

# ACTIVITY GUIDE

SUMMER • MAY - AUG 2019

LOVELAND PARKS & RECREATION



City of  
**LOVELAND**  
PARKS & RECREATION

ONLINE REGISTRATION BEGINS  
Monday April 29 at 6:00 p.m.

WALK-IN REGISTRATION BEGINS  
Tuesday April 30 at 8:30 a.m.

## Loveland Parks & Recreation

cityofloveland.org/parksrecreation

500 E. Third St., Suite 200

Loveland, CO 80537

970.962.2727

parks@cityofloveland.org

NATIONAL RECREATION & PARK ASSOCIATION'S

## 3 PILLARS OF PARKS & RECREATION

MAKING AN IMPACT ON QUALITY OF LIFE



### 1. CONSERVATION

PRESERVING NATURAL RESOURCES

Oftentimes, parks & recreation agencies are the only voice for ensuring that open space is protected, our youth have access to nature-related areas and that services and outdoor education are available. These have quantifiable economic benefits to our community.

### 2. HEALTH & WELLNESS

IMPROVING HEALTH, ENHANCING LIFE

Our staff are leaders in recreation, sports and nutrition and offer fitness, sports and healthy lifestyle classes for people of all ages and abilities. They seek to reduce obesity, physical inactivity and poor nutrition while strengthening skills that enrich body, mind and attitude.



### 3. SOCIAL EQUITY

ACCESS & INCLUSION FOR ALL

We strive to be a catalyst for ensuring all residents have equal access to our resources and services. We offer opportunities that transcend barriers of income through outreach activities such as our mobile recreation trailer and movies in the park. We also provide scholarships via our Parks & Recreation Foundation.



### GET INVOLVED!

LOVE WHERE YOU LIVE, WORK & PLAY

Join us this winter! Enroll in a class or two, explore our open lands and natural areas, ride or walk the 22-mile paved recreation trail, discover a park or take a swing at golf.



### VOLUNTEER

GIVE BACK, GET MORE



We're always looking for volunteers. We couldn't do what we do without them! Whether it's behind the desk at the Chilson Senior Center, outdoors with environmental education or coaching youth athletics, our volunteers are vital to our community.

## FROM THE DIRECTOR

When I think of summer, I think green. The City of Loveland has some powerful green spaces!

Parks have the power to impact every community through health and wellness, conservation and social equity. We maintain 22 miles of recreational trail, 32 park areas, three golf courses and over 30 natural areas and open spaces just waiting for exploration and enjoyment.



Elizabeth R. Kayl, CPRP  
Director, Parks & Recreation

Did you know parks have **environmental powers**? One acre of trees absorbs the carbon dioxide produced by driving a car 11,000 miles. This year, we are excited to celebrate 30 years as a Tree City USA community!

Parks have **health power**, too. Did you know increased access to places for physical activity leads to a 25% increase in people exercising three or more days a week? This summer, stop by Fairgrounds Park to check out our new outdoor fitness court!

And parks certainly have **community power**. Parks strengthen community ties and bring diverse populations together. We bring fun to you through our Mobile Recreation Trailer, movies in various parks and environmental education programs held in some of the coolest open lands in northern Colorado!

### Meet us at North Lake Park for our July 4th Festival!

We'll be kicking off our nation's Independence Day celebration with a variety of activities for families, kids and those in between. **NEW** events this year:

- Kid Zone
- Children's Bike Parade
- Cornhole Tournament
- Battle of the Bands
- Beer Garden

Unleash the power of parks this summer in the City of Loveland! Reach your goals, discover new adventures, increase your knowledge and most of all, have FUN doing it!

**Elizabeth R. Kayl, CPRP**

Director of Parks & Recreation



**SMILE!** You could be on the next cover! The Parks & Recreation Department reserves the right to use images and/or photographs of anyone in any activity, park or public place in present and/or future printed publications or on the department web pages for promotional purposes, unless told otherwise at the time the image or photograph is taken.

## CONTACT US

### Parks and Recreation • 970.962.2727

cityofloveland.org/parksrecreation  
[Activity Registration](#) (info)  
 970.962.2386  
 cityofloveland.org/webtrac

### Chilson Recreation Center • 970.962.2386

cityofloveland.org/chilson  
[Racquetball Reservations](#)  
 970.962.2386

### Chilson Senior Center • 970.962.2783

cityofloveland.org/chilson

### Athletics • 970.962.2445

cityofloveland.org/athletics  
 teamsideline.com/loveland  
[Weather Cancellations](#)  
 970.962.2386  
 Adult: options 2, 1  
 Youth: options 2, 2, 1  
 Tennis: options 2, 2, 2

### Golf • 970.962.2496

cityofloveland.org/golf  
 golfloveland.com  
 Tee Times 970.669.5800 (or online)  
 Cattail Creek 970.663.5310  
 Mariana Butte 970.667.8308  
 Olde Course 970.667.5256

### Open Lands & Trails • 970.962.2727

cityofloveland.org/openlands  
[Environmental Ed/Volunteers](#)  
 970.962.2643

### Parks • 970.962.2727

cityofloveland.org/parks  
[Park Shelter Reservations](#)  
 970.962.2727  
 cityofloveland.org/webtrac

### Winona Outdoor Pool • 970.962.2435

cityofloveland.org/outdoorswimming  
[Weather Cancellations](#)  
 970.962.2453, option 2

### Follow Us on Social Media



@cityoflovelandparksrecreation  
 @cityoflovelandchilsoncenter



@cityofloveland



@lovelandparksandrec

**On the Cover** Fun at the Mini-Course at Cattail Creek. Photo Credit: Kelly Smith

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# CHILSON RECREATION & SENIOR CENTER

700 E. Fourth St. • Loveland, CO 80537  
Visit us online: [cityofloveland.org/chilson](http://cityofloveland.org/chilson)

**Recreation Center:** 970.962.2386

**Senior Center:** 970.962.2783

**TDD:** 970.962.2620

## AMENITIES

### Fitness

- State-of-the-art strength training equipment
- Indoor cycling studio
- Over 70 group exercise classes each week
- Friendly & professional personal training
- TRX classes

### Aquatics

- Lap pool
- Leisure pool with speed slide
- Aquatics programs & exercise classes
- Hot tubs - indoor & outdoor
- Steam room

### Facility

- Indoor walking & jogging track
- 3 racquetball courts
- 2 gymnasiums
- Drop-in childcare
- Conference & event facilities
- Party packages

## CELEBRATE YOUR EVENT

The Hatfield Chilson Recreation/Senior Center is a great venue for your next event. Casual or formal, big or small, with audio visual equipment for your training or seminar needs. Chilson has rental space available that may be perfect for you! Call 970.962.2503 to plan your next event. Interested in a swim birthday party? Book online at [cityofloveland.org/webtrac](http://cityofloveland.org/webtrac) or call 970.962.2468. Gymnastics parties and Winona Outdoor Pool rentals are also available!

Close to downtown Loveland, the Chilson Center is easily accessible from I-25, Highway 34 and Highway 287. Our professional, experienced staff are happy to assist you in planning your event and are committed to ensuring a memorable experience for you and your guests.

### Want more SPLASH in your PASS?

Upgrade your Chilson pass to include Winona Outdoor Pool this summer!

#### 6 Month | 1 Year or

Monthly Billing Pass	3 Month Pass
Individual \$25	Individual \$15
Family \$50	Family \$30

**Did you know?** Chilson 10-Visit & SilverSneakers® passes can be used at Winona Pool, too!

### HOURS - Recreation Center

Monday-Friday	5:30A-9:30P
Saturday	6:00A-6:00P
Sunday	11:00A-6:00P

### HOURS - Senior Center

Monday-Friday	8:00A-5:00P
Saturday	Open 9A-12P Billiards ONLY

### HOLIDAY & MAINTENANCE CLOSURES

Dates	Rec Center	Senior Center
M,5/27 <small>Memorial Day</small>	5:30A-2:00P	CLOSED
Th,7/4 <small>Independence Day</small>	CLOSED	CLOSED
M,8/26-9/2 <small>Maintenance</small>	CLOSED	CLOSED

### FEES - Chilson Recreation/Senior Center

Infants (1 & under) are FREE w/paid adult

Age	Daily Fee	10-Visit
<b>Toddlers</b> (2-5 Years)	\$2.75	\$24.75
<b>Youth</b> (6-18 Years)	\$3.75	\$33.75
<b>Adults</b> (19-61 Years)	\$5.25	\$47.25
<b>Seniors</b> (62+)	\$4.00	\$36.00

Age	3 Month	NEW!
<b>Youth</b> (6-18 Years)	\$86.50	<b>3-month passes available year-round!</b>
<b>Adults</b> (19-61 Years)	\$157	
<b>Seniors</b> (62+)	\$90	
<b>Family*</b>	\$229	

Age	6 Month Res NR	1 Year Res NR
<b>Youth</b> (6-18 Years)	\$140 \$163	\$248 \$278
<b>Adults</b> (19-61 Years)	\$265 \$297	\$465 \$520
<b>Seniors</b> (62+)	\$157 \$169	\$260 \$291
<b>Family*</b>	\$382 \$429	\$683 \$768

Monthly Billing	Initial 2 Month Payment	Monthly Payment
Age	Res NR	Res NR
<b>Youth</b>	\$41.40 \$46.40	\$22.66 \$25.16
<b>Adults</b>	\$77.50 \$86.70	\$40.75 \$45.33
<b>Seniors</b>	\$43.40 \$48.50	\$23.66 \$26.25
<b>Family*</b>	\$113.90 \$128.00	\$58.91 \$66.00
<b>Childcare (add on)</b>	\$15.00 \$10.00 (1 <sup>st</sup> child 2 <sup>nd</sup> +) )	\$7.50 \$5.00 (1 <sup>st</sup> child 2 <sup>nd</sup> +) )

\*Family = 1-2 adults + child(ren) under age 21 at home

### Drop-In Childcare

Parents, legal guardians and persons in charge (immediate family members) participating in classes/working out may utilize drop-in childcare for ages 3 months through 8 years. Infants 3 through 7 months require a reservation. Call 970.962.2386 or stop in for details.

**MAX VISIT: 2 hour limit per day**

### HOURS - Childcare

Monday-Thursday	8:45A-1:30P & 4:00-8:00P
Friday	8:45A-1:30P & (Nov-Apr) 4:00-7:00P
Saturday	Only Nov-Apr: 9:00A-12:00P

### FEES - Childcare

**Daily Fee:** \$2.00

**10-Visits:** \$18.00

**NEW!**

**Upgrade your annual pass:**

\$90 1<sup>st</sup> child; \$60 ea. additional child  
Also see monthly billing options below.

### Recreation Center Fees

Fees provide access to fitness equipment, gym, weight room, exercise track, racquetball courts, most fitness classes, swimming pools, hot tubs, steam room and locker room with locker.

