conditioning
for Families w/Glenn
6/24, 7/22, 8/26

THURSDAY

- 9:00-10:30A
Health Walk &
Doc Talk w/UHealth 8/6

FRIDAY

- 9:00-9:15A
Intro to Fitness Court w/Linda B.
6/5-6/26, 7/10-7/31, 8/7-8/28, 9/4
- 9:15-9:45A
Basic Class w/Linda B.
6/5-6/26, 7/10-7/31, 8/7-8/28, 9/4

SATURDAY

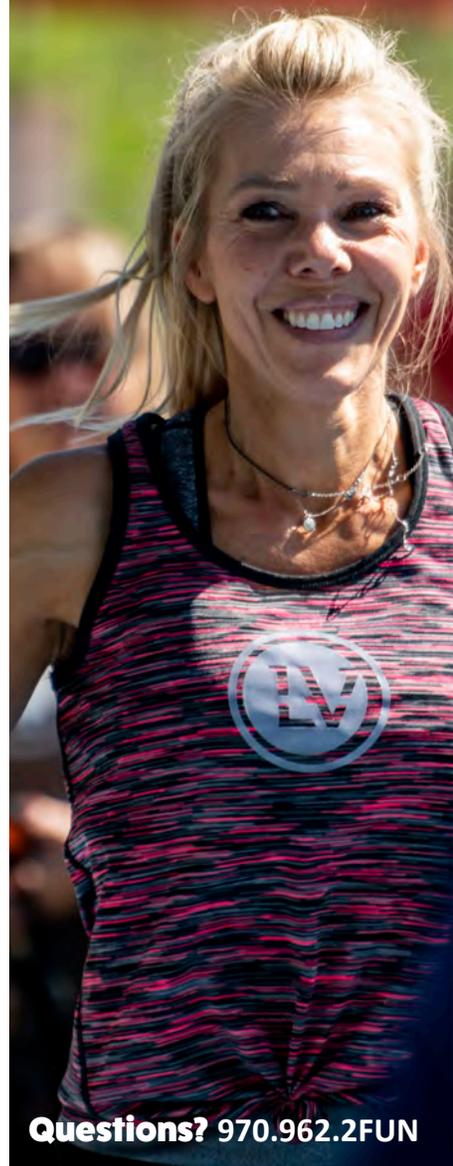
- 9:00-9:30A
Fit Families 101 w/Chilson instructor
6/13, 7/11, 8/8

SUNDAY

- 10:15-10:45A
Basic Class w/Linda B.
5/31, 6/28, 7/26, 8/30

2020 Summer Fitness

All classes are FREE!



Questions? 970.962.2FUN

Class descriptions:
bit.ly/LovelandFitnessCourt

Challenge yourself!

uhealth



core

squat

push

lunge

pull

agility

bend



PARKS

Thank goodness for our parks! Did you know research has shown parks support and promote healthy lifestyles? Exposure to nature helps improve psychological and social health. Play opportunities found in parks are critical for child development. Greenways and trails provide a great place to stay active while social distancing. Reserve a park shelter or just stop by – your Loveland parks are waiting for you.

The City of Loveland Parks & Recreation Department maintains numerous areas with amenities available for the community:

- 22 softball fields • 8 baseball fields • 2 inline skate hockey rinks
- 3 skate parks • 28 outdoor tennis courts • 10 outdoor basketball courts • 12 outdoor pickleball courts • 1 outdoor swimming pool
- 27 playgrounds • 35 parks - 24 with amenities only (no reservable shelters); 11 with amenities and reservable gazebos/ shelters/ pavilions • Open space and natural areas • Indoor recreation facilities at the Chilson Recreation/Senior Center • and more!

Memorial Bench & Tree Donations

are made through the Parks & Recreation Department's nonprofit Foundation. Call 970.962.2729 for more information.

Want to see park pavilion and shelter photos?

Visit cityofloveland.org/parks and check them out!

See page 68 & 70 for park locations and recreation trail maps.

PAVILIONS | SHELTERS

Non-reserved (or unreserved) pavilions, gazebos and shelters are available free of charge on a first-come, first-served basis. Reservations must be made at least five (5) business days prior to the desired date. Reservations accepted beginning the first working day of January for the current year.

Fees and deposits are due upon reservation, and vary depending upon the location and invited guest total. **Call 970.962.2727 or go online for details: cityofloveland.org/webtrac.**

Alcohol permits allow facility users to have alcohol at events. In addition to the shelter & deposit fees, an alcohol permit is a \$35 fee plus a \$35 deposit. Alcohol permits expire on the day of the reservation. **By City ordinance, alcohol is NOT permitted in a City facility without an alcohol permit and facility reservation.**

Large groups may be assessed a site impact fee to recover extra maintenance costs incurred for large group/event reservations. The Police Department may require an added application and approval process for large events. Please inquire for information.

PAVILION | SHELTER RESERVATIONS

Online Reservations: cityofloveland.org/webtrac. Walk-in reservations are accepted at the Parks & Recreation Administration office Monday-Friday (except on City holidays) from 8:00A-4:30P, 500 E. Third St., Suite 200 Loveland, CO 80537.

- **Benson Park - 1125 W. 29th Street**
Features one reservation gazebo and sculpture displays throughout the park. Limited parking; carpooling suggested. *Large group reservations (48+) not accepted.*
- **Centennial Park - 977 W. First Street**
Features one reservation shelter, baseball fields, stream fishing, pickleball courts, horseshoe courts, playground & rec trail access.
- **Dwayne Webster Park - 401 W. 13th Street**
Features three reservation shelters, basketball, tennis, horseshoe courts, playground and cannon sculpture. *Large group reservations (48+) not accepted.*
- **Fairgrounds Park - 700 S. Railroad Avenue**
Features two reservation pavilions, basketball, dog park, playgrounds, skate park, spray park, tot lot, ballfields, fishing with river access, historic sites, sculpture and rec trail access. *¼ or ½ pavilion rentals online; whole pavilion rentals in person only.*
- **Kroh Park - 5200 N. Garfield Avenue**
Features one reservation shelter, athletic and softball fields, a backstop and a playground.
- **Loveland Sports Park - 950 N. Boyd Lake**
Features three reservation shelters, athletic fields, spray playground, skate park, in-line hockey rinks, basketball and volleyball courts & concession area. *Large group reservations (60+) not accepted.*
- **Mehaffey Park - 3285 W. 22nd Street**
Features two reservation shelters, a dog park, pond fishing, athletic fields, pickleball & tennis courts, skate park, playground, water feature and rec trail access.
- **North Lake Park - 2750 N. Taft Avenue**
Features four reservation shelters, fishing, baseball/softball athletic fields, tennis/basketball/horseshoe courts, pond fishing, mini railroad (seasonal), swim beach (seasonal) and two playgrounds.
- **Namaqua Park - 730 N. CR 19E (Namaqua Road)**
Features one reservation shelter, fishing, horseshoe courts and a playground. *Large group reservations (48+) not accepted.*
- **Seven Lakes Park - 1975 Park Drive**
Features one reservation shelter, soccer fields, basketball court, playground and rec trail access. *Large group reservations (56+) not accepted.*

Areas that are reserved in person (not online):

- Athletic fields • Ball fields
- Fairgrounds Park pavilions (whole)
- Hammond Amphitheater • Winona Outdoor Pool

Please call the office at 970.962.2727 to inquire about availability.

Neighborhood parks that do not have reservation areas may still be used on a first come, first-served basis for small groups.

PARK RULES & REGULATIONS

Park Hours

Most Loveland parks are open from 6:00A-10:30P daily unless otherwise specified on-site. All parks except Viestenz-Smith Mountain Park will remain open in the winter months. Loveland Sports Park may be closed due to weather conditions and restrooms may remain closed for the season and/or during extremely cold temperatures. Please refer to specific park web pages or call 970.962.2727 for more information.

Grills

The grills located in the parks are for charcoal use. When using the grills, you must make sure the coals are completely extinguished before vacating the site. You may leave the remaining coals/ash to continue cooling, and our parks workers will eliminate the ashes when they clean the grills before their next use. If you prefer to use a gas grill, you are welcome to bring your own to the park, as long as you use it on a paved/cement surface and you allow it time to cool so you may take it with you when you leave.

Pets

- Pet owners are required to pick up and remove pet waste. Pets must be leashed and under human control at all times, except in designated dog park enclosures. Dogs at the dog park enclosure must remain under voice control. A leash is still required for arrival/departure at the dog park, or if there are control issues in the dog park areas.
- Pets are NOT allowed inside the Barnes Softball Complex at Fairgrounds Park or Centennial Park baseball complex, on inline hockey rinks, skate park areas, spray park areas, playgrounds, basketball and volleyball courts, the Championship Field at Loveland Sports Park or within 100 feet of any other athletic courts or fields while practices or games are being played.

Permitted Items

- Only small pop-up shade shelters with removable walls are allowed (10' x 10' max) and must be weighted down. No stakes are to be driven into the ground more than 6" for any reason (irrigation lines are present). Camping as defined as setting up a tent or like structure for privacy is prohibited. Overnight parking or camping is prohibited.
- No jump castles, dunk tanks, pony rides or similar set-ups.
- No silly string, paint or any other item which may contain dyes and cause permanent damage.
- Collecting, removing, destroying or defacing any natural or manmade object is NOT permitted.
- Vending is not allowed in City parks, open land areas or trails without prior permission from the Parks & Recreation Dept.
- Smoking is prohibited, except in designated areas.
- Glass containers/ bottles are prohibited.
- No open fires or flames except in provided grills.
- No gathering or cutting firewood.
- Motorized vehicles (except authorized) are not allowed outside of established streets and parking areas.
- Remote control (RC) boating questions are addressed by the Colorado Parks & Wildlife Division through the office in Fort Collins. Please call 970.472.4300 for information. In Loveland, battery powered RC boats have been approved for use on small City-owned bodies of water only; suggested sites would be the Foote Lagoon or North Lake Park - Duck Pond.
- New regulation as of August 1, 2018: No hang gliding, paragliding or powered paragliding in any park or open land area.

For detailed rules: cityofloveland.org/parks



The sun is shining, and it's time to get out and hit the greens. If you haven't already visited one of Loveland's beautiful courses, we encourage you to check them out. We have something for everyone – from the novice golfer just starting out to the seasoned golfer looking for a fun challenge. We've even got a mini-course for the whole family to try (it's not putt putt and it's not regular golf – it's a one-of-a-kind experience you've got to try!).

ADULT GOLF

Golf: Beginner Ladies Min/Max: 2/8

Take the very first steps to learning the game of golf without any intimidation! These beginner lessons mix learning new skills with fun. Learn skills for the four key swings: putting, chipping, pitching and full swing along with where each shot is used. Get answers to your golf questions on etiquette, safety and how to make a tee time reservation and check in with the pro shop. For your final session, play 3 holes of golf with instructors on the regulation Cattail Creek 9-hole, par 3 course. Grab your BFF and learn to golf together! All equipment provided. Location: Cattail Creek

Age: 18+ Fee: \$75

M 7/13-8/10 5:30-6:30P Cattail 366201-1

Golf: Level 2 Ladies Min/Max: 2/8

These Level 2 lessons are the next step in playing the game of golf. You've already had an introduction to golf with Beginner lessons, now you're ready for the next level of skill building. Lessons include skill instruction and 3 holes of play with instructors on the regulation Cattail Creek 9-hole, par 3 course. All equipment provided. Call 970.663.5310 for additional information. Location: Cattail Creek

Age: 18+ Fee: \$75

Th 7/16-8/13 5:30-6:30P Cattail 366211-1

Golf: Beginner Adult Min/Max: 2/8

This 5-session class includes 4 days of group lessons working on putting, chipping, pitch shots and full swings. Also covered are basic etiquette, rules and golf terminology/practices. On the last day, play 3 holes on the Cattail Creek 9-hole course complete with instruction. Golf equipment provided upon request. Call 970.663.5310 for additional information. Location: Cattail Creek

Age: 18+ Fee: \$75

T 7/14-8/11 5:30-6:30P Cattail 366221-1

~~SNAG~~

MAY BE RESCHEDULED

Visit golfloveland.com for more info.

~~Starting New at Golf (SNAG) - Try it FREE!~~

~~Bring the whole family out to try the Mini-Course at Cattail Creek. Get a brief introduction to golf utilizing specialized SNAG equipment. Have the opportunity to try the four swings in golf and learn basic terminology. Then, put your skills to work and play 9 holes on the Mini-Course for FREE! **More info:** cityofloveland.org/minicourse **You must call 970.663.5310 to reserve a time.**~~

~~Su 5/3, 5/10 11:00A-12:30P~~

YOUTH GOLF

Golf: Intro Min/Max: 4/12

Perfect for the young golfer who is brand new to the game. Learn the first steps to becoming a life-long golfer in five sessions on the Mini-Course at Cattail Creek. Instruction includes basics of full swing, chipping and putting, safety and the social aspect of golf. On the last day, bring your family and teach them what you have learned by playing 9 holes on the Mini-Course together (no additional charge for family play).

Age: 5-9 Fee: \$75

M	6/8-7/6	9:00-9:45A	Cattail	365101-1
W	6/10-7/8	9:00-9:45A	Cattail	365101-2
M	6/8-7/6	10:00-10:45A	Cattail	365101-3
W	6/10-7/8	10:00-10:45A	Cattail	365101-4

Golf: Next Step Min/Max: 4/12

Perfect for beginners or the young golfer who is ready to transition to regulation golf. Five sessions mix learning new skills with fun on the Mini-Course and the regulation 9-hole course at Cattail Creek. Instruction includes the basics of full swing, chipping and putting, safety, rules and an introduction to the social aspect of golf for young golfers (including how to play in a group of golfers - when to talk, when to be quiet, where you should walk, where you should stand and how to take care of the golf course).

Age: 6-9 Fee: \$75

M	6/8-7/6	11:00-11:45A	Cattail	365111-1
W	6/10-7/8	11:00-11:45A	Cattail	365111-2

Golf: Junior Clinics Min/Max: 4/14

These 5-day clinics consist of four days of group lessons, working on putting, chipping, pitching and full swing. The last day includes three holes of supervised golf on the Cattail Creek, par 3 course. Safety, rules and etiquette discussed throughout each clinic.

Age: 7-17 Fee: \$75

M-F	6/1-6/5	5:30-6:30P	Cattail	365301-1
M-F	8/17-8/21	5:30-6:30P	Cattail	365301-2

Golf: Level 1 - Beginner Min/Max: 4/45

Please see receipt for important program information. Mandatory parent meeting on first day of program. For new youth golfers or young golfers who could benefit from concentrated skills instruction of the full swing, putting and chipping along with 3-hole on-course play-days. Also taught: how to make a tee time reservation and check in with the pro shop, golf safety and the social aspect of golf such as when to talk, when to be quiet, where you should walk, where you should stand and how to take care of the golf course. Program runs two times per week for 4 weeks. Fee includes all instruction and Cattail Creek play-day session green fees. Additional green fees may be applicable/charged if additional courses are played. Call 970.663.5310 for more information.

Age: 8-17 Fee: \$125

T,Th	6/9-7/2	11:00A-2:00P	Cattail	365401-1
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Golf: Level 2 - Intermediate Min/Max: 4/36

Prerequisite - Level 1 Beginner or demonstrate skills.

Please see receipt for important program information.

Mandatory parent meeting on first day of program.

For golfers with demonstrated knowledge for independent play. Program runs 2 times per week for 4 weeks Tuesdays and Thursdays. Golfers schedule tee times for play-days beginning at 8:00A. Includes skills training as well as on-course instruction (green fees included). Additional green fees may be applicable/charged if additional courses are played.

Age: 9-17 Fee: \$125

T,Th	6/9-7/2	8:00-11:00A	Cattail	365411-1
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Golf: Level 3 - Advanced|Competitive

Prerequisite - Level 2 Intermediate or demonstrate skills.

For golfers with demonstrated knowledge for independent play who want to advance to the competitive level. Attendees play either 9 or 18 holes each week based on age. 11-13 year olds will play 9 holes; 14-17 year olds will play 18 holes. Prior to tee times, a staff member will conduct a 30-minute clinic designed to educate juniors on a specific portion of the game. We will discuss rules and etiquette, putting, pitching, chipping, full swing fundamentals, course management, ball flight laws, the mental game and proper practice techniques. Competitive opportunities are held throughout the session including the Mariana Butte Junior Club Championship on the last day of program. Golf rounds fees of \$11.75 (9 holes) or \$23.50 (18 holes) payable at each play-day. Min/Max: 4/30

Age: 11-17 Fee: \$50

T	6/2-7/28	12:30-4:00P	Mariana	365432-1
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~~Annual Tee Off For Kids Golf Tournament - June 5!~~

~~Golfers! Mark your calendars for Friday, June 5 for the annual Tee Off For Kids golf tournament where ALL proceeds benefit youth recreation scholarships. Your fee includes an 18-hole round, cart, prizes, awards and dinner! *Registrations accepted through May.*~~

~~**Date:** Friday, June 5 **Time:** 8:00A~~

~~**Fee:** \$230 per 2-person team~~

~~**Location:** Mariana Butte golf course~~

~~For more info, call Molly Elder 970.962.2728~~

~~or visit cityofloveland.org/teeoffforkids~~

WILL BE RESCHEDULED

Please visit cityofloveland.org/teeoffforkids for more info.



Private Instruction

The Olde Course

- Brad Thorberg, Brandon McDermott, Alex Gough, Alex Opperman
970.692.5270 | golftec.com/loveland
- Kim Stiner 970.227.2692 | lovelandgolfflessonzone.com
- Kristin Moreland 970.744.0354 | myswingschool.com

Mariana Butte 970.667.8308

- Kevin Cohrs kevin.cohrs@cityofloveland.org
- Winston Howe winston.howe@cityofloveland.org

Golf Course Locations golfloveland.com

Cattail Creek 2116 W. 29th St. 970.663.5310	Mariana Butte 701 Clubhouse Dr. 970.667.8308	The Olde Course 2115 W. 29th St. 970.667.5256
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AQUATICS

When the weather gets hot there's no better place to be than at the pool! Whether at Winona Outdoor Pool, Lake Loveland Swim Beach or the Chilson pool and lazy river – you and your family will have a blast beating the heat. And, don't forget that summer is a great time to make sure your family members have the skills they need to stay safe in the water. We've got lessons for all ages – even adults!

CHILSON INDOOR POOL 700 E. Fourth St.

970.962.2FUN

Pool Hours (pool closes 30 minutes before facility closes)

Mon - Fri.....5:30A-9:00P

Sat.....6:00A-5:30P

Sun.....11:00A-5:30P

Please anticipate limited space availability during aqua fitness classes and swim lessons. See page 3 for details.

LOVELAND SWIM BEACH North Lake Park
29th St. and Taft Ave.

970.962.2FUN

Beach Hours

Open daily from 10:30A-5:30P beginning Memorial Day, 5/25. Remains open through Labor Day, 9/7 as water level/staff levels permit. **Closed 7/3-7/5 for the annual fireworks display.**

Rules for Pools & Swim Beach

Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6-7 must be directly supervised on the pool deck or on the swim beach by an adult 16+. See page 3 for more info; complete rules at cityofloveland.org/outdoorswimming. **Groups of 10+ kids** require advanced notice; request form at cityofloveland.org/groupswim

WINONA OUTDOOR POOL 1615 Fourth St. SE

970.962.2435

From the intersection of 1st Street and Madison, go south to Fourth St. SE and turn left. The pool is located on the north side of the street next to Osborn Park. Interested in renting the pool? See next page for details.

Pool Hours

Opening for the season on Monday, 5/25

Mon & Wed.....12:00-7:00P

Tues, Thurs, Fri, Sat & Sun.....12:00-5:00P

Lap Swim

Mon & Wed (6 lanes).....11:00A-12:00P

Mon-Fri (2 lanes).....12:00-1:00P

Family Swim

Tues.....5:00-8:00P

Sun.....10:00A-12:00P

Features

- 100 ft. waterslide
- Shallow water area
- Tee Cup water feature
- Bath house w/showers
- Playground (adjacent)
- Two 1-meter diving boards
- 0-depth entry tot pool
- Volleyball net
- Basketball pad
- Concessions

Work in the Water! Join the aquatics team. See openings at cityofloveland.org/jobs. Or become a lifeguard - **see pg. 16**

Winona Pool Fees

Infants (under 2 years, with a paying adult)	FREE
Toddler (2-5 Years)	\$3.00
Youth (6-18 Years)	\$4.00
Adult (19-61)	\$5.00
Senior (62+)	\$4.50
Spectator (non-swimmer).....	\$2.50

Winona Punch Passes Valid for 10 or 20 admissions. Winona Punch Passes can be purchased online, at the Chilson Center front desk or at Winona Outdoor Pool. **Passes are only good for Winona Pool and MUST be used during the calendar year they are purchased.**

Age	10-Visit	20-Visit
Toddlers (2-5 Years)	\$27.00	\$51.00
Youth (6-18 Years)	\$36.00	\$68.00
Adults (19-61 Years)	\$45.00	\$85.00
Senior Adults (62+)	\$40.50	\$76.50
Spectator (non swimmer)	\$22.50	\$42.50

All major credit cards accepted

Chilson 10-Visit Passes - valid at Winona Pool

Do you have a Chilson 10-Visit pass, SilverSneakers® pass or Renew Active pass? You may use these passes at Winona Pool!

Upgrade your Chilson 3 month, 6 month pass, 1 year or monthly billing pass to include Winona Pool (see the bottom of page 2).

Winona Pool Rentals • 970.962.2727

Are you looking for a great location for a gathering, family reunion or birthday party? Rental includes the use of the shower facilities, waterslide and other amenities. *Alcohol not permitted.*

Thurs/Fri/Sat Rentals:

5:30-7:30P 1-100 Guests: \$275 + \$100 Deposit
 5:30-7:30P 101-300 Guests: \$325 + \$100 Deposit

Sunday Rentals:

5:30-8:00P 1-100 Guests: \$300 + \$100 Deposit
 5:30-8:00P 101-300 Guests: \$350 + \$100 Deposit

CARA Swim Team at Winona Pool Min/Max: 10/35

The CARA Swim Team competes in four swim meets throughout the summer season and introduces young swimmers to competitive swimming. **You must be able to complete 25 yards of the front crawl stroke on the first day of practice to participate.** Those unable to complete 25 yards will be refunded or referred to the swim lesson program. Emphasis is placed on FUN and DEVELOPMENT. Ribbons are given to each child finishing their respective events at meets. **Away meet dates:** TBD

Home meet: Sat 8/1 Optional team swimsuits can be purchased at M.I. Sports and Casuals, 667.3539. Practices: Mon-Thurs beginning 6/1

Closed to public during practices

Fee: \$94 (Early Bird thru 5/18), \$104 (after 5/18)

Age: 6-11 M-Th,Sa 6/1-8/1 7:30-8:30A 302002-1

Age: 12-18 M-Th,Sa 6/1-8/1 6:30-7:30A 302001-1

Chilson INDOOR Swim Lessons:

Online registration begins 4/27 at 6:00P
 Walk-In registration begins 4/28 at 8:30A
Questions? 970.962.2FUN

Winona OUTDOOR Swim Lessons:

Questions? 970.962.2435

Session 1	Online registration begins 4/27 at 6:00P Walk-In registration begins 4/28 at 8:30A
Session 2	Registration begins 6/8 at 8:30A
Session 3	Registration begins 6/22 at 8:30A
Session 4	Registration begins 7/6 at 8:30A
Session 5	Registration begins 7/20 at 8:30A

Swim Parent/Infant Min/Max: 4/12

Parents help introduce infants to the water while learning how to work with their child safely in the pool. Basic body position and holding techniques are introduced. One adult per child required.

Age: 0.5-1.5

M	6/1-6/29	5:45-6:15P	\$21.25	Chilson	300001-01
M	7/6-8/24	5:45-6:15P	\$34	Chilson	300001-02
T,Th	6/2-6/25	5:10-5:40P	\$34	Chilson	300001-11
T,Th	6/30-7/23	5:10-5:40P	\$34	Chilson	300001-12
T,Th	7/28-8/20	5:10-5:40P	\$34	Chilson	300001-13
M-F	6/15-6/26	10:15-10:45A	\$42	Chilson	300001-30
M-F	7/13-7/24	10:15-10:45A	\$42	Chilson	300001-31

Swim Parent/Toddler Min/Max: 4/12

Parents help introduce toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool and staying safe. Basic water activities are introduced. One adult per child required.

Age: 1.5-3

M	6/1-6/29	5:10-5:40P	\$21.25	Chilson	300002-01
M	7/6-8/24	5:10-5:40P	\$34	Chilson	300002-02
T,Th	6/2-6/25	6:20-6:50P	\$34	Chilson	300002-11
T,Th	6/30-7/23	6:20-6:50P	\$34	Chilson	300002-12
T,Th	7/28-8/20	6:20-6:50P	\$34	Chilson	300002-13
M-F	6/1-6/12	10:15-10:45A	\$42	Chilson	300002-30
M-F	6/29-7/10	10:15-10:45A	\$42	Chilson	300002-31
M-F	7/27-8/7	10:15-10:45A	\$42	Chilson	300002-32

Swim Parent/Toddler/Infant Combo Min/Max: 4/12

Parents help introduce toddlers and infants to the water using songs, working on building confidence, becoming comfortable in and around the pool and staying safe. Basic body position, holding techniques and water activities are introduced. One adult per child required.

Age: 0.5-3

Sa	6/6-6/27	10:15-10:45A	\$17	Chilson	300002-20
Sa	7/11-8/1	10:15-10:45A	\$17	Chilson	300002-21
M-F	6/1-6/12	10:10-10:40A	\$42	Winona	301102-1
M-F	6/15-6/26	9:35-10:05A	\$42	Winona	301202-1
M-F	6/29-7/10	10:10-10:40A	\$42	Winona	301302-1
M-F	7/13-7/24	9:35-10:05A	\$42	Winona	301402-1
M-F	7/27-8/7	10:10-10:40A	\$42	Winona	301502-1

See next page for more swim classes.

Swim Preschool 1 Min/Max: 4/8

This level is for the swimmer with no or limited water experience and who is uncomfortable putting their face in the water. Front and back floats introduced along with interactive water games.

Age: 3-5

M	6/1-6/29	5:10-5:40P	\$21.25	Chilson	300003-01
M	6/1-6/29	6:20-6:50P	\$21.25	Chilson	300003-02
M	7/6-8/24	5:10-5:40P	\$34	Chilson	300003-03
M	7/6-8/24	6:20-6:50P	\$34	Chilson	300003-04
T,Th	6/2-6/25	5:45-6:15P	\$34	Chilson	300003-12
T,Th	6/2-6/25	6:55-7:25P	\$34	Chilson	300003-13
T,Th	6/30-7/23	5:45-6:15P	\$34	Chilson	300003-14
T,Th	6/30-7/23	6:55-7:25P	\$34	Chilson	300003-15
T,Th	7/28-8/20	5:45-6:15P	\$34	Chilson	300003-16
T,Th	7/28-8/20	6:55-7:25P	\$34	Chilson	300003-17
Sa	6/6-6/27	10:10-10:40A	\$17	Chilson	300003-20
Sa	7/11-8/1	10:10-10:40A	\$17	Chilson	300003-21
M-F	6/1-6/12	9:05-9:35A	\$42	Chilson	300003-30
M-F	6/15-6/26	9:05-9:35A	\$42	Chilson	300003-31
M-F	6/29-7/10	9:05-9:35A	\$42	Chilson	300003-32
M-F	7/13-7/24	9:05-9:35A	\$42	Chilson	300003-33
M-F	7/27-8/7	9:05-9:35A	\$42	Chilson	300003-34
M-F	6/1-6/12	9:35-10:05A	\$42	Winona	301103-1
M-F	6/1-6/12	10:45-11:15A	\$42	Winona	301103-2
M-F	6/15-6/26	9:00-9:30A	\$42	Winona	301203-1
M-F	6/15-6/26	10:45-11:15A	\$42	Winona	301203-2
M-F	6/29-7/10	9:35-10:05A	\$42	Winona	301303-1
M-F	6/29-7/10	10:45-11:15A	\$42	Winona	301303-2
M-F	7/13-7/24	9:00-9:30A	\$42	Winona	301403-1
M-F	7/13-7/24	10:45-11:15A	\$42	Winona	301403-2
M-F	7/27-8/7	9:35-10:05A	\$42	Winona	301503-1
M-F	7/27-8/7	10:45-11:15A	\$42	Winona	301503-2

Swim Preschool 2 Min/Max: 4/8

Prerequisite: Preschool 1 or demonstrate requirements. This level is for the swimmer who will comfortably submerge face and head underwater. Learn to float independently on front and back for 5 seconds. Swimming on front introduced.

Age: 3-5

M	6/1-6/29	5:45-6:15P	\$21.25	Chilson	300004-01
M	6/1-6/29	6:55-7:25P	\$21.25	Chilson	300004-02
M	7/6-8/24	5:45-6:15P	\$34	Chilson	300004-03
M	7/6-8/24	6:55-7:25P	\$34	Chilson	300004-04
T,Th	6/2-6/25	5:10-5:40P	\$34	Chilson	300004-12
T,Th	6/2-6/25	6:20-6:50P	\$34	Chilson	300004-13
T,Th	6/30-7/23	5:10-5:40P	\$34	Chilson	300004-14
T,Th	6/30-7/23	6:20-6:50P	\$34	Chilson	300004-15
T,Th	7/28-8/20	5:10-5:40P	\$34	Chilson	300004-16
T,Th	7/28-8/20	6:20-6:50P	\$34	Chilson	300004-17
Sa	6/6-6/27	9:40-10:10A	\$17	Chilson	300004-20
Sa	7/11-8/1	9:40-10:10A	\$17	Chilson	300004-21
M-F	6/1-6/12	9:40-10:10A	\$42	Chilson	300004-30
M-F	6/29-7/10	9:40-10:10A	\$42	Chilson	300004-31
M-F	7/27-8/7	9:40-10:10A	\$42	Chilson	300004-32
M-F	6/1-6/12	9:35-10:05A	\$42	Winona	301104-1
M-F	6/1-6/12	10:10-10:40A	\$42	Winona	301104-2
M-F	6/15-6/26	9:35-10:05A	\$42	Winona	301204-1
M-F	6/17-6/28	10:10-10:40A	\$42	Winona	301204-2
M-F	6/29-7/10	9:35-10:05A	\$42	Winona	301304-1
M-F	6/29-7/10	10:10-10:40A	\$42	Winona	301304-2
M-F	7/13-7/24	9:35-10:05A	\$42	Winona	301404-1
M-F	7/13-7/24	10:10-10:40A	\$42	Winona	301404-2
M-F	7/27-8/7	9:35-10:05A	\$42	Winona	301504-1
M-F	7/27-8/7	10:10-10:40A	\$42	Winona	301504-2

Winona Outdoor Pool Sessions

Session 1 **Session 2** **Session 3** **Session 4** **Session 5**

Registration dates - see page 13

Swim Preschool 3 Min/Max: 4/8

Prerequisite: Preschool 2 or demonstrate requirements. This level is for the swimmer who is able to float independently on front and back for 5 seconds. Learn to swim 5 body lengths on front without stopping and become more comfortable in deeper water. Treading water is also introduced.

