

Thad Fuller

Introduction

Leading my community to a higher level of health and fitness by sharing the knowledge I've gathered is my mission.

Qualifications

National Academy of Sports Medicine
Personal Training Certification 2018
AED/CPR Certified

Experience

I participate in extreme sports and have always self trained. Through my many years of competition I have developed many very specific, effective training regiments.

Specialties

As the VP of the Thompson Valley Wrestling Club I invest many hours developing the youth of our community.



TRAINER