Cancellation fee may apply for passes or visit cards.

**See bottom of pg. 3 for pool rules.**

### Group Rate

Bringing a group of 10 or more? Please submit a group attendance request form online: [cityofloveland.org/groupswim](http://cityofloveland.org/groupswim) at least 48 hours in advance to be eligible for a \$3.50/person group rate. Group requests may be made only for the current calendar year and are on a first-come, first-served basis, subject to space and staff availability.

### Senior Center Fees

No fees are required to enjoy activities in the lobby including billiards, cards, chess, etc. Refer to the Active Generation pages for Senior Activity Card (SAC) benefits and fees for classes/activities.

DROP-IN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LARGE GYM: West (front)</b>							
<b>Basketball 18+ full court</b>	5:30A-3:30P 5:00-9:30P	10:00A-1:00P	5:30A-1:00P 5:00-9:30P	9:00A-1:00P	5:30A-1:00P	3:00-6:00P	3:00-6:00P
<b>Family/Open Basketball</b>	3:30-5:00P	1:00-9:30P	1:00-5:00P	1:00-9:30P	1:00-9:30P	11:00A-3:00P	11:00A-3:00P
<b>LARGE GYM: East (back)</b>							
<b>Basketball 18+ full court</b>	---	---	---	9:00A-1:00P	---	---	---
<b>Family/Open Basketball</b> <sup>beg June</sup>	9:30A-9:00P <sup>o</sup>	10:00A-5:30P	1:00-9:30P	3:30-9:30P	5:30A-1:00P 7:00-9:00P	8:00A-6:00P	3:00-6:00P
<b>Pickleball</b> <sup>*thru May</sup>	6-9A 50+ 1:30-3:30P* 50+	6:00-9:00A 50+	6-9A 50+ 9A-1P All ages	6-9A 50+ 1:30-3:30P* 50+	1:30-7:00P 50+	---	11:00A-1:30P 50+
<b>Volleyball - Coed</b>	---	5:30-9:30P	---	---	---	---	---
<b>SMALL GYM:</b>							
<b>Volleyball - Coed</b>	---	5:30-9:30P	---	---	4:30-9:30P	---	11:00A-2:00P
<b>Volleyball - Senior 50+</b>	---	9:00-11:00A	---	---	1:30-3:30P	---	---
<b>RACQUETBALL COURTS: Call 970.962.2438 or go online to reserve: <a href="http://cityofloveland.org/webtrac">cityofloveland.org/webtrac</a></b>							
<b>Reservation Slots</b>	6:00A-9:00P	6:00A-9:00P	6:00A-4:00P 8:00-9:00P	6:00A-9:00P	6:00A-12:00P 2:00-9:00P	6:00A-6:00P	11:00A-6:00P
<b>Racquetball Challenge Court</b>	Courts 2, 3 12:00-2:00P	Courts 2, 3 12:00-2:00P	Courts 2, 3 12:00-2:00P Courts 1, 2, 3 4:00-8:00P	Courts 2, 3 12:00-2:00P	Courts 2, 3 12:00-2:00P	---	Courts 2, 3 11:00A-2:00P
<b>Wallyball</b>	---	---	---	Challenge Court 3 7:00-9:00P	Drop-In Court 1 12:00-2:00P	---	---

Schedules may be updated periodically; revised schedules posted at the front desk. For more information, please call 970.962.2383. Racquetball equipment rental: \$1.50 per person/per hour. Racquetball challenge court provides opportunities to meet players/practice. All levels invited. Games are played in order of player arrival and are coed. Play to 15 points; winner plays next player waiting, up to 3 consecutive games.

AQUATICS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LAP POOL:</b>							
<b>Lap/Open Swim</b>	5:30A-9:00P	5:30A-9:00P	5:30A-9:00P	5:30A-9:00P	5:30A-9:00P	6:00A-5:30P	11:00A-5:30P
<b>Aqua Fitness</b>	6:00A-12:45P	7:00A-12:45P	6:00A-12:45P 5:30-6:30P	7:00A-12:45P	6:00A-12:45P	---	---
<b>Swim Lessons</b>	8:00-11:30A 5:00-7:30P	8:00-11:30A 5:00-7:30P	8:00-11:30A	8:00-11:30A 5:00-7:30P	8:00-11:30A	---	---
Please anticipate limited space availability during time frames listed for aqua fitness classes and swim lessons. See the fitness schedule available at the front desk and online for details on aqua fitness classes.							
<b>LEISURE POOL:</b>							
<b>Open Swim</b>	10:00A-9:00P*	10:00A-9:00P*	10:00A-9:00P	10:00A-9:00P*	10:00A-9:00P	10:00A-5:30P	11:00A-5:30P
<b>Zero Depth</b>	9:00-10:00A**	9:00-10:00A**	9:00-10:00A**	9:00-10:00A**	9:00-10:00A**	9:00-10:00A**	---
<b>Lazy River &amp; Water Walking</b>	6:00-8:00A	6:00-9:00A	6:00-7:00A	6:00-9:00A	6:00-8:00A	6:00-9:00A	---
<b>Aqua Classes</b>	8:00-10:00A	9:00-10:00A	7:00-10:00A	9:00-10:00A	8:00-10:00A	7:30-8:15A	---
<b>Speed Slide</b>	1:00-9:00P	1:00-9:00P	1:00-9:00P	1:00-9:00P	1:00-9:00P	11:00A-5:30P	12:00-5:30P

\* Swim lessons are held during open swim hours in the leisure pool on Mon/Tues/Thur 5:00-7:30P and Mon-Fri 8:00-11:30A (summer only)

\*\* Zero depth area for tots/toddlers (without water features) open Mon-Sat for 1 hour prior to open swim. **Open swim pool schedules are subject to change without notice.** Please inquire at the front desk if there are any closures/deviations. Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6-7 must be directly supervised on the pool deck by someone 16 or older. Youth (under 16) are not permitted to use steam room/outdoor hot tub. **Proof of age may be required.** The use of flotation devices in all bodies of water is limited to water wings or small inner tubes only. Mermaid tails are permitted in the lap pool only. Aquatics policies are posted at: [cityofloveland.org/chilson](http://cityofloveland.org/chilson) and aquatics area.



# SPECIAL EVENTS

Celebrate our nation's birthday with us at our July 4th Festival at North Lake Park! This year will be bigger and better than ever, including a Battle of the Bands Competition at the amphitheater. Before the fireworks light up the sky, get your fun on with live music, a kid zone, cornhole tournament, beer garden and more! Visit [cityofloveland.org/july4th](http://cityofloveland.org/july4th) for the schedule of events.

STARTS

## 5/1 Loveland Bike Month

Get ready for a month-long celebration of bicycles!

**Details:** [cityofloveland.org/bikeloveland](http://cityofloveland.org/bikeloveland) **Guided tours see page 47.**

5/1-6/26: 8-week Bike to Work Challenge for workplace-based teams in Northern Colorado

6/1-6/30: *Bike Month in Posters*, an exhibit at the Museum on bicycling for transportation, fun and health

Sa, 6/1: National Trails Day Project at Willow Bend Natural Area

Sa, 6/1: Northwest Art by Bike guided tour

Sa, 6/1: Tour de Brewer by Bike guided tour (long & short rides)

M, 6/3: Paint & Sip bicycle-themed painting with Studio Vino at Verboten Brewery

T, 6/4: Basic Bicycle Maintenance at JAX Loveland

F, 6/7: 1st Friday at the Library with bicycle-related booths/info

Sa, 6/8: Glow & Go by Bike guided family ride

F, 6/14: Night on the Town, celebrating people arriving on bikes

Sa, 6/15: Downtown History and Architecture by Bike guided tour

T, 6/18: Bicycle-Friendly Driver Training at JAX Loveland

Sa, 6/22: Downtown Art by Bike guided tour

Su, 6/23: Bike to Church Day

W, 6/26: Bike to Work Day

## 5/4 Pickleball Open House

Join the Parks & Recreation Department and the Loveland Pickleball Club for an introduction to pickleball, the fastest growing sport in America! Try your hand against other players and learn the basics of the game. Have an opportunity to register for a Pickleball Beginning Skills class (see page 57) and visit several vendors with pickleball merchandise. A fun game for all ages. Location: Mehauffey Park, 3350 W. 29th St.

**All ages**

Sa 5/4 12:00-4:00P FREE

STARTS

## 5/4 Starting New at Golf (SNAG)

Bring the whole family out to try the Mini-Course at Cattail Creek. Get an introduction to golf utilizing specialized SNAG equipment, try the 4 swings and learn basic golf terminology. Then put your skills to work and play 9 holes on the Mini-Course for FREE! For more information, visit [cityofloveland.org/minicourse](http://cityofloveland.org/minicourse). **You must call 970.663.5310 to reserve a time for your group.**

**All ages**

Sa 5/4, 5/11, 5/18 12:00-4:00P FREE

## 5/18 Kids to Parks Day - Pirate Day at North Lake Park

Get outdoors and celebrate this national day of play!

- Mobile Recreation Trailer
- NEW Family Geocaching Treasure Hunt Course (see page 46 - registration required, limited spaces)
- Pirate Picnic, 11:00A – BYO picnic
- Arts & crafts presented by Small Fries Preschool

Location: North Lake Park, 2750 N. Taft Ave.

### All ages

Sa 5/18 10:00A-2:00P FREE

## 5/19 Volunteer Trail Host Training

This training certifies volunteers as trail hosts to be the "eyes and ears" of Loveland Open Lands & Trails, gathering data, noting maintenance needs and interacting with the public at city natural areas. No experience necessary, all training and materials are FREE. (You should be in good physical condition, capable of an easy 1-mile hike.) Register: [offero.cityofloveland.org](mailto:offero.cityofloveland.org)  
**Questions?** 970.962.2643 or [michele.vanhare@cityofloveland.org](mailto:michele.vanhare@cityofloveland.org)  
 Location: River's Edge Natural Area, 960 W. 1st St.

### Age: 18+

Su 5/19 1:00-5:00P FREE

## 6/1 National Trails Day - Volunteer Stewardship Project

Celebrate National Trails Day by helping to build Loveland's newest soft-surface trail at Willow Bend Natural Area along the east Big Thompson River. We'll be spreading and tamping crusher fine materials on new trails. Willow Bend is closed to the public until trails and other amenities are installed, so this opportunity provides a sneak peek at the site! All ages welcome. Dress for the weather in layers, wear long pants and sturdy shoes. Bring a filled water bottle and your favorite work gloves (we'll have extras). No experience necessary, all tools and materials provided.

Location: Willow Bend Natural Area, 2538 E. 1st St.