Age: 3-5

M	6/1-6/29	6:20-6:50P	\$21.25	Chilson	300005-01
M	7/6-8/24	6:20-6:50P	\$34	Chilson	300005-02
T,Th	6/2-6/25	5:45-6:15P	\$34	Chilson	300005-11
T,Th	6/30-7/23	5:45-6:15P	\$34	Chilson	300005-12
T,Th	7/28-8/20	5:45-6:15P	\$34	Chilson	300005-13
Sa	6/6-6/27	9:35-10:05A	\$17	Chilson	300005-20
Sa	7/11-8/1	9:35-10:05A	\$17	Chilson	300005-21
M-F	6/15-6/26	9:40-10:10A	\$42	Chilson	300005-30
M-F	7/13-7/24	9:40-10:10A	\$42	Chilson	300005-31
M-F	6/1-6/12	9:00-9:30A	\$42	Winona	301105-1
M-F	6/1-6/12	10:45-11:15A	\$42	Winona	301105-2
M-F	6/15-6/26	9:00-9:30A	\$42	Winona	301205-1
M-F	6/15-6/26	10:45-11:15A	\$42	Winona	301205-2
M-F	6/29-7/10	9:00-9:30A	\$42	Winona	301305-1
M-F	6/29-7/10	10:45-11:15A	\$42	Winona	301305-2
M-F	7/13-7/24	9:00-9:30A	\$42	Winona	301405-1
M-F	7/13-7/24	10:45-11:15A	\$42	Winona	301405-2
M-F	7/27-8/7	9:00-9:30A	\$42	Winona	301505-1
M-F	7/27-8/7	10:45-11:15A	\$42	Winona	301505-2

Swim Level 1 Min/Max: 4/8

This level is for the swimmer with little or no water comfort. Become comfortable submerging entire body in the water and learn to float independently on front and back. Swimming on front introduced.

Age: 6+

M	6/1-6/29	5:45-6:15P	\$21.25	Chilson	300006-01
M	6/1-6/29	6:55-7:25P	\$21.25	Chilson	300006-02
M	7/6-8/24	5:45-6:15P	\$34	Chilson	300006-03
M	7/6-8/24	6:55-7:25P	\$34	Chilson	300006-04
T,Th	6/2-6/25	5:10-5:40P	\$34	Chilson	300006-12
T,Th	6/2-6/25	6:20-6:50P	\$34	Chilson	300006-13
T,Th	6/30-7/23	5:10-5:40P	\$34	Chilson	300006-14
T,Th	6/30-7/23	6:20-6:50P	\$34	Chilson	300006-15
T,Th	7/28-8/20	5:10-5:40P	\$34	Chilson	300006-16
T,Th	7/28-8/20	6:20-6:50P	\$34	Chilson	300006-17
Sa	6/6-6/27	11:20-11:50A	\$17	Chilson	300006-20
Sa	7/11-8/1	11:20-11:50A	\$17	Chilson	300006-21
M-F	6/1-6/12	8:30-9:00A	\$42	Chilson	300006-30
M-F	6/29-7/10	8:30-9:00A	\$42	Chilson	300006-31
M-F	7/27-8/7	8:30-9:00A	\$42	Chilson	300006-32
M-F	6/1-6/12	9:35-10:05A	\$42	Winona	301106-1
M-F	6/1-6/12	10:45-11:15A	\$42	Winona	301106-2
M-F	6/15-6/26	9:35-10:05A	\$42	Winona	301206-1
M-F	6/15-6/26	10:45-11:15A	\$42	Winona	301206-2
M-F	6/29-7/10	9:35-10:05A	\$42	Winona	301306-1
M-F	6/29-7/10	10:45-11:15A	\$42	Winona	301306-2
M-F	7/13-7/24	9:35-10:05A	\$42	Winona	301406-1
M-F	7/13-7/24	10:45-11:15A	\$42	Winona	301406-2
M-F	7/27-8/7	9:35-10:05A	\$42	Winona	301506-1
M-F	7/27-8/7	10:45-11:15A	\$42	Winona	301506-2

Unsure of your swim level for lessons?

Call us to set up a test session for best placement. 970.962.2631

Swim Level 2 Min/Max: 4/8

Prerequisite: Successful completion of Level 1 or demonstrate requirements. This level is for the swimmer who can put their face in the water comfortably and can float independently. Learn to swim 5 body lengths on front without stopping and learn to tread water.

Age: 6+

M	6/1-6/29	5:10-5:40P	\$21.25	Chilson	300007-01
M	6/1-6/29	6:20-6:50P	\$21.25	Chilson	300007-02
M	7/6-8/24	5:10-5:40P	\$34	Chilson	300007-03
M	7/6-8/24	6:20-6:50P	\$34	Chilson	300007-04
T,Th	6/2-6/25	5:45-6:15P	\$34	Chilson	300007-12
T,Th	6/2-6/25	6:55-7:25P	\$34	Chilson	300007-13
T,Th	6/30-7/23	5:45-6:15P	\$34	Chilson	300007-14
T,Th	6/30-7/23	6:55-7:25P	\$34	Chilson	300007-15
T,Th	7/28-8/20	5:45-6:15P	\$34	Chilson	300007-16
T,Th	7/28-8/20	6:55-7:25P	\$34	Chilson	300007-17
Sa	6/6-6/27	10:45-11:15A	\$17	Chilson	300007-20
Sa	7/11-8/1	10:45-11:15A	\$17	Chilson	300007-21
M-F	6/15-6/26	8:30-9:00A	\$42	Chilson	300007-30
M-F	7/13-7/24	8:30-9:00A	\$42	Chilson	300007-31
M-F	6/1-6/12	9:35-10:05A	\$42	Winona	301107-1
M-F	6/1-6/12	10:45-11:15A	\$42	Winona	301107-2
M-F	6/15-6/26	9:35-10:05A	\$42	Winona	301207-1
M-F	6/15-6/26	10:45-11:15A	\$42	Winona	301207-2
M-F	6/29-7/10	9:35-10:05A	\$42	Winona	301307-1
M-F	6/29-7/10	10:45-11:15A	\$42	Winona	301307-2
M-F	7/13-7/24	9:35-10:05A	\$42	Winona	301407-1
M-F	7/13-7/24	10:45-11:15A	\$42	Winona	301407-2
M-F	7/27-8/7	9:35-10:05A	\$42	Winona	301507-1
M-F	7/27-8/7	10:45-11:15A	\$42	Winona	301507-2

Swim Level 3 Min/Max: 4/10

Prerequisite: Successful completion of Level 2 or demonstrate requirements. This level is for the swimmer who can swim on front 5 body lengths without stopping. Learn rotary breathing, front crawl and elementary backstroke. Must be able to jump into shallow/deep water and move to the side comfortably.

Age: 6+

M	6/1-6/29	5:45-6:15P	\$21.25	Chilson	300008-01
M	7/6-8/24	5:45-6:15P	\$34	Chilson	300008-02
T,Th	6/2-6/25	5:10-5:40P	\$34	Chilson	300008-11
T,Th	6/30-7/23	5:10-5:40P	\$34	Chilson	300008-12
T,Th	7/28-8/20	5:10-5:40P	\$34	Chilson	300008-13
Sa	6/6-6/27	9:35-10:05A	\$17	Chilson	300008-20
Sa	7/11-8/1	9:35-10:05A	\$17	Chilson	300008-21
M-F	6/1-6/12	9:00-9:30A	\$42	Winona	301108-1
M-F	6/1-6/12	10:10-10:40A	\$42	Winona	301108-2
M-F	6/15-6/26	9:00-9:30A	\$42	Winona	301208-1
M-F	6/15-6/26	10:10-10:40A	\$42	Winona	301208-2
M-F	6/29-7/10	9:00-9:30A	\$42	Winona	301308-1
M-F	6/29-7/10	10:10-10:40A	\$42	Winona	301308-2
M-F	7/13-7/24	9:00-9:30A	\$42	Winona	301408-1
M-F	7/13-7/24	10:10-10:40A	\$42	Winona	301408-2
M-F	7/27-8/7	9:00-9:30A	\$42	Winona	301508-1
M-F	7/27-8/7	10:10-10:40A	\$42	Winona	301508-2

Make a BIG SPLASH with a swim party!

Reserve the Chilson Party Room and celebrate your birthday at the Chilson Pool. For detailed information, visit cityofloveland.org/birthdayparties. We also offer gymnastics parties with facilitated gymnastics activities!

Chilson parties: 970.962.2468

Aqua classes: cityofloveland.org/fitnesswellness

Swim Level 4 Min/Max: 4/10

Prerequisite: Successful completion of Level 3 or demonstrate requirements. This level is for the swimmer who can swim 25 yards front crawl without stopping and is comfortable in deep water. Learn back crawl, breaststroke, sidestroke while building endurance on front crawl and elementary backstroke.

Age: 6+

M	6/1-6/29	6:20-6:50P	\$21.25	Chilson	300009-01
M	7/6-8/24	6:20-6:50P	\$34	Chilson	300009-02
T,Th	6/2-6/25	5:10-5:40P	\$34	Chilson	300009-11
T,Th	6/30-7/23	5:10-5:40P	\$34	Chilson	300009-12
T,Th	7/28-8/20	5:10-5:40P	\$34	Chilson	300009-13
Sa	6/6-6/27	9:00-9:30A	\$17	Chilson	300009-20
Sa	7/11-8/1	9:00-9:30A	\$17	Chilson	300009-21
M-F	6/1-6/12	9:00-9:30A	\$42	Winona	301109-1
M-F	6/1-6/12	10:10-10:40A	\$42	Winona	301109-2
M-F	6/15-6/26	9:00-9:30A	\$42	Winona	301209-1
M-F	6/15-6/26	10:10-10:40A	\$42	Winona	301209-2
M-F	6/29-7/10	9:00-9:30A	\$42	Winona	301309-1
M-F	6/29-7/10	10:10-10:40A	\$42	Winona	301309-2
M-F	7/13-7/24	9:35-10:05A	\$42	Winona	301409-1
M-F	7/13-7/24	10:10-10:40A	\$42	Winona	301409-2
M-F	7/27-8/7	9:00-9:30A	\$42	Winona	301509-1
M-F	7/27-8/7	10:10-10:40A	\$42	Winona	301509-2

Swim Level 5 Min/Max: 4/10

Prerequisite: Successful completion of Level 4 or demonstration of requirements. This level is for the swimmer who can swim 50 yards front crawl, perform the breaststroke and back crawl for 25 yards and can tread water continuously for at least one minute. Be introduced to the butterfly stroke and flip turns on front and back.

Age: 6+

M	6/1-6/29	6:20-6:50P	\$21.25	Chilson	300010-01
M	7/6-8/24	6:20-6:50P	\$34	Chilson	300010-02
T,Th	6/2-6/25	5:45-6:15P	\$34	Chilson	300010-11
T,Th	6/30-7/23	5:45-6:15P	\$34	Chilson	300010-12
T,Th	7/28-8/20	5:45-6:15P	\$34	Chilson	300010-13
Sa	6/6-6/27	10:45-11:15A	\$17	Chilson	300010-20
Sa	7/11-8/1	10:45-11:15A	\$17	Chilson	300010-21
M-F	6/1-6/12	9:35-10:05A	\$42	Winona	301110-1
M-F	6/1-6/12	10:10-10:40A	\$42	Winona	301110-2
M-F	6/15-6/26	10:10-10:40A	\$42	Winona	301210-1
M-F	6/29-7/10	9:35-10:05A	\$42	Winona	301310-1
M-F	6/29-7/10	10:10-10:40A	\$42	Winona	301310-2
M-F	7/13-7/24	10:15-10:40A	\$42	Winona	301410-1
M-F	7/27-8/7	9:35-10:05A	\$42	Winona	301510-1
M-F	7/27-8/7	10:10-10:40A	\$42	Winona	301510-2

Swim Level 6 Min/Max: 4/10

Prerequisite: Successful completion of Level 5 or demonstrate requirements. This level is for the swimmer who can swim a minimum of two laps without stopping and is efficient in competition strokes including front crawl (freestyle), breaststroke, butterfly and back crawl (backstroke). Work on refining strokes, developing power and smoothness over greater distances.

Age: 6+

T,Th	6/2-6/25	6:55-7:25P	\$34	Chilson	300016-11
T,Th	6/30-7/23	6:55-7:25P	\$34	Chilson	300016-12
T,Th	7/28-8/20	6:55-7:25P	\$34	Chilson	300016-13
Sa	6/6-6/27	11:20-11:50A	\$17	Chilson	300016-20
Sa	7/11-8/1	11:20-11:50A	\$17	Chilson	300016-21
M-F	6/1-6/12	9:00-9:30A	\$42	Winona	301111-1
M-F	6/29-7/10	9:00-9:30A	\$42	Winona	301311-1
M-F	7/27-8/7	9:00-9:30A	\$42	Winona	301511-1

Swim Adult Beginner Min/Max: 4/6

Become more comfortable in the water and learn the basic skills to achieve a minimum level of water competency. Focus is on breath control, submerging, floating and learning the front crawl and elementary backstroke.

Age: 16+

M	6/1-6/29	6:55-7:25P	\$21.25	Chilson	300015-01
M	7/6-8/24	6:55-7:25P	\$34	Chilson	300015-02
Sa	6/6-6/27	8:25-8:55A	\$17	Chilson	300015-20
Sa	7/11-8/1	8:25-8:55A	\$17	Chilson	300015-21

Private | Semi-Private Swim Lessons

Private swim lessons are a great way to improve skills in a one-on-one setting tailored to your needs and desires. Taught by City of Loveland swim instructors who have excellent teaching and coaching experience. Two options now available!

Mini pre-scheduled lessons (online keyword: #mini)

No waitlist. No limit. Sign up for private lesson time slots online.
Private: 1 person, 20 min \$15 paid online

Private lesson waitlist (per activity guide season) 300017-1

Need to work around YOUR schedule? Enroll on the waitlist within the season and a swim instructor will contact you to schedule a lesson with your preferred schedule. Sign up early each season!
Private: 1 person, 30 min \$20 paid at lesson
Semi-Private: up to 3 people, 30 min \$30 paid at lesson

Lifeguard Certification Min/Max: 5/15

Learn the basics of lifeguard skills. First aid and CPR/AED for the Professional Rescuer included. All participants must complete prerequisite prior to class. **Prerequisite:** 300 yard continuous swim; using front crawl, breaststroke or combination of both, retrieve a 10lb brick from bottom of pool and tread water for two minutes. **Pre-course test:** Tuesday, May 5 at 4:30P. Successful completion is necessary to continue on to the class.

Location: Chilson pool/Winona pool

Age: 15+

W,F,Sa	5/6-5/16	4:30-8:30P (W/F) 9A-5P & 9A-12P (Sa)	\$99	203001-01
M-F	8/3-8/7	9:00A-3:00P	\$99	303001-02

Waterfront Lifeguard Certification Min/Max: 5/15

The purpose of the waterfront skills module is to teach lifeguards the skills and knowledge needed to prevent and respond to emergencies in non-surf, open-water areas found at public parks, resorts, summer camps and campgrounds. **Prerequisite:** 550 yard continuous swim using front crawl and breaststroke. Must have current American Red Cross Lifeguard Certification.

Location: Chilson pool

Age: 15+

Su	5/17	9:00A-1:00P	\$49	203002-01
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Join us for **FUN in the SUN!**

4th of July Party at Winona Pool - see pg. 6

Dive-In Movie Night at Winona Pool

Enjoy *The Princess Bride* (PG) while floating in the pool with your friends! Bring a float. Weather permitting. **More info:** 970.962.2493
Fee: Winona entry fee **Date:** Sa, 7/25 **Time:** Dusk (approx. 8:45P)

Rent Winona Outdoor Pool!

A great location for a gathering, family reunion or birthday party, Winona Outdoor Pool features:

- 100 ft. waterslide
- Two diving boards
- Shallow water area
- 0-depth entry tot pool
- Tee Cup water feature
- Volleyball net
- Bath house w/showers
- Basketball pad

More info: 970.962.2727
cityofloveland.org/swimming

City of LOVELAND PARKS & RECREATION

WINONA OUTDOOR POOL



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FITNESS & WELLNESS

Fitness can be fun and is one of the best investments you can make for your health. Whether your primary goal is improved cardiovascular health, increased strength and flexibility, or just carving out some time to take care of yourself – we’ve got something for everyone. With over 70+ classes and a wide assortment of cardio and strength training equipment, we’re sure to have what you’re looking for. And don’t forget – we’ve got martial arts and fencing, too! There’s more than one way to break a sweat!

Personal Training

Get maximum results in minimal time! Learn what your body needs and how it reacts to effective exercise. Working with a certified trainer who understands fitness, nutrition and health is one of the fastest, easiest and most successful ways to improve your health. Achieve long-term weight loss and develop healthy life-long habits; receive expert guidance and motivation; enhance sports performance; establish realistic and achievable fitness and nutritional goals. Call 970.962.2630 for more info or inquire at the Chilson front desk. Personal trainer bios: cityofloveland.org/personaltrainers

Age: 16+

30-Minute Power Sessions

1 session	\$32
6 sessions	\$165
10 sessions	\$245

By the Hour

1 hour	\$50
3 hours	\$145
5 hours	\$215

Intro to Personal Training Package

If you are new to training or have not trained in over one year, this is a great place to start! Our trainers will work to inspire and encourage you to develop healthy habits and effective workouts. Each session is one hour. Valid for one intro package per guest.

3 sessions \$99

TRX Suspension Training

From beginners to athletes, anyone can use the TRX system! Benefits: develop and maintain a rock-solid core; get toned and lose weight; get an intense cardio workout while incorporating strength training; improve balance and coordination. Check out TRX for seniors, too. Call 970.962.2453 for more info or pick up a class schedule at Chilson or view at cityofloveland.org/TRX
Location: Chilson
Age: 16+ \$30 per 4-week session

Impact Boot Camp Min/Max: 8/20

A circuit class including cardio, calisthenics and weighted exercises designed to build muscle, burn fat and get maximum results in 45 minutes. For those who want a high intensity workout that will challenge you and give you results. Location: Small Gym

Age: 16+

M,W	5/18-6/24	6:30-7:15P	\$95	312012-01
M	5/18-6/22	6:30-7:15P	\$44	312012-02
W	5/20-6/24	6:30-7:15P	\$53	312012-03
M,W	7/6-8/12	6:30-7:15P	\$104	312012-04
M	7/6-8/10	6:30-7:15P	\$53	312012-05
W	7/8-8/12	6:30-7:15P	\$53	312012-06

Join us for FREE fitness at The Foundry Plaza from June-Aug. More Info: bit.ly/PRhappenings

reDEFINE Fit Boot Camp

Get fit with a structured workout program, nutritional plan and the support of a team. This is for ALL fitness levels with a time table you can do. Pre and post camp assessments and Saturday bonus camps! Call 970.214.7900 or email ryann@redefinefitco.com for questions or to enroll. Location: Chilson

Age: 16+

AM Camp - 3 days per week

M,W,F	6/22-7/31	6:00-7:00A	\$245	+ Sat bonus camps
M,W,F	8/17-9/25	6:00-7:00A	\$245	+ Sat bonus camps

NOON Camp - 2 days per week

M,Th	6/22-7/30	12:00-1:00P	\$165	+ Sat bonus camps
M,Th	8/17-9/24	12:00-1:00P	\$165	+ Sat bonus camps

HIIT (High Intensity Interval Training) Min/Max: 5/12

HIIT is a variant of exercising that is the quickest way to burn fat and gain muscle simultaneously. How does HIIT work? It optimizes your workout time by utilizing a series of short, high-intensity intervals, followed by longer, low-intensity intervals. The best part? It boosts your metabolism and continues to burn calories hours after you are done! Location: Circuit Area Instructor: Amy Genger

Age: 16+

F	6/5-6/26	9:30-10:10A	\$30	316115-1
F	7/10-7/31	9:30-10:10A	\$30	316115-2
F	8/7-8/28	9:30-10:10A	\$30	316115-3

Cross-HIIT Training Min/Max: 5/8

Stay motivated with this powerful HIIT class! A combo of cardio and strength training to burn more fat, improve endurance and build strength. Get results in less time! Instructor: Amy Genger

Age: 16+

Sa	5/23-6/27	11:00-11:45A	\$47	316116-01
Sa	7/11-8/15	11:00-11:45A	\$47	316116-02

Lift Strong Weight Training

Meet with a personal trainer and learn the fundamentals of weight training. Get set up on a weight training program and receive a wristband showing completion of the class to allow use of the strength equipment without parental supervision. Parents are NOT required to attend. Call Amy Genger at 970.962.2630, ext. 2.

Age: 12-13

\$25 312001-1

Health/Nutrition Coaching

Simplify nutritional science and personalize your optimal diet. Learn how to balance meals, blood sugar and hormones to take charge of your health. Whether you are looking to lose weight, reduce the number of medications you need, build muscles or train for a marathon, we'll help you optimize your diet and improve your health. Call certified health & nutrition coach Katie Hayes at 970.418.0125.

1 hour	\$50
3 hours	\$145
5 hours	\$215

Rossiter Coaching

Rossiter is a powerful two-person stretching technique that targets areas of connective tissue to relieve pain and restore range of motion. The results are due to loosening tight connective tissue and restoring space in and around the joints. Relieve neck and shoulder pain, sciatica, headaches and muscle stiffness! Register at the front desk. **Questions?** Nancy Stilson-Herzog at 970.962.2630, ext 7.

Age: 16+

1/2 hr: \$45 45 min: \$55 1 hour: \$65

YOGA

Yoga for Osteoporosis Min/Max: 6/12

One in two women and up to one in four men will break a bone in their lifetime due to osteoporosis. Learn how yoga can help and what yoga poses are recommended to reduce the risk of osteoporosis. Modify these poses if you already have osteoporosis or osteopenia. Handouts provided.

Location: Fitness/Dance Studio Instructor: Nicole Murphy

Age: 14+

Sa 5/30 2:00-3:30P \$30 310003-1

Yoga for Runners Min/Max: 8/20

If you are a beginner or a regular runner who would like to improve your performance and bring more awareness and joy to running, this four-week yoga class will give you the tools you need. Through active and passive yoga poses, breathing exercises and mindfulness practices, you will improve flexibility, inner strength, breath capacity and body awareness. These techniques can help prevent injuries and help make running more fun! Meet at River's Edge by the restrooms (weather permitting) and practice these yoga tools before and after a short run. Receive handouts with the poses in the sequences you learn. Bring a yoga mat.

Location: River's Edge Natural Area, 960 W. 1st St

Age: 14+

W 6/17-7/8 5:30-6:45P \$40 319000-1

Yamuna Min/Max: 6/10 Location: Fitness/Dance Studio

Section I: Yamuna Face Sculpting is an inexpensive and highly effective way to look younger and feel better from the head down! Are you squinting at small screens or computers all day? Learn to smooth wrinkles, relieve eye tension, headaches and even jaw pain! ***\$50 supply fee due to instructor**

Section II: Sore knees can cause problems in the hips, back and feet. When you knees hurt, you are less likely to enjoy exercise and other activities. This class focuses on all the little and big muscles that affect the knee joints. If you are thinking of knee surgery, this class may allow you to have a faster recovery.

Age: 14+

Sec. I	Sa	6/20	2:00-3:30P	\$30*	310002-1
Sec. II	Sa	7/18	2:00-3:30P	\$30	310002-2

Yoga for Golfers Min/Max: 8/25

Yoga is a great way to build strength, balance, focus and flexibility. Learn how to avoid the popular complaint of lower back pain from the repeated spinal rotation of the golf swing. Work with focusing your mind, which allows you to be in the moment on and off the course. Bring a golf club and yoga mat and prepare yourself for your best golf season. Meet by the driving range.

Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

Instructor: Maria Maldonado-Dunn

Age: 14+

M 7/6-7/27 5:30-6:30P \$40 319903-1

**Attend outdoor yoga at Mehaffey Park
this summer! See page 5 for info.**

**Check out drop-in yoga:
cityofloveland.org/yoga**

TAI CHI ♦

Develop strong bones and balance from a firm rooting in the feet. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements with each posture flowing into the next without pause, ensuring that your body is in constant motion. Location: Fitness/Dance Studio Instructor: Jacqui Gee

Age: 18+ Min/Max: 7/20

Receive a \$1 per month discount with your SAC

TUESDAYS

Beginning, 6:00-6:50P

Intermediate/Advanced, 7:00-7:50P

FRIDAYS

Beginning, 12:00-1:00P

Intermediate, 1:15-2:15P

Advanced, 2:30-3:30P

Beginning - attend 1x/week on Tuesday OR Friday

6/2-7/24	\$72	392006-1
8/4-9/25	\$72	392006-2

Intermediate/Advanced or Advanced - attend 1x/week or 4 classes per month (your choice)

6/2-6/30	\$36	392007-1
7/3-7/31	\$36	392007-2
8/4-8/28	\$36	392007-3

Monthly Unlimited - attend as many classes as you'd like within the month

6/2-6/30	\$48	392008-1
7/3-7/31	\$48	392008-2
8/4-8/28	\$48	392008-3

FENCING CAMPS

Join Youth Enrichment League {YEL!} to THINK, LEARN and PLAY WELL. Classes follow four basic components:

- Teach It! - crafted by Hall of Fame Olympic Coach Ro Sobalvarro
- Practice It! - practice moves, rotate partners and repeat
- Move It! - participate in matches using only learned moves
- Play It! - fence with multiple fencers at your skill level

New and returning students invited to join this fast growing sport. All equipment provided. Min/Max: 6/14 Location: Cherry

Grade: 2-6

M-F	7/6-7/10	4:00-7:00P	\$162	361220-1
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For more {YEL!} programs and other summer camps see page 48.

Spa Services for All Ages

Therapeutic massage & medically based foot care

Call 970.962.2098 for info or to schedule an appt.

Drop-in Chair Massage

2nd & 4th Tuesday of the month, 9:00A-12:00P

For more info, call Joyce Meis, LMT at 970.691.3441

Location: Chilson lobby **Fee:** \$1 per minute

TAE KWON-DO

Tae Kwon-Do is a traditional Chan Hun style Korean martial art. Fees include all additional testing dates. Instructor will provide information about uniforms at first class. For multiple family member discount, register in person at the Chilson Center front desk (must be attending in the same month). Min/Max: 5/30 Location: Chilson Instructor: Tina Baldwin

***No class 6/17, 7/3, 7/22**

Little Dragons Tae Kwon-Do moves are used to help children follow commands and learn respect, focus, colors, shapes and left from right all while learning moves to complete a special ranking for the Dragon program and for movement into the next level.

Age: 3-5

W	6/3-6/24*	4:30-5:30P	\$30	357620-1
W	7/1-7/29*	4:30-5:30P	\$40	357620-2
W	8/5-8/19	4:30-5:30P	\$30	357620-3

Youth/Adult Students learn to use their training to better their lives while learning the respect and courtesy that goes along with achieving each rank.

Age: 6-9

W,F	6/3-6/26	5:30-6:30P	\$48	358600-1
W,F	7/1-7/31*	5:30-6:30P	\$54	358600-2
W,F	8/5-8/28	5:30-6:30P	\$48	358600-3

Age: 10+

W,F	6/3-6/26	6:30-8:30P	\$48	358610-1
W,F	7/1-7/31*	6:30-8:30P	\$54	358610-2
W,F	8/5-8/28	6:30-8:30P	\$48	358610-3

KRAV MAGA SELF-DEFENSE

A self-defense training for civilians adapted from Israeli Defense Forces with techniques that are easy to learn. Min/Max: 1/10 Location: Krav Maga Loveland Studio, 567 N. Denver Ave.

Youth & Teen Focus on awareness/prevention, self-confidence, de-escalation and/or escape and self-defense.

Age: 6-10 Juniors

M,W	June	4:30-5:15P	\$90	361500-1
M,W	July	4:30-5:15P	\$90	361500-2
M,W	August	4:30-5:15P	\$90	361500-3

Age: 11-13 Teen Warriors

T,Th	June	4:30-5:30P	\$90	361510-1
T,Th	July	4:30-5:30P	\$90	361510-2
T,Th	August	4:30-5:30P	\$90	361510-3

Adult Focus on prevention, recognition of threats, attacks and counter-attacks and use of items/tools for defense.

Age: 14+

M,W	June	5:30-6:30P	\$90	362500-1
M,W	July	5:30-6:30P	\$90	362500-2
M,W	August	5:30-6:30P	\$90	362500-3

Women Only

T,Th	June	10:05-11:05A	\$90	362510-1
T,Th	July	10:05-11:05A	\$90	362510-2
T,Th	August	10:05-11:05A	\$90	362510-3

Not sure which sport your rising athlete likes? Try out Amazing Athletes classes on page 31 and explore nine different ball sports.

GUEST SPOTLIGHT: DEFYING MEDICAL ODDS THROUGH YOGA

Will King was told by doctors he might eventually end up unable to walk. But thanks in part to his yoga practice at Chilson Recreation Center, he's defying the odds.

For eight years, Will King was told by doctors he'd eventually end up unable to walk. After a terrible fall in the basement of a school where he taught in Windsor, things really took a turn for the worst. Will was diagnosed with a condition closely akin to Chronic Inflammatory Demyelinating Polyneuropathy (CIDP) with chronic, relapsing drop foot in both legs.

His health continued to decline. He became dependent on a walker to move around, and he was nearly housebound for two years. Feeling like a bird perched in a nest observing life rather than living it, Will became further withdrawn. He felt like he had no other treatment options besides the opioid pain medications he was prescribed.



Will tunes into his mind and body during yoga

But after seeing a new doctor who suggested alternatives to opioid medication, Will signed up for yoga classes at Chilson. After eight months of regular sessions, he tossed aside the walker that had become an extension of his body. As Will's strength improved, so did his outlook on life. He noticed that the best days of his week were the ones spent at Chilson in his yoga nidra class. Something was working. Will became a different person.

“ It was in yoga class that I first found the courage to build trust and confidence in myself again. I began to shed the terrible catastrophizing thoughts that kept me sick. ”



Chilson yoga instructor Linda Bestor works with Will

“How yoga has improved his life makes it so rewarding for me as his instructor,” says Linda Bestor, part-time personal trainer and yoga instructor at Chilson. Linda truly impacts people's lives, and on a cellular level, no less. She teaches people how to tune into their bodies, stop their racing minds and remember how to breathe into whatever life throws at them. The work she does inside the walls of Chilson Recreation Center ripples outward into the community of Loveland, as evidenced by Will's strength and determination to keep walking.

Will has learned to step into the present moment, fully relax and move his body in ways that help him to heal and become stronger. How did he learn to do that? With the care, compassion and deep yoga knowledge bestowed upon him by Linda.

If you talk to Will today, he will tell you he had to stop thinking of himself as a sick person who was only getting sicker. While he couldn't change his diagnosis, he could change the future he accepted for himself. He took his new doctor's advice to be as active as possible for as long as possible. Through Chilson yoga, Will's perception of himself changed. He dropped the “sick” image he had of himself and was able to heal from the effects he experienced from prescribed opioid medication.

After being in such a dark place for so long in just about every aspect of his life, a colorful array of possibilities appeared. Yoga was living! No longer in the nest, Will has spread his wings and is flying once again.

Watch Will's story and learn more about wellness classes at cityofloveland.org/yoga

AQUA & ACTIVE GENERATION FITNESS CLASSES

Fitness Schedules

are available at the front desk and online. To view the most up-to-date schedule, visit cityofloveland.org/fitnesswellness

Use your Chilson pass or pay the daily fee for these ongoing drop-in classes. 970.962.2FUN

Aqua

EZflow Aqua Yoga* This water based, gentle total-body strengthening workout includes yoga balancing poses with EZ flow breathing, Pilates movements and core strength exercises. These mindful, flowing and graceful movements work the entire body while providing a reprieve from the hurried pace of life.

Aqua Core* This class will assist you in learning to use slow, precise movements to increase muscle strength and coordination. Different pieces of equipment will be used such as bands, weights and balls to help bring the physical body into balance. This class also will help with posture and balance.

Aqua Fitness Water exercise increases flexibility and muscle strength and gives your cardiovascular system the workout it needs. It takes stress off joints & muscular-skeletal system, yet works the muscles, heart & lungs. Classes contain cardio, strength and stretching components. **Advanced level includes swim skills.**

Aqua HIIT HIIT optimizes your workout time by utilizing a series of short, high intensity intervals designed to improve your cardio and strength & increase your metabolism. Class includes a warm up, interval training section, strength work and cool down.

LAZY RIVER AQUA HIIT Cross train in the lazy river - the buoyancy of the water takes stress off the joints and allows you to challenge your regular running form (cadence and elbow drive.) This workout may be gentle on the joints but challenges your cardiovascular system and balances your current land workout!

Aqua Motion* The cushioning effect of the water takes the jarring movement out of the joints, offering an opportunity for a lower-stress exercise experience. This class consists of 40-45 minutes of low impact cardio exercise along with gentle toning exercises and stretching.

AQUA MOTION PLUS* This class also includes 15 minutes of gentle Chi Gong or stretching exercises designed to cultivate energy, breath, movement & balance.