### All ages

Sa 6/1 9:00A-12:00P FREE

## 6/1 -9/1 Outdoor Yoga at Mehaffey Park

Increase flexibility, improve balance and calm your mind while enjoying the fresh air. Open to all fitness levels; no yoga experience required. Bring a yoga mat or beach towel to these drop-in classes. Meet east of the bathrooms by the playground. Weather permitting. You may drop in using a Chilson pass, 10-Visit pass or SilverSneakers® pass for these classes (no payments are taken at the park). Instructor: Sondra Love  
 Location: Mehaffey Park, 3285 W. 22nd St.

### Age: 15+

Sa 6/1-9/1 8:15-9:15A Chilson, 10-Visit or SilverSneakers® pass

### STARTS

## 6/5 Outdoor Movies

Have fun with friends and family as you enjoy outdoor movies in Loveland throughout the summer! You are welcome to bring blankets, chairs and a picnic dinner (no alcohol or glass). Weather permitting.

**Questions?** 970.962.2446

**Fee:** FREE **Time:** Dusk (approx. 8:45P)

### NEW! Movies at the Foundry Plaza, downtown Loveland

W, 6/5: *Footloose* (PG)

W, 6/12: *Dirty Dancing* (PG-13)

W, 6/19: *Grease* (PG-13)

W, 6/26: Dance movie - TBD

### Movies in the Park, various parks

Come early to play games and have fun at the Mobile Recreation Trailer from 6:30-8:30P

F, 6/7: *Ralph Breaks the Internet* (PG), Cattail Creek golf course  
 Free SNAG & driving range for families, 4:00-6:00P

F, 6/14: *The Sandlot* (PG), Barnes Softball Complex

F, 6/21: *Jurassic World* (PG-13), North Lake Park Amphitheater

F, 7/12: *Incredibles 2* (PG), North Lake Park Amphitheater

F, 7/19: *Apollo 11* (G) in honor of the 50th Anniversary  
 moon landing, North Lake Park Amphitheater

F, 7/26: *Spider-Man: Into the Spider-Verse* (PG), North Lake Park

### Dive-In Movie, Winona Outdoor Pool (entry fee required)

Sa, 7/27: *Jaws* (PG), Bring your own float to the pool!

## 6/7 Tee Off for Kids Golf Tournament

Mark your calendars for the Tee Off For Kids golf tournament where ALL proceeds benefit youth recreation scholarships. Your fee includes 18-hole round, cart, prizes, awards and dinner!

**Registrations accepted through May.** For more info, call Molly Elder 970.962.2728 | [cityofloveland.org/teeoffforkids](http://cityofloveland.org/teeoffforkids)  
 Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

### Age: 18+

F 6/7 1:30P shotgun start \$230 per 2-person team

## 6/15 Dog Day of Summer

This 4th annual event offers a variety of opportunities to learn about responsible dog ownership, recreating with your pet, natural area stewardship and information from local pet vendors. You are invited to bring leashed, well-mannered dogs and visit stations for information on enjoying the great outdoors, including dog-friendly sites to visit and exercise options such as rally and agility. There will be vendors exhibiting equipment, nutrition options, health care, grooming and boarding options for pets.

Register: [offero.cityofloveland.org](http://offero.cityofloveland.org)

**Questions?** 970.962.2643

Location: River's Edge Natural Area, 960 W. 1st St.

Sa 6/15 6:00-8:00P FREE

## Coming to a park near you!

Our Mobile Recreation Trailer is chock full of fun games and activities for all ages! Watch for it at different parks all summer. Check [bit.ly/prhappenings](http://bit.ly/prhappenings) for updates on locations, days and times or call 970.962.2446. FREE

**The fall Harvest Bazaar is Saturday, September 14. We are seeking crafters to sell homemade items at this annual family event!**

**See page 57 for details.**

**6/23-9/29 City of Loveland Farmers Market**

Voted one of the 10 best farmers markets in the state of Colorado! Farm-fresh produce, baked goods, crafters and entertainment. Fun for the whole family! SNAP/Double Up onsite.

**Questions?** 970.962.2446 or [cityofloveland.org/farmersmarket](http://cityofloveland.org/farmersmarket)  
Two locations this year:

**Su | 6/23-9/29 | 9:00A-1:30P at Fairgrounds Park, pavilions 1 & 2**

- **Drop-in Yoga:** 9:00A (\$5)
- **Monthly Artist Market:** 6/23, 7/21, 8/18, 9/22
- **Beer Garden:** 10A-1P while supplies last: 6/30, 7/28, 8/25, 9/29
- **Honey Festival:** 9/8 - demos and vendor booths, mead, bee-friendly gardening, cooking with honey, health and nutritional benefits, massage and honey for healing, beekeeping demos, kids' activities
- **Shop With a Chef:** 9/15 - Join a professional chef at the market to help you select the freshest and yummiest foods; then head over to the Chilson Senior Center kitchen to learn how to create a meal with those ingredients. Must preregister: #451901-1

**Th | 7/11-8/29 | 4:00-7:00P at the NEW Foundry Plaza, downtown**

Purchase fresh food from local vendors on Thursdays - just in time for the weekend - at this new downtown gathering space.

**6/29 Critter Scene Investigation (CSI)**

Participants can solve a wildlife mystery as they visit stations along the trail with a clue book, gathering information and eliminating suspects. The final station will reveal the critter culprit. Keep your clue book and earn a collectible button! This is a semi-self-guided drop-in activity. For more information and to register for weather updates, please visit [offer.cityofloveland.org](http://offer.cityofloveland.org).

Location: Kings Crossing Natural Area, 990 S. Lincoln Ave.

**All ages**

Sa 6/29 9:00-11:00A FREE

**7/4 July 4th Festival**

Celebrate Independence Day with music, entertainment, dancing, vendor booths and a fireworks show (at approximately 9:17P) over Lake Loveland! No parking at North Lake Park - additional parking available on 29th Street or in paid parking at Loveland High School. For booth and sponsorship info, visit [cityofloveland.org/july4th](http://cityofloveland.org/july4th). **Questions?** 970.962.2446

- **Kid Zone** (near train): Mobile Recreation Trailer, face painting, SNAG demos, Red, White & Blue booth
- **Cornhole Tournament** (#377901-99): **2:00P** - 32 team single elimination, cash prize for top three teams. Fee: \$30/team
- **Battle of the Bands Competition** (amphitheater): **2:00-4:00P** Applications must be submitted by 5/15 (\$25 fee) and winning band will get to open a show at the Rialto Summer Concert Series at the Foote Lagoon (date TBD)
- **Children's Bike Parade** (Benson Sculpture Garden, #351960-1) **2:30P** (staging on 29th Street and Beech Drive in front of Loveland High School), **3:30P** (start time): scooters, wagons and strollers welcome for kids 10 years and younger. FREE
- **Beer Garden** (near amphitheater): **3:00-7:00P** - blankets and chairs ONLY on the amphitheater lawn until 7:30P

**7/4 Party at Winona Outdoor Pool**

Join us at Winona Pool on July 4th for FUN in the SUN! Great food with a picnic-style menu. Kids' activities and all pool amenities. **Fee:** Winona entry fee. Open expanded hours from 10:00A-5:00P with a FREE Aqua Zumba® class from 8:45-9:45A

**7/6 All American Car Show**

Join us for the 12th annual All American Car Show presented by the Northern Colorado Mustang Car Club. All makes and models welcome! \$20 entry fee (includes event T-shirt with preregistration), active duty military may register for free with ID. Enjoy food, prizes, music, trophies and browse cars for sale in the for sale corral. The show is open to the public. No admission fee. Proceeds benefit Hearts & Horses, Operation Gratitude and the Loveland Parks & Recreation Foundation. Visit [allamericancarshow.com](http://allamericancarshow.com) for more info. Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

**All ages**

Sa 7/6 10:00A-2:00P \$20 car entry  
FREE to attend

**8/16 Open Lands Community Picnic**

Join us for fun and games at the annual Open Lands community picnic. Bring a picnic dinner and enjoy the south side of River's Edge Natural Area for an evening outdoors. We'll have community lawn games set up with the Mobile Recreation Trailer. Bring fishing poles for the dock at Bass Pond. Plenty of shaded areas and game space available. Friendly pets are welcome and must be on leash. Chairs or blankets recommended.

Register: [offer.cityofloveland.org](http://offer.cityofloveland.org)

**Questions?** 970.962.2643 or [michele.vanhare@cityofloveland.org](mailto:michele.vanhare@cityofloveland.org)  
Location: River's Edge Natural Area, 960 W. 1st St.

**All ages**

F 8/16 6:00-8:00P FREE

**STAFF SPOTLIGHT**
**KERRY HELKE**  
 Recreation Coordinator -  
 Special Events | Outdoor Rec
**What's your favorite program or activity you're excited about this summer?**

I truly enjoy all the events that I do, and it is exciting to be a part of and create fun experiences for the community. I think the Farmers Market is probably my favorite. I love to see all the amazing vendors and the community come out and the atmosphere it creates. The park setting offers so many ways to make our market unique. I am excited to add the Artist Market one weekend a month and to have our first Honey Festival in September – who doesn't love honey?

**Tell us about what it's like to set up for events.**

Behind the scenes can be a bit like a Laurel & Hardy show. I try to keep it fun because we have some crazy hours, and since we do everything in the parks, the weather is always keeping us on our toes.

**Since you're in charge of Movies in the Park, what's your all-time favorite movie?**

I think I'll have to say *Princess Bride*. I'm pretty sure I can recite the whole movie.

**Favorite hiking place or trail in the Loveland area?**

I have only been here just over a year, so I haven't explored as much as I wish I could. I love being up in RMNP. I am a peak bagger, so getting up above tree line and seeing the grand views is always breathtaking no matter how often you experience it.

# ONE SWEET SUMMER

## DOWNTOWN LOVELAND SUMMER EVENTS

at the Foundry Plaza | [downtownloveland.org](http://downtownloveland.org)

### FRIDAY BLUES CONCERTS

Last Friday of May, June & July

Enjoy a great line-up of bands from 6:30pm-9:30pm complimented by local BBQ and brews.

### MOVIE NIGHTS IN JUNE

Wednesday June 5th, 12th, 19th & 26th

At dusk, watch a themed movie downtown on a 20-foot inflatable screen every Wednesday night in June!

### KIDS ON THE PLAZA!

Tuesdays June 11th - 18th & July 9th - 30th

The Rialto hosts a free kids movie club at 10am and 2pm. Between showings, enjoy play in the splash pad, listen to kid friendly tunes and much more!

### SUMMER CONCERT SERIES

Every Wednesday July 10th - August 28th

From 6:30pm to 9:30 enjoy live music, local food, good brews, local artists, children's art activities and more!

### FARMER'S MARKET ON THE PLAZA

Every Thursday July 11th - August 29th

From 4pm to 7pm featuring local produce, goods and wares, acoustic music, and kids activities!

### FITNESS ON THE PLAZA

Visit Our Website for Upcoming Dates

Brought to you by... **xfinity**

 **First National Bank**

 **Community Foundation  
of NORTHERN COLORADO**



*Paid advertisement*



# PARKS

Get your play face on. Silver Glen Park (23rd St. and Silver Leaf Dr.) is now reopen! We've installed the City's first playground zip line called Zoomtrax, play equipment specific to ages 2-6 & 5-12, plus ADA accessible and sensory play equipment. Kid tested. Parks & Recreation approved.

Go outside! "The risks of not going outdoors and continuing the pattern of 90 percent indoors is going to kill us." – Captain Sarah Newman, Director of the Office of Public Health, National Park Service

Take advantage of Loveland parks this summer and boost your health and well-being! Check out our special events page for ideas, including Movies in the Park and our July 4th Festival – all are FREE.

## The City of Loveland Parks & Recreation Department maintains numerous areas with amenities available for the community:

- 22 softball fields • 8 baseball fields • 2 inline skate hockey rinks
- 3 skate parks • 28 outdoor tennis courts • 10 outdoor basketball courts • 12 outdoor pickleball courts • 1 outdoor swimming pool
- 27 playgrounds • 35 parks - 24 with amenities only (no reservable shelters); 11 with amenities and reservable gazebos/ shelters/ pavilions • Open space and natural areas • Indoor recreation facilities at the Chilson Recreation/Senior Center • and more!

### Memorial Bench & Tree Donations

are made through the Parks & Recreation Department's nonprofit Foundation. Call 970.962.2729 for more information.

### Want to see park pavilion and shelter photos?

Visit [cityofloveland.org/parks](http://cityofloveland.org/parks) and check them out!

**See page 60 & 62 for park locations and recreation trail maps.**

## PAVILIONS | SHELTERS

Non-reserved (or unreserved) pavilions, gazebos and shelters are available free of charge on a first-come, first-served basis. Reservations must be made at least five (5) business days prior to the desired date. Reservations accepted beginning the first working day of January for the current year.

Fees and deposits are due upon reservation, and vary depending upon the location and invited guest total. **Call 970.962.2727 or go online for details: [cityofloveland.org/webtrac](http://cityofloveland.org/webtrac).**

**Alcohol permits** allow facility users to have alcohol at events. In addition to the shelter & deposit fees, an alcohol permit is a \$35 fee plus a \$35 deposit. Alcohol permits expire on the day of the reservation. **By City ordinance, alcohol is NOT permitted in a City facility without an alcohol permit and facility reservation.**

Large groups may be assessed a site impact fee to recover extra maintenance costs incurred for large group/event reservations. The Police Department may require an added application and approval process for large events. Please inquire for information.

## PAVILION | SHELTER RESERVATIONS

**Online Reservations:** [cityofloveland.org/webtrac](http://cityofloveland.org/webtrac). Walk-in reservations are accepted at the Parks & Recreation Administration office Monday-Friday (except on City holidays) from 8:00A-4:30P, 500 E. Third St., Suite 200 Loveland, CO 80537.

- **Benson Park** - 1125 W. 29th Street  
Features one reservation gazebo and sculpture displays throughout the park. Limited parking; carpooling suggested. *Large group reservations (48+) not accepted.*
- **Centennial Park** - 977 W. First Street  
Features one reservation shelter, baseball fields, stream fishing, pickleball courts, horseshoe courts, playground & rec trail access.
- **Dwayne Webster Park** - 401 W. 13th Street  
Features three reservation shelters, basketball, tennis, horseshoe courts, playground and cannon sculpture. *Large group reservations (48+) not accepted.*
- **Fairgrounds Park** - 700 S. Railroad Avenue  
Features two reservation pavilions, basketball, dog park, playgrounds, skate park, spray park, tot lot, ballfields, fishing with river access, historic sites, sculpture and rec trail access. *¼ or ½ pavilion rentals online; whole pavilion rentals in person only.*
- **Kroh Park** - 5200 N. Garfield Avenue  
Features one reservation shelter, athletic and softball fields, a backstop and a playground.
- **Loveland Sports Park** - 950 N. Boyd Lake  
Features three reservation shelters, athletic fields, spray playground, skate park, in-line hockey rinks, basketball and volleyball courts & concession area. *Large group reservations (60+) not accepted.*
- **Mehaffey Park** - 3285 W. 22nd Street  
Features two reservation shelters, a dog park, pond fishing, athletic fields, pickleball & tennis courts, skate park, playground, water feature and rec trail access.
- **North Lake Park** - 2750 N. Taft Avenue  
Features four reservation shelters, fishing, baseball/softball athletic fields, tennis/basketball/horseshoe courts, pond fishing, mini railroad (seasonal), swim beach (seasonal) and two playgrounds.
- **Namaqua Park** - 730 N. CR 19E (Namaqua Road)  
Features one reservation shelter, fishing, horseshoe courts and a playground. *Large group reservations (48+) not accepted.*
- **Seven Lakes Park** - 1975 Park Drive  
Features one reservation shelter, soccer fields, basketball court, playground and rec trail access. *Large group reservations (56+) not accepted.*

### Areas that are reserved in person (not online):

- Athletic fields • Ball fields
- Fairgrounds Park pavilions (whole)
- Hammond Amphitheater • Winona Outdoor Pool

Please call the office at 970.962.2727 to inquire about availability.

Neighborhood parks that do not have reservation areas may still be used on a first come, first-served basis for small groups.

## PARK RULES & REGULATIONS

### Park Hours

Most Loveland parks are open from 6:00A-10:30P daily unless otherwise specified on-site. All parks except Viestenz-Smith Mountain Park will remain open in the winter months. Loveland Sports Park may be closed due to weather conditions and restrooms may remain closed for the season and/or during extremely cold temperatures. Please refer to specific park web pages or call 970.962.2727 for more information.

### Grills

The grills located in the parks are for charcoal use. When using the grills, you must make sure the coals are completely extinguished before vacating the site. You may leave the remaining coals/ash to continue cooling, and our parks workers will eliminate the ashes when they clean the grills before their next use. If you prefer to use a gas grill, you are welcome to bring your own to the park, as long as you use it on a paved/cement surface and you allow it time to cool so you may take it with you when you leave.

### Pets

- Pet owners are required to pick up and remove pet waste. Pets must be leashed and under human control at all times, except in designated dog park enclosures. Dogs at the dog park enclosure must remain under voice control. A leash is still required for arrival/departure at the dog park, or if there are control issues in the dog park areas.
- Pets are NOT allowed inside the Barnes Softball Complex at Fairgrounds Park or Centennial Park baseball complex, on inline hockey rinks, skate park areas, spray park areas, playgrounds, basketball and volleyball courts, the Championship Field at Loveland Sports Park or within 100 feet of any other athletic courts or fields while practices or games are being played.

### Permitted Items

- Only small pop-up shade shelters with removable walls are allowed (10' x 10' max) and must be weighted down. No stakes are to be driven into the ground more than 6" for any reason (irrigation lines are present). Camping as defined as setting up a tent or like structure for privacy is prohibited. Overnight parking or camping is prohibited.
- No jump castles, dunk tanks, pony rides or similar set-ups.
- No silly string, paint or any other item which may contain dyes and cause permanent damage.
- Collecting, removing, destroying or defacing any natural or manmade object is NOT permitted.
- Vending is not allowed in City parks, open land areas or trails without prior permission from the Parks & Recreation Dept.
- Smoking is prohibited, except in designated areas.
- Glass containers/ bottles are prohibited.
- No open fires or flames except in provided grills.
- No gathering or cutting firewood.
- Motorized vehicles (except authorized) are not allowed outside of established streets and parking areas.
- Remote control (RC) boating questions are addressed by the Colorado Parks & Wildlife Division through the office in Fort Collins. Please call 970.472.4300 for information. In Loveland, battery powered RC boats have been approved for use on small City-owned bodies of water only; suggested sites would be the Foote Lagoon or North Lake Park - Duck Pond.
- New regulation as of August 1, 2018: No hang gliding, paragliding or powered paragliding in any park or open land area.

**For detailed rules:** [cityofloveland.org/parks](http://cityofloveland.org/parks)



# GOLF

The grass is always greener here. Summer signals the return of Games on the Range at Mariana Butte. Join us on weekends from 4-8 p.m. for a family friendly time where you can enjoy golf games, a full menu from *The Wapiti Colorado Pub* and some fresh air.

Never played golf? No worries! Try the game for free during Try-It Days in May at our Mini-Course at Cattail Creek. Our specialized SNAG equipment will help you have fun in no time in a zero-pressure environment. Looking to up your game? We've got lessons for that.

## ADULT GOLF

### Golf: Beginner Ladies Min/Max: 2/10

Take the very first steps to learning the game without intimidation! Lessons mix new skills with fun and instant success by starting on the Mini-Course. **Day 1-2:** Learn putting, chipping, pitching and full swing using specialized SNAG equipment. **Day 3:** Transfer your new skills to regulation golf equipment. **Day 4:** Put your new swing skills into play on the Mini-Course. Play 9 holes with instructors while learning course play management, simple golf rules, safety and etiquette. **Day 5:** Last lesson, play 3 holes with instructors on the regulation Cattail Creek 9-hole, par 3 course. All equipment provided. Bring a friend! Call 970.663.5310 for more information.