Aqua Zumba® Make a splash by adding a low-impact, high-energy aquatic exercise to your fitness routine. It blends the Zumba® philosophy with water resistance. There is less impact on your joints, so you can really let loose. The natural resistance means every step is more challenging and helps tone your muscles.

Deep Water Held in the deep end of the pool and designed to improve cardiovascular health, muscle strength, core and flexibility. Belts/noodles are provided for flotation. **Sessions are held at Mountain View High School for fall/winter/spring; summer sessions are held at Winona Pool.**

Hydro Dance An opportunity to get "fit" and have fun while learning dance routines in the water. A fun, challenging workout that utilizes the resistance of the water.

*** These classes are geared toward participants age 50+; however, all ages are welcome to attend.**

River Walking* Water walking and full-body exercises including walking with and against the current in the Lazy River; builds strength, cardiovascular fitness and balance.

Water Walking* Work at your own pace while walking, lunging and side stepping through the pool. Includes low impact toning exercises and short intervals of stationary balance followed by stretching for a well-balanced (low impact) workout.

Active Generation

Cardio Power* An advanced group exercise class designed for active adults who desire a safe and effective low-impact cardiovascular workout. Energizing, easy-to-follow movements promote heart-healthy, total-body conditioning to increase cardiovascular and muscular endurance. A variety of strength training options are offered to provide a well-rounded workout.

Drop-In Weight Room Orientation*

Provides a walk-through of the weight room to give you a better understanding of the setup and how to properly position yourself on our machines so that you can learn how to use the fitness equipment and cardio machines safely & effectively. Does not provide an exercise plan.

Low Impact Fitness* Strength work, balance and coordination choreography complement the stretching & cool down. Mondays have a larger cardio component, Wednesdays prioritize strength.

Power, Agility & Strength* Increase power, agility, strength and balance. You will become stronger and more flexible. Hand weights and floor work included.

Strength Training* Improve fitness, muscle strength, bone mass and reduce risks of osteoporosis with circuit machines & free weights. Perfect for the beginning exerciser or those who require extra help (e.g., arthritis, MS or joint replacement). Assistance is provided as you strive toward independent workouts. **Call Julie at 970.962.2462 prior to your initial class visit or attend a fitness orientation. Must be able to ambulate/transfer independently within environment.**

Zumba Gold®* For the active older adult and beginners of all ages, Zumba Gold® takes the Zumba® formula and modifies the moves and pacing to fit beginners and active seniors.



SS Classic* Seated and standing exercises to increase muscular strength, range of motion and activities for daily living.

SS Circuit* Standing upper-body strength work alternated with low impact cardio using a chair for standing support.

SS Yoga* Seated and standing yoga poses to increase flexibility, balance and range of motion.

CARDIO & CORE STRENGTH FITNESS CLASSES

Fitness Schedules

are available at the front desk and online. To view the most up-to-date schedule, visit cityofloveland.org/fitnesswellness

Use your Chilson pass or pay the daily fee for these ongoing drop-in classes. 970.962.2FUN

Barre Classes include components of yoga, Pilates and ballet in a fun, upbeat environment. Use your own body weight to achieve the toned and lean muscles you desire. All fitness levels are welcomed to this challenging yet low impact fitness class. No experience required!

Core & More Develop balance and core strength by working leg strength, abdominals and back muscles with fit balls, body weight exercises and yoga balance movements.

Country Cardio Lace up your cross trainers for these high energy line dances! Includes a progressive aerobic format with step-by-step instructions. Dance patterns are repeated, and everyone learns at the same pace. Learn contemporary as well as classic line dances. Dress for cardio country movin'! You won't need a partner.

Flexible Strength Combines yoga positions with dynamic movement to build strength, stamina, balance and flexibility. Best suited for those with prior instruction in physical alignment who are physically fit without current injuries.

Group Cycling One of the most effective and motivating group exercise classes on our schedule! Provides great motivation AND allows for a variety of ages and levels. Arrive 15 minutes early for your first session.

- **MOVIE RIDE** A great workout! Time will fly by as you watch a movie and ride.
- **SENIOR CYCLING** A heart-pumping cycling class that strengthens your legs, glutes and core, improves balance and keeps your mind sharp...all to music. Designed to ensure proper form and alignment for a safe and effective workout.

Interval Cardio Aerobics A combination of step training, hi-low aerobics and strength and flexibility exercises all packed into one workout. Just what you need to start your day and feel energized!

Pilates While focusing on the Pilates breath, learn fundamental exercises using correct posture, alignment and understanding of the control and function of abdominal muscles used for exercises.

Pilates Plus Improve your core and postural muscle strength and endurance using Bender Ball and Bender Barre methods, resistance bands, fitballs and other apparatus. Increase muscle and joint mobility and improve blood flow, coordination and balance. Learn effective fascial active stretching, muscle activation and release techniques using myofascia balls, foam rollers and tennis balls.

PiYo PiYo is a total-body fitness class that combines the practices of Pilates and yoga to help you build strength and increase flexibility. Upbeat music and challenging movement patterns make this fusion class loads of fun.

Power Toning One of the fastest ways to get in shape. With a combination of great body sculpting routines, you will work every major muscle group in the body. Strengthen, tone and increase flexibility using weights, bands and balls. Appropriate for all fitness levels.

- **POWER BAR TONING** adds barbell and weight plates.
- **POWER TONE PLUS** is a total body workout with a variety of cardio intervals and core conditioning.

Step A medium impact cardio activity that ensures you will meet your step goal each day. Classes vary in the level of choreography. All instructors offer various options for different levels of intensity (step height) and coordination.

- **LEVEL I** A series of basic moves strung together into a sequence.
- **LEVEL II** Incorporates elements in combination such as turns, mambo and stomps.

Yoga Explore your body and mind with postures, breath and meditation. Emphasis on alignment and self-awareness for safe practice. Develop and maintain strength, focus, flexibility & balance for health and well-being. **Parent | Child Partner Yoga for ages 2-4 on pg. 42.**

Yoga - Int/Adv (*some yoga background suggested*) Vinyasa Flow combines all of the elements of a classic yoga class in a flowing format. Standing and balance poses are incorporated into sun salutations that allow you to wake up and be energized for your day!

Zumba® Party yourself into shape. Zumba® classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, you'll be getting fit and energy levels will soar! It's easy, effective and exhilarating.

See pages 18-19 for personal training, Rossiter and health/nutrition coaching, plus more fitness classes!



From beginners to athletes. Pick up a class schedule at Chilson for these 4-week class sessions or view at cityofloveland.org/TRX



ADAPTED REC

It's our mission to ensure members of the Loveland community have access to valuable recreation and leisure activities. Our Adapted Recreation services are designed to assist people in developing and using their leisure time in ways that enhance their health, well-being and independence.

Adapted Exercise

Do you have a special need and want to exercise but aren't sure where to start? The good news is a fitness plan can be designed for just about anyone. The Adapted Recreation program will help you find the class most appropriate for your needs or help you design a program to help you meet your individual fitness goals. Call Julie at 970.962.2462 with questions or to discuss how to meet your fitness goals.

Specialized Fitness Orientation

Are you able to work out independently but need an orientation to our facility tailored to your own unique needs? Call 970.962.2462 to schedule a free one-time orientation tailored just for you. Guests pay the Chilson Center daily admission fee.

Senior & Specialized 10-Visit Fitness Pass

Participate in drop-in fitness classes with access to the fitness/weight equipment, swimming pool, hot tub and walking track.
Cost: \$40.50

Baseball for All Min/Max: 7/40

This baseball program gives children and teens (with and without disabilities) the opportunity to play baseball together as teammates. Players will learn skills, team work and camaraderie while playing non-competitive games against other teams from the community. Travel may be required. Location: Kroh Park, Field 2

Age: 8-21

Th 6/4-7/30 6:00-7:15P \$29 369001-1

Social Opportunities

A social group for adults with intellectual disabilities (and their parents or providers if assistance is needed) meets right here in Loveland most Thursday evenings from 4:30-6:00P. The 2nd Thursday of the month usually includes activities at the Chilson Center or other Parks & Recreation locations throughout Loveland. Call 970.962.2462 to get a copy of the current calendar or for info.

NEW! Adaptive tennis - page 36

NEW! Adaptive cheer squad - page 41

The City of Loveland welcomes individuals of all abilities into all of our classes and programs. If you would like to participate in any class and are not sure what type of assistance or modifications can be made or if you would like help in making your recreation and leisure choices, please call the Adapted Recreation Coordinator at 970.962.2462. If you arrange for a friend or family member to provide needed assistance, that support person will be admitted at no extra charge except where noted. Call the Adapted Recreation Coordinator for more information.

PEDIATRIC DENTISTRY OF LOVELAND



Dr. Katherine Galm

- New Patients Welcome
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- Sedation Dentistry

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ADULT ATHLETICS

You've been waiting patiently and the time is here – summer leagues! We've still got your favorites – softball, volleyball and soccer. Plus we're bringing back the cornhole league and two new offerings – kickball and spikeball! Whether you're a dedicated athlete, weekend warrior, or just looking to get off the couch and have some fun – grab your friends and sign up now!

League Skill Definitions

LEVEL 1 - Competitive (Age 16+)

For teams who wish to play in the highest level of competition. Players should be very proficient in all skills and strategies.

LEVEL 2 & 3 - Recreation (Age 16+)

For teams who wish to play for reasons other than exercise without getting into highly competitive levels of play. Players should have average to above average skills & knowledge of the sport.

LEVEL 4 & 5 - Leisure (Age 16+)

For teams who wish to play for exercise in a low-key environment. Players should be beginners learning skills and techniques.

Payments & Rosters

Full payment for each team is required at the time of registration. Major credit cards accepted. Rosters are required prior to the teams' first game. Bring them to Chilson, the first game or email to allan.coseo@cityofloveland.org.

TeamSideline is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out: teamsideline.com/loveland

Volunteer youth coaches needed!

Many activities need assistance! Call the coordinator for your area of expertise. Have FUN and make a difference this season.

Athletic Coordinators

General Athletics Info	970.962.2445 athletics@cityofloveland.org
Adult & Youth Softball	Allan 970.962.2444 allan.coseo@cityofloveland.org
Adult & Youth Volleyball	
Adult Basketball	
Adult Kickball	
Batting Cages	
Adult & Youth Soccer	Savannah 970.962.2445 savannah.garcia@cityofloveland.org
Spikeball	
CARA Track	
Volunteer Program	
Youth Baseball & T-Ball	Dana 970.962.2450 dana.redford@cityofloveland.org
Youth Basketball	
Youth Flag Football	
Cornhole	
Adult & Youth Tennis	Kim 970.962.2437 Program Supervisor - Athletics kim.miller@cityofloveland.org
Gymnastics	
Youth In-Line Hockey	
Youth Lacrosse	

Summer Softball

Register 4/6-5/4

Early Bird (thru 5/4).....\$720/team
Includes USSSA sanction fee.
Schedules online 5/15 after 4pm. League begins week of 5/18.

Day	Start Date	Level	Class #
Th	5/21	Men's D	374001-1
M	5/18	Men's E1	374002-1
M	5/18	Men's E2	374002-2
M	5/18	Men's E3	374002-3
M	5/18	Men's E4	374002-4
W	5/20	Men's E5	374002-5
T	5/19	Men's E6	374002-6
W	5/20	Men's E7	374002-7
Th	5/21	Men's E8	374002-8
M	5/18	Women's D	374101-1
T	5/19	Women's E	374102-1
W	5/20	Coed D	374201-1
W	5/20	Coed E1	374202-1
W	5/20	Coed E2	374202-2
T	5/19	Coed E3	374202-3
T	5/19	Coed E4	374202-4
M	5/18	Men's Church 1	374301-1
Th	5/21	Men's Church 2	374301-2

NEW! Summer Kickball

Register 4/6-5/4

Early Bird (thru 5/4).....\$250/team
Schedules online 5/15 after 4pm. League begins week of 5/18.

Day	Start Date	Level	Class #
W	5/20	Coed 2	376201-1

Summer Volleyball

Register 4/20-5/18

Early Bird (thru 5/18).....\$120/team
Schedules online 5/27 after 4pm. League begins week of 6/1.

Day	Start Date	Level	Class #
Th	6/4	4x4 Coed 1 Sand	371501-1
Th	6/4	4x4 Coed 2 Sand	371501-2
T	6/2	4x4 Coed 1 Grass	371601-1
T	6/2	4x4 Coed 2 Grass	371601-2
M	6/1	4x4 Women 1 Grass	371602-1
M	6/1	4x4 Women 2 Grass	371602-2
W	6/3	2x2 Men Upper Sand	371701-1
W	6/3	2x2 Men Lower Sand	371701-2

Summer Coed Soccer

Register 4/27-5/26

Early Bird (thru 5/26).....\$685/team
Schedules online 6/3 after 4pm. League begins week of 6/7.
Location: Loveland Sports Park (LSP)

Day	Start Date	Level	Class #
Su,Th	6/7	Coed 1	377201-1
Su,Th	6/7	Coed 2	377201-2

NEW! Summer Spikeball

Register 4/13-5/24

Early Bird (thru 5/24).....\$60/team
Schedules online 6/3 after 4pm. League begins F, 6/12.
Come play the game that is sweeping the nation while enjoying the summer sun! Location: Loveland Sports Park (LSP)

Day	Start Date	Time	Class #
Su	6/12	5:30-8:00P	378100-1

Summer Cornhole League

Register 4/27-6/1

Come play this popular relaxing game while taking in the fresh air and fresh tunes of the Foote Lagoon concert series. Min/Max: 4/10
Location: Chilson west lawn *No games 7/2

Age: 16+ Fee: \$30/team thru 6/1 or until full

Day	Date	Time	Class #
Th	6/18-7/23*	6:00-8:00P	377901-1

Fall Softball

Register 7/13-8/10

Early Bird (thru 8/2).....\$425/team
Team Fee (8/3-8/10).....\$475/team
Includes end of season tournament.
Schedules online 8/19 after 4pm. League begins week of 8/24.

Day	Start Date	Level	Class #
T	8/25	Men's D	474001-1
T	8/25	Men's E1	474002-1
T	8/25	Men's E2	474002-2
T	8/25	Men's E3	474002-3
T	8/25	Women's D	474101-1
T	8/25	Women's E Upper	474102-1
T	8/25	Women's E Lower	474102-2
M	8/24	Coed 11"/12" D	474201-1
M	8/24	Coed 11"/12" E1	474202-1
M	8/24	Coed 11"/12" E2	474202-2
M	8/24	Coed 11"/12" E3	474202-3
M	8/24	Coed 11"/12" E4	474202-4
Th	8/27	Men's Church	474301-1

Men's Doubleheaders

Register 7/13-8/10

Early Bird (thru 8/2).....\$810/team
Team Fee (8/3-8/10).....\$860/team
Includes end of season tournament.
Schedules online 8/19 after 4pm. League begins week of 8/24.

Day	Start Date	Level	Class #
Th	8/27	Upper	474003-1
Th	8/27	Lower	474003-2

Fall Coed Soccer

Register 7/6-8/3

Early Bird (thru 7/26).....\$685/team
Team Fee (7/27-8/3).....\$735/team
Schedules online 8/12 after 4pm. League begins week of 8/16.
Location: Loveland Sports Park (LSP)

Day	Start Date	Level	Class #
Su	8/16	Coed 1	477201-1
Su	8/16	Coed 2	477201-2

Fall Volleyball

Register 8/3-9/1

Early Bird (thru 8/24).....\$315/team
Team Fee (8/25-9/1).....\$340/team
Includes end of season tournament.
Schedules online 9/9 after 4pm. League begins week of 9/14.

Women

Day	Start Date	Level	Class #
M	9/14	Women's 1	471101-1
M	9/14	Women's 2	471101-2

Coed

Day	Start Date	Level	Class #
Th	9/17	Coed 1	471201-1
Th	9/17	Coed 2	471201-2
W	9/16	Coed 3	471201-3

Fall Basketball

Register 8/3-9/1

Early Bird (thru 8/23).....\$440/team
Team Fee (8/24-9/1).....\$465/team
Includes end of season tournament.
Schedules online 9/9 after 4pm. League begins week of 9/15.

Day	Start Date	Level	Class #
T	9/15	Men's	473001-1
W	9/16	Women's	473101-1

SPORTS 50+

NEW! Tennis - Senior Learn/Play League

No tennis experience required. Learn stroke technique beginning with the basics for 30 minutes followed by one hour of doubles play. Each week focuses on perfecting individual shots. By the end of seven weeks you'll be a player! It's fun without pressure.

Questions? 530.902.4088 **To register:** lovelandtennis.net

Age: 50+ Fee: 1x/wk: \$60

M 6/1-6/22 4:00-5:30P NL Ct 7

NEW! Tennis - Senior Tennis-ize Min/Max: 4/8

Gearred for players with little to no tennis experience. This class uses gentle tennis exercise and is set to music. Improve balance, coordination and strength in this fun group class. Hit lots of balls while moving and improving. **Questions?** 530.902.4088

To register: lovelandtennis.net

Age: 50+ Fee: 1x/wk: \$40; 2x/wk: \$72

M/W 6/1-6/24 8:00-9:00A McKee Ct 1

Th 6/4-6/25 10:00-11:00A D. Webster Ct 1

Pickleball Beginning Skills ♦ Min/Max: 5/10

A structured, fun class to learn basic strokes, rules and scoring through a program of demonstrations, drills and practice. Learn key fundamentals and develop basic skills so you're ready to participate in the Drop in Pickleball sessions - see page 3. All equipment provided. Location: Sunnyside Park, 899 E. Fifth St. Instructor: Bob Monroe

Age: 50+

Day	Date	Time	Fee	SAC	Class #
M	6/1-7/6	10:00-11:00A	\$34	\$32	396006-1
T	6/2-7/7	10:00-11:00A	\$34	\$32	396006-2
T	6/2-7/7	6:00-7:00P	\$34	\$32	396006-3
W	6/3-7/8	6:00-7:00P	\$34	\$32	396006-4
Th	6/4-7/9	10:00-11:00A	\$34	\$32	396006-5
M	7/13-8/17	10:00-11:00A	\$34	\$32	396006-6
T	7/14-8/18	10:00-11:00A	\$34	\$32	396006-7
T	7/14-8/18	6:00-7:00P	\$34	\$32	396006-8
W	7/15-8/19	6:00-7:00P	\$34	\$32	396006-9
Th	7/16-8/20	10:00-11:00A	\$34	\$32	396006-10

NEW! Pickleball for kids!

See page 33 for outdoor summer classes.

Barnes Softball Complex Batting Cages
at Fairgrounds Park - 405 S. Cleveland (Hwy. 287)

Features: 6 slowpitch softball, 2 fastpitch softball and 4 baseball stations with varying speeds. Proper gear/shoes required; bats and helmets available. The batting cages are now operated by Colby Bexley of Snack Attack Concessions. Call 970.689.4434 to reserve cages or for more information.

2020 Summer Hours: opening May 18

Monday-Friday.....4:00-8:00P

Saturday.....1:00-8:00P

Sunday.....1:00-6:00P

Fee: \$2 for 20 pitches **Cage Rentals:** \$20/half hour; \$35/hour

Bocce Ball League ♦ Min/Max: 5/25

Bocce is a fun game played with eight large colored balls and one small object ball (pallino). The intent of the game is for each team to throw their balls as close to the pallino as possible, while knocking other opponent's balls away. The game is won by the first team to score 16 points. Join in the fun and meet new people! Location: Centennial Park, 977 W. First St.

Instructor: Tony Mancina

Age: 50+

Day	Date	Time	Fee	SAC	Class #
Th	8/6-9/24	5:30-7:00P	\$20	\$18	396010-2

Drop-in Sports 50+

Fee: Chilson fitness pass or pay the daily fee (unless otherwise noted)

See full drop-in gym schedule on page 3.

Volleyball Location: Small Gym

T 9:00-11:00A F 1:30-3:30P

Pickleball Location: Large Gym, east

Drop-in pickleball play is recreational for players with experience and working knowledge of rules. All skill levels participate through rotation of play.

M	6:00-9:00A 1:30-3:30P
T	6:00-9:00A
W	6:00-9:00A 9:00A-1:00P
Th	6:00-9:00A 1:30-3:30P
F	6:00-10:00A 1:30-9:00P
Su	11:00A-2:00P

Table Tennis 50+

Mon|Wed|Thurs

1:30-4:00P

Fee: \$1 donation

Billiards 55+

Mon-Fri, 8:00A-5:00P

Sat, 9:00A-12:00P

Fee: 50¢ donation

Have you signed up to receive athletics e-newsletters and text alerts?

Check out teamsideline.com/loveland and get info for all sport schedules, tournament dates, information packets, weather notifications and more! With a click of a button, you can also sign up for e-newsletters and text alerts.

Get connected!

Get out and try something NEW!

See pages 62-66 for more opportunities for the active generation.



One moment can change a life.

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JOHNSTOWN 4848 Thompson Pkwy., 970.663.7600



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T H E R E ' S O N L Y O N E

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Make an IMPACT and coach youth sports!

Training and equipment provided.

Contact:
Savannah at
970.962.2445
cityofloveland.org/athletics





YOUTH ATHLETICS

Do your kiddos have cabin fever? It's time to get out and get active. We've still got your favorites – tennis, soccer, 3-on-3 basketball, T-ball, softball, baseball and lacrosse. Plus, we've added some soon-to-be favorites – CARA track team and pickleball!

Youth Athletic Registration Deadlines

Registration will begin the season prior with hard deadlines approximately 2-3 weeks before the program start date to allow for improved planning and coordination.

Youth Sport	Early Bird Fee*	Regular Fee	Registration Deadline	Start Date
SUMMER softball (girls), baseball, soccer, basketball, lacrosse, t-ball	4/13	waived	5/18	Varies beg. 6/1
SUMMER CARA track	4/13	waived	5/18	5/26
FALL soccer, flag football, volleyball	7/6	7/27	8/10	8/31
FALL basketball	7/6	9/21	10/5	10/19
WINTER 2021 basketball	10/26	11/23	12/7	1/11/21

*Early Bird registration begins at 6:00P

Wait List Policy

If a class is full, you may be placed on ONE wait list. You are contacted when there is a cancellation or if a class is added (depends on facility, coach, participants).

TeamSideline is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out: teamsideline.com/loveland

Volunteer Coaches Needed!

Volunteer coaches are **essential** to our athletic programs! Coaching can be rewarding and the coach's child's player registration fee is waived! Materials and equipment provided. Sign up to coach at teamsideline.com/loveland and click the VOLUNTEER! button.

Youth Athletic T-Shirts

Each participant is required to wear a Youth Athletics T-Shirt unless otherwise noted (purchase at Mountain Rentals, Inc. 401 E. Eisenhower Blvd. in Loveland).

Do you have questions about youth athletics or our volunteer program?

Call 970.962.2445 for more info.

**Looking for batting cages?
Keep your eye on the ball - page 28.**

Summer Amazing Athletes Min/Max: 6/12

These action-packed classes explore the basics of nine different ball sports in a fun, non-competitive learning-based environment. Each class includes kid-friendly cardio, muscle terminology, motor development skills, speed & agility and teamwork.

Location: T/Th classes: Mehauffey Park North (enter from 29th St.)
Friday classes: Loveland Sports Park, Field 5

Parent/Tot Age: 1.5-2.5		No class 7/2, 7/3	
Th	5/28-7/9*	10:00-10:25A	\$54 360040-1
Th	7/16-8/20	10:00-10:25A	\$54 360040-2
F	5/29-7/10*	10:00-10:25A	\$54 360040-3
F	7/17-8/21	10:00-10:25A	\$54 360040-4

Preschool Age: 2.5-6		No class 6/30, 7/2, 7/3	
T	5/26-7/7*	5:00-5:45P	\$54 360050-1
T	7/14-8/18	5:00-5:45P	\$54 360050-2
Th	5/28-7/9*	10:30-11:15A	\$54 360050-3
Th	7/16-8/20	10:30-11:15A	\$54 360050-4
F	5/29-7/10*	9:10-9:55A	\$54 360050-5
F	7/17-8/21	9:10-9:55A	\$54 360050-6

Summer Soccer Pre-K Instructional Min/Max: 6/10

Drills and fun games are used to introduce soccer basics to 4-6 year olds during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-Shirt NOT required.

Age: 4-6

Register: 4/13-5/18

Session 1 Fee: \$47 Early Bird thru 5/18

T,Th	6/2-6/25	9:00-9:45A	Kroh 1	333001-01
T,Th	6/2-6/25	9:45-10:30A	Kroh 1	333001-02
T,Th	6/2-6/25	5:15-6:00P	Loch Lon 3	333001-04
T,Th	6/2-6/25	6:00-6:45P	Loch Lon 3	333001-05
M,W	6/1-6/24	5:15-6:00P	LSP 5	333001-06
M,W	6/1-6/24	6:00-6:45P	LSP 5	333001-07
M,W	6/1-6/24	9:00-9:45A	NL Train	333001-08
M,W	6/1-6/24	9:15-10:00A	NL Train	333001-09
T,Th	6/2-6/25	5:15-6:00P	NL Train	333001-10
T,Th	6/2-6/25	6:00-6:45P	NL Train	333001-11

Register: 4/13-6/22

Session 2 Fee: \$47 Early Bird thru 6/22

T,Th	7/7-7/30	9:00-9:45A	Kroh 1	333002-01
T,Th	7/7-7/30	9:45-10:30A	Kroh 1	333002-02
T,Th	7/7-7/30	5:15-6:00P	Loch Lon 3	333002-04
T,Th	7/7-7/30	6:00-6:45P	Loch Lon 3	333002-05
M,W	7/6-7/29	5:00-6:00P	LSP 5	333002-06
M,W	7/6-7/29	6:00-7:00P	LSP 5	333002-07
M,W	7/6-7/29	9:00-9:45A	NL Train	333002-08
M,W	7/6-7/29	9:45-10:30A	NL Train	333002-09
T,Th	7/7-7/30	5:15-6:00P	NL Train	333002-10
T,Th	7/7-7/30	6:00-6:45P	NL Train	333002-11

Summer Soccer/Pre-K Leagues Min/Max: 5/10

Soccer fundamentals are taught using drills and fun activities during practice times. Games are held on same days/locations as practices; games at both 9:00A and 10:00A. No additional games played on Saturdays. Required: Youth Athletic T-Shirt, shin guards

Age: 4-6 *No practice/games 6/30, 7/2

Register: 4/13-5/18

Fee: \$57 Early Bird thru 5/18

T,Th	6/2-7/16*	9:00-10:00A	LSP 5	333010-01
T,Th	6/2-7/16*	9:00-10:00A	LSP 5	333010-02
T,Th	6/2-7/16*	10:00-11:00A	LSP 5	333010-03
T,Th	6/2-7/16*	10:00-11:00A	LSP 5	333010-04

NEW! Summer CARA Track Team Min/Max: 1/99

CARA (Colorado Association of Recreational Athletics) provides a recreational, non-ranked, non-sanctioned opportunity for young track runners to learn competitive strategies and skills in a fun learning environment. Practice twice per week with meets on Saturdays beginning 6/13. A state tournament for all participants is held Saturday, 7/18. **Attend a mandatory parent meeting on Tuesday, 5/26 at 9:30A at Thompson Valley High School Track.** A team jersey is required (included in fee).

Location: Thompson Valley High School Track, 1669 Eagle Dr.

Age: 5-16 Register: 4/13-5/18

Fee: \$95 Early Bird thru 5/18

Boys					
Age: 5-6	T,Th	5/26-7/18	9:30-10:30A	334010-05	
Age: 7-8	T,Th	5/26-7/18	9:30-10:30A	334010-07	
Age: 9-10	T,Th	5/26-7/18	10:30A-12P	334010-09	
Age: 11-12	T,Th	5/26-7/18	10:30A-12P	334010-11	
Age: 13-14	T,Th	5/26-7/18	10:30A-12P	334010-13	
Age: 15-16	T,Th	5/26-7/18	10:30A-12P	334010-15	

Girls					
Age: 5-6	T,Th	5/26-7/18	9:30-10:30A	334110-05	
Age: 7-8	T,Th	5/26-7/18	9:30-10:30A	334110-07	
Age: 9-10	T,Th	5/26-7/18	10:30A-12P	334110-09	
Age: 11-12	T,Th	5/26-7/18	10:30A-12P	334110-11	
Age: 13-14	T,Th	5/26-7/18	10:30A-12P	334110-13	
Age: 15-16	T,Th	5/26-7/18	10:30A-12P	334110-15	

Summer Soft Lacrosse Min/Max: 4/30

Introduce your young athlete to the sport of lacrosse. Soft lacrosse is a modified version of the game in which gender-neutral sticks and soft balls are used to teach the fundamentals of the game through drills and fun games. All equipment provided; no additional costs.

Age: 6-8 Boys & Girls

Register: 4/13-5/18

Session 1 Fee: \$47 Early Bird thru 5/18

T,Th	6/2-6/25	6:00-7:00P	Kroh Fld 3	331301-01
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Register: 4/13-6/22

Session 2 Fee: \$47 Early Bird thru 6/22

T,Th	7/7-7/30	6:00-7:00P	Kroh Fld 3	331301-02
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Summer Boys Lacrosse Min/Max: 7/48

Designed for players of all abilities to learn and improve on the fundamentals of the game, this program combines practices and games in a camp-like environment. Teams are formed onsite. The 6-week program follows these guidelines:

Wk 1: dedicated to learning skills and practicing

Wk 2-3: Tuesday practices; Thursday games

Wk 4-6: games played on both days

Determining age group: use the child's age as of 8/31/20.

Required equipment: all purpose soccer shoes (soft cleats) or tennis shoes; mouthguard; stick; helmet with a face mask (hockey helmets allowed); gloves (hockey gloves allowed); arm pads; shoulder pads; cup; Youth Athletic T-Shirt (for games).

Register: 4/13-5/18 *No practice/games 7/2

Fee: \$57 Early Bird thru 5/18

Age: 8-10					
T,Th	6/9-7/23*	5:00-6:00P	Kroh Fld 4	331101-01	
Age: 11-12					
T,Th	6/9-7/23*	6:00-7:00P	Kroh Fld 4	331111-01	
Age: 13-15					
T,Th	6/9-7/23*	6:00-7:00P	Kroh Fld 4	331121-01	

Summer T-Ball Min/Max 9/12

Designed to introduce children to the game of baseball. Schedule: practices/games held on Mon/Wed at Kroh Park or North Lake Park.

Register: 4/13-5/18

Fee: \$62 Early Bird thru 5/18

Age: 4-6 *No practice/games 7/1

M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-01
M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-02
M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-03
M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-04
M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-05
M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-06
M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-07
M,W	6/8-7/22*	4:45-6:00P	Kroh 1	335001-08
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-01
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-02
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-03
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-04
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-05
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-06
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-07
M,W	6/8-7/22*	4:45-6:00P	NL Fields	335002-08
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-01
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-02
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-03
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-04
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-05
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-06
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-07
M,W	6/8-7/22*	6:30-7:45P	Kroh 1	335003-08
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-01
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-02
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-03
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-04
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-05
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-06
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-07
M,W	6/8-7/22*	6:30-7:45P	NL Fields	335004-08

Summer Girls Softball Min/Max: 10/14

Promotes skill development and sportsmanship for girls ages 8-13 as of 8/31/20. Games at Barnes Complex at Fairgrounds Park.