**Age: 18+ Fee: \$50**

M 6/10-7/8 5:30-6:30P Cattail 366201-1

### Golf: Level 1 Ladies Min/Max: 2/8

These Level 1 lessons are the next step in playing the game of golf. You've already had an introduction to golf with Beginner lessons, now you're ready for the next level of skill building. Lessons include skill instruction and 3 holes of play with instructors on the regulation Cattail Creek 9-hole, par 3 course. All equipment provided. Call 970.663.5310 for info. Location: Cattail Creek

**Age: 18+ Fee: \$50 \*No class 7/4**

Th 6/13-7/18\* 5:30-6:30P Cattail 366211-1

### Golf: Beginner Adult Min/Max: 2/4

This 5-session class includes 4 days of group lessons working on putting, chipping, pitch shots and full swings. Also covered are basic etiquette, rules and golf terminology/practices. On the last day, play 3 holes on the Cattail Creek 9-hole course complete with instruction. Golf equipment provided upon request. Call 970.663.5310 for info. Location: Cattail Creek

**Age: 18+ Fee: \$75**

T 6/11-7/9 5:30-6:30P Cattail 366221-1

### Starting New at Golf (SNAG) - Try it FREE!

Bring the whole family out to try the Mini-Course at Cattail Creek. Get a brief introduction to golf utilizing specialized SNAG equipment. Each person has the opportunity to try the 4 swings in golf and learn basic golf terminology. Then, put your skills to work and play 9-holes on the Mini-Course for FREE! For more information, visit [cityofloveland.org/minicourse](http://cityofloveland.org/minicourse). **You must call 970.663.5310 to reserve a time for your group. Fee: FREE**

Sa 5/4, 5/11, 5/18 11:00A-1:00P

### Golf Course Locations [golfloveland.com](http://golfloveland.com)

<b>Cattail Creek</b> 2116 W. 29th St. 970.663.5310	<b>Mariana Butte</b> 701 Clubhouse Dr. 970.667.8308	<b>The Olde Course</b> 2115 W. 29th St. 970.667.5256
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# YOUTH GOLF

## Golf: Intro Ages 5-7 Min/Max: 4/12

This group class is perfect for the young golfer who is brand new to the game. Learn the first steps to becoming a life-long golfer in 5 sessions on the Mini-Course at Cattail Creek. Instruction includes basics of full swing, chipping and putting, safety, and the social aspect of golf. On the last day, bring your family and teach them what you have learned by playing 9 holes on the Mini-Course together. (No additional charge for family play)

**Fee: \$50**

M	6/10-7/8	9:00-9:45A	Cattail	365101-1
W	6/12-7/10	9:00-9:45A	Cattail	365101-2
M	6/10-7/8	10:00-10:45A	Cattail	365101-3
W	6/12-7/10	10:00-10:45A	Cattail	365101-4

## Golf: Intro Ages 7-8 Min/Max: 4/12

Perfect for the young golfer ready to transition to regulation golf. 5 sessions mix learning new skills with fun on both the Mini-Course and the 9-hole regulation course at Cattail Creek. Instruction includes the basics of the full swing, putting and chipping along with rules, safety and an introduction to the social aspect of golf for young golfers: how to play in a group of golfers, when to talk, when to be quiet, where you should walk, where you should stand and how to take care of the golf course.

**Fee: \$50**

M	6/10-7/8	11:00-11:45A	Cattail	365111-1
W	6/12-7/10	11:00-11:45A	Cattail	365111-2

## Golf: Junior Clinics Ages 7-17 Min/Max: 4/12

**at Cattail Creek** 5-day clinics consist of four days of group lessons, working on putting, chipping, pitching and full swing. The last day includes 3 holes of supervised golf on the Cattail Creek, par 3 course. Safety, rules and etiquette discussed throughout each clinic.

**Fee: \$50**

M-F	6/17-6/21	6:30-7:30P	Cattail	365301-1
M-F	7/22-7/26	6:30-7:30P	Cattail	365301-2

**at Mariana Butte** This Just Fore Fun clinic consists of two days of full swing fundamentals, two days of short game instruction and a play day on the course. Rules and etiquette discussed throughout the clinic; staged at the driving range (M & T), short game area (W & Th) and at Cattail Creek for the play-day on Friday.

**Fee: \$50**

M-F	6/17-6/21	5:30-6:30P	Mariana	365302-1
M,W,F	7/15-7/19	5:30-7:00P	Mariana	365302-2

## Golf: Level 1 - Beginner Ages 8-17 Min/Max: 4/36

**Please see receipt for important program information.**

**Mandatory parent meeting on first day of program.** For new youth golfers or young golfers who could benefit from concentrated skills instruction of the full swing, putting and chipping along with 3-hole on-course play-days. Also taught: golf safety and the social aspect of golf such as when to talk, when to be quiet, where you should walk, where you should stand and how to take care of the golf course. Program runs two times per week for 4 weeks. Fee includes all instruction and Cattail Creek play-day session green fees. Additional green fees may be applicable/charged if additional courses are played. Call 970.667.5310 for more information.

**Fee: \$99 \*No class 7/4**

T,Th	6/11-7/9*	11:00A-2:00P	Cattail	365401-1
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## Golf: Level 2 - Intermediate Ages 9-17

**Prerequisite - Level 1 Beginner or demonstrate skills.**

**Please see receipt for important program information.**

**Mandatory parent meeting on first day of program.**

For golfers with demonstrated knowledge for independent play. Program runs 2 times per week for 4 weeks Tuesdays and Thursdays. Golfers schedule tee times for play-days beginning at 8:00A. Includes skills training as well as on-course instruction (green fees included). Additional green fees may be applicable/charged if additional courses are played. Min/Max: 4/36

**Fee: \$99 \*No class 7/4**

T,Th	6/11-7/9*	8:00-11:00A	Cattail	365411-1
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## Golf: Level 3 - Advanced Ages 11-17 Min/Max: 4/36

**Prerequisite - Level 2 Intermediate or demonstrate skills.**

For golfers with demonstrated knowledge for independent play and who can handle playing a longer course. **Pre-round instruction begins at 1:30P**; golfers schedule 9-hole tee times for play days beginning at 2:00P. Includes instruction sessions throughout the summer. \$9 per player golf round fee payable at each play-day.

**Fee: \$50**

W	6/12-7/24	1:30-5:00P	Olde Course	365423-1
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## Golf: Level 4 - Master Ages 11-17 Min/Max: 4/30

**Prerequisite - Level 3 Advanced or demonstrate skills.**

For juniors looking to play junior, high school or competitive tournament golf. Concentration is on advanced skills; all rounds are competitive. Attendees play either 9 or 18 holes each week based on age. 11-13 year olds will play 9 holes; 14-17 year olds will play 18 holes. Prior to tee times, a PGA staff member will conduct a 30-minute clinic designed to educate juniors on a specific portion of the game. We will discuss rules and etiquette, putting, pitching, chipping, full swing fundamentals, course management, ball flight laws, the mental game and proper practice techniques. The Mariana Butte Junior Club Championship is held on the last day of program.

**Fee: \$50**

T	6/4-7/30	12:30-4:00P	Mariana	365432-1
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## Games on the Range at Mariana Butte

**Begins Friday, 5/24 | 4:00-8:00P every Friday, Saturday, Sunday**

Games on the Range combines golf games, friends, food and FUN! Specially designed for groups of friends or families, games are played simultaneously by all levels of golfers - no golf experience needed. Inhale fresh air with breathtaking sunset views at the top of the course. *The Wapiti Colorado Pub* provides a full menu to make the evening even more enjoyable. Order and be served at your table right on the range!

**Call 970.667.8308 to reserve your single or double bay.**

\$25/hr single bay | \$40/hr double bay, 2 to 6 participants per bay. Includes table/chairs, golf clubs and unlimited range balls. Use the clubs provided or bring your own.

## Private Instruction

### at The Olde Course

- Brad Thorberg, Brandon McDermott, Harry Tanner  
970.692.5270 | golftec.com/loveland
- Kim Stiner 970.227.2692 | lovelandgolflessonzone.com
- Kristin Moreland 970.744.0354 | myschool.com

### at Mariana Butte

- Kevin Cohrs 970.667.8308 | kevin.cohrs@cityofloveland.org
- Winston Howe 970.667.8308 | winston.howe@cityofloveland.org
- Jason Maddox 970.667.8308



# AQUATICS

It's outdoor swimming season in The Sweetheart City! Get your little fishes prepared for the water with swim lessons either indoors at Chilson Recreation Center or outdoors at Winona Pool. We're also gearing up for a splashing season of CARA Swim Team where young swimmers are introduced to competitive swimming.

Make a splash on July 4th and dive in for our pool party at Winona! Concessions, a free Aqua Zumba® class and a picnic-style food menu will keep everyone feeling cool. Join us for our dive-in movie July 27 for a screening of Jaws (rated PG).

**CHILSON INDOOR POOL** 700 E. Fourth St.

**970.962.2FUN**

**Pool Hours** (pool closes 30 minutes before facility closes)

Mon - Fri.....5:30A-9:00P  
 Sat.....6:00A-5:30P  
 Sun.....11:00A-5:30P

Please anticipate limited space availability during aqua fitness classes and swim lessons. See page 3 for details.

**LOVELAND SWIM BEACH** North Lake Park  
 29th St. and Taft Ave.

**970.962.2FUN**

**Beach Hours**

Open daily from 11:00A-6:00P beginning Memorial Day, 5/27. Remains open through Labor Day, 9/3 as water level/staff levels permit. **Closed 7/3 & 7/4 for the annual fireworks display**

**Rules for Pools & Swim Beach**

Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6-7 must be directly supervised on the pool deck by an adult 16+. See page 3 for more info; complete rules at [cityofloveland.org/outdoorswimming](http://cityofloveland.org/outdoorswimming). **Groups of 10+ kids** require advanced notice; please submit a request form at [cityofloveland.org/groupswim](http://cityofloveland.org/groupswim).

**WINONA OUTDOOR POOL** 1615 Fourth St. SE

**970.962.2435**

From the intersection of 1st Street and Madison, go south to Fourth St. SE and turn left. The pool is located on the north side of the street next to Osborn Park. Interested in renting the pool? See next page for details.

**Pool Hours**

Opening for the season on Monday, 5/27

Mon & Wed.....12:00-7:00P  
 Tues, Thurs, Fri, Sat & Sun.....12:00-5:00P

**Lap Swim**

Mon & Wed (6 lanes).....11:00A-12:00P  
 Mon-Fri (2 lanes).....**NEW!** 8:30-10:00A & 12:00-1:00P

**Family Swim**

**NEW!** Tues.....5:00-8:00P  
 Sun.....10:00A-12:00P

**Features**

- 100 ft. waterslide
- Shallow water area
- Tee Cup water feature
- Bath house w/showers
- Playground (adjacent)
- Two 1-meter diving boards
- 0-depth entry tot pool
- Volleyball net
- Basketball pad
- Concessions

**Work in the Water!** Join the aquatics team. See openings at [cityofloveland.org/jobs](http://cityofloveland.org/jobs). Or become a lifeguard - see page 47.

## Winona Pool Fees

Infants (under 2 years, with a paying adult) .....	FREE
Toddler (2-5 Years) .....	\$2.50
Youth (6-17 Years) .....	\$3.50
Adult (18-61) .....	\$4.50
Senior (62+) .....	\$4.00
Spectator (non-swimmer).....	\$2.00

## Winona Punch Passes

Valid for 10 or 20 admissions. Winona Punch Passes can be purchased online, at the Chilson Center front desk or at Winona Outdoor Pool.

Passes are only good for Winona Pool and MUST be used during the calendar year they are purchased.

Age	10-Visit	20-Visit
Toddlers (2-5 Years)	\$22.50	\$42.50
Youth (6-18 Years)	\$31.50	\$59.50
Adults (19-61 Years)	\$40.50	\$76.50
Senior Adults (62+)	\$36.00	\$68.00
Spectator (non swimmer)	\$18.00	\$33.00

All major credit cards accepted (concessions: cash only)

## Chilson 10-Visit Passes - valid at Winona Pool

Do you have a Chilson 10-Visit pass or SilverSneakers® pass? You may now use these passes at Winona Pool!

Upgrade your Chilson 3 month, 6 month pass, 1 year or monthly billing pass to include Winona Pool (see the bottom of page 2).

## Winona Pool Rentals • 970.962.2727

Are you looking for a great location for a gathering, family reunion or birthday party? Rental includes the use of the shower facilities, waterslide and other amenities.

Alcohol not permitted.

### Thurs/Fri/Sat Rentals:

5:30-7:30P	1-100 Guests: \$275 + \$100 Deposit
5:30-7:30P	101-300 Guests: \$325 + \$100 Deposit

### Sunday Rentals:

5:30-8:00P	1-100 Guests: \$300 + \$100 Deposit
5:30-8:00P	101-300 Guests: \$350 + \$100 Deposit

## CARA Swim Team at Winona Pool

Min/Max: 10/35  
The CARA Swim Team competes in four swim meets throughout the summer season & introduces young swimmers to competitive swimming. **You must be able to complete 25 yards of the front crawl stroke on the first day of practice to participate.**

Those unable to complete 25 yards will be refunded or referred to the swim lesson program. Emphasis is placed on FUN and DEVELOPMENT. Ribbons are given to each child finishing their respective events at meets. **Meet dates:** Sun 6/30 @ Fort Collins; Sat 7/13 @ Berthoud; Sun 7/28 @ Fort Collins; and Sat 8/3 @ Home. Optional team swimsuits can be purchased at M.I. Sports and Casuals, 667.3539. Practices: Mon-Thurs beginning 6/3

### Closed to public during practices

Fee: \$94 (Early Bird thru 5/20), \$104 (after 5/20)

Age: 6-11 M-Th 6/3-8/3 7:30-8:30A 302002-1

Age: 12-18 M-Th 6/3-8/3 6:30-7:30A 302001-1

## Chilson INDOOR Swim Lessons:

Online registration begins 4/29 at 6:00P

Walk-In registration begins 4/30 at 8:30A

Questions? 970.962.2FUN

## Winona OUTDOOR Swim Lessons:

Questions? 970.962.2435

Session 1	Online registration begins 4/29 at 6:00P Walk-In registration begins 4/30 at 8:30A
Session 2	Registration begins 6/10 at 8:30A (all systems)
Session 3	Registration begins 7/1 at 8:30A (all systems)
Session 4	Registration begins 7/15 at 8:30A (all systems)

## Swim Parent/Infant

Min/Max: 4/12

Parents help introduce infants to the water while learning how to work with their child safely in the pool. Basic body position and holding techniques are introduced. One adult per child required.

Age: 0.5-1.5 \*No class 5/27

M	5/6-7/1*	5:45-6:15P	\$34	Chilson	300001-01
M	7/8-8/26	5:45-6:15P	\$34	Chilson	300001-02
T,Th	5/7-5/30	5:10-5:40P	\$34	Chilson	300001-10
T,Th	6/4-6/27	5:10-5:40P	\$34	Chilson	300001-11
T,Th	7/9-8/1	5:10-5:40P	\$34	Chilson	300001-12
M-F	6/3-6/14	10:15-10:45A	\$42	Chilson	300001-30
M-F	7/8-7/19	10:15-10:45A	\$42	Chilson	300001-31
M-F	8/5-8/16	10:15-10:45A	\$42	Chilson	300001-32
M-F	6/3-6/14	9:35-10:05A	\$42	Winona	301101-1
M-F	6/17-6/28	10:10-10:40A	\$42	Winona	301201-1
M-F	7/8-7/19	9:35-10:05A	\$42	Winona	301301-1
M-F	7/22-8/2	10:10-10:40A	\$42	Winona	301401-1

## Swim Parent/Toddler

Min/Max: 4/12

Parents help introduce toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool, and staying safe. Basic water activities are introduced. One adult per child required.

Age: 1.5-3 \*No class 5/27

M	5/6-7/1*	5:10-5:40P	\$34	Chilson	300002-01
M	7/8-8/26	5:10-5:40P	\$34	Chilson	300002-02
T,Th	5/7-5/30	6:20-6:50P	\$34	Chilson	300002-10
T,Th	6/4-6/27	6:20-6:50P	\$34	Chilson	300002-11
T,Th	7/9-8/1	6:20-6:50P	\$34	Chilson	300002-12
M-F	6/17-6/28	10:15-10:45A	\$42	Chilson	300002-30
M-F	7/22-8/2	10:15-10:45A	\$42	Chilson	300002-31
M-F	6/3-6/14	10:10-10:40A	\$42	Winona	301102-1
M-F	6/17-6/28	9:35-10:05A	\$42	Winona	301202-1
M-F	7/8-7/19	10:10-10:40A	\$42	Winona	301302-1
M-F	7/22-8/2	9:35-10:05A	\$42	Winona	301402-1

See next page for more swim classes.

## 4th of July Party at Winona Pool

Join us at Winona Pool on July 4th for FUN in the SUN! Great food with a picnic-style menu. Kids' activities and all pool amenities.

Fee: Winona entry fee. Open expanded hours from 10:00A-5:00P with a FREE Aqua Zumba® class from 8:45-9:45A. Come celebrate!

## Dive-In Movie Night at Winona Pool

Enjoy *Jaws* (PG) while floating in the pool with your friends!

Bring a float. Weather permitting. Call 970.962.2493 for more info.

Fee: Winona entry fee Date: Sa, 7/27 Time: Dusk (approx. 8:45P)

## Winona Outdoor Pool Sessions

Session 1 Session 2 Session 3 Session 4 Registration dates on page 13

### Unsure of your swim level for lessons?

Call us to set up a test session for best placement. 970.962.2493

### Swim Preschool 1 Min/Max: 4/8

This level is for the swimmer with no or limited water experience and who is uncomfortable putting their face in the water. Front and back floats introduced along with interactive water games.

Age: 3-5 \*No class 5/27

M	5/6-7/1*	5:10-5:40P	\$34	Chilson	300003-01
M	5/6-7/1*	6:20-6:50P	\$34	Chilson	300003-02
M	7/8-8/26	5:10-5:40P	\$34	Chilson	300003-03
M	7/8-8/26	6:20-6:50P	\$34	Chilson	300003-04
T,Th	5/7-5/30	5:45-6:15P	\$34	Chilson	300003-10
T,Th	5/7-5/30	6:55-7:25P	\$34	Chilson	300003-11
T,Th	6/4-6/27	5:45-6:15P	\$34	Chilson	300003-12
T,Th	6/4-6/27	6:55-7:25P	\$34	Chilson	300003-13
T,Th	7/9-8/1	5:45-6:15P	\$34	Chilson	300003-14
T,Th	7/9-8/1	6:55-7:25P	\$34	Chilson	300003-15
M-F	6/3-6/14	9:05-9:35A	\$42	Chilson	300003-30
M-F	6/17-6/28	9:05-9:35A	\$42	Chilson	300003-31
M-F	7/8-7/19	9:05-9:35A	\$42	Chilson	300003-33
M-F	7/22-8/2	9:05-9:35A	\$42	Chilson	300003-34
M-F	8/5-8/16	9:05-9:35A	\$42	Chilson	300003-35
M-F	6/3-6/14	9:00-9:30A	\$42	Winona	301103-1
M-F	6/3-6/14	10:45-11:15A	\$42	Winona	301103-2
M-F	6/17-6/28	9:00-9:30A	\$42	Winona	301203-1
M-F	6/17-6/28	10:10-10:40A	\$42	Winona	301203-2
M-F	7/8-7/19	9:00-9:30A	\$42	Winona	301303-1
M-F	7/8-7/19	10:45-11:15A	\$42	Winona	301303-2
M-F	7/22-8/2	9:00-9:30A	\$42	Winona	301403-1
M-F	7/22-8/2	10:10-10:40A	\$42	Winona	301403-2

### Swim Preschool 2 Min/Max: 4/8

Prerequisite: Preschool 1 or demonstrate requirements. This level is for the swimmer who will comfortably submerge face and head underwater. Swimmers will learn to float independently on front and back for 5 seconds. Swimming on front also will be introduced.

Age: 3-5 \*No class 5/27

M	5/6-7/1*	5:45-6:15P	\$34	Chilson	300004-01
M	5/6-7/1*	6:55-7:25P	\$34	Chilson	300004-02
M	7/8-8/26	5:45-6:15P	\$34	Chilson	300004-03
M	7/8-8/26	6:55-7:25P	\$34	Chilson	300004-04
T,Th	5/7-5/30	5:10-5:40P	\$34	Chilson	300004-10
T,Th	5/7-5/30	6:20-6:50P	\$34	Chilson	300004-11
T,Th	6/4-6/27	5:10-5:40P	\$34	Chilson	300004-12
T,Th	6/4-6/27	6:20-6:50P	\$34	Chilson	300004-13
T,Th	7/9-8/1	5:10-5:40P	\$34	Chilson	300004-14
T,Th	7/9-8/1	6:20-6:50P	\$34	Chilson	300004-15
M-F	6/3-6/14	9:40-10:10A	\$42	Chilson	300004-30
M-F	7/8-7/19	9:40-10:10A	\$42	Chilson	300004-31
M-F	8/5-8/16	9:40-10:10A	\$42	Chilson	300004-32
M-F	6/3-6/14	9:35-10:05A	\$42	Winona	301104-1
M-F	6/3-6/14	10:10-10:40A	\$42	Winona	301104-2
M-F	6/17-6/28	9:35-10:05A	\$42	Winona	301204-1
M-F	6/17-6/28	10:45-11:15A	\$42	Winona	301204-2
M-F	7/8-7/19	9:35-10:05A	\$42	Winona	301304-1
M-F	7/8-7/19	10:10-10:40A	\$42	Winona	301304-2
M-F	7/22-8/2	9:35-10:05A	\$42	Winona	301404-1
M-F	7/22-8/2	10:45-11:15A	\$42	Winona	301404-2

## Swim Preschool 3 Min/Max: 4/8

Prerequisite: Preschool 1 or demonstrate requirements. This level is for the swimmer who will comfortably submerge face and head underwater. Swimmers will learn to float independently on front and back for 5 seconds. Swimming on front will be introduced.