Age 8-10 play games on Tues/Thurs; Age 11-13 play on Mon/Wed

Register: 4/13-5/18

Fee: \$60 Early Bird thru 5/18

Age: 8-10 MACHINE PITCH - Practices *No games 6/30, 7/2

M	6/1-7/27*	6:00-7:00P	Garfield Pk	336201-01
M	6/1-7/27*	5:00-6:00P	Garfield Pk	336201-02
M	6/1-7/27*	6:00-7:00P	Kroh 3	336201-03
M	6/1-7/27*	7:00-8:00P	Kroh 3	336201-04
M	6/1-7/27*	5:00-6:00P	NL Fields	336201-05
M	6/1-7/27*	6:00-7:00P	NL Fields	336201-06
M	6/1-7/27*	6:00-7:00P	Silver Glen	336201-07
M	6/1-7/27*	5:00-6:00P	Silver Glen	336201-08
M	6/1-7/27*	6:00-7:00P	High Plains	336201-09

Fee: \$75 Early Bird thru 5/18

Age: 11-13 PLAYER PITCH - Practices *No games 6/29, 7/1

T	6/2-7/30*	6:00-7:00P	Garfield Pk	336202-01
Th	6/4-7/30*	5:00-6:00P	Garfield Pk	336202-02
Th	6/4-7/30*	6:00-7:00P	Garfield Pk	336202-03
T	6/2-7/30*	6:00-7:00P	Kroh 3	336202-04
T	6/2-7/30*	7:00-8:00P	Kroh 3	336202-05
T	6/2-7/30*	6:00-7:00P	Silver Glen	336202-06
Th	6/4-7/30*	6:00-7:00P	Osborn BB	336202-07
T	6/2-7/28*	5:00-6:00P	Woodmere	336202-08
Th	6/4-7/30*	7:00-8:00P	Woodmere	336202-09

Summer Baseball Min/Max 10/15

Designed to introduce the game of baseball beyond T-Ball. Schedule: practices/games are held on Tues/Thurs at either Fairgrounds Park fields or North Lake Park/Owens fields.

Register: 4/13-5/18

Fee: \$72 Early Bird thru 5/18

COACH PITCH Age: 6-8 *No practice/games 7/2

T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-01
T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-02
T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-03
T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-04
T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-05
T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-06
T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-07
T,Th	6/2-7/23*	4:15-5:45P	Owens BB	335053-08
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-01
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-02
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-03
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-04
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-05
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-06
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-07
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-08
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-09
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-10
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-11
T,Th	6/2-7/23*	6:15-7:45P	Owens BB	335054-12

MACHINE PITCH Age: 6-8 *No practice/games 6/30, 7/2

T,Th	6/2-7/23*	8:30-10:00A	Barnes #8	335051-01
T,Th	6/2-7/23*	8:30-10:00A	Barnes #8	335051-02
T,Th	6/2-7/23*	8:30-10:00A	Barnes #8	335051-03
T,Th	6/2-7/23*	8:30-10:00A	Barnes #8	335051-04

MACHINE PITCH Age: 8-10 *No practice/games 6/30, 7/2

T,Th	6/2-7/23*	10:30A-12:00P	Barnes #8	335052-01
T,Th	6/2-7/23*	10:30A-12:00P	Barnes #8	335052-02
T,Th	6/2-7/23*	10:30A-12:00P	Barnes #8	335052-03
T,Th	6/2-7/23*	10:30A-12:00P	Barnes #8	335052-04

Summer Outdoor Basketball 3-on-3 Min/Max: 3/8

Register your team today for 3-on-3 outdoor half-court basketball! Minimum of 2 games played per day. 6 players allowed per team. Levels determined by participant's grade entering school in fall 2020.

Location: North Lake Park OD Courts

Register: 4/13-5/18

Fee: \$115 Early Bird thru 5/18

Grade: 5-8 *No games 6/30, 7/2

Boys

Grade: 5-6	T/Th	6/2-7/9*	8:00-9:30A	332010-05
Grade: 7-8	T/Th	6/2-7/9*	9:30-11:00A	332010-07

Girls

Grade: 5-6	T/Th	6/2-7/9*	8:00-9:30A	332010-25
Grade: 7-8	T/Th	6/2-7/9*	9:30-11:00A	332010-27

YOUTH SPORTS CAMPS

at Loveland Sports Park - 950 N. Boyd Lake Ave.

Visit the websites below for info and to register.

• **Challenger International Soccer Camps**

Age: 3-14 | challengersports.com

Learn respect, responsibility, and sportsmanship.

Session 1: 6/8-6/12 Session 2: 7/27-7/31

• **Skyhawks Sports Camps – June & July**

Age: 4-14 | skyhawks.com/colorado

Week-long camps: baseball, basketball, flag football, volleyball and Mini-Hawk (baseball, basketball, soccer combo)

NEW! Summer Beginner Pickleball Min/Max: 4/10

Curious about Pickleball, the fastest growing sport in America? Pickleball is a court sport similar to tennis with elements of badminton and ping pong. Develop your skills and knowledge of the game through our fun, beginner lessons! All equipment provided.

Age: 5-7 Fee: \$48

T,Th	6/9-7/2	9:00-10:00A	Mehaffey, Ct A	326110-70
T,Th	7/14-8/6	9:00-10:00A	Mehaffey, Ct A	326210-70

Age 8-10 Fee: \$48

T,Th	6/9-7/2	10:00-11:00A	Mehaffey, Ct A	326112-70
T,Th	7/14-8/6	10:00-11:00A	Mehaffey, Ct A	326212-70

Age 11-17 Fee: \$48

T,Th	6/9-7/2	11:00A-12:00P	Mehaffey, Ct A	326114-70
T,Th	7/14-8/6	11:00A-12:00P	Mehaffey, Ct A	326214-70

NEW! Summer Parent|Child Pickleball

A fun class for parent and child 8+ to experience together! Enjoy this beginning class that promotes outdoor exercise, teamwork, eye-hand coordination and footwork. All equipment provided.

Register both child and adult. Min/Max: 4/10

Age: 8+ Fee: \$20 ea.

T	6/9-6/30	8:00-9:00A	Mehaffey, Ct A	326105-70
Th	6/11-7/2	8:00-9:00A	Mehaffey, Ct A	326105-71
T	7/14-8/4	8:00-9:00A	Mehaffey, Ct A	326205-70
Th	7/16-8/6	8:00-9:00A	Mehaffey, Ct A	326205-71

Fall Soccer/Pre-K Instructional Min/Max: 6/10

Drills and fun games are used to introduce soccer basics. Basics are taught during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-Shirts not required.

Age: 4-6

Register: 7/6-8/10 Fee: \$47 (Early Bird thru 7/26), \$62 (after 7/26)

M,W	9/14-10/14	5:45-6:30P	Kroh 9	433000-01
T,Th	9/15-10/15	5:45-6:30P	Kroh 9	433000-02
M,W	9/14-10/14	4:30-5:15P	Loch Lon 4	433000-03
T,Th	9/15-10/15	5:45-6:30P	Loch Lon 4	433000-04
M,W	9/14-10/14	4:30-5:15P	NL Train	433000-05
T,Th	9/15-10/15	5:30-6:15P	Mehaffey A	433000-06

Fall Youth Soccer Leagues

Emphasizes equal participation while learning soccer fundamentals and having fun! Practice twice per week. Games are Saturdays at Kroh Park beg. 9/12. Youth Athletic T-Shirts & shin guards required.

Fall Soccer/Pre-K League Min/Max 6/8

Age: 4-5 *No practice 9/7, 9/8

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/26), \$72 (after 7/26)

M,W	8/31-10/17*	4:30-5:30P	Kroh 3	433004-01
M,W	8/31-10/17*	5:30-6:30P	Kroh 3	433004-02
M,W	8/31-10/17*	4:30-5:30P	Loch Lon 3	433004-11
M,W	8/31-10/17*	5:30-6:30P	Loch Lon 3	433004-12
T,Th	9/1-10/17*	4:30-5:30P	LSP 6	433004-21
T,Th	9/1-10/17*	5:30-6:30P	LSP 6	433004-22
T,Th	9/1-10/17*	4:30-5:30P	NL Train 2	433004-31
T,Th	9/1-10/17*	5:30-6:30P	NL Train 2	433004-32

Fall Soccer/Pre-K League Min/Max 6/8

Age: 5-6 *No practice 9/7, 9/8

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/26), \$72 (after 7/26)

T,Th	9/1-10/17*	4:30-5:30P	Kroh 3	433006-01
T,Th	9/1-10/17*	5:30-6:30P	Kroh 3	433006-02
T,Th	9/1-10/17*	4:30-5:30P	Loch Lon 3	433006-11
T,Th	9/1-10/17*	5:30-6:30P	Loch Lon 3	433006-12
M,W	8/31-10/17*	4:30-5:30P	LSP 6	433006-21
M,W	8/31-10/17*	5:30-6:30P	LSP 6	433006-22
M,W	8/31-10/17*	4:30-5:30P	NL Train 2	433006-31
M,W	8/31-10/17*	5:30-6:30P	NL Train 2	433006-32

Fall Soccer/1st & 2nd Grade Min/Max: 8/12

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/26), \$72 (after 7/26)

Boys *No practice 9/7, 9/8

M,W	8/31-10/17*	4:30-5:30P	Kroh 8	433011-01
T,Th	9/1-10/17*	4:30-5:30P	Kroh 8	433011-02
T,Th	9/1-10/17*	5:30-6:30P	Loch Lon 2	433011-03
M,W	8/31-10/17*	5:30-6:30P	Loch Lon 3	433011-04
M,W	8/31-10/17*	4:30-5:30P	LSP 6	433011-05
T,Th	9/1-10/17*	5:30-6:30P	LSP 6	433011-06
T,Th	9/1-10/17*	4:30-5:30P	NL Train 1	433011-08

Girls *No practice 9/7, 9/8

M,W	8/31-10/17*	4:30-5:30P	Kroh 7	433021-01
T,Th	9/1-10/17*	4:30-5:30P	Kroh 7	433021-02
M,W	8/31-10/17*	4:30-5:30P	Loch Lon 2	433021-03
T,Th	9/1-10/17*	5:30-6:30P	Loch Lon 3	433021-04
M,W	8/31-10/17*	4:30-5:30P	LSP 6	433021-05
T,Th	8/31-10/17*	5:30-6:30P	LSP 6	433021-06
T,Th	9/1-10/17*	5:30-6:30P	NL Train 1	433021-08

Fall Soccer/3rd & 4th Grade Min/Max 11/14

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/26), \$72 (after 7/26)

Boys *No practice 9/7, 9/8

M,W	8/31-10/17*	4:30-5:30P	Kroh 7	433013-01
M,W	8/31-10/17*	5:30-6:30P	Kroh 7	433013-02
T,Th	9/1-10/17*	5:30-6:30P	Kroh 8	433013-03
M,W	8/31-10/17*	4:30-5:30P	Loch Lon 2	433013-04
M,W	8/31-10/17*	5:30-6:30P	LSP 7	433013-05
T,Th	9/1-10/17*	4:30-5:30P	LSP 7	433013-06

Girls *No practice 9/7, 9/8

M,W	8/31-10/17*	4:30-5:30P	Kroh 8	433023-01
M,W	8/31-10/17*	5:30-6:30P	Kroh 8	433023-02
T,Th	9/1-10/17*	5:30-6:30P	Kroh 8	433023-03
M,W	8/31-10/17*	5:30-6:30P	Loch Lon 2	433023-04
M,W	8/31-10/17*	5:30-6:30P	LSP 7	433023-05
T,Th	9/1-10/17*	4:30-5:30P	LSP 7	433023-06

Fall Soccer/5th & 6th Grade Min/Max 11/14

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/26), \$72 (after 7/26)

Boys *No practice 9/7, 9/8

M,W	8/31-10/17*	5:30-6:30P	Kroh 7	433015-01
M,W	8/31-10/17*	5:30-6:30P	Loch Lon 2	433015-02
T,Th	9/1-10/17*	5:30-6:30P	LSP 7	433015-03
M,W	8/31-10/17*	4:30-5:30P	Kroh 3	433015-05

Girls *No practice 9/7, 9/8

T,Th	9/1-10/17*	4:30-5:30P	Kroh 7	433025-01
T,Th	9/1-10/17*	5:30-6:30P	Loch Lon 2	433025-02
M,W	8/31-10/17*	4:30-5:30P	LSP 7	433025-03
T,Th	9/1-10/17*	5:30-6:30P	Kroh 8	433025-05

NEW! Fall Soccer/7th & 8th Grade Min/Max 11/14

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/26), \$72 (after 7/26)

Boys *No practice 9/7, 9/8

M,W	8/31-10/17*	5:30-6:30P	Kroh 4	433017-01
M,W	8/31-10/17*	5:30-6:30P	Loch Lon 2	433017-02
T,Th	9/1-10/17*	5:30-6:30P	LSP 7	433017-03
T,Th	9/1-10/17*	4:30-5:30P	Kroh 4	433017-04

Girls *No practice 9/7, 9/8

T,Th	9/1-10/17*	4:30-5:30P	Kroh 4	433027-01
T,Th	9/1-10/17*	5:30-6:30P	Loch Lon 2	433027-02
M,W	8/31-10/17*	4:30-5:30P	LSP 7	433027-03
M,W	8/31-10/17*	5:30-6:30P	Kroh 4	433027-04

Find your practice field on page 68.

Fall Itty Bitty Ballers Basketball Min/Max 6/10

This is a fun coed program for boys and girls in kindergarten and 1st grade to learn the fundamentals of basketball in a team setting with modified rules and basket height. All practices/games held at the Chilson Center, Large Gym

Register: 7/6-10/5 Fee: \$47 (Early Bird thru 9/19), \$62 (after 9/19)

Grade: K-1st

Sa	10/31-12/5	9:00-10:00A	Large Gym	432021-01
Sa	10/31-12/5	9:00-10:00A	Large Gym	432021-02
Sa	10/31-12/5	10:00-11:00A	Large Gym	432021-03
Sa	10/31-12/5	10:00-11:00A	Large Gym	432021-04
Sa	10/31-12/5	11:00A-12P	Large Gym	432021-05
Sa	10/31-12/5	11:00A-12P	Large Gym	432021-06

Fall Basketball Girls 2nd - 5th Grade Min/Max: 6/10

Learn fundamentals, enhance current skills, develop good sportsmanship and have fun! Practices held at area elementary schools two days a week; games played Saturdays beginning 10/31 at the Chilson Recreation Center and local schools.

Required: Youth Athletic T-shirts, non-marking soled shoes

Register: 7/6-10/5 Fee: \$57 (Early Bird thru 9/19), \$72 (after 9/19)

Grade: 2-3 *No practice/games 11/23 thru 11/28

T,Th	10/20-12/5*	6:00-7:00P	Carrie Martin	432023-01
M,W	10/19-12/5*	6:00-7:00P	Centennial	432023-02
T,Th	10/20-12/5*	7:00-8:00P	Coyote Ridge	432023-03
M,W	10/19-12/5*	7:00-8:00P	Garfield	432023-04
M,W	10/19-12/5*	6:00-7:00P	Mary Blair	432023-05
T,Th	10/20-12/5*	6:00-7:00P	Monroe	432023-06
T,Th	10/20-12/5*	5:00-6:00P	Namaqua	432023-07
T,Th	10/20-12/5*	7:00-8:00P	Ponderosa	432023-08
T,Th	10/20-12/5*	6:00-7:00P	Winona	432023-09
T,Th	10/20-12/5*	5:00-6:00P	Mary Blair	432023-10

Grade: 4 *No practice/games 11/23 thru 11/28

T,Th	10/20-12/5*	7:00-8:00P	Carrie Martin	432024-01
M,W	10/19-12/5*	7:00-8:00P	Centennial	432024-02
T,Th	10/20-12/5*	5:00-6:00P	Coyote Ridge	432024-03
M,W	10/19-12/5*	5:00-6:00P	Garfield	432024-04
M,W	10/19-12/5*	7:00-8:00P	Mary Blair	432024-05
T,Th	10/20-12/5*	5:00-6:00P	Monroe	432024-06
T,Th	10/20-12/5*	6:00-7:00P	Namaqua	432024-07
T,Th	10/20-12/5*	6:00 7:00P	Ponderosa	432024-08
T,Th	10/20-12/5*	7:00-8:00P	Winona	432024-09
T,Th	10/20-12/5*	6:00-7:00P	Mary Blair	432024-10

Grade: 5 *No practice/games 11/23 thru 11/28

T,Th	10/20-12/5*	6:00-7:00P	Coyote Ridge	432025-01
M,W	10/19-12/5*	6:00-7:00P	Garfield	432025-02
T,Th	10/20-12/5*	7:00-8:00P	Monroe	432025-03
T,Th	10/20-12/5*	7:00-8:00P	Namaqua	432025-04
T,Th	10/20-12/5*	5:00-6:00P	Ponderosa	432025-05
T,Th	10/20-12/5*	7:00-8:00P	Mary Blair	432025-06

Volunteer to coach youth sports and share your LOVE of the game!

Use your knowledge and skills and inspire young players in youth athletics. **FREE** enrollment for your child.

Training and background check required.

Sign up at teamsideline.com/loveland and click on the **Volunteer** button to get ready to have FUN! Call with questions 970.962.2445.

Fall Flag Football Min/Max: 10/16

This is an instructional program that is designed to teach the fundamentals of football to elementary-aged children. Practices are held two times per week from 5:30-6:30P with games on Saturdays beginning 9/12 at Loveland Sports Park (LSP).

Required: Youth Athletic T-shirt

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/27), \$72 (after 7/27)

Grade: 1-2

T,Th	9/1-10/17	5:30-6:30P	Centennial EI	438101-01
T,Th	9/1-10/17	5:30-6:30P	High Plains	438101-02
M,W	8/31-10/17	5:30-6:30P	Kroh 6	438101-03
M,W	8/31-10/17	5:30-6:30P	Loch Lon 4	438101-04
T,Th	9/1-10/17	5:30-6:30P	Loch Lon 4	438101-05
M,W	8/31-10/17	5:30-6:30P	LSP 6	438101-06
T,Th	9/1-10/17	5:30-6:30P	LSP 6	438101-07
M,W	8/31-10/17	5:30-6:30P	Mehaffey N	438101-08

Grade: 3-4

M,W	8/31-10/17	5:30-6:30P	Centennial EI	438103-01
T,Th	9/1-10/17	5:30-6:30P	High Plains	438103-02
T,Th	9/1-10/17	5:30-6:30P	Kroh 6	438103-03
M,W	8/31-10/17	5:30-6:30P	Loch Lon 4	438103-04
T,Th	9/1-10/17	5:30-6:30P	Loch Lon 4	438103-05
M,W	8/31-10/17	5:30-6:30P	LSP 6	438103-06
T,Th	9/1-10/17	5:30-6:30P	LSP 6	438103-07
T,Th	9/1-10/17	5:30-6:30P	Mehaffey N	438103-08

Grade: 5-6

T,Th	9/1-10/17	5:30-6:30P	High Plains	438105-01
T,Th	9/1-10/17	5:30-6:30P	Kroh 6	438105-02
T,Th	9/1-10/17	5:30-6:30P	Loch Lon 4	438105-03
M,W	8/31-10/17	5:30-6:30P	Mehaffey N	438105-04

Fall Coed Youth Volleyball Min/Max: 6/10

This program emphasizes the basics while having fun! Rules may be adapted to meet skill levels of all players. Parents are encouraged to participate as coaches. Practices are held twice per week with games played on Saturday mornings beginning 9/12 at the Chilson Recreation Center.

Register: 7/6-8/10 Fee: \$57 (Early Bird thru 7/27), \$72 (after 7/27)

Grade: 2-3

T,Th	9/1-10/17	5:00-6:15P	Carrie Martin	437002-01
M,W	8/31-10/17	6:30-7:45P	Centennial	437002-02
M,W	8/31-10/17	5:00 6:15P	Coyote Ridge	437002-03
T,Th	9/1-10/17	6:30-7:45P	Coyote Ridge	437002-04
T,Th	9/1-10/17	6:30-7:45P	Monroe	437002-05
T,Th	9/1-10/17	5:00-6:15P	Namaqua	437002-06
M,W	8/31-10/17	5:00-6:15P	Ponderosa	437002-07
M,W	8/31-10/17	7:00-8:15P	High Plains	437002-09
T,F	9/1-10/17	5:00-6:15P	St. John's	437002-10

Grade: 4-5

T,Th	9/1-10/17	6:30-7:45P	Carrie Martin	437004-01
M,W	8/31-10/17	5:00-6:15P	Centennial	437004-02
M,W	8/31-10/17	6:30-7:45P	Coyote Ridge	437004-03
T,Th	9/1-10/17	5:00-6:15P	Coyote Ridge	437004-04
T,Th	9/1-10/17	5:00-6:15P	Monroe	437004-05
T,Th	9/1-10/17	6:30-7:45P	Namaqua	437004-06
M,W	8/31-10/17	6:30-7:45P	Ponderosa	437004-07
T,Th	9/1-10/17	7:00-8:15P	High Plains	437004-09
T,F	9/1-10/17	5:00- 6:15P	St. John's	437004-10

NEW! Ninja classes to channel energy and ignite confidence! Check out pages 40-41.

NEW! LOVELAND TENNIS WITH MARSH RIGGS

The City of Loveland has partnered with Coast to Coast, LLC, to lead our tennis program. Marsh Riggs owns and operates Coast to Coast tennis and is a Pro I Elite Professional with the United States Professional Tennis Association (USPTA). As a coach, Marsh has achieved regional and national acclaim for excellence in teaching, programming and tournament management from both the United States Tennis Association (USTA) and the USPTA. He served on the USPTA board of directors and was chair of outreach programs where he developed programs in partnership with YMCAs and Boys & Girls Clubs that introduced hundreds of children to the sport of tennis. Marsh has coached several high school tennis teams and taught college tennis classes. He makes the game easy to learn and fun for everyone!

To register for all tennis classes/camps/leagues visit: lovelandtennis.net Questions? **530.902.4088** call/text

Tennis - Parent/Tot Min/Max: 4/8

Introduce your 3-4 year old to the game of tennis. Toddlers bring an adult buddy to help them improve hand/eye coordination, learn exciting games and have fun! Enroll child only.

Age: 3-4 Fee: 1x/wk: \$40; 2x/wk: \$72

M	6/1-6/22	9:00-10:00A	McKee Ct 1
T	6/2-6/23	5:00-6:00P	D. Webster Ct 1
Sa	6/6-6/27	9:00-10:00A	D. Webster Ct 1

Tennis - Little Tennis Min/Max: 4/8

The best sports starter program ever, designed to be so fun that children begin the lifelong love of sports and tennis. Kids get lots of movement, running, jumping and playing games that begin to build skills in a group setting. Our experienced instructors gradually add the racquet skills necessary to build a solid foundation. Our little tennis program puts the "love" in tennis.

Age: 4-5 Fee: 1x/wk: \$40; 2x/wk: \$72

Th	6/4-6/25	9:00-10:00A	D. Webster Ct 1
Sa	6/6-6/27	9:00-10:00A	Mehaffey Ct 6
T	6/2-6/23	5:00-6:00P	D. Webster Ct 1

Tennis - Youth Rally Ball League Min/Max: 4/8

No tennis experience required. A fun way to learn by following the quickstart program using smaller racquets, foam balls and shorter courts/nets. It's a real league where kids rally the ball back and forth, learning strategy and skills simultaneously. Score is kept in short timed sets. Parent participation is strongly encouraged.

Age: 6-10 Fee: 1x/wk: \$48

T	6/2-6/23	11:00A-12:30P	D. Webster Ct 1
F	6/5-6/26	9:00-10:00A	D. Webster Ct 1
Sa	6/6-6/27	10:30A-12:00P	NL Ct 7

Tennis - Youth Beginning Min/Max: 4/8

No tennis experience required. This is the perfect introductory program to learn skills, be active and have fun. Children learn all the skills necessary to love the sport. Our experienced instructors use the most simple and successful teaching methods to give kids confidence and taste early success.

Age: 6-8 Red Ball Fee: 1x/wk: \$40; 2x/wk: \$72

M/W	6/1-6/22	9:00-10:00A	D. Webster Ct 1/Edmondson
T	6/2-6/23	6:00-7:00P	D. Webster Ct 1
Sa	6/6-6/27	10:00-11:00A	Mehaffey Ct 6

Age: 9-11 Orange Ball Fee: 1x/wk: \$60; 2x/wk: \$105

M/W	6/1-6/22	10:00-11:30A	D. Webster Ct 1/Edmondson
Sa	6/6-6/27	11:00A-12:30P	Mehaffey Ct 6

Age: 12-14 Yellow Ball Fee: 1x/wk: \$60; 2x/wk: \$105

M/W	6/1-6/22	11:30A-1:00P	D. Webster Ct 1/Edmondson
T	6/2-6/23	6:00-7:00P	D. Webster Ct 1

Tennis - Youth Intermediate Min/Max: 4/8

Some tennis lesson experience required. Players learn more advanced skills to become highly proficient players. Our teaching system rewards success so kids naturally learn faster. We take a games-based approach to learning so our players improve while having fun. Live ball rallying and competitive play is featured.

Age: 8-15 Yellow Ball Fee: 1x/wk: \$72; 2x/wk: \$128

T/Th	6/2-6/25	11:00A-12:30P	McKee Ct 1
Th	6/4-6/25	5:00-6:00P	Mehaffey Ct 6

Tennis - Junior Advanced Min/Max: 4/8

Significant tennis experience required. Players work to master the advanced technical skills of spins, power and control. Movement and footwork will be a focus as well as mental aspects. Students learn tactics and strategies to become highly ranked and high school standouts.

With instructor approval Fee: 1x/wk: \$72; 2x/wk: \$128

T/Th	6/2-6/25	11:00A-1:00P	NL Ct 7
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Pre-CARA Tennis Camp Min/Max: 4/99

A chance for those players registering for CARA tennis to gain an advantage. Emphasis is on all aspects of match play, skills and strategies. Participants must be registered for CARA tennis in order to participate. Location: North Lake Ct 1

Fee: \$40

Age: 7-12	T-F	5/26-5/29	10:00A-12:00P
Age: 13-18	T-F	5/26-5/29	12:00-2:00P
Age: 7-18	T-F	5/26-5/29	4:00-6:00P

CARA Tennis Team Min/Max: 4/99

CARA (Colorado Association of Recreational Athletics) provides a recreational, non-ranked, non-sanctioned opportunity for young tennis players to learn competitive strategies and skills in a fun learning environment. Practice two times/week; matches on Fridays beginning 6/12. A state tournament for all participants is held the week of July 20-24. Attend a mandatory parent meeting on Wed, 6/3 or Thurs, 6/4 at 9:30A at the courts. Required: Team T-shirt
Location: North Lake Ct 1

Fee: \$125

Boys

Age: 8-10	T,Th	6/2-7/16	8:00-9:30A
Age: 11-12	T,Th	6/2-7/16	9:30-11:00A
Age: 13-14	M,W	6/1-7/15	8:00-9:30A
Age: 15-18	M,W	6/1-7/15	9:30-11:00A

Girls

Age: 8-10	T,Th	6/2-7/16	8:00-9:30A
Age: 11-12	T,Th	6/2-7/16	9:30-11:00A
Age: 13-14	M,W	6/1-7/15	8:00-9:30A
Age: 15-18	M,W	6/1-7/15	9:30-11:00A

To register for all tennis classes/camps/leagues visit: lovelandtennis.net Questions? 530.902.4088 call/text

Tennis - Youth Half-Day Camp Min/Max: 4/8

For beginners with no tennis experience to intermediate players, this is the best way to spend a day in the summer. Players have fun learning all the skills of tennis in our games-based format. All the basics are covered and players can progress very fast in this camp, playing a real game by the end of the week.

Fee: \$105

Age: 8-12

M-Th 6/29-7/2 9:00A-12:00P NL Ct 7

Age: 13-16

M-Th 6/29-7/2 12:00-3:00P NL Ct 7

Tennis - Youth Adaptive Min/Max: 4/8

This program is designed for developmentally challenged kids and children on the spectrum. It's a fun, low pressure exposure to the joy of tennis and movement. Children learn basic tennis skills in a fun, caring and safe environment adapted to their needs. A modified tennis court, low pressure balls, among other training tools help to create an overall positive experience for your child through tennis.

Age: 9-12 Fee: 1x/wk: \$40

W 6/3-6/24 11:00A-12:00P McKee Ct 1

Age: 13-17 Fee: 1x/wk: \$40

M 6/1-6/22 11:30A-12:30P McKee Ct 1

Tennis - Teen Beginning Min/Max: 4/8

Geared for players with little to no tennis experience. A great class for students who may want to play or are playing on a high school tennis team. If your child got cut from the team we can help them make the grade next season. We also want students who just want to play for fun and recreation! Our experienced instructors focus on teaching sound fundamentals and instilling a love of the game by exposing our passion. Rally and play-based learning gets students motivated to play more.

Age: 13-17 Fee: 1x/wk: \$60; 2x/wk: \$105

M/W 6/1-6/24 11:00A-12:30P NL Ct 7

Tennis - Adult Beginning Min/Max: 4/8

Geared for players with little to no tennis experience. Learn the basic fundamentals of stroke production in a fun progression format. Meet new people and have fun learning to play this great game in a group setting. All the basics are covered by our most patient and qualified instructors. We will help you progress with our proven progressions of learning. It's easy and fun!

Age: 18+ Fee: 1x/wk: \$40

T 6/2-6/23 10:00-11:00A D. Webster Ct 1

W 6/3-6/24 5:30-6:30P D. Webster Ct 1

Tennis - Adult Intermediate Min/Max: 4/8

This is a follow-up program for beginners and for those with some tennis experience to improve stroke mechanics, footwork and court coverage. Take your game to the next level with our experienced professional coaches in a friendly group setting. Perfect those techniques, get in great shape and have a fun time.

Age: 18+ Fee: 1x/wk: \$60 Level: 3.0 & up

T 6/2-6/23 7:00-8:30P D. Webster Ct 1

Th 6/4-6/25 9:30-11:00A McKee Ct 1

Tennis - Adult Advanced Min/Max: 4/8

Significant tennis experience required. Master the advanced techniques of tennis with improved spin, control and power. Develop weapons and focus on mental toughness. Footwork and movement are emphasized as well as tactics and strategies. Take your game to a new level with live ball drilling/match play sequences.

Age: 18+ Fee: 1x/wk: \$60 Level: 3.5 & up

M 6/1-6/22 5:30-7:00P NL Ct 7

T 6/2-6/23 9:30-11:00A McKee Ct 1

Tennis - All Comers Clinic Min/Max: 4/8

Players of all levels (2.5-4.5) welcome. Our most experienced instructors guide this clinic so everyone has fun and is challenged. Work on stroke technique and production, serves and returns and have a blast! Clinic is not suitable for raw beginners.

Age: 18+ Fee: 1x/wk: \$60 Level: 2.5-4.5

F 6/5-6/25 9:00-10:30A McKee Ct 1

Sa 6/6-6/27 9:00-10:30A NL Ct 7

Tennis - Adult Live Ball Min/Max: 4/8

Live ball is popular throughout the country as a fast paced doubles game format class. Players play out points in rapid fire succession in a variety of doubles positioning formats. A little like challenger/champions, this game improves doubles placement, positioning and court coverage. And it's fun!

Age: 18+ Fee: 1x/wk: \$60; 2x/wk: \$105

M 6/1-6/22 7:00-8:30P D. Webster Ct 1

W 6/3-6/24 5:30-7:00P D. Webster Ct 1

Th 6/4-6/25 7:00-8:30P NL Ct 7

F 6/5-6/26 10:30A-12:00P McKee Ct 1

Sa 6/6-6/27 9:00-10:30A McKee Ct 1

Tennis - Adult Drill/Play Min/Max: 4/8

These classes are the most fun and a great workout! Play points in every conceivable combination. Baseline play, approach shots, net play, serves/returns and overheads. Rapid fire action keeps you on your toes. Short point games get you high-fiving with your partners.

Age: 18+ Fee: 1x/wk: \$60; 2x/wk: \$105

M 6/1-6/22 6:30-8:00P NL Ct 7/ Mehaffey Ct 6

T 6/2-6/23 5:30-7:00P Mehaffey Ct 6

W 6/3-6/24 6:30-8:00P Mehaffey Ct 6

Th 6/4-6/25 5:30-7:00P NL Ct 7

Tennis - Adult Cardio Min/Max: 4/8

This is a fast-paced tennis exercise class set to music. It's so much fun you won't know you're exercising. Burn calories while improving shots. Hit every shot in tennis from forehands to serves. It's a great fitness and tennis improvement class. Meet new friends!

Age: 18+ Fee: 1x/wk: \$40; 2x/wk: \$72

M 6/1-6/22 5:30-6:30P NL Ct 7/ Mehaffey Ct 6

T 6/2-6/23 7:00-8:00P NL Ct 7/ Mehaffey Ct 6

W 6/3-6/24 8:00-9:00A D. Webster Ct 1

W 6/3-6/24 7:00-8:00P D. Webster Ct 1

F 6/5-6/26 7:00-8:00A NL Ct 7

Sa 6/6-6/27 10:00-11:00A D. Webster Ct 1

Tennis - Cardio Tennis Extreme Min/Max: 4/8

No tennis experience required, but must have high level of fitness. Cross train with tennis to jazz up your workouts or get ready for your next league or tournament. Speed, strength and endurance will be tested. Group experience allows you to meet other highly fit individuals. Hit every shot in tennis and always be on the move in this class set to music. Bring out the animal in you! We'll even loan you a racquet.

Age: 18+ Fee: 1x/wk: \$40

Th	6/4-6/25	7:00-8:00A	NL Ct 7
Sa	6/6-6/27	8:00-9:00A	NL Ct 7

Tennis - Adult Learn/Play League Min/Max: 4/8

No tennis experience required. Learn stroke technique beginning with the basics for 30 minutes followed by one hour of doubles play. Each week focuses on perfecting individual shots. By the end of seven weeks you'll be a player! It's fun without pressure.

Age: 18+ Fee: 1x/wk: \$60

M	6/1-6/22	10:00-11:30A	D. Webster Ct 1
T	6/2-6/23	5:30-7:00P	NL Ct 7
W	6/3-6/24	10:00-11:30A	McKee Ct 1

Tennis - Senior Learn/Play League Min/Max: 4/8

No tennis experience required. Learn stroke technique beginning with the basics for 30 minutes followed by one hour of doubles play. Each week focuses on perfecting individual shots. By the end of seven weeks you'll be a player! It's fun without pressure.

Age: 50+ Fee: 1x/wk: \$60

M	6/1-6/22	4:00-5:30P	NL Ct 7
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Tennis - Senior Tennis-ize Min/Max: 4/8

Geared for players with little to no tennis experience. This class uses gentle tennis exercise and is set to music. Improve balance, coordination and strength in this fun group class. Hit lots of balls while moving and improving.

Age: 50+ Fee: 1x/wk: \$40; 2x/wk: \$72

M/W	6/1-6/24	8:00-9:00A	McKee Ct 1
Th	6/4-6/25	10:00-11:00A	D. Webster Ct 1

Looking for July and August tennis classes/camps? Visit lovelandtennis.net

TENNIS: PRIVATE LESSONS

Improve your skills quickly with focused attention. Available 7 days a week by appointment; call 530.902.4088

Private (one-on-one) \$60/hr

Semi-Private (2 people) \$35/hr per person

CELEBRATE YOUR EVENT
at the
Chilson Recreation & Senior Center



BANQUET ROOMS

The banquet rooms are multi-purpose rooms that are extremely versatile and can accommodate nearly any type of meeting, event or social activity.

Complete with a wooden parquet floor, the multi-purpose rooms can be divided into three separate rooms with adjustable lighting to match the needs of your event. An outdoor patio is accessible for warm weather events.

Need the use of a kitchen? We've got that, too! With a separate entrance and parking area, your guests can enter the facility with the feeling of exclusive access.



CLASSROOMS & CONFERENCE ROOMS

Classrooms and conference rooms are located throughout the Chilson Recreation & Senior Center. These rooms provide space for smaller business meetings, seminars, luncheons or conferences.



INFO:
970.962.2503
cityofloveland.org/chilson



GYMNASTICS & DANCE

What better way to make friends and have fun while also building coordination and skills than through gymnastics and dance classes? We've got something for all ages – from the tiniest of tots wanting to get their wiggles out, to youth working on more advanced skills, all the way to adults looking for new ways to stay active and have fun! We've also got a variety of classes for the cheerleader in the family – from age 3 through middle school. Looking for a unique and unforgettable idea for a birthday party? Kids can flip out and have fun with a private gymnastics party!

Preschool Playtime Min/Max: 4/15

Come run, jump, roll, climb and play in our gymnastics room! Bring an adult buddy to play with. A staff person is present to assist as needed. Space is limited to 15 participants. Pay for child only and present your receipt to the staff person.

Age: 3-6 Fee: \$5 ea.

JUNE

T	6/2	1:30-2:30P	330168-01
T	6/9	1:30-2:30P	330168-02
T	6/16	1:30-2:30P	330168-03
T	6/23	1:30-2:30P	330168-04

JULY

T	7/7	1:30-2:30P	330268-01
T	7/14	1:30-2:30P	330268-02
T	7/21	1:30-2:30P	330268-03
T	7/28	1:30-2:30P	330268-04

Open Gym Saturdays Min/Max: 4/15

Drop in for extra workouts or practice skills on our equipment in an unstructured, safe environment. An instructor is present to lead a warm-up, set up stations, spot skills and assist. Location: Gymnastics

Age: 6-16 Fee: \$5 ea.

JUNE

Sa	6/6	1:30-2:30P	330170-01
Sa	6/13	1:30-2:30P	330170-02
Sa	6/20	1:30-2:30P	330170-03
Sa	6/27	1:30-2:30P	330170-04

JULY

Sa	7/11	1:30-2:30P	330270-01
Sa	7/18	1:30-2:30P	330270-02
Sa	7/25	1:30-2:30P	330270-03

AUGUST

Sa	8/1	1:30-2:30P	330270-04
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Flip Out With a Gymnastics Party!

Celebrate your birthday with your friends in the gymnastics room with facilitated activities. Visit cityofloveland.org/birthdayparties for detailed info. We also offer swim parties. Call 970.962.2468 and get ready to jump, tumble and play!

Gymnastics: Parent/Tot Tumbling Min/Max: 4/12

Spend time with your little one while helping them increase spatial awareness, gross motor and social skills through fun obstacle courses, swinging on bars and balancing on beams. Basic safety and spotting covered. An adult buddy is required; all children participating must be registered.

Location: Gymnastics

Age: 1.5-3

M	6/1-6/22	9:00-9:30A	\$29	330101-02
M	6/1-6/22	6:00-6:30P	\$29	330101-03
T	6/2-6/23	9:00-9:30A	\$29	330101-04
W	6/3-6/24	9:30-10:00A	\$29	330101-05
Th	6/4-6/25	9:45-10:15A	\$29	330101-06
F	6/5-6/26	10:30-11:00A	\$29	330101-07
Sa	6/6-6/27	9:00-9:30A	\$29	330101-01
M	7/6-7/27	9:00-9:30A	\$29	330201-02
M	7/6-7/27	6:00-6:30P	\$29	330201-03
T	7/7-7/28	9:00-9:30A	\$29	330201-04
W	7/8-7/29	9:30-10:00A	\$29	330201-05
Th	7/9-7/30	9:45-10:15A	\$29	330201-06
F	7/10-7/31	10:30-11:00A	\$29	330201-07
Sa	7/11-8/1	9:00-9:30A	\$29	330201-01

Gymnastics: Wiggle Worms Min/Max: 4/6

Get your wiggles out as we move, tumble, climb, bounce and swing! A transitional class for 3 year olds seeking more independence. Parent participation optional.

Location: Gymnastics

Age: 3

M	6/1-6/22	9:30-10:00A	\$29	330103-01
W	6/3-6/24	9:00-9:30A	\$29	330103-02
F	6/5-6/26	10:00-10:30A	\$29	330103-03
M	7/6-7/27	9:30-10:00A	\$29	330203-01
W	7/8-7/29	9:00-9:30A	\$29	330203-02
F	7/10-7/31	10:00-10:30A	\$29	330203-03

Gymnastics: Tumbling Tots Min/Max: 4/6

Experience obstacle courses, increase strength, balance and flexibility in a fun, creative environment while enhancing socialization and independence. Explore the bars, beams, vault, trampoline and tumbling in this fun-filled class! Location: Gymnastics

Age: 3-4

M	6/1-6/22	11:00-11:45A	\$35	330106-02
T	6/2-6/23	9:45-10:30A	\$35	330106-03
W	6/3-6/24	10:15-11:00A	\$35	330106-04
W	6/3-6/24	4:30-5:15P	\$35	330106-05
F	6/5-6/26	9:00-9:45A	\$35	330106-06
Sa	6/6-6/27	9:45-10:30A	\$35	330106-01
M	7/6-7/27	11:00-11:45A	\$35	330206-02
T	7/7-7/28	9:45-10:30A	\$35	330206-03
W	7/8-7/29	10:15-11:00A	\$35	330206-04
W	7/8-7/29	4:30-5:15P	\$35	330206-05
F	7/10-7/31	9:00-9:45A	\$35	330206-06
Sa	7/11-8/1	9:45-10:30A	\$35	330206-01

Children perform better when parents and siblings observe from the viewing area. Thank you!

Gymnastics: Tumble Mania Min/Max: 4/8

Is your child constantly jumping, rolling, flipping and bouncing? This class will teach them how to safely do those things and much more. Learn rolls, handstands, cartwheels, roundoffs, backbends and handsprings. Most skills and drills will first be learned on the Tumbler Trak trampoline then progress to the floor exercise mat. As the child progresses, more advance tumbling skills are introduced. Location: Gymnastics

Age: 3.5-5

M	6/1-6/22	12:00-12:45P	\$35	330108-01
M	7/6-7/27	12:00-12:45P	\$35	330208-01

Age: 6-12

W	6/3-6/24	7:00-8:00P	\$42	330109-01
W	7/8-7/29	7:00-8:00P	\$42	330209-01

Gymnastics: Kidnastics Min/Max: 4/8

Age-appropriate skills are taught through the use of obstacle courses and fun stations for the development of strength, balance and flexibility. Introduction to basic gymnastic skills on the bars, beam, vault and floor exercise. Location: Gymnastics

Age: 4-5

M	6/1-6/22	10:15-11:00A	\$35	330110-02
M	6/1-6/22	5:00-5:45P	\$35	330110-03
T,Th	6/2-6/25	10:30-11:15A	\$49	330110-04
W	6/3-6/24	11:00-11:45A	\$35	330110-05
W	6/3-6/24	5:15-6:00P	\$35	330110-06
F	6/5-6/26	11:15A-12:00P	\$35	330110-07
Sa	6/6-6/27	10:30-11:30A	\$42	330110-01
M	7/6-7/27	10:15-11:00A	\$35	330210-02
M	7/6-7/27	5:00-5:45P	\$35	330210-03
T,Th	7/7-7/30	10:30-11:15A	\$49	330210-04
W	7/8-7/29	11:00-11:45A	\$35	330210-05
W	7/8-7/29	5:15-6:00P	\$35	330210-06
F	7/10-7/31	11:15A-12:00P	\$35	330210-07
Sa	7/11-8/1	10:30-11:30A	\$42	330210-01

Gymnastics: Advanced Kidnastics Min/Max: 4/8

For those 4 and 5 year olds who are ready for more advanced skills. Instructor approval required. Location: Gymnastics

Age: 4-5 *No Class 3/18, 3/19

T,Th	6/2-6/25	10:30-11:15A	\$49	330115-01
W	6/3-6/24	5:15-6:00P	\$35	330115-02
T,Th	7/7-7/30	10:30-11:15A	\$49	330215-01
W	7/8-7/29	5:15-6:00P	\$35	330215-02

Homeschool Gymnastics Min/Max: 4/8

Join other homeschoolers for an hour of fun gymnastics! We will utilize our developmental program curriculum to ensure growth and progress in a fun and safe environment. A great way to incorporate physical education into your homeschool curriculum. Location: Gymnastics

Age: 5-16

W	6/3-6/24	12:00-1:00P	\$42	330150-01
W	7/8-7/29	12:00-1:00P	\$42	330250-01

Shine bright, cheer loud!
New cheer classes on pages 40-41.

Gymnastics: Intro Min/Max: 4/8

New to gymnastics? This is the place to start! You will be introduced to all apparatus and terminology and be prepared for Novice Level 1. Location: Gymnastics

Age: 6-12				
M	6/1-6/22	6:45-7:45P	\$42	330117-02
T,Th	6/2-6/25	11:15A-12:15P	\$57	330117-03
T,Th	6/2-6/25	4:30-5:30P	\$57	330117-04
W	6/3-6/24	6:00-7:00P	\$42	330117-05
Sa	6/6-6/27	11:30A-12:30P	\$42	330117-01
M	7/6-7/27	6:45-7:45P	\$42	330217-02
T,Th	7/7-7/30	11:15A-12:15P	\$57	330217-03
T,Th	7/7-7/30	4:30-5:30P	\$57	330217-04
W	7/8-7/29	6:00-7:00P	\$42	330217-05
Sa	7/11-8/1	11:30A-12:30P	\$42	330217-01

Gymnastics: Novice Level 1 Min/Max: 4/8

The fundamentals of gymnastics are taught on each event - vault, uneven bars, balance beam and floor exercise. Location: Gymnastics

Age: 6-12				
M	6/1-6/22	6:45-7:45P	\$42	330120-02
T,Th	6/2-6/25	11:15A-12:15P	\$57	330120-03
T,Th	6/2-6/25	4:30-5:30P	\$57	330120-04
W	6/3-6/24	6:00-7:00P	\$42	330120-05
Sa	6/6-6/27	11:30A-12:30P	\$42	330120-01
M	7/6-7/27	6:45-7:45P	\$42	330220-02
T,Th	7/7-7/30	11:15A-12:15P	\$57	330220-03
T,Th	7/7-7/30	4:30-5:30P	\$57	330220-04
W	7/8-7/29	6:00-7:00P	\$42	330220-05
Sa	7/11-8/1	11:30A-12:30P	\$42	330220-01

Gymnastics: Beginner Level 2 Min/Max: 4/8

For those who have completed and mastered the skills in Novice Level 1 and are ready for more challenging skills. Location: Gymnastics

Age: 6-12 *No Class 3/17, 3/18, 3/19, 3/21				
T,Th	6/2-6/25	12:15-1:15P	\$57	330125-02
T,Th	6/2-6/25	5:30-6:30P	\$57	330125-03
W	6/3-6/24	7:00-8:00P	\$42	330125-04
Sa	6/6-6/27	12:30-1:30P	\$42	330125-01
T,Th	7/7-7/30	12:15-1:15P	\$57	330225-02
T,Th	7/7-7/30	5:30-6:30P	\$57	330225-03
W	7/8-7/29	7:00-8:00P	\$42	330225-04
Sa	7/11-8/1	12:30-1:30P	\$42	330225-01

Gymnastics: Advanced Beginner Level 3

This level continues to build a strong foundation of skills on each event. Min/Max: 4/8 Location: Gymnastics

Age: 6-12				
T,Th	6/2-6/25	12:15-1:15P	\$57	330130-01
T,Th	6/2-6/25	5:30-6:30P	\$57	330130-02
T,Th	7/7-7/30	12:15-1:15P	\$57	330230-01
T,Th	7/7-7/30	5:30-6:30P	\$57	330230-02

Gymnastics: Intermediate Level 4 Min/Max: 4/8

A more involved class focusing on fine tuning and correct execution of all skills on each event while continuing to learn new ones. Location: Gymnastics

Age: 6-12				
T,Th	6/2-6/25	6:30-8:00P	\$72	330135-01
T,Th	7/7-7/30	6:30-8:00P	\$72	330235-01

Gymnastics: Intermediate Level 5 Min/Max: 4/8

This level corresponds with USAG Level 5 in which advanced skills, strength and flexibility are emphasized. Location: Gymnastics

Age: 6-12				
T,Th	6/2-6/25	6:30-8:00P	\$72	330140-01
T,Th	7/7-7/30	6:30-8:00P	\$72	330240-01

Gymnastics: Adult Fitness Min/Max: 4/8

Round out your fitness routine with this unique class! We will teach and use basic gymnastics skills and equipment to increase whole body strength, flexibility and cardio. No gymnastics experience necessary! Location: Gymnastics

Age: 16+				
Th	6/2-6/23	8:45-9:30A	\$35	330180-01
Th	7/9-7/30	8:45-9:30A	\$35	330280-01

CHEER WITH STEELE ATHLETICS

Cheer Performance Team Min/Max: 3/40

Learn how to stunt, jump and dance while learning full cheerleading routines and chants. The team performs in-house or at community events. **\$15 cheer shirt not included.**

Location: Steele Athletics, 148 Second St. SW

Age: 3-4				
M	6/1-6/22	4:00-4:55P	\$48	339901-01
F	6/5-6/26	4:00-4:55P	\$48	339904-01
M	7/13-7/27	4:00-4:55P	\$36	339901-02
F	7/17-7/31	4:00-4:55P	\$36	339904-02
M	8/3-8/31	4:00-4:55P	\$60	339901-03
F	8/7-8/28	4:00-4:55P	\$48	339904-03

Age: 5-8				
M	6/1-6/22	5:00-5:55P	\$48	339902-01
F	6/5-6/26	5:00-5:55P	\$48	339905-01
M	7/13-7/27	5:00-5:55P	\$36	339902-02
F	7/17-7/31	5:00-5:55P	\$36	339905-02
M	8/3-8/31	5:00-5:55P	\$60	339902-03
F	8/7-8/28	5:00-5:55P	\$48	339905-03

Age: 8-14				
M	6/1-6/22	6:00-6:55P	\$48	339903-01
M	7/13-7/27	6:00-6:55P	\$36	339903-02
M	8/3-8/31	6:00-6:55P	\$60	339903-03

Ninja Min/Max: 3/40

Perform like a Ninja with challenging obstacle courses to bring out your Ninja identity. Location: Steele Athletics, 148 Second St. SW

Age: 3-5				
W	6/3-6/24	4:00-4:55P	\$48	339930-01
F	6/5-6/26	5:00-5:55P	\$48	339932-01
W	7/15-7/29	4:00-4:55P	\$36	339930-02
F	7/17-7/31	5:00-5:55P	\$36	339932-02
W	8/5-8/26	4:00-4:55P	\$48	339930-03
F	8/7-8/28	5:00-5:55P	\$48	339932-03

Age: 6-12				
W	6/3-6/24	5:00-5:55P	\$48	339931-01
F	6/5-6/26	6:00-6:55P	\$48	339933-01
W	7/15-7/29	5:00-5:55P	\$36	339931-02
F	7/17-7/31	6:00-6:55P	\$36	339933-02
W	8/5-8/26	5:00-5:55P	\$48	339931-03
F	8/7-8/28	6:00-6:55P	\$48	339933-03

Adaptive Cheer Squad Min/Max: 3/40

Individuals with or without special needs experience cheering and dancing together as a unified team. **\$15 cheer shirt not included.**

Location: Steele Athletics, 148 Second St. SW

Age: 3+

Th	6/4-6/25	5:30-7:00P	\$48	339940-01
Th	7/16-7/30	5:30-7:00P	\$36	339940-02
Th	8/6-8/27	5:30-7:00P	\$48	339940-03

Cheer Recreation Tumbling Min/Max: 3/40

Perfect your cheerleading tumbling skills! Learn handstands, bridges, back walkovers, front walkovers, round offs and back handsprings.

Location: Steele Athletics, 148 Second St. SW

Age: 5-14

M	6/1-6/22	5:00-5:55P	\$48	339920-01
T	6/2-6/23	6:00-6:55P	\$48	339921-01
F	6/5-6/26	6:00-6:55P	\$48	339922-01
M	7/13-7/27	5:00-5:55P	\$36	339920-02
T	7/14-7/28	6:00-6:55P	\$36	339921-02
F	7/17-7/31	6:00-6:55P	\$36	339922-02
M	8/3-8/31	5:00-5:55P	\$60	339920-03
T	8/4-8/25	6:00-6:55P	\$48	339921-03
F	8/7-8/28	6:00-6:55P	\$48	339922-03

Intro to Middle School Cheer Min/Max: 3/40

Learn the skills you need to try out for your high school cheer team. Learn how to stunt, jump and dance while learning motions and chants. This group performs in-house or at community events.

\$15 cheer shirt not included.

Location: Steele Athletics, 148 Second St. SW

Grade: 6-8

T	6/2-6/23	5:00-5:55P	\$48	339910-01
T	7/14-7/28	5:00-5:55P	\$36	339910-02
T	8/4-8/25	5:00-5:55P	\$48	339910-03

NEW! Ninja Camp Min/Max: 3/40

Has your athlete always wanted to be a Ninja Warrior? We combine obstacle courses, tumbling and parkour to develop strength, speed, tumbling and ninja moves. Toddlers must be potty-trained.

Location: Steele Athletics, 148 Second St. SW

Age: 3-18

M-Th	6/1-6/4	8:00A-12:00P	\$99	339990-01
M-Th	6/22-6/25	8:00A-12:00P	\$99	339990-02
M-Th	7/13-7/16	8:00A-12:00P	\$99	339990-03
M-Th	7/27-7/30	8:00A-12:00P	\$99	339990-04
M-Th	8/3-8/6	8:00A-12:00P	\$99	339990-05

NEW! Princess Camp Min/Max: 3/40

Let us treat your little princess for a week with tea parties, building a castle, spa day, learning a princess dance and meeting a real live princess. Toddlers must be potty-trained.

Location: Steele Athletics, 148 Second St. SW

Age: 3-18

M-Th	6/15-6/18	8:00A-12:00P	\$99	339991-01
M-Th	7/20-7/23	8:00A-12:00P	\$99	339991-02
M-Th	8/3-8/6	8:00A-12:00P	\$99	339991-03

NEW! Cheer Camp Min/Max: 3/40

This high energy camp is designed to help your child learn to perform jumps, motions, stunts and tumbling at all levels through sportsmanship and teamwork. Toddlers must be potty-trained.

Location: Steele Athletics, 148 Second St. SW

Age: 3-18

M-Th	6/8-6/11	8:00A-12:00P	\$99	339992-01
M-Th	6/22-6/25	8:00A-12:00P	\$99	339992-02
M-Th	7/13-7/16	8:00A-12:00P	\$99	339992-03
M-Th	7/27-7/30	8:00A-12:00P	\$99	339992-04

NEW! Cheer VIP Pass Min/Max: 3/40

Join us for an 8-week session of safe and fun-filled tumbling, stunt, cheer and dance training! This is a drop in camp - come every day or choose specific days. All levels. Toddlers must be potty-trained.

Location: Steele Athletics, 148 Second St. SW

Age: 3-18 *No class 6/29, 6/30, 7/1, 7/2, 7/6, 7/7, 7/8, 7/9

M,Th	6/1-8/6*	9:00A-12:00P	\$249	339993-01
M,W	9:00-9:55A	front/back walkovers; standing back handsprings; dance		
	10:00-10:55A	running tuck/layout; running back handsprings; cheers and chants		
	11:00-11:55A	specialty pass; standing tuck, stunts		
T,Th	9:00-9:55A	running back handsprings; specialty pass; flexibility/jumps		
	10:00-10:55A	specialty pass; cartwheels/round offs; stunts		
	11:00-11:55A	running tumbling; back/front walkovers; dance		

STAFF SPOTLIGHT

NICOLE KUTELLA
Dance Instructor



Why do you do what you do?

I dance because it's my passion, and I love sharing dance with others. My goal is for dance to bring joy and fun into people's lives.

How does dance help kids?

Dance is great physically - it can improve coordination, balance, spatial and body awareness while increasing endorphins and exercise. It also boosts self and body confidence; improves memory, listening and discipline; and can increase problem solving skills.

What makes the new fairy tale/superhero dance camps different from other dance classes?

We are focusing on a specific theme rather than a specific style. The camps will include short crafts and focus on developing confidence in ourselves while we explore creating our own dance steps. Dancers will get to learn and share a short dance routine.

DANCE | MOVEMENT

Parent | Child Partner Yoga Min/Max: 4/12

Introduce your child to calming connections through partner poses, visualization stories and group games. *Single day enrollments are available for \$6, or save money by enrolling in all class dates in a session. Location: Fitness/Dance Studio Instructor: Nicole Kutella

Age: 2-4 (with required accompanying adult)

Sa	5/30-6/27	9:45-10:30A	\$6 \$25*	357100-1
Sa	7/11-8/8	9:45-10:30A	\$6 \$25*	357100-2

Mommy & Me: Dance Min/Max: 4/10

Introduce your child to the very basics of ballet, tap and jazz. Movement skills will be enhanced while utilizing developmentally appropriate music and props. Ballet shoes are recommended but not required. Class fee includes 1 child and 1 adult only (no additional, unregistered siblings please).

Location: Fitness/Dance Studio Instructor: Debby Jantzen

Age: 2.5-5 *No class 5/26, 6/30

T	5/12-6/9*	10:30-11:10A	\$28	357010-1
T	6/16-7/14*	10:30-11:10A	\$28	357010-2
T	7/21-8/11	10:30-11:10A	\$28	357010-3

Tiny Hip Hop Min/Max: 4/12

Get your jam on and learn basic hip hop dance techniques in this high-energy class for your youngest dancer.

Location: Fitness/Dance Studio Instructor: Nicole Kutella

Age: 2.5-4

Sa	5/30-6/27	10:40-11:25A	\$40	357030-1
Sa	7/11-8/8	10:40-11:25A	\$40	357030-2

Ballet, Tap & Jazz Techniques Min/Max: 4/10

An introduction to beginning ballet, jazz, rhythm and movement skills. Children benefit by building memory, concentration, coordination, creativity and self-confidence in a positive atmosphere. Ballet shoes are recommended but not required.

Location: Fitness/Dance Studio Instructor: Debby Jantzen

Age: 3.5-6 *No class 5/26, 6/30

T	5/12-6/9*	11:20A-12:00P	\$29	357020-1
T	6/16-7/14*	11:20A-12:00P	\$29	357020-2
T	7/21-8/11	11:20A-12:00P	\$29	357020-3

NEW! Fairy Tale|Superhero Camps Min/Max: 4/12

Dress in your favorite costumes and learn a simple choreographed dance to perform at the end of the week. Daily activities include a themed story and craft, tumbling activities/group games and dance instruction. Families are invited to join for a performance on the last day from 3-3:30P. Location: Gymnastics Instructor: Nicole Kutella

Age: 3.5-7

Fairy Tale Camp

M,W,F	6/15-6/19	1:30-3:30P	\$38	357040-1
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Superhero Camp

M,W,F	7/13-7/17	1:30-3:30P	\$38	357050-1
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Zumba® Kids Jr Min/Max: 4/12

This is a dance 'n' play party for little feet where pint-sized animals get silly, dream big and begin their journey to a healthy future. Kids have a chance to socialize, move to age-appropriate music and play games with peers. Location: Hickory Instructor: Sarah Vrem

Age: 4-6

W	6/3-6/24	5:30-6:10P	\$24	357200-1
W	7/8-7/29	5:30-6:10P	\$24	357200-2

Rhythm & Movement Min/Max: 3/8

Beginning dancers incorporate rhythmic movements such as clapping and jumping while working on an easy choreographed dance. Elements of floor gymnastics including breathing and stretching are used for warm-ups and cool-downs.

Location: Gymnastics Instructor: Marcy Littrell

Age: 4.5-7 *No class 8/17

M	6/8-6/29	4:15-5:00P	\$24	358100-1
M	7/6-7/27	4:15-5:00P	\$24	358100-2
M	8/3-8/31*	4:15-5:00P	\$24	358100-3

Beginning Irish Dance Max: 12

The Avoca Irish Dance Academy (formerly Moriarty-Moffitt School of Longmont) has arrived in Loveland! Children are introduced to Irish dance techniques such as turn out, good posture, timing, arching feet, elevation and toe height. Champion Irish dance instructors lead students in learning their first soft-shoe Irish dances. Parents: join us on the final day of each session for a fun presentation! Location: Creative Arts Space, 649 N. Denver Ave.

Age: 5-12

W	5/27-6/17	4:30-5:30P	\$65	361800-1
W	8/5-8/26	4:30-5:30P	\$65	361800-2

Try It Out Camp

F-Su	7/24-7/26	10:00A-12:00P	\$49	361810-1
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Youth Hip Hop Min/Max: 6/12

Get your groove on in this high-energy class, learning basic hip-hop techniques and a short routine. Kids gain confidence while they dance! Location: Fitness/Dance Studio Instructor: Nicole Kutella

Age: 5-8

Sa	5/30-6/27	11:30A-12:15P	\$40	358000-1
Sa	7/11-8/8	11:30A-12:15P	\$40	358000-2

Zumba® Kids Min/Max: 4/12

The perfect program for your younger Zumba® fan! Students get to be active and jam out to their favorite age-appropriate music with moves that get them movin' to the beat. It is all about feeling fearless on the dance floor and dancing like no one is watching!

Location: Fitness/Dance Studio Instructor: Sarah Vrem

Age: 7-11

M	6/1-6/29	5:30-6:10P	\$30	358200-1
M	7/6-8/3	5:30-6:10P	\$30	358200-2

Beginning Ballet with Pilates Min/Max: 3/8

Allow your child to determine their interest in ballet without the formality of studio expectations. Beginning dancers have fun while they learn the basics of ballet, incorporating Pilates techniques to help build a strong core through balance, coordination, good posture and flexibility. Location: Gymnastics

Instructor: Marcy Littrell

Age: 7-10

F	6/5-6/19	4:15-5:05P	\$21	358110-1
F	7/10-7/24	4:15-5:05P	\$21	358110-2
F	8/7-8/28	4:15-5:05P	\$28	358110-3

Lyrical Dance Min/Max: 4/12

Pour your emotions into motion with this freestyle dance class. Students learn age-appropriate, contemporary moves to their favorite hit music. Location: Hickory Instructor: Nicole Kutella

Age: 7-12

T	6/9-6/30	3:10-4:10P	\$28	358030-1
T	7/7-7/28	3:10-4:10P	\$28	358030-2

Explore. Give Back. Volunteer.

“ It's a good feeling to be able to give back to the community in a way that is meaningful. ”

Cheri Orwig,
Open Lands & Trails Volunteer

The Loveland Parks & Recreation Department is fortunate to have the dedicated support of hundreds of local volunteers.

Volunteers assist with community education, coaching, special events, open lands maintenance & clean up, program facilitation/tracking and more!

Our volunteers are invaluable and crucial to the success of many programs. Come join our team!



GET CONNECTED!
cityofloveland.org/volunteer
teamsideline.com/loveland
offer.cityofloveland.org



City of
LOVELAND
PARKS & RECREATION



PRESCHOOL

Did you know early childhood education, including preschool, has been shown to help children develop better language, problem solving, and social skills? Plus, it's a great way to make friends and have fun! Check out our state-licensed, Colorado Shines Level 5 Rated preschool program or any one of our classes for the littles in your life.

2020 SMALL FRIES PRESCHOOL



Rated Level 5 by Colorado Shines!

A quality-rated, state-licensed preschool program for your 3 to 5 year old that includes a balance of play-based, child-directed discovery and teacher-led, small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. The Small Fries Preschool program follows the Colorado Early Learning & Developmental Guidelines to build curriculum in the following content areas:

- Social/Emotional Development
- Cognitive Development
- Language & Early Literacy
- Fine & Gross Motor Skills
- Creative Arts Expression
- Physical Health & Development
- Logic & Reasoning
- Approaches to Learning

PUBLIC REGISTRATION FOR FALL 2020 BEGAN IN FEBRUARY. LIMITED SPACES MAY STILL BE AVAILABLE. REGISTRATION IS NOT AVAILABLE ONLINE.

Visit cityofloveland.org/smallfries to download a registration form and submit it in person at the Chilson Center. Open spaces are filled on a first-come, first-served basis.

For more information or to schedule a tour, call 970.962.2487.