Age: 3-5 \*No class 5/27

M	5/6-7/1*	6:20-6:50P	\$34	Chilson	300005-01
M	7/8-8/26	6:20-6:50P	\$34	Chilson	300005-02
T,Th	5/7-5/30	5:45-6:15P	\$34	Chilson	300005-10
T,Th	6/4-6/27	5:45-6:15P	\$34	Chilson	300005-11
T,Th	7/9-8/1	5:45-6:15P	\$34	Chilson	300005-12
M-F	6/17-6/28	9:40-10:10A	\$42	Chilson	300005-30
M-F	7/22-8/2	9:40-10:10A	\$42	Chilson	300005-31
M-F	6/3-6/14	9:00-9:30A	\$42	Winona	301105-1
M-F	6/3-6/14	10:45-11:15A	\$42	Winona	301105-2
M-F	6/17-6/28	9:35-10:05A	\$42	Winona	301205-1
M-F	6/17-6/28	10:45-11:15A	\$42	Winona	301205-2
M-F	7/8-7/19	9:00-9:30A	\$42	Winona	301305-1
M-F	7/8-7/19	10:45-11:15A	\$42	Winona	301305-2
M-F	7/22-8/2	9:35-10:05A	\$42	Winona	301405-1
M-F	7/22-8/2	10:45-11:15A	\$42	Winona	301405-2

### Swim Level 1 Min/Max: 4/8

This level is for the swimmer with little or no water comfort. Swimmers will become comfortable submerging entire bodies in the water and learn to float independently on their front and back. Swimming on front also will be introduced.

Age: 6+ \*No class 5/27

M	5/6-7/1*	5:45-6:15P	\$34	Chilson	300006-01
M	5/6-7/1*	6:55-7:25P	\$34	Chilson	300006-02
M	7/8-8/26	5:45-6:15P	\$34	Chilson	300006-03
M	7/8-8/26	6:55-7:25P	\$34	Chilson	300006-04
T,Th	5/7-5/30	5:10-5:40P	\$34	Chilson	300006-10
T,Th	5/7-5/30	6:20-6:50P	\$34	Chilson	300006-11
T,Th	6/4-6/27	5:10-5:40P	\$34	Chilson	300006-12
T,Th	6/4-6/27	6:20-6:50P	\$34	Chilson	300006-13
T,Th	7/9-8/1	5:10-5:40P	\$34	Chilson	300006-14
T,Th	7/9-8/1	6:20-6:50P	\$34	Chilson	300006-15
M-F	6/3-6/14	8:30-9:00A	\$42	Chilson	300006-30
M-F	7/8-7/19	8:30-9:00A	\$42	Chilson	300006-31
M-F	8/5-8/16	8:30-9:00A	\$42	Chilson	300006-32
M-F	6/3-6/14	9:35-10:05A	\$42	Winona	301106-1
M-F	6/3-6/14	10:45-11:15A	\$42	Winona	301106-2
M-F	6/17-6/28	9:00-9:30A	\$42	Winona	301206-1
M-F	6/17-6/28	10:45-11:15A	\$42	Winona	301206-2
M-F	7/8-7/19	9:35-10:05A	\$42	Winona	301306-1
M-F	7/8-7/19	10:45-11:15A	\$42	Winona	301306-2
M-F	7/22-8/2	9:00-9:30A	\$42	Winona	301406-1
M-F	7/22-8/2	10:45-11:15A	\$42	Winona	301406-2

## Private | Semi-Private Swim Lessons

Private swim lessons are a great way to improve skills in a one-on-one setting tailored to your needs and desires. Taught by City of Loveland swim instructors who have excellent teaching and coaching experience. Two options now available!

**NEW! Mini pre-scheduled lessons** (online keyword: #mini)  
No waitlist. No limit. Sign up for private lesson time slots online.  
Private: 1 person, 20 min \$15 paid online

### Private lesson waitlist 300017-1

Enroll on the waitlist and an available swim instructor will contact you to schedule a lesson with your preferred schedule.  
Private: 1 person, 30 min \$20 paid at lesson  
Semi-Private: up to 3 people, 30 min \$30 paid at lesson

Aqua classes: [cityofloveland.org/fitnesswellness](http://cityofloveland.org/fitnesswellness)

## Swim Level 2 Min/Max: 4/8

*Prerequisite: Successful completion of Level 1 or demonstrate requirements.* This level is for the swimmer who can put their face in the water comfortably and can float independently. Swimmers will learn to swim 5 body lengths on their front without stopping and learn to tread water. **Age: 6+** \*No class 5/27

M	5/6-7/1*	5:10-5:40P	\$34	Chilson	300007-01
M	5/6-7/1*	6:20-6:50P	\$34	Chilson	300007-02
M	7/8-8/26	5:10-5:40P	\$34	Chilson	300007-03
M	7/8-8/26	6:20-6:50P	\$34	Chilson	300007-04
T,Th	5/7-5/30	5:45-6:15P	\$34	Chilson	300007-10
T,Th	5/7-5/30	6:55-7:25P	\$34	Chilson	300007-11
T,Th	6/4-6/27	5:45-6:15P	\$34	Chilson	300007-12
T,Th	6/4-6/27	6:55-7:25P	\$34	Chilson	300007-13
T,Th	7/9-8/1	5:45-6:15P	\$34	Chilson	300007-14
T,Th	7/9-8/1	6:55-7:25P	\$34	Chilson	300007-15
M-F	6/17-6/28	8:30-9:00A	\$42	Chilson	300007-30
M-F	7/22-8/2	8:30-9:00A	\$42	Chilson	300007-31
M-F	6/3-6/14	9:35-10:05A	\$42	Winona	301107-1
M-F	6/3-6/14	10:45-11:15A	\$42	Winona	301107-2
M-F	6/17-6/28	9:00-9:30A	\$42	Winona	301207-1
M-F	6/17-6/28	10:45-11:15A	\$42	Winona	301207-2
M-F	7/8-7/19	9:35-10:05A	\$42	Winona	301307-1
M-F	7/8-7/19	10:45-11:15A	\$42	Winona	301307-2
M-F	7/22-8/2	9:00-9:30A	\$42	Winona	301407-1
M-F	7/22-8/2	10:45-11:15A	\$42	Winona	301407-2

## Swim Level 3 Min/Max: 4/10

*Prerequisite: Successful completion of Level 2 or demonstrate requirements.* This level is for the swimmer who can swim on front 5 body lengths without stopping. Swimmers will learn rotary breathing, front crawl and elementary backstroke. Must be able to jump into shallow/deep water and move to the side comfortably.

**Age: 6+** \*No class 5/27

M	5/6-7/1*	5:45-6:15P	\$34	Chilson	300008-01
M	7/8-8/26	5:45-6:15P	\$34	Chilson	300008-02
T,Th	5/7-5/30	5:45-6:15P	\$34	Chilson	300008-10
T,Th	6/4-6/27	5:45-6:15P	\$34	Chilson	300008-11
T,Th	7/9-8/1	5:45-6:15P	\$34	Chilson	300008-12
M-F	6/3-6/14	9:00-9:30A	\$42	Winona	301108-1
M-F	6/3-6/14	10:10-10:40A	\$42	Winona	301108-2
M-F	6/17-6/28	9:35-10:05A	\$42	Winona	301208-1
M-F	6/17-6/28	10:10-10:40A	\$42	Winona	301208-2
M-F	7/8-7/19	9:00-9:30A	\$42	Winona	301308-1
M-F	7/8-7/19	10:10-10:40A	\$42	Winona	301308-2
M-F	7/22-8/2	9:35-10:05A	\$42	Winona	301408-1
M-F	7/22-8/2	10:10-10:40A	\$42	Winona	301408-2

## Make a BIG SPLASH with a Swim Party!

Reserve the Chilson Party Room and celebrate your birthday at the Chilson Pool. For detailed information, visit [cityofloveland.org/birthdayparties](http://cityofloveland.org/birthdayparties). We also offer gymnastics parties with facilitated gymnastics activities!

**Chilson parties:** 970.962.2468 **Winona rentals:** 970.962.2727

### Lifeguard Certification See details on page 47.

**Lifeguard Certification** Learn the basics of lifeguard skills. First Aid & CPR/AED for the Professional Rescuer included. **Age 15+** Sessions begin 5/8 or 8/5, Fee: \$99

**Waterfront Lifeguard Certification** Learn skills to prevent and respond to emergencies in non-surf, open-water areas found at public parks, resorts, summer camps & campgrounds. **Age 15+** **Must have current lifeguarding certification.**

Su 5/19 9:00A-1:00P \$49 203002-01

## Swim Level 4 Min/Max: 4/10

*Prerequisite: Successful completion of Level 3 or demonstrate requirements.* This level is for the swimmer who can swim 25 yards front crawl without stopping and is comfortable in deep water. Swimmers will learn back crawl, breaststroke, sidestroke while building endurance on front crawl and elementary backstroke.

**Age: 6+** \*No class 5/27

M	5/6-7/1*	6:20-6:50P	\$34	Chilson	300009-01
M	7/8-8/26	6:20-6:50P	\$34	Chilson	300009-02
T,Th	5/7-5/30	5:10-5:40P	\$34	Chilson	300009-10
T,Th	6/4-6/27	5:10-5:40P	\$34	Chilson	300009-11
T,Th	7/9-8/1	5:10-5:40P	\$34	Chilson	300009-12
M-F	6/3-6/14	9:00-9:30A	\$42	Winona	301109-1
M-F	6/3-6/14	10:10-10:40A	\$42	Winona	301109-2
M-F	6/17-6/28	9:35-10:05A	\$42	Winona	301209-1
M-F	6/17-6/28	10:10-10:40A	\$42	Winona	301209-2
M-F	7/8-7/19	9:00-9:30A	\$42	Winona	301309-1
M-F	7/8-7/19	10:10-10:40A	\$42	Winona	301309-2
M-F	7/22-8/2	9:35-10:05A	\$42	Winona	301409-1
M-F	7/22-8/2	10:10-10:40A	\$42	Winona	301409-2

## Swim Level 5 Min/Max: 4/10

*Prerequisite: Successful completion of Level 4 or demonstration of requirements.* This level is for the swimmer who can swim 50 yards front crawl, perform the breaststroke and back crawl for 25 yards and can tread water continuously for at least one minute. Swimmers will be introduced to the butterfly stroke and flip turns on front and back.

**Age: 6+** \*No class 5/27

M	5/6-7/1*	5:10-5:40P	\$34	Chilson	300010-01
M	7/8-8/26	5:10-5:40P	\$34	Chilson	300010-02
T,Th	5/7-5/30	6:20-6:50P	\$34	Chilson	300010-10
T,Th	6/4-6/27	6:20-6:50P	\$34	Chilson	300010-11
T,Th	7/9-8/1	6:20-6:50P	\$34	Chilson	300010-12
M-F	6/3-6/14	9:35-10:05A	\$42	Winona	301110-1
M-F	6/3-6/14	10:10-10:40A	\$42	Winona	301110-2
M-F	6/17-6/28	9:00-9:30A	\$42	Winona	301210-1
M-F	6/17-6/28	10:10-10:40A	\$42	Winona	301210-2
M-F	7/8-7/19	9:35-10:05A	\$42	Winona	301310-1
M-F	7/8-7/19	10:10-10:40A	\$42	Winona	301310-2
M-F	7/22-8/2	9:00-9:30A	\$42	Winona	301410-1
M-F	7/22-8/2	10:10-10:40A	\$42	Winona	301410-2

## Swim Level 6 Min/Max: 4/10

*Prerequisite: Successful completion of Level 5 or demonstrate requirements.* This level is for the swimmer who can swim a minimum of two laps without stopping and is efficient in competition strokes including front crawl (freestyle), breaststroke, butterfly and back crawl (backstroke). Swimmers will work on refining strokes, developing power & smoothness over greater distances.