- An annual, non-refundable registration fee of \$35 is due at the time of enrollment. Full enrollment packets are emailed in June and tuition payments begin August 1. Session fees may be paid in full or broken down into monthly tuition payments that are due on the 1st of each month, August through December.
- Fall 2020 classes run August 17 through December 18, 2020 and generally follow the Thompson School District calendar for holiday breaks and other school closures including teacher work and training days and parent/teacher conferences*.
- **NEW!** Beginning December 1, 2020, household accounts in good standing are automatically re-enrolled in the Spring 2021 semester (new additional tuition fees apply for Jan-May 2021). Accounts with balances due may be subject to forfeiture of future enrollment. ***No class 9/7, 10/9, 10/14, 10/16, 11/25, 11/26, 11/27**

Pre-K (age 4-5): 51 scheduled class days charged at \$16/day

M-W	8/17-12/18*	9:00-11:30A	\$816	555019-1
M-W	8/17-12/18*	12:30-3:00P	\$816	555019-2

Preschool (age 3-4): 32 scheduled class days charged at \$14/day

Th,F	8/20-12/20*	9:00-11:30A	\$448	555019-3
Th,F	8/20-12/20*	12:30-3:00P	\$448	555019-4

Key Magia Music Classes Min/Max: 4/12

Encourage the development of your child's musical skills with a curriculum that captures children's imagination and builds connections between music, movement and early learning. Classes are designed to teach foundational music skills and also to promote increased attention span, impulse control and language skills. Location: Chilson

Musical Toddlers

Join other children and caregivers to play and explore music together. Musical activities not only build music competency in your child but also grow their language, motor and social skills! This class includes singing, dancing, finger plays, scarf games, rhythm/tonal pattern games and instrument play. New music is introduced each session and some old favorites are also included! Full adult participation is needed to interact with and assist each child. ***No class 7/2**

Age: 1.5-3.5 (with required accompanying adult)

Th	6/4-7/30*	9:00-9:45A	\$44	360700-1
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Musical Child

Celebrate your preschooler's growing independence with a music class designed just for them! Music activities nurture their growing language skills, self-expression and attention span. This class includes singing, movement, chanting, instrument play and scarf games. Musical language is used in rhythmic and tonal pattern games. Parents are required to stay; however, some activities are designed for children to participate independently. ***No class 7/2**

Age: 3-5 (with required accompanying adult)

Th	6/4-7/30*	10:00-10:45A	\$44	360710-1
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Friday FUNdays! Min/Max: 4/12

Get involved in some serious play! Each Friday session features a partner project and a group activity to get children and family members working together and solving problems. Registration is for the child only; however, an adult caregiver must be present for the entirety of the program and is encouraged to participate as well. Location: Tiny Tot Rm

Age: 2-5 (with required, accompanying adult/caregiver)

Pirate Day Draw a map, go on a treasure hunt and create a secret chest to hold your loot!

F	6/5	9:45-11:15A	\$10	357720-1
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Futuristic Fun Dream up future transportation ideas and then create them using recycled materials!

F	6/19	9:45-11:15A	\$10	357720-2
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Artful Antics Create fun Styrofoam resist sculptures, then make splatter paint self-portraits!

F	7/17	9:45-11:15A	\$10	357720-3
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Mad Science Try your hand at pendulum painting, Mentos geysers and "elephant" toothpaste!

F	7/31	9:45-11:15A	\$10	357720-4
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Aye matey - it's Pirate Day! Grab your pirate hat and celebrate Kids to Parks Day at North Lake Park on Saturday, 5/16 for outside fun. More info on page 5.

Preschool/Kinder Mini-Camps Min/Max: 4/12

Supplement your child's year-round preschool experience with these hands-on, engaging adventure camps! Children should come prepared for active play with a water bottle and good play shoes. Camp days are filled with songs, games, crafts, dramatic play and sensory activities.

Location: Tiny Tot Rm

Morning camps: age 2.5-4.5

Afternoon camps: age 4-6

Art of Eric Carle Explore collage and other craft techniques to illustrate your own inventive stories, just like Eric Carle!

T-Th	6/9-6/11	9:30-11:30A	\$36	355110-1
T-Th	6/9-6/11	12:30-3:00P	\$42	355110-2

Teddy Bear Picnic Bring a favorite teddy bear or stuffed animal to dress up, pack a picnic and get ready for some fun!

T-Th	7/7-7/9	9:30-11:30A	\$36	355120-1
T-Th	7/7-7/9	12:30-3:00P	\$42	355120-2

Nursery Rhyme Olympics Read stories, play games, sing songs and get active while practicing motor skills and teamwork!

T-Th	7/21-7/23	9:30-11:30A	\$36	355130-1
T-Th	7/21-7/23	12:30-3:00P	\$42	355130-2

Inventor's Workshop Put on your thinking caps and experiment with gears, blocks and lots of interesting spare parts!

T-Th	8/4-8/6	9:30-11:30A	\$36	355140-1
T-Th	8/4-8/6	12:30-3:00P	\$42	355140-2

GET OUTSIDE!

GPS Family Treasure Hunt Min/Max: 2/5

Get your family and friends outside for a real treasure hunt this summer. Using GPS units, solve clues and find hidden treasures in a local park. Each session will begin with a brief orientation on how to use the GPS unit and along the route, you may need to complete additional challenges. **One registration fee covers up to five participants; one adult must be with the group at all times.** Bring water, snacks and dress appropriately for the weather. Closed-toed shoes encouraged.

Instructor: Kerry Helke

Age: 1+

North Lake Park, 2750 N. Taft Ave

Sa	5/16	10:00-11:30A	\$30	251201-1
Sa	5/16	12:30-2:00P	\$30	251201-2

Viestenz-Smith Mountain Park, 1211 US Hwy 34

Sa	6/13	9:00-10:30A	\$30	351204-1
Sa	6/13	11:00A-12:30P	\$30	351204-2
Sa	7/18	9:00-10:30A	\$30	351204-3
Sa	7/18	11:00A-12:30P	\$30	351204-4

Let kids get out their wiggles with yoga, gymnastics, cheer and dance classes on pages 38-42.



YOUTH & TEENS

Believe it or not, summer can feel long for youth and teens if they don't have activities to keep them active. That's where we come in. We've got a wide variety of classes, camps and even camp counselor training programs that will keep your child off the couch and off their screens.

SkateStart Camps Min/Max: 4/14

A helmet and proper shoes are required. SkateStart patented skateboards are provided. Skatestart is offering its skateboards for purchase. Call 541.350.9296 to find out how to get yours! Bring a water bottle. Sunscreen provided by *Sun Bum*. Instructor: Patrick O'Toole

Age: 5-12

1-Day Camp Your son or daughter will learn the basics of skateboarding including proper foot placement and riding technique. A great class for beginners and never-evers. Let's get rolling! Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

Sa	6/27	9:00-10:30A	\$55	353202-1
Sa	8/1	9:00-10:30A	\$55	353202-2

3-Day Camp Your up-and-coming skater will develop their skills, learning drop-ins, Ollies and more. Other activities include skateboard assembly, scavenger hunts, proper pad usage, fun games and ventures throughout Mehauffey Park. Kids will have a blast, make new friends and get lifelong memories.

Location: Mehauffey Park Shelter B, 3350 W. 29th St.

M-W	7/6-7/8	9:00A-12:30P	\$130	353203-1
M-W	8/10-8/12	9:00A-12:30P	\$130	353203-2

Summer Climbing Camp Series Min/Max: 5/15

Get your climb on, squeeze rocks, gain confidence, learn to take risks, make crafts, and foster a love of a sport that is growing faster than you! This camp is appropriate for new and experienced climbers. Get out and climb our walls instead of your own. Snacks, equipment and professional instructors provided.

Location: Wooden Mountain Bouldering Gym, 1503 Taurus Ct.

Age: 7-12

M-Th	6/29-7/2	9:00A-2:00P	\$235	353205-1
M-Th	7/13-7/16	9:00A-2:00P	\$235	353205-2
M-Th	7/27-7/30	9:00A-2:00P	\$235	353205-3
M-Th	8/10-8/13	9:00A-2:00P	\$235	353205-4

Ultimate Babysitter's Boot Camp Min/Max: 6/20

A comprehensive skills-based class with topics covering business and leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness, preventing accidents, recognizing and responding to emergencies, infant and child CPR, choking and basic first aid (CPR certification is NOT included). Students receive a certification for Babysitting by the American Safety and Health Institute. Location: Tiny Tot Rm

Age: 11-16

Sa	6/20	8:30A-5:00P	\$75	361700-1
Sa	7/11	8:30A-5:00P	\$75	361700-2
Sa	7/23	8:30A-5:00P	\$75	361700-3

See page 20 for Tae Kwon-Do, Krav Maga and Fencing for Youth.

Scooter & BMX Clinic for ages 5-12 - page 55

ADVENTURE BOUND DAY CAMPS

A state-licensed, childcare/camp program for children entering grades K-9. Awesome weekly field trips are included in camp fees. **All trips are subject to change.** Loc: Chilson Recreation Center
More info: cityofloveland.org/abdc **Questions?** 970.962.2487

- **Registration** began in February and spaces are limited. Registration forms can be picked up at the Chilson Center front desk or downloaded online and are accepted in person ONLY.
- **Registration Fee:** An annual, non-refundable \$35 registration fee is due at the time of enrollment for each enrolled child (fee covers school days out, winter/spring break and summer camp programs).

ABDC Camps for Grades K-5

A combination of on-site crafts and games, Chilson enrichment activities, weekly swimming at Winona outdoor pool and a weekly field trip make for an exciting adventure! Info on daily schedules, policies and camper enrollment profiles available after registration. **All trips are subject to change.**

Camp Days & Times: Monday through Friday 7:30A-5:30P
Summer Camp Fees** **4-Day/Wk Fee:** \$168 (Wk 6 & 12 only)
2-Day/Wk Fee: \$88 **5-Day/Wk Fee:** \$200
3-Day/Wk Fee: \$129

Summer Camp Children must be 5 years old and entering grades K-5 in Fall 2020. Register only for the weeks your child will attend. 2-day (T/Th), 3-day (M/W/F) and 5-day (M-F) options are available each week; commitment to those days is required. Daily Max: 79

Week	Dates	Theme
1	5/27-5/29 (W/Th/F)	Creative Kids
2	6/1-6/5	Moovin' & Groovin'
3	6/8-6/12	Wild Wild West
4	6/15-6/19	Back to the Future
5	6/22-6/26	Tropical Adventure
6	6/29-7/2 (M-Th)	Team U.S.A.
7	7/6-7/10	Water Wonderland
8	7/13-7/17	Shipwrecked
9	7/20-7/24	Food & Fitness
10	7/27-7/31	Olympic Week
11	8/3-8/7	Safari
12	8/10-8/13 (M-Th)	Fair Frenzy

ABDC Camps for Grades 6-9

Weekly Max: 23
 Has your camper outgrown traditional day camp programs? Spend the summer with us in these camps that focus on age-appropriate activities. Campers must be entering grades 6-9 in Fall 2020.

Registration & Fees** See Adventure Bound Camp Program info. No camp held Fridays. **All trips are subject to change.**

Camp Days & Times Monday through Thursday 8:30A-4:30P

Week	Dates	Fee	Reg #
Art Around the World	6/1-6/4	\$160	356200-1
Jr. Counselor Camp	6/8-6/11	\$140	356210-1
Culinary Creations	6/15-6/18	\$160	356220-1
ABLE to Sail	6/22-6/25	\$275	356230-1
YOLO I & II*	7/6-7/9, 7/13-7/16	\$250	356240-1
Cardboard & Kinetics	7/20-7/23	\$140	356250-1
Colorado Adventures	7/27-7/30	\$190	356260-1
CO Adventures Overnight	7/31-8/1	\$65***	356260-2

* 2-wk registration required
 ** **Sibling Discount:** 10% off for 2nd child; 15% off for additional children living in the same household
 *** Fee includes Friday night dinner and Saturday breakfast

NEW! Counselor in Training Program (CIT)

Is your teen interested in working with children or becoming a future summer camp counselor? Our CIT program is designed to help participants develop leadership skills while having hands on experience engaging and leading children ages 5-12 in our state-licensed summer camp programs.

Week 1 focuses on developing team building and leadership skills while also learning common policies and procedures of child care programs.

Week 2 dives into hands-on planning and implementation of activities, all under the direct supervision of our Day Camp Director.

CIT graduates will exit the program with Pediatric CPR and First Aid Certifications, disaster training, field trip and supply budget planning tools, a formal letter of recommendation and priority application status for Summer 2021 Seasonal Day Camp Aide positions with the City's P&R Department (must be 16 to apply).

Join us at the City Council Study Session on Tues, August 4 where CIT graduates will receive special recognition for their dedication to serving the Loveland community. Min/Max: 4/8

Prerequisite: ABDC Jr. Counselor Camp or experience in a similar program (4-H, babysitting, etc.)

Questions? 970.962.2487

APPLICATIONS Pick up at the Chilson Center front desk or visit cityofloveland.org/abdc. Drop off in-person at Chilson prior to Friday, 6/26. Accepted applicants will be notified by Friday, 7/10.

Age: 14-17
 M-Th 7/20-7/23, 7/27-7/30 9:00A-3:30P \$349* 356810-1

*See application for scholarship opportunities

NEW! City of Loveland Mobile Recreation Trailer Rentals

We can help you with the fun for your next event. Block parties, corporate events, private parties and more. **Contact Kerry at 970.962.2446 or email P&REvents@cityofloveland.org for pricing and reservations.**

Included with the rental: cornhole – up to 4 boards, ladder golf, giant Connect 4, giant Jenga, disc golf, volleyball, soccer, T-ball, pickleball and much more!



Play-Well TEKologies LEGO® Camps

Gear up your engineering skills with tens of thousands of LEGO® parts! Min/Max: 11/25 Location: Party Rm

AM camps: age 5-7

PM camps: age 8-12

Jedi Engineering with LEGO® The force awakens in this engineering course for young Jedi! Explore the engineering principles with LEGO® materials as we construct the Ewok Village on Endor, fly thorough space on our X-Wings and challenge the AT-AT walkers on Hoth. Apply real-world concepts in physics, engineering and architecture while you use your imagination to explore a galaxy far, far, away!

M-F	6/22-6/26	9:00A-12:00P	\$162	361100-1
M-F	6/22-6/26	1:00-4:00P	\$162	361100-2

Animal Architects Let your imagination run wild as we design and build leaping dolphins, buzzing beehives and towering giraffes. Use LEGO® materials to design and build as never before. Play, create, and learn in a world inspired by the animal kingdom.

M-F	8/3-8/7	9:00A-12:00P	\$162	361110-1
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Level-up Pro Engineering Bridge the gap between virtual gaming worlds and the physical world with LEGO® materials and NO SCREENS!

M-F	8/3-8/7	1:00-4:00P	\$162	361110-2
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Youth Enrichment League {YEL!} Camps

Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. Location: Party Rm

Grade: 2-5

YEL! Junior Coding & Video Games Min/Max: 6/12

Using Scratch® (an MIT created and monitored, kid-safe web interface), students will code their own stories and video games, learning different techniques including movement blocks, control blocks, basic animation, adding scores, etc. A drag-and-drop programming interface teaches students of all levels coding practices. Each student will create their own Scratch® user name and password to access their projects from any computer at any time.

M-F	6/8-6/12	9:30A-12:30P	\$156	361200-1
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Grade: 3-7

YEL! Project Runway Min/Max: 6/16

Get ready for your very own Project Runway fashion show exhibiting projects, designs, accessories and crafts made with your own hands, style and flair! No experience necessary! Take home multiple projects: a sun dress, tote bag, sunglasses case, a satchel and more!

M-F	7/6-7/10	9:30A-12:30P	\$156	361210-1
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Get all the latest P&R news & events delivered to your inbox about once a month!

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cityofloveland.org/parksrecreation

NEW! IncrediFlix Movie Making Camps

IncrediFlix programs are focused on expanding imagination and creativity using hands on activities. Kids learn brainstorming, story structure and storyboarding. All flix will be professionally edited and downloadable within a month after class. Location: Party Room

Age: 7-13

Morning Camp: Action Movie Flix Min/Max: 6/8

Adventure awaits you in these high intensity movies where you'll use a green screen, camera tricks and special effects to create your own live-action movie. Collaborate, write, act and direct in this stunt-packed movie where you'll be taught action choreography to thrill the audience.

M-Th	6/29-7/2	9:00A-12:00P	\$180	361300-1
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Afternoon Camp: Stop-Motion LEGO® Flix Min/Max: 6/14

Bring LEGO® worlds to life! We provide the LEGO®, you provide your imagination! Work in groups to create a LEGO® set with LEGO® characters for a stop-motion movie you'll storyboard, shoot and add voice-overs to.

M-Th	6/29-7/2	1:00-4:00P	\$180	361300-2
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Morning and Afternoon Camps

Includes an hour supervised lunch from 12:00-1:00P

M-Th	6/29-7/2	9:00A-4:00P	\$334	361300-3
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TEEN TRIPS

CANCELLED

~~Friday Adventure Trips Min/Max: 4/12~~

~~Get your teen out of the house on one or all of these fun and engaging day trips. Transportation, supervision and all entrance or participation fees are included in the trip fee. Required enrollment forms and liability waivers are due on or before the trip date; additional trip specific waivers may be required. Location: Chilson~~

~~More info: cityofloveland.org/about~~

~~Questions? 970.962.2487~~

~~Age: 12-16~~

~~Topgolf (lunch included)~~

F	6/5	8:30A-4:30P	\$70	356400-1
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~~Boondocks Fun Center (lunch included)~~

F	6/12	8:30A-4:30P	\$50	356410-1
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~~Unser Karting (lunch included)~~

F	6/19	8:30A-4:30P	\$65	356420-1
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~~Movie & Laser Tag (lunch included)~~

F	6/26	8:30A-4:30P	\$30	356430-1
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~~Lake/SUP Day~~

F	7/10	8:30A-4:30P	\$50	356440-1
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~~Water World (lunch included; NOTE: return time 6P)~~

F	7/17	8:30A-6:00P	\$60	356450-1
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~~Horseback Trail Ride~~

F	7/24	8:30A-4:30P	\$65	356460-1
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~~Elitch Gardens (lunch included; NOTE: return time 6P)~~

F	8/7	8:30A-6:00P	\$60	356470-1
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What will you do for your birthday this year?

Stay cool in the pool with a swim party or jump, tumble and play with a gymnastics party with facilitated gymnastics activities!

cityofloveland.org/birthdayparties

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ART & COOKING

Is your inner artist ready to come out? Sign up for one of our many art classes based in mediums such as pottery, painting, wool felting and more. Don't forget, cooking can be an art form, too! From pasta and Thai to summer cravables like wraps, smoothies and sorbets, we've got something to whet your appetite. We have classes for kids, youth and adults. Sign up now!

Art Classes at Artisan You! Studio Projects will be kiln-fired onsite and ready for pick-up one week after class dates. All supplies included. Location: Artisan You! Studio, 405 E. Seventh St.

Preschool Art & Story Time Max: 10

Age: 2-5 (with required accompanying adult)

Giraffes Can't Dance Listen to the story *Giraffes Can't Dance* and then paint a giraffe of your own!

F	6/5	2:00-2:45P	\$12	360110-1
F	8/7	2:00-2:45P	\$12	360110-2

Beautiful Oops Listen to *Beautiful Oops* and then make your own oops by creating splotches of paint on a dessert plate. Then caregivers can help make the splotches into something beautiful!

F	7/10	2:00-2:45P	\$12	360110-3
F	8/14	2:00-2:45P	\$12	360110-4

Paint Pouring on Pottery: Galaxy Plate Max: 10

Create a space-themed plate! Learn how to work with fluid art on ceramics by combining colors and flipping them onto a ceramic plate using a technique called a "dirty pour".

Age: 5-12

F	6/5	10:30A-12:00P	\$29	361050-1
Sa	7/11	10:30A-12:00P	\$29	361050-2

Kids' Fused Glass: Butterfly Max: 10

Learn how to use glass tools to cut and layer pieces making a beautiful butterfly suncatcher. Safety is emphasized.

Age: 8-14

M	6/8	10:30A-12:00P	\$25	361060-1
Sa	7/18	10:30A-12:00P	\$25	361060-2

Fluid Art Plate Max: 10

Learn the craft of paint pouring to create a beautiful marbled look! Learn two techniques: a "dirty pour" and a "fluid pour" and select which to use on your plate.

Age: 14+

Th	6/11	6:30-8:30P	\$35	362000-1
Sa	7/25	1:00-3:00P	\$35	362000-2

Beginner Fused Glass: Suncatcher or Bowl Max: 8

Learn to use glass cutting tools as you create your choice of a suncatcher or bowl. Design your own or take inspiration from one of our samples!

Age: 14+

F	6/19	6:30-8:30P	\$45	362010-1
Sa	8/1	1:00-3:00P	\$45	362010-2

Intermediate Fused Glass: Van Gogh Vase of Lilies

Suncatcher or Pocket Vase Max: 8

Create a suncatcher based on Van Gogh's famous painting and have the option of creating an opening to form a pocket wall vase. Participants must have taken the Beginner's Fused Glass class or have glass cutting experience.

Age: 14+

F	6/12	6:30-8:30P	\$45	362020-1
Sa	8/22	1:00-3:00P	\$45	362020-2

Youth Painting & Pastels Min/Max: 4/10

Work in paint or pastels and create your own art with these very user-friendly and forgiving mediums. Structured lessons in a fun and creative environment with emphasis on drawing and blending with pastels or painting composition. No prior experience necessary. **\$7 supply fee due to instructor at each class.**

Location: Chilson Art Studio Instructor: Doreen Thurston

Age: 8-13

Sunflowers Compose a pastel drawing of bright sunflowers that will accent any room.

Sa	5/30	1:00-3:00P	\$15	358300-1
Sa	8/22	1:00-3:00P	\$15	358300-2

Llamas Llamas are all the rage; have fun using acrylics to create one of your own.

Sa	6/27	1:00-3:00P	\$15	358300-3
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Seahorses Use pastels to create and draw a colorful and larger than life, abstract seahorse.

Sa	7/25	1:00-3:00P	\$15	358300-4
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Wool Felting Min/Max: 6/12

An introduction to the fiber art of felting that focuses on creating a pleasing composition or picture on a piece of felt fabric using a wool and felting needle. Create a simple felted sewn bag in class. **\$10 supply fee payable to instructor.** Location: Cherry

Instructor: Maria Deligio

Age: 9-17

M	6/8-6/29	8:45-10:15A	\$25	358210-1
M	7/13-8/3	8:45-10:15A	\$25	358210-2

Sculpting with Air Dry Clay Min/Max: 6/12

Learn how to work with and properly store air dry clay. Focus on designing and sculpting animals and people. Use simple tools and basic sculpting techniques to complete your projects. **\$10 supply fee payable to instructor.** Location: Cherry

Instructor: Maria Deligio

Instructor: Maria Deligio

Age: 9-17

W	6/10-7/1	8:45-10:15A	\$25	358212-1
W	7/15-7/29	8:45-10:15A	\$25	358212-2

Beginning Painting Min/Max: 6/10

Create paintings using different types of paint and explore what each paint can do. Learn composition and drawing skills to complete your projects. Supply list on receipt. Location: Cherry

Instructor: Maria Deligio

Age: 9-17

Th	6/11-7/9	8:45-10:15A	\$45	358215-1
Th	7/16-8/13	8:45-10:15A	\$45	358215-2

Mythical Masks Min/Max: 6/12

Using clay and other sculpting mediums, learn how to build a sculpted 3-D mask from a paper mask. **\$10 supply fee payable to instructor.** Location: Cherry Instructor: Maria Deligio

Age: 9-17

F	6/12-6/26	8:45-10:15A	\$25	358213-1
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Gnome Houses Min/Max: 6/12

Using clay and some other sculpting mediums, create gnome homes out of jars! **\$10 supply fee payable to instructor.**

Location: Cherry Instructor: Maria Deligio

Age: 9-17

F	7/10-7/24	8:45-10:15A	\$25	358214-1
F	7/31-8/14	8:45-10:15A	\$25	358214-2

CHILSON ART STUDIO: POTTERY

Use of all tools, glazes and kiln firings included in class fee. Youth classes include use of recycled clay. Adult classes include 25 lbs. of new clay – additional clay can be purchased in class with cash or check only (10 lbs. recycled clay = \$6; 25 lbs. new clay = \$20).

You & Me Clay Series Min/Max: 4/8

Work with your child to complete a unique project for your home or gift-giving. Completed projects will be ready for pick-up two weeks after completion of class. Instructor: Shanel Cass-Caskey

Age: 2.5-5 (12:30-2:00P)**Age: 6-12 (2:30-4:00P)**

Toadstool Houses Build and assemble a toad house for the yard or garden, learning decoration and glazing techniques to make it one-of-a-kind.

Sa	6/6-6/13	12:30-2:00P	\$32	363000-1
Sa	7/18-7/25	2:30-4:00P	\$32	363000-2

Nature Trays Bring favorite or found flowers, leaves or other natural items to press into clay. Attach feet or handles to create unique serving trays.

Sa	6/6-6/13	12:30-2:00P	\$32	363100-1
Sa	7/18-7/25	2:30-4:00P	\$32	363100-2

Saturday Open Pottery Studio Min/Max: 4/8

Attend as many of these open studio times as you like. An instructor is present to assist you with your own projects or to offer ideas to start something new. NOTE: Studio projects may not receive priority.

Age: 13+ *No class 6/20, 7/4 Instructor: Shanel Cass-Caskey

Sa	6/6-8/8*	9:00A-12:00P	\$158	363200-1
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STAFF SPOTLIGHT**MARIA DELIGIO****Art Instructor****What is your background?**

I grew up in Golden, Colorado and received my BFA and Art Education certificate from The School of the Art Institute of Chicago. I have taught art to students in kindergarten through 12th grade for over ten years in Denver and Loveland.

Where do you get your inspiration?

I am a lover of all animals and fell hard for my mom's French bulldog, Buffy, who has shown up in many art class examples and continues to be a muse.

Why do you do what you do?

Using many different art mediums such as clay, painting and sculpture, I try to create a passion for art in my students that may last a lifetime. I love the small classes and the great creativity and enthusiasm students bring to class every day.

COOKING

Food for Life: Kids Nutrition & Cooking Camp

Poor diet and lack of exercise put today's children at greater risk for heart disease, diabetes and cancer later in life. A foundation for healthy eating is needed to lessen the risk for chronic diseases. The curriculum highlights the positives of the four food groups in the Power Plate. Kids learn about nutrition and how to cook healthy recipes in each class. Sign up for one session or all. **All supplies included.** A consent form is required. Min/Max: 6/20
 Location: Party Rm Instructor: Sapna Von Reich

Age: 6-13 Time: 1:30-3:30P

T	5/26	Bang-Up Breakfasts	\$20	361201-2
W	5/27	In Between Meals	\$20	361201-3
Th	5/28	Rainbow Lunches	\$20	361201-4
F	5/29	Digging These Dinners	\$20	361201-5
T-F	5/26-5/29	All sessions	\$75	361201-1

Summer Smoothies Min/Max: 6/16

Learn how to make nutritious and delicious smoothies at home. Explore how to get the most out of your blender. Join us for our most refreshing class yet! A consent form is required.
 Location: Cherry Instructor: Sapna Von Reich

Age: 6-13

W	6/3	1:30-3:30P	\$25	361202-1
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Calling All Pasta Lovers Min/Max: 6/16

Do you enjoy experimenting with food and learning to make simple everyday meals that are healthy and delicious? If so, join us! All recipes are vegetarian friendly. Menu: homemade pasta sauce, a pasta dish, nutty parmesan cheese, wholesome salad and a delicious dessert. A consent form is required. Location: Cherry Instructor: Sapna Von Reich

Age: 6-13

W	6/10	1:30-3:30P	\$25	361203-1
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Ramen Noodles Made Healthy Min/Max: 6/16

Yes, Ramen noodles can be made healthy and fulfilling! Learn some new ways to make this nostalgic food good for you. Include Ramen noodles in your diet again! A consent form is required. Location: Cherry Instructor: Sapna Von Reich

Age: 6-13

W	7/1	1:30-3:30P	\$25	361204-1
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Homemade Fruit Sorbets Min/Max: 6/16

Join us for an adventurous class and make wholesome fruit sorbets with minimum ingredients. Use a variety of seasonal fruits to create these mouth-watering delights to stay cool this summer. A consent form is required. Location: Cherry Instructor: Sapna Von Reich

Age: 6-13

W	7/8	1:30-3:30P	\$25	361205-1
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Cool Summer Wraps Min/Max: 6/16

Wraps are quick and easy things to make during summer. They can be simple or complex and they come in so many different varieties. Join us to learn to wrap with the best of them! A consent form is required. Location: Cherry Instructor: Sapna Von Reich

Age: 6-13

W	7/22	1:30-3:30P	\$25	361206-1
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Thai Table 1 Min/Max: 5/12

A tasty introduction to everyday Thai cuisine with a little know how from an experienced Thai instructor. Sim will show you cooking tips and tricks, and how to choose quality ingredients to make your Thai food taste great. Menu: crispy wonton with sweet chili sauce, chicken fried rice, fried banana, hibiscus drink. \$28 supply fee payable to the instructor at beginning of class. **\$28 supply fee due to instructor.** Location: Cherry Instructor: Sim Suinn

Age: 18+

T	6/9	6:00-8:30P	\$12	359202-1
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Thai Table 2 Min/Max: 5/12

Make a typical family style dinner that will bring you to Thailand without traveling far. Menu: mango sticky rice with coconut milk, chicken cashew nuts, cucumber soup, lemon grass ginger tea. **\$28 supply fee due to instructor.** Location: Cherry Instructor: Sim Suinn

Age: 18+

T	7/14	6:00-8:30P	\$12	359203-1
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Thai Table 3 Min/Max: 5/12

Who needs takeout when you can easily create delicious Thai dishes at home? Learn secrets for combining aromatic herbs and spices with authentic ingredients to create the flavors that make Thai cuisine uniquely delicious. Sim will walk you through techniques for cooking and share tips and tricks for making restaurant favorites. Join us and discover how easy and approachable authentic Thai cuisine can be! Menu: Thai chicken salad, spicy noodle with basil, Thai coconut Jell-o. **\$28 supply fee due to instructor.** Location: Cherry Instructor: Sim Suinn

Age: 18+

T	8/11	6:00-8:30P	\$12	359205-1
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Get kids involved in the kitchen!



It's a learning lab involving all the senses.



Counting + weighing + measuring = math



New foods and flavors to try



More family time, less screen time



Learn to use kitchen tools & appliances safely.

Promote lifetime cooking skills NOW.

MAKE YOUR MARK

AT THE

LOVELAND CAMPUS

It can be hard to find the time to earn your degree or gain new skills. At the Aims Loveland campus, you can choose from a variety of degree and certificate options, including:

- » Associate of Arts Degree
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- » Basic Animation Certificate
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OUTDOOR REC

Summer's finally here, so let's get outside and get moving! This summer we are offering a wide variety of fun ways to get active with friends or family. Join us for the Tour de Brewer Ride, Glow & Go Family Ride or our new event, a Bicycle Poker Ride! Walking or hiking more your style? Then join us for Art by Foot Fridays, our new Hiking Loveland series, or a GPS Treasure Hunt. Grab your sunscreen, and let's get outside!

GPS Family Treasure Hunt Min/Max: 2/5
 Get your family and friends outside for a real treasure hunt this summer. Using GPS units, solve clues and find hidden treasures in a local park. Each session will begin with a brief orientation on how to use the GPS unit and along the route, you may need to complete additional challenges. **One registration fee covers up to five participants; one adult must be with the group at all times.** Bring water, snacks and dress appropriately for the weather. Closed-toe shoes encouraged.
 Instructor: Kerry Helke

Age: 1+
North Lake Park, 2750 N. Taft Ave

Sa	5/16	10:00-11:30A	\$30	251201-1
Sa	5/16	12:30-2:00P	\$30	251201-2

Viestenz-Smith Mountain Park, 1211 US Hwy 34

Sa	6/13	9:00-10:30A	\$30	351204-1
Sa	6/13	11:00A-12:30P	\$30	351204-2
Sa	7/18	9:00-10:30A	\$30	351204-3
Sa	7/18	11:00A-12:30P	\$30	351204-4

Want to be a lifeguard? Get certified in the water and make a difference. See certification classes on page 16.

Hunter Education Conclusion Course
 Hunter safety certification is required to obtain a Colorado hunting license if you were born after 1/1/1949. You must complete a portion of the course online at your convenience prior to attending the conclusion course. **Class meets at the Front Range Gun Club (697 N. Denver Ave. in Loveland; 970.622.7156) at 7:00A and classroom instruction will follow at the Chilson Recreation Center.** The major portion of this course is available at hunter-ed.com/colorado. You must show the certificate of completion for the online course to attend the classroom session.
To register: register-ed.com/programs/colorado/99
 Location: Maple/Spruce Instructor: James T. Merriott
Age: 10+ Fee: \$10 ea.

Su	6/9	7:00A-2:00P	Su	8/11	7:00A-2:00P
Su	7/14	7:00A-2:00P	Su	9/15	7:00A-2:00P

Beginner SUP Lessons Min/Max: 4/10
 Learn the basics of stand up paddle boarding with a certified instructor including positioning, proper care and carry techniques. All equipment provided. **Participants must pay state park entry fee (\$11).** Location: Boyd Lake State Park, 3720 N. Cty. Rd. 11C
Age: 12+

Sa	6/13	9:00-11:00A	\$45	353204-1
Sa	6/27	9:00-11:00A	\$45	353204-2
Sa	7/11	9:00-11:00A	\$45	353204-3
Sa	7/25	9:00-11:00A	\$45	353204-4
Sa	8/8	9:00-11:00A	\$45	353204-5

BIKE RIDES | CLASSES

NEW! Bicycle Poker Ride Min/Max: 6/18

Join us for a Bicycle Poker Ride around Loveland! Helmets required.

Family Ride: 6-mile loop (approx.) along the city recreation trail, returning on Eighth St.; includes up to four poker hands; one adult 18+ must accompany each family (**fee covers up to 4 people**).

Individual Ride: 11-mile loop (approx.) along the city recreation trail to Mehaffey Park returning via 29th St. to Garfield Ave.

Location: Start/end at The Foundry Plaza, on Third St. between Lincoln and Cleveland

All ages

Individual				
Sa	5/30	10:30A-1:00P	\$15	351202-1
Family Ride - up to 4 people				
Sa	5/30	10:30A-1:00P	\$45	351202-2

Glow & Go Family Ride Min/Max: 5/100

Join us along the Loveland Recreation Trail for a family bike ride.

One-mile loop or three mile out and back options. Registered participants will receive glow lights at check-in. Bike trailers, scooters and strollers welcome. Helmets required. One adult 18+ must accompany each family (**family fee covers up to 5 people**).

Location: Fairgrounds Park, 700 S. Railroad Instructor: Kerry Helke

All ages

Individual				
Sa	6/6	7:30-9:30P	\$5	351201-1
Family - up to 5 people				
Sa	6/6	7:30-9:30P	\$20	351201-2

Scooter & BMX Clinic Min/Max: 5/15

Pro Scooter and BMX introduction. We will go through set-up and beginner to intermediate tricks. The first class will be at Mehaffey Skate Park (3350 W. 29th St.) and the second class will be at Loveland Sports Park (950 N. Boyd Lake Ave.). Bring your scooter or bike and a helmet and get ready for fun!

Age: 5-12

Su	6/14, 6/21	9:00-10:30A	\$100	353201-1
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History & Architecture By Bike Min/Max: 4/15

This guided bike ride includes an opportunity to learn how Germans from Russia influenced Loveland's history and architecture. Hear from local historians and experts while riding between relevant downtown locations. Must provide your own bike; helmet required. A signed waiver is required. **Subject to change; details: cityofloveland.org/walkbikeloveland**

Location: Sunnyside Park, 899 E. Fifth St.

Age: 12+

Sa	6/13	3:00-5:00P	\$10	392205-1
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Tour de Brewer Ride Min/Max: 6/18

Join us for a cruise around town and explore Loveland's growing craft brewery scene. Sample beers with the brewers and whet your appetite with small bites along the route. Must provide your own bike; helmet required. Snacks and tastings included in the fee.

Short ride is approximately 5.5 miles; long ride is approximately 9 miles. Location: Chilson Senior Center Instructor: Kerry Helke

Age: 21+

Short Ride - 5.5 miles				
Sa	6/13	4:00-7:00P	\$35	351203-1
Long Ride - 9 miles				
Sa	6/13	4:00-8:00P	\$40	351203-2

TAKE A WALK

~~Tails on Trails Walk~~ **CANCELLED**

Join us for a kick off to Bike/Walk Month (the whole month of June) along with National Senior Health and Fitness Day! What a great way to get exercise and have some fun. Bring your leashed pet and walk the Loveland trail from the Foote Lagoon Amphitheater to Walmart and back. Enroll your pet in the costume contest! Take photos with your pet, enjoy snacks for you and your pet and visit other booths. Costume judging at 8:00A; walk begins at 9:00A. Awards for costume contest following the walk at the amphitheater.

Location: Foote Lagoon Amphitheater, 500 E. Third St.

Age: 3+	*Note: costume judging begins at 8:00A			
W	5/27	9:00-11:30A*	\$16	395046-1

Walk & Talk Wednesdays Min/Max: 4/15

This guided walk series includes opportunities to learn from local professionals each week (engineer, planner, artist, historian) while strolling through downtown Loveland. Registration is required - fee is for 4-wk program. Bring a water bottle/appropriate clothing. A signed waiver is required. **Subject to change; details: cityofloveland.org/walkbikeloveland**

Location: Foote Lagoon, 500 E. Third St.

Age: 12+

W	6/3-6/24	11:30A-1:00P	\$10	392203-1
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Art By Foot Fridays Min/Max: 4/15

Downtown Loveland is full of wonderful art! Learn about different art installations from local artists and experts in this guided walk series. Registration is required - fee is for 4-wk program. Bring a water bottle/appropriate clothing. A signed waiver is required.

Subject to change; details: cityofloveland.org/walkbikeloveland

Location: Foote Lagoon, 500 E. Third St.

Age: 12+

F	6/5-6/26	8:00-10:00A	\$10	392204-1
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NEW! Hiking Loveland Min/Max: 8/10

Become familiar with the wonderful trails we have in Northern Colorado. Our guides will drive you to the trail heads and share information about the trails, vegetation and area wildlife. What a great way to learn more about our area, meet new friends and other hikers! You must be physically capable of moderate hiking. Bring a water bottle, snack and sunscreen. Dress for the weather with a hat and good walking shoes. Location: Senior Center

Age: 18+

Hiking Our Northern Colorado Trails

Time: 7:30A-12:00P **Fee:** \$18 ea. Instructor: Jack Hamill

Th	6/4	Bobcat Ridge	352100-4
W	6/17	Horseshoe Mtn Open Space	352100-2
F	7/17	Hermit Park	352100-0
W	8/19	Round Mtn Nature Trail	352100-4

Hiking Loveland's Natural Areas *uneven terrain

Time: 7:30-11:00A **Fee:** \$18 ea. Instructor: Billy Zoller

F	6/9	Long View/Sunset Vista	352200-4
W	6/24	Mariana Butte/Hogback*	352200-2
M	6/29	Prairie Ridge Natural Area*	352200-0
Th	8/6	River's Edge Natural Area	352200-4



OPEN LANDS & TRAILS

Opportunities to explore nature abound within our Open Lands & Trails free programs and activities. From hikes to volunteer projects, guided bird walks to special events like Dog Days of Summer, we'll connect you to nature while helping you learn about protecting and preserving the beautiful wildlife that surrounds us.

FREE PROGRAMS & ACTIVITIES

MAY

5/2	Prairie Ridge Natural Area Opens
5/9	Native Plant Garden Volunteer Project
5/14	Astronomy Night with NoCo Astronomical Society R
5/15	Art In Nature - Sketch Hike R
5/15-16	Volunteer Trail Host Training R
5/16	Guided Bird Walk R
5/16	Fishing Loveland Open Lands Event
5/21	PEEPs "Spring Peepers & Creepers" R
5/23	Guided Wildflower Walk R

JUNE

6/5	History and Full Moon Hike R
6/6	National Trails Day Volunteer Trailbuilding Project R
6/15	Astronomy Night with NoCo Astronomical Society R
6/18	PEEPs "That's Not a Kitty Honey!" R
6/19	Art In Nature - Sketch Hike R
6/20	Guided Bird Walk R
6/24	Bike/Walk to Work Day
6/27	Dog Day of Summer Event

R = Registration required

Visit offerocityofloveland.org for details.

JULY

7/15	Astronomy Night and Fireflies with NoCo Astronomical Society R
7/16	PEEPs "Pika – The Original Pikachu" R
7/17	Art In Nature - Sketch Hike R
7/18	Guided Bird Walk R

AUGUST

8/13	Astronomy Night with NoCo Astronomical Society R
8/15	Guided Bird Walk R
8/15	Open Lands Community Picnic
8/20	PEEPs "It's a Hopper Hunt" R
8/21	Art in Nature - Sketch Hike R

PEEPs = Preschool Environmental Education Program

Summer Preview Check **Offero** for other exciting programs like storytelling evenings at River's Edge and "beat the heat" summer activities at Viestenz-Smith Mountain Park!



OPEN LANDS	AMENITIES/RECREATION OPPORTUNITIES											
Boedecker Bluff 4750 W. First St.				✓		✓		✓			✓	✓
Boise Bend 1225 S. Boise Ave.	✓			✓		✓		✓			✓	✓
Boyd Lake (State Parks Partnership) 6500 N. Cty. Rd. 11C	✓	✓	✓	✓				✓	✓		✓	✓
Cottonwood Run Taft-Wilson along Big Thompson River <small>at Wilson</small>	✓			✓	✓	✓	✓	✓			✓	✓
Devil's Backbone (Cty. Partnership) 1725 Hidden Valley Dr.	✓	✓	✓	✓	✓	✓					✓	✓
Emerald Glen Wilson Ave. & 43rd St.				✓				✓			✓	✓
King's Crossing 990 S. Lincoln Ave.	✓			✓			✓	✓	✓		✓	✓
Mariana Butte 701 Clubhouse Dr.	✓	✓		✓		✓	No bikes				✓	✓
Meadowbrook 2000 Cascade Ave.				✓		✓	✓				✓	✓
Morey Wildlife Reserve 5439 Cedar Valley Dr.		✓		✓		✓	No bikes		✓			✓
Namaqua (and Park) 816 N. Cty. Rd. 19E (Namaqua Rd.)	✓	✓	✓					✓			✓	✓
Old St. Louis 1010 S. St. Louis Ave.	✓			✓		✓					✓	✓
Oxbow 1135 & 1140 Rossum Dr.			✓	✓	✓	✓	✓	✓			✓	✓
Prairie Ridge 6400 N. Wilson Ave.	✓	✓		✓		✓	No e-bikes					✓
River's Edge 960 W. First St.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Round Mountain 1300 W. Highway 34	✓	✓		✓	✓	✓					✓	✓
Sunset Vista 1323 W. 57th St.	✓	✓		✓			✓				✓	✓
Viestenz-Smith (Open April-October) 1211 W. Highway 34	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓

See page 69 for open lands & natural areas map and rules; see page 70 for recreation trail map.

VOLUNTEER OPPORTUNITIES - OPEN LANDS & TRAILS

Trail Host Program

FREE training is available for volunteer Trail Hosts to learn to engage with visitors, answer questions and report information about public use of open lands and trails.

Environmental Educators

The Open Lands Division offers FREE training for volunteer Environmental Educators to help teach K-5 grade school students about Colorado wildlife, plants and the environment. Choose your favorite subjects and share your love of the outdoors!

Stewardship & Special Projects

Volunteers are needed for ongoing stewardship and special projects, such as trail-building, native plant revegetation, weed removal and cleanup days.

Sign up on Offero: offeror.cityofloveland.org

More info: cityofloveland.org/openlands
Michele Van Hare, Coordinator | 970.962.2643
michele.vanhare@cityofloveland.org

Due to COVID-19, some activities may be cancelled or rescheduled. More info: cityofloveland.org/parksrecreation



ADULT ENRICHMENT

They say variety is the spice of life and boy, do we have some variety for you! Have you ever wanted to learn about architecture, Indian myths, legends and fables or handwriting analysis? Or maybe you've got a canine companion that you'd like to have learn some manners? Explore health resources, adult dance, Friday movies, and, for the creatives, wool felting, pottery, watercolors and more. We've got the variety to keep the spice in your life!

GENERAL INTEREST

Photoshop Lies! Min/Max: 5/40

Photoshop makes anything possible. Political photo manipulation has been used to provide gravitas and stature, infer contamination by association, fabricate events, discredit by distorting appearance, spoofing or demeaning behavior, and outright pants-on-fire lies. This talk presents historical cropping and distortion that occurred with examples from the Civil War, the McCarthy anti-communist era, Fox and Friends, Iran military bluster, presidential campaigns including GW Bush, Sarah Palin, Barack Obama, Joe Biden and Mitt Romney.

Location: Maple/Spruce Instructor: Robert Meroney

Age: 18+

W 6/3 2:00-3:30P \$3 391250-1

Responsible Casino Gambling for Fun & Profit Min/Max: 8/15

Play black jack, roulette and baccarat while learning strategy and advanced techniques to make your next gambling junket profitable in a real casino. **\$25 book fee due to instructor.**

Location: Cherry Instructor: Haiko Eichler

Age: 21+

W 6/10-7/22 2:00-4:00P \$10 390025-1

Your Amazing Dog Min/Max: 8/10

Bond with and teach your young dog manners and commands they need to know to help them be successful in your home. One dog per person. Supply list on receipt.

Dog's age: 4 mo-2 yrs

Location: Centennial Park, 977 W. First St.

Age: 18+ *No class 7/2

Th 6/11-7/23* 6:00-7:30P \$55 359200-1

Handwriting Analysis Min/Max: 4/4

Learn more about your character traits through the physical characteristics and patterns of strokes of cursive handwriting. This 15-min. meeting is a mini analysis. Call 970.962.2783 or sign up at the Senior Center for a time slot.

Location: Aspen Rm Instructor: Jerrold Groves

Age: 18+ Fee: FREE Time: 10:00-11:00A by appt.

Wednesdays: 6/24, 7/15, 8/19

Add new flavors to your recipe box!

Check out page 52 for hands-on cooking classes to tickle your tastebuds.

Gravity Defying Homes & Architectural Oddities

Min/Max: 5/40

For an architect it is eventually boring to design cookie cutter homes. One way to be different is to produce a "gravity-defying" living arrangement. Such homes range from the ever-popular tree house to the visually impossible. However, architects are also enthralled by other geometric forms. We will examine a cactus house, a mushroom house, cube resting on a corner house, houses teetering over cliffs, crooked houses and many others. Location: Maple/Spruce Instructor: Robert Meroney

Age: 18+

W	7/1	2:00-3:30P	\$3	391251-1
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The Constitution Nobody Wanted

After the members of the Continental Congress signed the Declaration of Independence, they came up with an idea for a government "Articles of Confederation" that turned out to be ineffective. However, when delegates met in Philadelphia in 1787 to devise a plan for a new government, they argued and compromised so much, hardly anyone embraced the Constitution. Join this interesting and informative lecture! Min/Max: 5/40 Location: Maple/Spruce Instructor: Paul Flanders

Age: 18+

Th	7/30	2:00-3:30P	\$3	391210-1
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Indian Myths Legends & Fables

Like all peoples, Native American Indians considered how the world was created so they constructed myths, which were like primitive science to explain wind, sun, seasons and rain. As time passed it became desirable to recall important deeds and famous accomplishments of their ancestors, so legends were born. Receive a quick history of where native tribes lived and migrated, their interactions with white settlers and a set of myths, legends and fables shared by Indian storytellers.

Min/Max: 5/40 Location: Maple/Spruce

Instructor: Robert Meroney

Age: 18+

W	8/5	2:00-3:30P	\$3	391252-1
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Hiroshima & Nagasaki

Min/Max: 5/40

2020 marks the 75-year anniversary of the controversial decision by the Truman administration to drop two atomic bombs on Japan at the end of World War II. We'll review the history of the development of the devastating weapon and choices war planners considered once the weapon became available in the summer of 1945.

Location: Maple/Spruce Instructor: Paul Flanders

Age: 18+

Th	8/27	2:00-3:30P	\$3	391211-1
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Volunteer with Open Lands & Trails!

Become an environmental educator or trail host. Check out page 57 to find out how to get involved in Loveland.

CREATE SOMETHING NEW

Wool Felting

Min/Max: 6/12

An introduction to the fiber art of felting that focuses on creating a pleasing composition or picture on a piece of felt fabric using a wool and felting needle. Create a simple felted sewn bag in class. **\$10 supply fee payable to instructor.** Location: Party Rm Instructor: Maria Deligio

Age: 18+

M	6/8-6/29	1:30-3:00P	\$25	391270-1
M	7/13-8/3	1:30-3:00P	\$25	391270-2

Sculpting with Air Dry Clay

Min/Max: 6/12

Learn how to work with and properly store air dry clay. Focus on designing and sculpting animals and people. Use simple tools and basic sculpting techniques to complete your projects. **\$10 supply fee payable to instructor.** Location: Party Rm Instructor: Maria Deligio

Instructor: Maria Deligio

Age: 18+

W	6/10-7/1	1:30-3:00P	\$25	391273-1
W	7/15-7/29	1:30-3:00P	\$25	391273-2

Watercolor - Beg. and Int.

Min/Max: 5/10

You want to use watercolors because of their vibrancy and spontaneity but the last time you tried you created a mud puddle! Learn about watercolor surfaces, mixing and controlling paint and various types of watercolor painting and brushes. Supply list on receipt. Location: Party Rm Instructor: Maria Deligio

Age: 18+

Beg.	Th	6/11-7/9	1:30-3:00P	\$45	391096-1
Int.	Th	7/16-8/13	1:30-3:00P	\$45	391096-2

Mythical Masks

Min/Max: 6/12

Using clay and other sculpting mediums, learn now to build a sculpted 3-D mask from a paper mask. **\$10 supply fee payable to instructor.** Location: Party Rm Instructor: Maria Deligio

Instructor: Maria Deligio

Age: 18+

F	6/12-6/26	1:30-3:00P	\$25	391272-1
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Gnome Houses

Min/Max: 6/12

Using clay and some other sculpting mediums, create gnome homes out of jars! **\$10 supply fee payable to instructor.**

Location: Party Rm Instructor: Maria Deligio

Age: 18+

F	7/10-7/24	1:30-3:00P	\$25	391271-1
F	7/31-8/14	1:30-3:00P	\$25	391271-2

Make a difference - work in the water!

Join the team! Visit: cityofloveland.org/jobs

Check out more art and pottery classes for all ages on pages 50-51.

HEALTH & WELLNESS

Resources for Seniors - Meet & Greet

Learn about senior services in our community including Veteran information, housing, transportation, food/drug assistance and more. Learn about agencies you can contact, phone numbers and other info to help you reach success for your needs. Stop by the Senior Center to make your 20-minute appt. or call 970.962.2783. Location: Aspen Rm Instructor: Carmen Cisneros
Age: 18+ **Fee:** FREE **Time:** 8:30-10:30A
1st Monday of each month: 6/1, 7/6, 8/3

Have a Say in Your Care! Min/Max: 5/6

The Health District of Northern Larimer County Advance Care Planning Team helps you create Colorado advance medical directives that represent your values and what is important to you, especially when it comes to end of life matters. Call 970.962.2783 for a 60-minute appointment. Help also is available to update and distribute existing directives. Walk-ins accepted as space allows. For additional times/locations, call 970.482.1909. Location: Aspen
Age: 18+ **Fee:** FREE **Time:** 8:30A-3:30P
Thursdays: 6/4, 7/2, 8/6

Hearing Assessments Min/Max: 6/7

The Hearing Rehab Center does basic hearing assessments at Chilson for ages 6+. Sign up at the Senior Center front desk for a 10-minute appointment or call 970.962.2783. Location: Senior Clinic
 Instructor: Chris Hollabaugh
Age: 18+ **Fee:** FREE **Time:** 8:30-10:15A
3rd Thursday of every other month: 5/21, 7/16

Understanding Alzheimer's & Dementia

Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking, and behavior. Join us to learn the impact of Alzheimer's, the difference between Alzheimer's and dementia, disease stages and risk factors, current research and treatments to address some symptoms, and Alzheimer's Association resources. Min/Max: 6/40 Location: Party Rm
Age: 18+

Th	6/18	1:30-3:00P	FREE	391010-1
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**Do you have concerns about falling?
 Bounce back and improve your balance!
 More health & wellness classes - page 64**

**Check out drop-in fitness classes at
cityofloveland.org/fitnesswellness**

ADULT DANCE

International Folk Dance Min/Max: 8/16

Folk dances were greatly anticipated social events in the past and for good for a reason. Dancing is great, cooperative, fun and wonderful for brain-body exercise! Learn dances from all over the world including Germany, Russia, The Netherlands, Israel, Mexico, England, Canada and the U.S.A. Location: Cherry
Age: 18+

T	6/2-6/23	6:30-7:30P	\$34	359201-1
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Basic Steps for the Beginner Line Dancer

This class introduces line dance step sequences and terms for the beginner. Learn to grapevine, coaster step, triple step, jazz box, sailor step, lock step and hitch. Understand the background to the moves before starting the drop-in Beginning Line Dance classes. Min/Max: 6/30 Location: Fitness/Dance Studio
 Instructor: Tracey Ingraham
Age: 18+

Th	6/4	1:15-1:45P	\$8	390020-1
Th	6/11	1:15-1:45P	\$8	390020-2

Drop-in Line Dance ♦ Min/Max: 6/30

Get exercise and socialize! Location: Fitness/Dance Rm
Dates: 5/7-5/28; 6/4-6/25; 7/2-7/30; 8/6-8/27
 Instructor: Tracey Ingraham
Age: 18+
BEGINNING - Thursdays 12:15-1:15P
 Drop-in fee: \$5 or 4-visit pass for \$20
CONTINUING - Thursdays 10:30A-12:00P
 Drop-in fee: \$5.75 or 4-visit pass for \$23, \$21 w/SAC

**Dance the night away with live bands.
 See page 65 for details.**

FRIDAY FUN

Friday Afternoon at the Movies Min/Max: 6/45

Enjoy movies on the Chilson Center big screen. Popcorn, candy and drinks available for a minimal fee. Put your name on the list at the Senior Center front desk or call 970.962.2783.
Age: 18+ **Fee:** FREE **Time:** 1:30-3:30P

F	5/22	<i>Yesterday</i>
F	6/5	<i>Same Kind of Different as Me</i>
F	6/19	<i>Big</i>
F	7/10	<i>A Beautiful Day in the Neighborhood</i>
F	7/24	<i>Harriet</i>
F	8/7	<i>The Bear</i>
F	8/21	<i>Unbroken: Path to Redemption</i>

B-I-N-G-O Min/Max: 6/45

Enjoy refreshments and games of BINGO. Fun prizes donated by Brookdale Senior Living. Put your name on the list at the Senior Center front desk or call 970.962.2783. Location: Maple/Spruce
Age: 18+ **Fee:** \$2 suggested donation
Date: Friday, 7/17 **Time:** 1:30-3:30P



NEW
TO CHILSON!

Stages cycling bikes offer fitness tracking, Stages signature Sprint Shift and Stages state-of-the-art Power Meter.

- How much effort do you have to put in to get the results you desire?
- It's about measuring power and measuring your results.
- Experience Stages Flight, the most advanced and exciting indoor cycling group display, designed for every rider.

Riders of ALL fitness levels and experience will find motivation.



NEW to indoor cycling?

Watch for our Stages bike orientation schedule to gain an understanding of Stages bike function, StagesFit and Stages Power Meter operation.



Current fitness schedule:
cityofloveland.org/fitnesswellness

STAGESFLIGHT

ACTIVE GENERATION

You probably already know staying physically active offers a variety of health benefits, like lessening chronic pain and delaying or preventing disease. But did you know the connections you make with others and the relationships you build also have a major impact on your overall wellness? At the Chilson Senior Center, our mission is to provide a variety of opportunities for physical, social and mental wellness. From clubs to classes, trips to special events, we hope you'll find something that peaks your interest, stimulates your mind, strengthens your relationships or is just plain fun!

Senior Activity Cards (SACs) ♦

- Benefit #1** Registration priority for day trips
- Benefit #2** Discounted fees for day trips/classes
- Benefit #3** Reduced admission to senior dances
- Benefit #4** Entry to many FREE programs

Anyone age 62 and over can purchase a card. The SAC is \$20 per person and is valid for one year. Please refer to listings denoted by this symbol: ♦ for discounted rates.

Welcome & Orientation

Join us for a "Get to Know You" presentation where we provide information about the Senior Center and answer your questions. This is for all new guests!

Last Wednesday of every month, 11:45A-12:30P

Dates: 5/27, 6/24 No July or August date

Fee: FREE

Financial Help Available

The Chilson Senior Advisory Committee (CSAC) has funds to assist Senior Center guests to participate in classes, programs and day trips. If you or someone you know wants to get involved but are unable due to financial or other reasons, call 970.962.2428.

VOA Senior Smiling Spoon Lunch Program

Lunch is served at the Senior Center on Monday, Tuesday, Thursday and Friday at 12:00P by the VOA Senior Smiling Spoon Lunch Program to those who are 60+. **Reservations required by calling 970.472.9630 by 1:00P the previous business day.** Check-in time is 11:30-11:45A. **Fee: \$2.50** suggested donation

Spa Services for All Ages

Call our providers directly to schedule an appointment.

Therapeutic Massage

Joyce Meis, LMT: 970.691.3441

Drop-In Chair Massage, Chilson lobby

2nd & 4th Tuesday of every month, 9A-12P, \$1/min

Gift certificates also available.

Medically Based Foot Care

Front Range Foot Care, Patti Krkosa, RN: 720.442.2615

Medicare Enrollment Assistance

Trained SHIP Medicare counselors answer questions for Medicare beneficiaries. UCHealth Aspen Club at 970.624.1860.

CLUBS | ONGOING ACTIVITIES

Chilson Senior Advisory Committee (CSAC)

2nd Thursday of every month, 9:00A

Chair: Doug East 970.669.3159

The CSAC hosts several fundraising events for the Chilson Senior Center. Become a member!

National Association of Retired Federal Employees (NARFE)

2nd Tuesday of the month, 1:30P (Sept-May)

Chair: Dana Carlson 970.669.3034

Fishing Club

3rd Tuesday of the month, 2:00P

Contact: Jim Baxter 562.440.1943

Cards & Games with Golden Age

Every Monday, 12:00P

Contact: Janice Soukup 970.290.8192

Meetings on 1st Monday; Potluck on 2nd Monday

Bluegrass Jam

2nd Friday of the month, 2:00P

Contact: Kathleen Barker 970.302.4399

Bring your instrument or your voice and come play!

BUNCO

1st & 3rd Thursday of the month, 1:30P

Contact: Senior Center 970.962.2783

Chess

Every Tuesday & Thursday, 1:30P

Contact: Senior Center 970.962.2783

Rhythm Singers/Heartbeat Band

Last Tuesday of the month, 2:00P (Sept-May)

for Rhythm Singers; call for Heartbeats schedule

Contact: Wayne Graham 970.231.9938

Senior Bookworms

Last Monday of the month, 11:30A

Contact: Janice Benedict 970.593.0990

Current book list is on Senior Center bulletin board.

Dates: 5/18 (due to holiday), 6/29, 7/27, 8/24

The Nurse Is In

4th Monday of the month, 9:00-11:00A

Contact: UHealth 970.624.1860

Drop-in for a FREE visit with an RN for blood pressure/pulse checks, tips to manage a chronic condition, healthy lifestyle info & helpful resources.

Dates: 5/18 (due to holiday), 6/22, 7/27, 8/24

TAKE A WALK

Walk & Talk Wednesdays Min/Max: 4/15

This guided walk series includes opportunities to learn from local professionals each week (engineer, planner, artist, historian) while strolling through downtown Loveland. Registration is required - fee is for 4-wk program. Bring a water bottle. A signed waiver is required. **Subject to change; details: cityofloveland.org/walkbikeloveland**
Location: Foote Lagoon, 500 E. Third St.

Age: 12+

W 6/3-6/24 11:30A-1:00P \$10 392203-1

Art By Foot Fridays Min/Max: 4/15

Downtown Loveland is full of wonderful art! Learn about different art installations from local artists and experts in this guided walk series. Registration is required - fee is for 4-wk program. Bring a water bottle. A signed waiver is required. **Subject to change; details: cityofloveland.org/walkbikeloveland**
Location: Foote Lagoon, 500 E. Third St.

Age: 12+

F 6/5-6/26 8:00-10:00A \$10 392204-1

NEW! Hiking Loveland Min/Max: 8/10

Become familiar with the wonderful trails we have in Northern Colorado. Our guides will drive you to the trail heads and share information about the trails, vegetation and area wildlife. What a great way to learn more about our area, meet new friends and other hikers! You must be physically capable of moderate hiking. Bring a water bottle, snack and sunscreen. Dress for the weather with a hat and good walking shoes. Location: Senior Center

Age: 18+

Hiking Our Northern Colorado Trails

Time: 7:30A-12:00P Fee: \$18 ea.

Instructor: Jack Hamill

Th	6/4	Bobcat Ridge	352100-1
W	6/17	Horseshoe Open Space	352100-2
F	7/17	Hermit Park	352100-3
W	8/19	Round Mtn Nature Trail	352100-4

Hiking Loveland's Natural Areas *uneven terrain

Time: 7:30-11:00A Fee: \$18 ea.

Instructor: Billy Zoller

F	6/9	Long View/Sunset Vista	352200-1
W	6/24	Mariana Butte/Hogback*	352200-2
M	6/29	Prairie Ridge N.A.*	352200-3
Th	8/6	River's Edge N.A.	352200-4

HEALTH & WELLNESS

Matter of Balance Min/Max: 8/12

This award-winning program co-sponsored with Banner Health is designed to reduce the fear of falling and increase activity levels. Set realistic goals for increasing activity, change your environment to reduce fall risk factors and increase your flexibility, strength and balance. Location: Cherry

Age: 50+

T 6/2-7/21 2:00-4:00P FREE 391200-1

'N Balance Min/Max: 8/14

A quality and effective fall prevention class that achieves results! Practice these evidence-based exercises and movements to strengthen your core balance and overcome the fear of falling. **Please call 970.962.2462 to find out about class requirements and to schedule the short balance evaluation occurring the week of 6/29. Sign up deadline: 6/22** Location: Fitness/Dance Studio

Age: 60+

M,W 7/6-8/26 2:15-3:15P \$33 392002-1

NEW! Walk for Health Min/Max: 4/20

Are you looking for a Friday morning walking group? Put your name on the list at the Senior Center front desk or call 970.962.2783. Meet at the Senior Center at 8:30A and walk for one hour (30 min. out, 30 min. back). Meet new friends, talk old stories and then drink coffee afterwards. Location: Cherry

Age: 50+

F 6/12-8/7 8:30-9:30A FREE 392201-1

The Fitness Court® Senior Circuit

The Fitness Court® at Fairgrounds Park provides a full-body functional fitness workout for adults of all ability levels. With over 30 pieces of bodyweight equipment, the Fitness Court® can be used in thousands of ways. These classes are paired with a walking program for a complete workout designed specifically for older adults. Download the mobile app to see all the classes available.

Age: 50+

M 7/6-8/31 9:00-10:00A FREE

Check out page 7 for the summer fitness schedule at The Fitness Court®. All classes are FUN and FREE. Work hard, feel good!

UCHEALTH ASPEN CLUB ♦

Be a better you with these wellness classes brought to you by UCHealth Aspen Club. Min/Max: 6/60

Location: Maple/Spruce

Fee: \$4, *FREE w/SAC, Aspen Club pass, SilverSneakers® pass or Renew Active pass

Age: 50+ Days: Thursdays

Aging, Digestive Health and Your Gut ♦

Dr. Michael Nosler, a UCHealth gastroenterologist discusses common digestive health issues that impact older adults. This could be from a changing digestive system, the impact of medications and inactivity, the importance of fluids, diverticular disease, polyps and GERD.

Date	Time	Fee	SAC	Class #
5/21	2:00-3:30P	\$4	FREE*	291217-1

Authentic Connection ♦

How often are we truly present with others? How can we deepen our connection with those we love? We will explore four elements of authentic connection and practice mindful listening as a foundation for extending the gift of presence to others. Presented by Sue Schneider, PhD with Cooperative Extension.

Date	Time	Fee	SAC	Class #
6/18	2:00-3:30P	\$4	FREE*	391202-1

What is a Hospitalist? ♦

Cheryl Campbell, RN and Peter Wallskog, MD will provide insight and advice on how the UCHealth North hospitalist team works to treat your acute illness, help you get back home and reconnected with your primary care provider.

Date	Time	Fee	SAC	Class #
7/16	2:00-3:30P	\$4	FREE*	391203-1

Circle of Life ♦

When life gets busy it's easy to find yourself off balance and ignoring important areas of your life. If you don't stop to assess, you could end up feeling frustrated or stressed out! This is where the Circle of Life exercise can help. Life Coach Kate Spruiell will guide you through this exercise to help you identify and consider each area of your life and assess what might be off balance. Walk away feeling empowered.

Date	Time	Fee	SAC	Class #
8/20	2:00-3:30P	\$4	FREE*	391204-1

SPORTS 50+

Pickleball Beginning Skills ♦ Min/Max: 5/10

A structured, fun class to learn basic skills so you're ready to participate in Drop in Pickleball sessions - see page 3. Equipment provided. Inst: Bob Monroe
Location: Sunnyside Park, 899 E. Fifth St.

Age: 50+ Fee: \$34, \$32 w/SAC

M	6/1-7/6	10:00-11:00A	396006-1
T	6/2-7/7	10:00-11:00A	396006-2
T	6/2-7/7	6:00-7:00P	396006-3
W	6/3-7/8	6:00-7:00P	396006-4
Th	6/4-7/9	10:00-11:00A	396006-5
M	7/13-8/17	10:00-11:00A	396006-6
T	7/14-8/18	10:00-11:00A	396006-7
T	7/14-8/18	6:00-7:00P	396006-8
W	7/15-8/19	6:00-7:00P	396006-9
Th	7/16-8/20	10:00-11:00A	396006-10

Bocce Ball League ♦ Min/Max: 5/25

Bocce is a fun game played with eight large colored balls. The intent is for each team to throw their balls close to the smaller object ball, while knocking other opponent's balls away. Location: Centennial Park, 977 W. First St. Instructor: Tony Mancina

Age: 50+ Fee: \$20, \$18 w/SAC

Th	8/6-9/24	5:30-7:00P	396010-2
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Drop-in Sports

Fee: Chilson fitness pass, SilverSneakers® pass, Renew Active pass or pay the daily fee

See full drop-in gym schedule on page 3.

Volleyball 50+ Location: Small Gym

Tue	9:00-11:00A	Fri	1:30-3:30P
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Pickleball 50+ Location: Large Gym, east
Drop-in pickleball play is recreational for players with experience and knowledge of rules. All levels participate through rotation of play.

Mon	6:00-9:00A	Thu	6:00-9:00A
	1:30-3:30P		1:30-3:30P
Tue	6:00-9:00A	Fri	6:00-10:00A
Wed	6:00-9:00A		1:30-9:00P
	9:00A-1:00P	Sun	11:00A-2:00P

Table Tennis 50+

Mon|Wed|Thurs
1:30-4P **Fee: \$1**

Billiards 55+

Mon-Fri, 8:00A-5:00P
Sat, 9A-12P **Fee: 50¢**

NEW! Tennis - Senior Learn/Play League

No tennis experience required. Learn stroke technique beginning with the basics for 30 minutes followed by one hour of doubles play. Each week focuses on perfecting individual shots. By the end of seven weeks you'll be a player! It's fun without pressure. **To register, visit lovelandtennis.net**

Age: 50+ Fee: 1x/wk: \$60

M	6/1-6/22	4:00-5:30P	NL Ct 7
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NEW! Tennis - Senior Tennis-ize Min/Max: 4/8

Geared for players with little to no tennis experience. This class uses gentle tennis exercise and is set to music. Improve balance, coordination and strength in this fun group class. Hit lots of balls while moving and improving. **Questions?** 530.902.4088

To register: lovelandtennis.net

Age: 50+ Fee: 1x/wk: \$40; 2x/wk: \$72

M/W	6/1-6/24	8:00-9:00A	McKee Ct 1
Th	6/4-6/25	10:00-11:00A	D. Webster Ct 1

SPECIAL EVENTS

Loveland Senior Dances ♦

Music provided by live bands. Enjoy delicious refreshments at most dances; some nights are potlucks*, so bring a favorite dish!

Age: 16+ Fee at the door: \$5, \$4.50 w/SAC

2nd & 4th Monday, 7:00-10:00P

5/25	NO DANCE - Memorial Day
6/8	Just Us
6/22	Big Twang Theory*
7/13	CC Collier
7/27	Honkabilly Heroes
8/10	Jim Ehrlich
8/24	Harris & Harris

Parks & Recreation is essential to Loveland.

We're always asking ourselves,
How can we bring value to Loveland and create opportunities for everyone to live their best lives?

View our 2019 annual report to see how.

bit.ly/PRAnnualReport



DAY TRIP REGISTRATION

- **Senior Activity Card (SAC) holders have priority registration Tues, 6/30 - Tues, 7/7** (during this time trips are not open to online registration).
- Adults 62+ are eligible to purchase a SAC for \$20.
- **Registration open to all adults (18+) on 7/8.**
- Trip refunds may be granted pending circumstances of the trip. **See page 72 for info and policies.**
- Participants transported in City van or motor coach; all trips depart from the Senior Center and are escorted by the activity leader unless otherwise noted. **All trips are subject to change.**

Please Note:

Due to COVID-19, our activity guide is available online only. For those without internet access, please contact the Senior Center at 970.962.2783 to request hard copies to be printed and mailed if necessary.

All day trips have been cancelled through July 31.

We miss each and every one of you, and we look forward to resuming our day trips in the near future.

Travel Training ♦

Join us for this fun and educational travel class! Learn how to read the bus schedule, plan your next bus trip and see how new transit rider tools make riding easier than ever. Training includes riding COLT and FLEX buses to Fort Collins and continuing on the MAX bus with a stop for lunch at *Austin's* (includes lunch, non-alcoholic drink & tip). Destination: Fort Collins

Day	Date	Time	Fee	Class #
T	8/4	10:00A-3:30P	\$15	393199-3

Lunch Bunch Trips ♦

Each month, explore a different restaurant in Northern Colorado. Lunch cost on your own for \$10-20.

Fee: \$23, \$19 w/SAC **Time:** 11:15A-2:30P

Day	Date	Restaurant	Class #
Th	8/6	<i>Mishawaka</i> , American Destination: Poudre Canyon	393214-3

**Want to register for trips FIRST?
Buy a Senior Activity Card (SAC) to
receive discounts & priority registration!
See page 62 for more information.**

Balistreri Vineyards ♦

California isn't the only place to go wine tasting. Visit Balistreri Vineyards, a family-owned and operated winery located just 10 minutes from downtown Denver and home of award-winning wines. **Enjoy a wine tasting (included in the fee).** Afterwards, have lunch at the winery (cost on your own for \$12-26) and then tour the cellars and vineyard. Destination: Denver

Age: 21+

Day	Date	Time	Fee	SAC	Class #
Th	8/13	9:30A-3:30P	\$39	\$35	393212-1

Global Village Museum of Arts & Culture ♦

Visit this local museum and enjoy the exhibit *Legendary Creatures - Real and Imagined* within the Village Arts Gallery. With an emphasis on Africa and Asia, the gallery is home to art and artifacts from ancient, traditional and contemporary cultures. Following the tour, enjoy lunch at *Austin's* (cost on your own for \$12-20). Destination: Fort Collins

Day	Date	Time	Fee	SAC	Class #
W	8/19	10:30A-3:00P	\$32	\$29	393213-1

Viestenz-Smith Mountain Park Tours ♦

Enjoy a day touring this beautiful park that has been totally reconstructed following the Big Thompson flood that devastated the canyon seven years ago. Afterwards, journey back down the canyon for lunch at *5030*, a local brewery and pub (cost on your own for \$10-15). Destination: Big Thompson Canyon

Day	Date	Time	Fee	SAC	Class #
F	8/21	9:45A-3:00P	\$29	\$25	393216-2

Casino Trips - Mardi Gras ♦

Join the Ft Collins Senior Center on a fun and lucky time at the *Mardi Gras Casino*. Depart from Chilson. Dest: Black Hawk Escort: John Steinman **Age: 21+**

Day	Date	Time	Fee	SAC	Class #
T	8/25	8:15A-5:00P	\$10	\$8	393035-5

Grand Lake Boat Tour ♦

Before summer is over enjoy a tour of Grand Lake by boat (1 hour tour) and a beautiful scenic ride over Trail Ridge Pass. Enjoy shopping in the rustic downtown and have lunch on your own at one of the many restaurants Grand Lake has to offer (cost on your own for \$12-19). Travel by motorcoach. Destination: Grand Lake

Day	Date	Time	Fee	SAC	Class #
Th	8/27	7:30A-6:00P	\$79	\$75	393003-1

MORE THAN



FITNESS CLASSES

INCLUDED IN YOUR ADMISSION EACH WEEK!

BarreCore&MoreCountryCardioYogaGroupCycling
AquaMotionLowImpactFitnessPiYoZumba®WaterWalking
IntervalCardioAerobicsPowerAgility&StrengthPilatesPlus
SilverSneakers® ClassicRiverWalkingFlexibleStrengthStep
Zumba®GoldAquaCoreStrengthTrainingEZflowAquaYoga
PowerToningSilverSneakers® CircuitAquaZumba® AquaHIIT
DeepWaterHydroDanceandmore!

Visit cityofloveland.org/fitnesswellness
to view current fitness schedules.



CHILSON
Recreation & Senior Center
700 E. Fourth St. • cityofloveland.org/chilson

CITY OF LOVELAND ATHLETIC FACILITIES

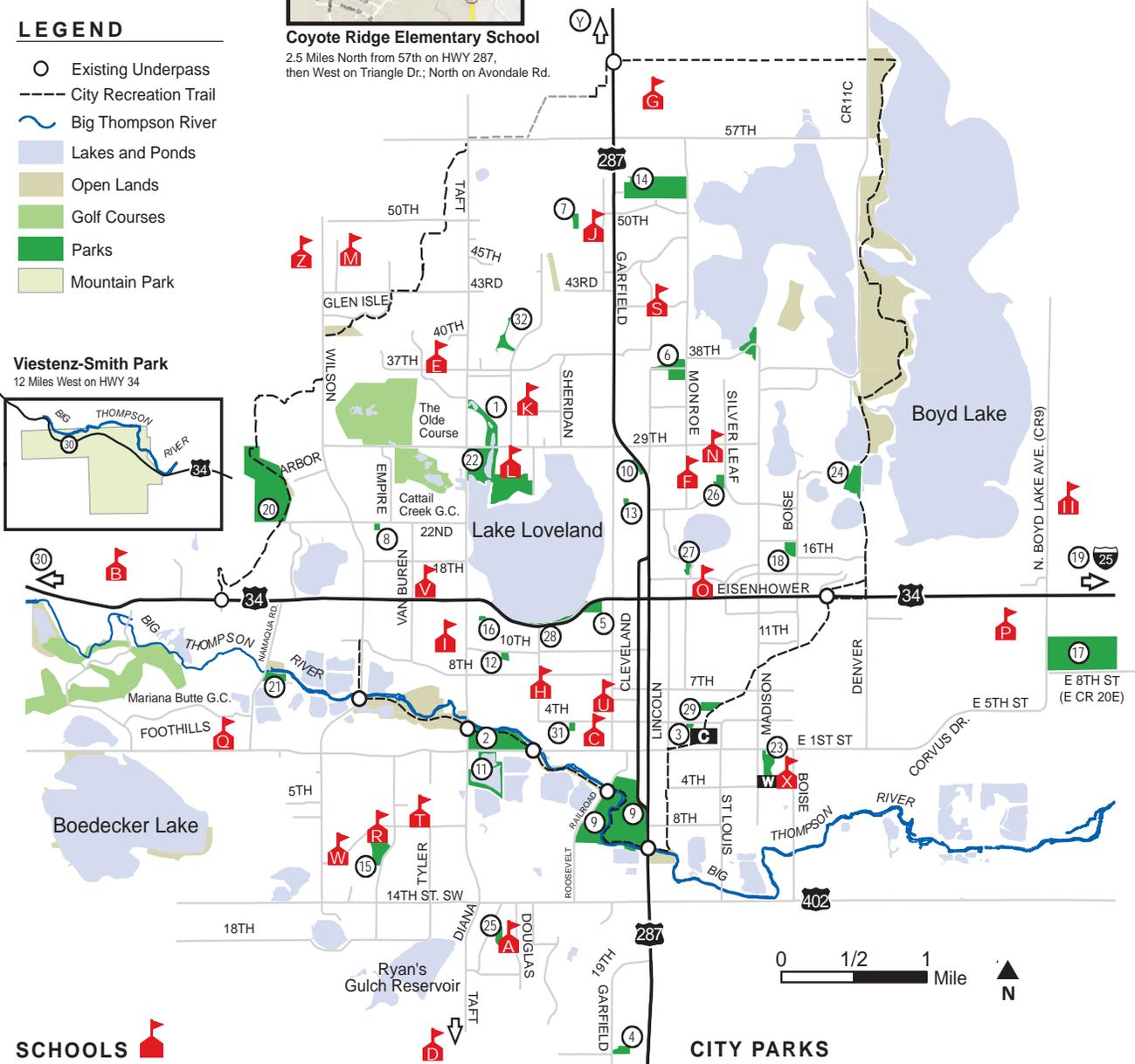
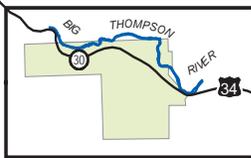
LEGEND

- Existing Underpass
- City Recreation Trail
- ~ Big Thompson River
- Lakes and Ponds
- Open Lands
- Golf Courses
- Parks
- Mountain Park



Coyote Ridge Elementary School
2.5 Miles North from 57th on HWY 287,
then West on Triangle Dr.; North on Avondale Rd.

Viestenz-Smith Park
12 Miles West on HWY 34



SCHOOLS

- A B F Kitchen Elementary
- B Big Thompson Elementary
- C Bill Reed Middle School
- D Carrie Martin Elementary
- E Centennial Elementary
- F Conrad Ball Middle School
- G Cottonwood Plains Elementary
- H Garfield Elementary
- I Harold Ferguson High School
- J Laurene Edmondson Elementary
- K Lincoln Elementary
- L Loveland High School
- M Lucile Erwin Middle School
- N Mary Blair Elementary
- O Monroe Elementary
- P Mountain View High School

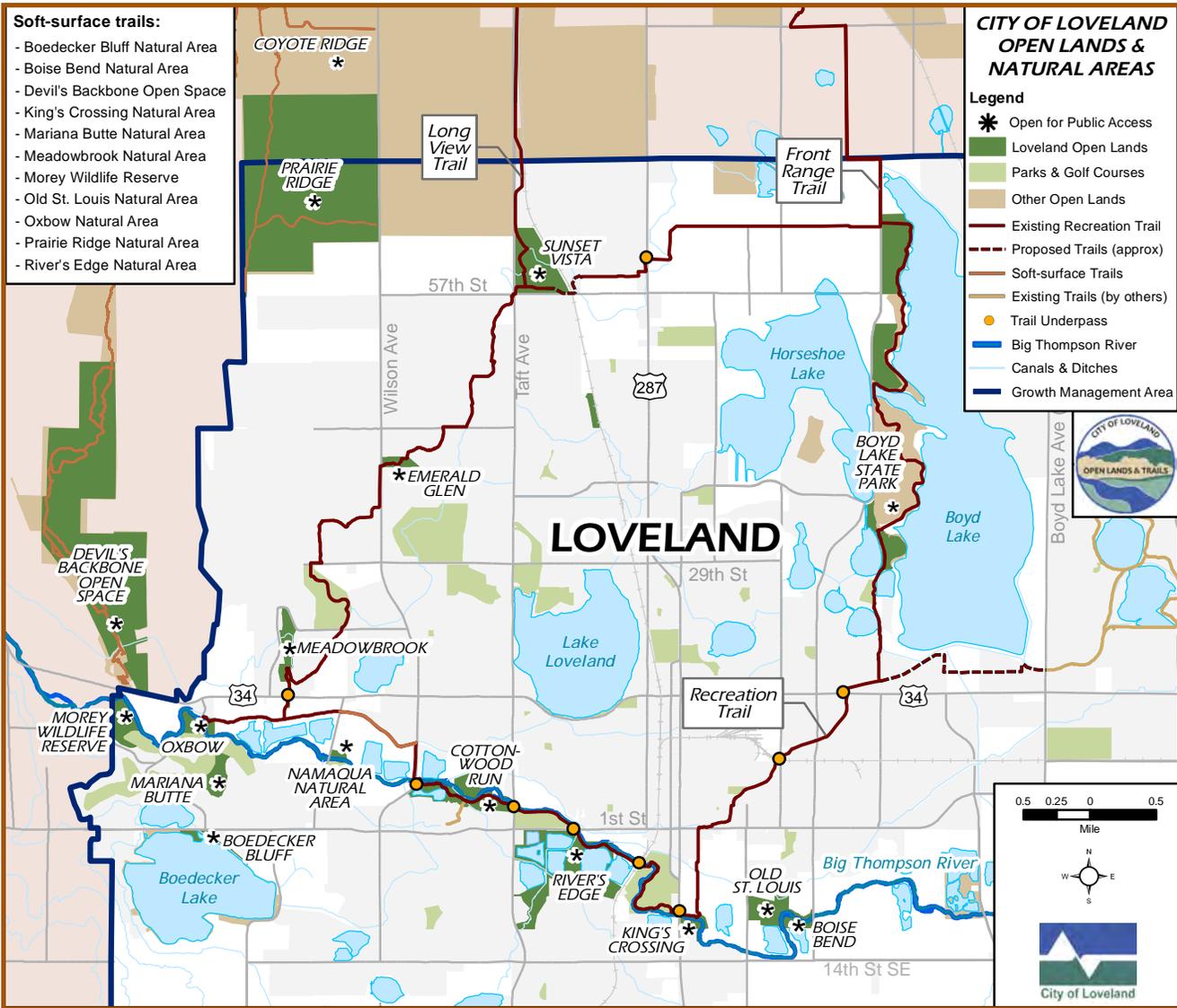
- Q Namaqua Elementary
- R Sarah Milner Elementary
- S Stansberry Elementary
- T Thompson Valley High School
- U Truscott Elementary
- V Van Buren Elementary
- W Walt Clark Middle School
- X Winona Elementary
- Y Coyote Ridge Elementary
- Z Ponderosa Elementary
- II High Plains School

OTHER FACILITIES

- C** Chilson Recreation/Senior Center
- W** Winona Pool

CITY PARKS

- 1 Benson
- 2 Centennial
- 3 Civic Center
- 4 Derby Hill
- 5 Dwayne Webster
- 6 Eagleview
- 7 Edmondson
- 8 Estrella
- 9 Fairgrounds/Barnes
- 10 Glen Arbor
- 11 Jayhawker Ponds
- 12 Garfield Park
- 13 Kirkview
- 14 Kroh
- 15 Loch Lon
- 16 Loch Mount
- 17 Loveland Sports Park
- 18 McKee
- 19 McWhinney Hahn Sculpture
- 20 Mehaffey
- 21 Namaqua
- 22 North Lake
- 23 Osborn/Winona Pool
- 24 Seven Lakes
- 25 Sherri Mar
- 26 Silver Glen
- 27 Silver Shore
- 28 South Shore Parkway
- 29 Sunnyside
- 30 Viestenz-Smith
- 31 Westside
- 32 Woodmere



OPEN LANDS & TRAILS RULES & REGULATIONS Visit cityofloveland.org/openlands for detailed rules.

Hours Hours of operation are from 6:00A-10:30P, except Morey Wildlife Reserve and Mariana Butte Trails (open dawn until dusk). Overnight parking or camping is prohibited in open lands & trails.

Biking Bicycling permitted on designated trails only. Bicycles are not permitted at Morey Wildlife Reserve or Mariana Butte Trails. E-bikes are not permitted at Prairie Ridge Natural Area. Bicyclists yield to other trail users.

Pets Pets must be leashed and under human control at all times. Owners must pick up and remove pet waste. Pets are not permitted at Morey Wildlife Reserve or Prairie Ridge Natural Area.

Fishing Fishing is regulated by Colorado State Regulations. Site- specific regulations apply. All anglers age 16 and older are required to have a Colorado Fishing License.

Horses Horses (except police) are not permitted on City of Loveland Open Lands & Trails, with the exception of Prairie Ridge Natural Area accessible from Coyote Ridge Natural Area.

Alcohol Alcoholic beverages are not permitted. Glass containers/ bottles are prohibited.

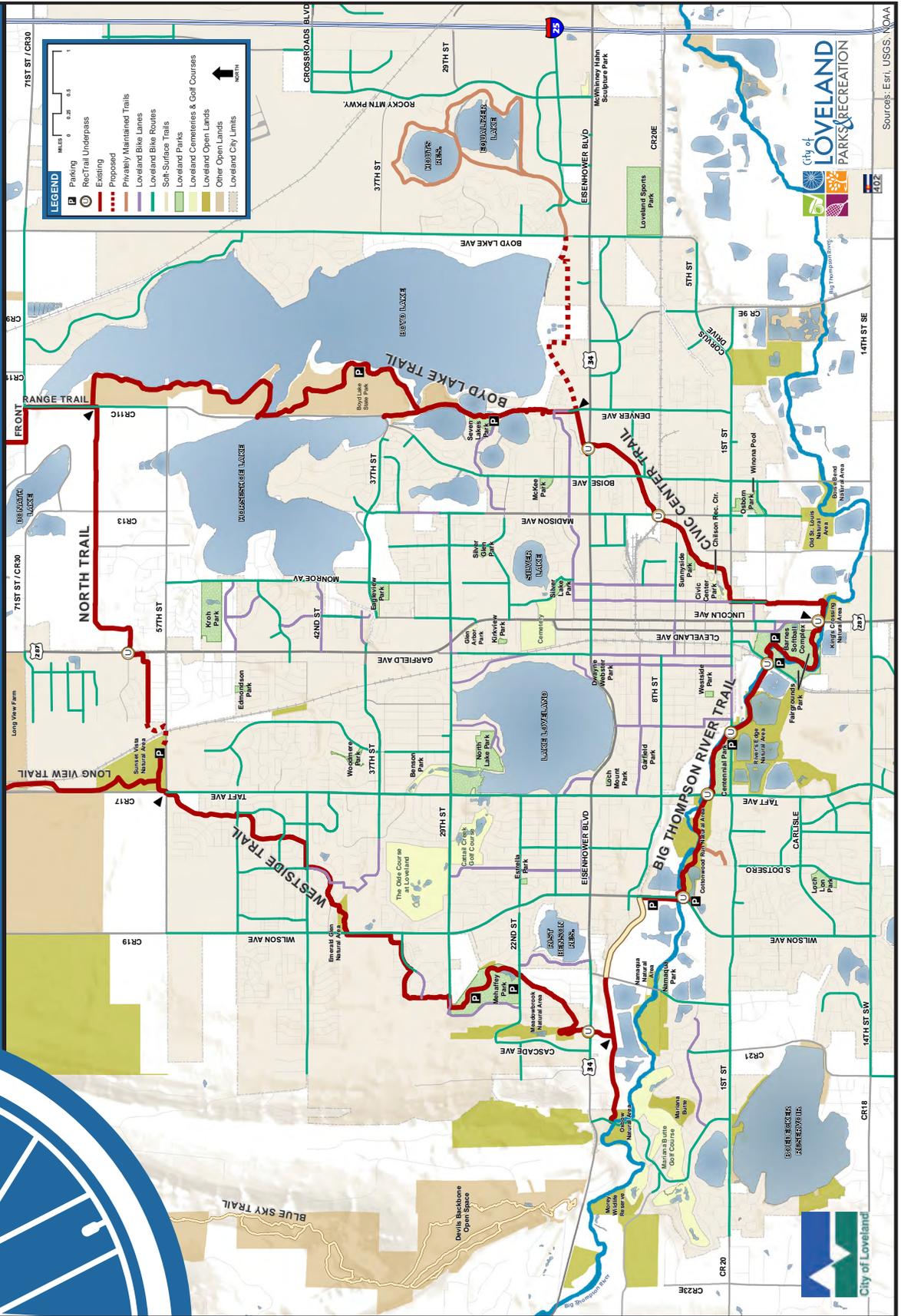
Fire Discharge or use of firearms, projectiles or fireworks is prohibited. No open fires or flames.

Trail Etiquette

- Please stay on designated trails and respect the rights of adjacent property owners.
- Loveland's trails have many different types of users; please be courteous to others on the trail.
- Flow of traffic is similar to road traffic. Always ride or walk on the right side. When passing others on the trail, verbally warn them that you are passing on the left.
- Be predictable: ride or walk in a straight line - avoid weaving.
- Bicyclists are encouraged to wear helmets and ensure their bicycles are operational and properly equipped (including reflectors and lights).

Maintenance Report maintenance concerns or vandalism to the Parks & Recreation Dept. at 970.962.2727.

Recreation Trail & Bikeways Map



View and print a full-size PDF of this recreation trails & bikeways map online: cityofloveland.org/trails

HOW DO I REGISTER?

You may choose to register for activities by going ONLINE, MAILING IN your registration, or COMING IN to the Chilson Center to register in person. **See #3 for BY PHONE option.**

1 WEBTRAC ONLINE REGISTRATION - BEGINS APRIL 27, 6:00P

For Enrollment Online: cityofloveland.org/webtrac

Request your Household ID number by filling out the online form: bit.ly/HouseholdID
OR call 970.962.2383 or 970.962.2727.

Once logged in to WebTrac, verify/update your household information prior to registration.

Receipt: A receipt will NOT automatically be mailed to you. We suggest that you print the webpage that shows your activities and fees paid before completing your enrollment process. Please call the Chilson Center at 970.962.2383 if you'd like your receipt mailed along with any other class or activity information specific to your registration.

2 WALK-IN | DROP-OFF REGISTRATION - UPON FACILITY RE-OPEN

For Walk In/Drop-Off Registration

Drop off the completed registration form (on page 72) along with your check or credit card information. For confirmation of registration, please include your e-mail address. Registrations may be dropped off at the Parks & Rec Administration Office and the Chilson Recreation/Senior Center during regular business hours.

Chilson Recreation Center

Mon-Fri 8:30A-4:30P
700 E. Fourth St.
Loveland, CO 80537
970.962.2386

Chilson Senior Center

Mon-Fri 8:00A-4:30P
700 E. Fourth St.
Loveland, CO 80537
970.962.2783

Parks & Rec Administration

Mon-Fri 8:00A-4:30P
500 E. Third St., Suite 200
Loveland, CO 80537
970.962.2727

3 BY PHONE | MAIL-IN REGISTRATION - BEGINS APRIL 28, 8:00A

By Phone Registration

In response to COVID-19, we are allowing registrations by phone for the summer season ONLY. Please call 970.962.2FUN to register for activities. We suggest that you make note of your Household ID number and the class # to have available before calling to complete your registration. Calls are answered in the order they are received.

Mail-In Registration

Mail in completed registration form (on page 72) along with your check or credit card information and e-mail address to:

Parks & Recreation Department

500 E. Third St., Suite 200
Loveland, CO 80537

Registrations received before the date above are held for processing on this date in the order they are received.

Notice of Non-Discrimination

It is the policy of the City of Loveland to provide equal services, programs and activities without regard to race, color, national origin, creed, religion, sex, sexual orientation, disability, or age and without regard to the exercise of rights guaranteed by state or federal law. It is the policy of the City of Loveland to provide language access services at no charge to populations of persons with limited English proficiency (LEP) and persons with a disability who are served by the City.

For more information on non-discrimination or for translation assistance, contact the City's Title VI Coordinator at: titlesix@cityofloveland.org or call 970.962.2372. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act (ADA). For more information on ADA or accommodations, contact the City's ADA Coordinator at: jason.smitherman@cityofloveland.org or call 970.962.3319.

REGISTRATION POLICIES & PROCEDURES

Things To Know

- Please register at least one week prior to the first class. Class cancellation decisions are made three days prior to class start date. If class enrollments are below the minimum requirements, a class may be cancelled.
- Registrations cannot be approved by an instructor or the team coach.
- The Department has the right to cancel classes.
- Before you purchase supplies, call 970.962.2383 to verify that your class is occurring.
- The City of Loveland does not discriminate on the basis of race, color, national origin, creed, religion, sex, sexual orientation, age or disability in the provision of services. For disabled persons needing reasonable accommodation to attend or participate in a service or program/activity, call 970.962.2462 or TDD #962.2620.
- SAC holders have priority registration 6/30-7/7 for day trips listed in the Active Generation section, denoted by this symbol (♦). Non SAC holders can register on or after 7/8.

Use This Enrollment Checklist

- Complete the registration form below
- Double check class fees and total
- Include a 2nd and 3rd choice where possible
- Make checks payable to City of Loveland or include credit card number & expiration date
- Include email address for receipt confirmation

Cancellations

- When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully to avoid cancellations and/or refunds.
- If you must cancel your class spot, please call 970.962.2383 (seniors call 970.962.2783) at least five (5) business days before the class begins. You may choose to transfer to another class or to receive a refund. See Refunds.
- You are notified if a class is cancelled due to low enrollments, and are given options at that time.

Refunds

Unless otherwise noted, the following refund policy applies:

- Refund requests must be submitted in writing. Refund request forms are available at the Chilson Recreation Center front desk.
- After registration and up to three (3) business days prior to the class start date, a \$5 service charge will be assessed.
- Up to two days prior to the class start date, 50% of the class fee is refundable.
- No refunds are given after the 1st week of class.
- Full refunds are only given for fully cancelled classes.
- Allow two (2) weeks for processing.
- No cash refunds.
- No refunds for Senior Activity Cards (SACs).
- All refunds must be approved by the Recreation Coordinator and/or the Program Supervisor.
- **Other Charges:** There is a \$20 charge for returned checks.

Loveland Parks & Recreation Registration Form				
Please fill out this registration form for use with all registration options. The information in shaded areas is required during the enrollment process.	Address:			
	City/Zip:			
Household ID #:	Home/Cell:		Work:	
Name: <i>Head of Household/Primary Guardian Full Name</i>	Email Address: <i>For City of Loveland internal use only. Your contact information is not shared.</i>			
Family Member Names:	Birthdates:	Activity/Program #:	Section #:	Fees Due:
				\$
				\$
				\$
				\$
Do you need a special accommodation to safely and enjoyably participate in these programs? ___ Yes ___ No. If yes, please state your special requirements: _____.			Total Paid:	\$
Pay By: ___ Cash <i>(Do not send cash in the mail)</i> ___ Check <i>(Made out to: City of Loveland)</i>		Waiver for Participation: By signing below, I hereby release and absolve the Parks & Recreation Department, the City of Loveland, and all of its employees or agents of same from any claims of damages arising from injury received by the participation involved in this activity, whether due to negligent acts or omissions of said parties, other participants, or otherwise.		
Credit/Debit Card: ___ Visa ___ MC ___ Discover ___ AmEx Card #: _____ Expiration: _____		<i>Signature required showing I agree to the Waiver Statement above and agree to pay the charges listed here as stated.</i> Signature: _____		

ONE SWEET SUMMER

One Sweet Summer Event Series DOWNTOWN LOVELAND IN THE FOUNDRY PLAZA

All events are free and open to the public!

FRIDAY BLUES NIGHTS

Last Fridays in May, June, July & August
5/29, 6/26, 7/31, 8/28 • 6-9:30pm

FITNESS CLASSES

PIYO: Tues., June 16 to August 18 • 8am
Yoga: Sat., June 20 to August 22 • 9am

SESSIONS:

BLUEGRASS & BREWS FESTIVAL

Saturday, June 13 • 1-7pm

WEDNESDAY CONCERTS

Wed., July 8 to August 26 • 6-8:30pm

KIDS ON THE PLAZA

Tuesdays, June 16 to August 11 • 12-2pm
Rialto Free Kids Movies: 10am & 2pm

FALL INTO BLUES FEST

Saturday, September 19 • 1-7pm

downtownloveland.org

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