**Age: 6+**

M-F	6/3-6/14	9:00-9:30A	\$42	Winona	301111-1
M-F	7/8-7/19	9:00-9:30A	\$42	Winona	301311-1

## Swim Teen/Tween & Adult/Senior Beginner

Become more comfortable in the water and learn the basic skills to achieve a minimum level of water competency. Focus is on breath control, submerging, floating and learning the front crawl and elementary backstroke. Min/Max: 4/8

**Teen/Tween Age: 12+**

T,Th	5/7-5/30	6:55-7:25P	\$34	Chilson	300012-10
T,Th	6/4-6/27	6:55-7:25P	\$34	Chilson	300012-11
T,Th	7/9-8/1	6:55-7:25P	\$34	Chilson	300012-12

**Adult/Senior Beginner Age: 16+** \*No class 5/27

M	5/6-7/1*	6:55-7:25P	\$34	Chilson	300015-01
M	7/8-8/26	6:55-7:25P	\$34	Chilson	300015-02
M-F	6/17-6/28	9:00-9:30A	\$42	Winona	301215-1
M-F	7/22-8/2	9:00-9:30A	\$42	Winona	301415-1



# FITNESS & WELLNESS

Affordable classes. Welcoming environment. Tons of options. At Chilson Recreation Center, it's different here. Whether it's your first time here for a fitness class or you're a regular, we invite you to a summer of living your best life with help from our dedicated staff. Buy a Chilson pass and get access to over 70 drop-in fitness classes. Get fit with boot camp, try some TRX or simmer down with yoga. Whatever your preference, we're here for you.

## Personal Training

Get maximum results in minimal time! Learn what your body needs and how it reacts to effective exercise. Working with a certified trainer who understands fitness, nutrition and health is one of the fastest, easiest and most successful ways to improve your health. Achieve long-term weight loss and develop healthy life-long habits; receive expert guidance and motivation; enhance sports performance; establish realistic and achievable fitness and nutritional goals. Call 970.962.2630 for more info or inquire at the Chilson front desk. Personal trainer bios: [cityofloveland.org/personaltrainers](http://cityofloveland.org/personaltrainers)

**Age: 16+**

### 30-Minute Power Sessions

1 session	\$32
6 sessions	\$165
10 sessions	\$245

Perfect for any goal, effective and accommodates your busy schedule

### By the Hour

1 hour	\$50
3 hours	\$145
5 hours	\$215

## Intro to Personal Training Package

If you are new to training or have not trained in over one year, this is a great place to start! Our trainers will work to inspire and encourage you to develop healthy habits and effective workouts. Each session is one hour. Valid for one intro package per guest.

3 sessions \$99

## TRX Suspension Training

From beginners to athletes, anyone can use the TRX system! Benefits: develop and maintain a rock-solid core; get toned and lose weight; get an intense cardio workout while incorporating strength training; improve balance and coordination. Check out TRX for seniors, too. Call 970.962.2453 for more info or pick up a class schedule at Chilson or view at [cityofloveland.org/TRX](http://cityofloveland.org/TRX)  
Location: Chilson

**Age: 16+** \$25 per 4-week session

## Impact Boot Camp

Min/Max: 8/20

A circuit class including cardio, calisthenics and weighted exercises designed to build muscle, burn fat and get maximum results in 45 minutes. For those who want a high intensity workout that will challenge you and give you results. Location: Small Gym

**Age: 16+** No class 5/27

M,W	5/13-6/19*	6:30-7:15P	\$91	312012-01
M	5/13-6/17*	6:30-7:15P	\$42	312012-02
W	5/15-6/19	6:30-7:15P	\$50	312012-03
M,W	6/24-7/31	6:30-7:15P	\$99	312012-04
M	6/24-7/29	6:30-7:15P	\$50	312012-05
W	6/26-7/31	6:30-7:15P	\$50	312012-06

## reDEFINE Fit Boot Camp

Get fit with a structured workout program, nutritional plan and the support of a team. This is for ALL fitness levels with a time table you can do. Pre and post camp assessments and Saturday bonus camps! **Call 970.214.7900 or email ryann@redefinefitco.com for questions or to enroll.** Location: Chilson

**Age: 16+**

### AM Camp - 3 days per week

M,W,F	4/29-6/7	6:00-7:00A	\$245	+ Sat bonus camps
M,W,F	6/24-8/2	6:00-7:00A	\$245	+ Sat bonus camps
M,W,F	8/19-9/27	6:00-7:00A	\$245	+ Sat bonus camps

### NOON Camp - 2 days per week

M,Th	4/29-2/6	12:00-1:00P	\$165	+ Sat bonus camps
M,Th	6/24-8/1	12:00-1:00P	\$165	+ Sat bonus camps
M,Th	8/19-9/26	12:00-1:00P	\$165	+ Sat bonus camps

## HIIT (High Intensity Interval Training)

HIIT is a variant of exercising that is the quickest way to burn fat and gain muscle simultaneously. How does HIIT work? It optimizes your workout time by utilizing a series of short, high-intensity intervals, followed by longer, low-intensity intervals. The best part? It boosts your metabolism and continues to burn calories hours after you are done! Location: Circuit Area

**Age: 16+**

F	6/7-6/28	9:30-10:10A	\$25	316115-1
F	7/12-8/2	9:30-10:10A	\$25	316115-2
F	8/9-8/23	9:30-10:10A	\$19	316115-3

## Cross-HIIT Training

Stay motivated with this powerful HIIT class! A combo of cardio and strength training to burn more fat, improve endurance and build strength.

**Age: 16+**

Sa	5/18-6/22	11:00-11:45A	\$42	316116-01
Sa	6/29-8/3	11:00-11:45A	\$42	316116-02

## Lift Strong Weight Training

Meet with a personal trainer and learn the fundamentals of weight training. Get set up on a weight training program and receive a wristband showing completion of the class to allow use of the strength equipment without parental supervision. Parents are NOT required to attend.

Call Amy at 970.962.2630, ext. 2.

**Age: 12-13**

\$25	312001-1
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## Treat yourself! Therapeutic massage or medically based foot care for all ages

Call 970.962.2098 for info or to schedule an appointment.

## Drop-in Chair Massage

2nd & 4th Tuesday of every month from 9:00A-12:00P

For more info, call Joyce Meis, LMT at 970.691.3441

Location: Chilson lobby

**Fee:** \$1 per minute

## YOGA

### Yoga for Golfers Min/Max: 8/25

Yoga is a great way to add strength, balance, focus and flexibility to your golf game. In this workshop learn how to avoid the popular complaint of lower back pain from the repeated spinal rotation of the golf swing. Work on the mental aspect of golf by developing a focused mind through breath work and being present. Bring a golf club and yoga mat to this class and prepare for the best season of golf! Instructor: Linda Bestor, personal trainer/yoga instructor Location: Mariana Butte, 701 Clubhouse Dr., meet by driving range

**Age: 16+**

M	6/10-7/1	5:30-6:30P	\$50	319903-1
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### Yoga for Runners Min/Max: 8/20

If you are a beginner or a regular runner who would like to improve your performance and bring more awareness and joy to running, this four-week yoga class will give you the tools you need. Through active and passive yoga poses, breathing exercises and mindfulness practices, you will improve flexibility, inner strength, breath capacity and body awareness. These techniques can help prevent injuries and help make running more fun! Meet at River's Edge by the restrooms (weather permitting) and practice these yoga tools before and after a short run. Receive handouts with the poses in the sequences you learn them. Bring a yoga mat.

Location: River's Edge Natural Area, 960 W. 1st St

**Age: 16+**

W	6/19-7/17	5:30-6:45P	\$40	317000-1
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## Check out drop-in yoga!

[cityofloveland.org/fitnesswellness](http://cityofloveland.org/fitnesswellness)

## HEALTH & WELLNESS

### Health/Nutrition Coaching

Improve your health. Transform your life. Work one-on-one with certified health & nutrition coach Marci Lary. She will work with you to create a highly personalized lifestyle wellness program to help you find balance, lose and maintain weight, prevent illness and capitalize on the healing properties of food. Call Marci at 970.962.2500, ext. 1450.

½ hr session	\$28	
1 hr session	\$50	
3 sessions	\$130	(1st session is 1 hr, follow-ups are 45 min.)
6 sessions	\$210	(1st session is 1 hr, follow-ups are 45 min.)

### Rossiter Coaching

Rossiter is a powerful two-person stretching technique that targets areas of connective tissue to relieve pain and restore range of motion. The results are due to loosening tight connective tissue and restoring space in and around the joints. Relieve neck and shoulder pain, sciatica, headaches and muscle stiffness! Register at the Chilson front desk. For more info, call Nicole Murphy at 970.962.2630, ext 0 or Nancy Stilson-Herzog at 970.962.2630, ext 7.

**Age: 16+**

1/2 hr:	\$45	45 min:	\$55	1 hour:	\$65
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## TAI CHI ♦

For centuries Tai Chi has been a source of health, vitality and longevity for millions of people in the Far East. Slow movements develop strong bones & balance from a firm rooting in the feet, stimulating the memory and generating a feeling of confidence and relaxation. Serenity and concentration will be yours in time. Min/Max: 5/20 Instructor: Jacqui Gee

### Age: 18+

Day	Date	Time	Fee	SAC	Class #
<b>Beginning</b>					
T	7/9-8/20	6:00-6:50P	\$49	\$47	392007-1
F	7/12-8/23	12:00-1:00P	\$59	\$57	392006-1
<b>Intermediate</b>					
F	7/12-8/23	1:15-2:15P	\$59	\$57	392006-2
<b>Intermediate/Advanced</b>					
T	7/9-8/20	7:00-7:50P	\$49	\$47	392007-2
<b>Advanced</b>					
F	7/12-8/23	2:30-3:30P	\$59	\$57	392006-3

## TAE KWON-DO

Tae Kwon-Do is a traditional Chan Hun style Korean martial art. Students learn to use their training to better their lives while learning the respect and courtesy that goes along with achieving each rank. Fees include all additional testing dates. Instructor will provide information about uniforms at first class. For multiple family member discount, register in person at the Chilson Center front desk (must be attending in the same month). Min/Max: 5/30 Location: Chilson Instructor: Tina Baldwin, The Heart of Loveland  
**No class 6/28, 7/3, 7/5, 7/26, 7/31, 8/2, 8/28, 8/30**

**Little Dragons** Traditional Tae Kwon-Do moves are used to help children learn to follow commands, learn respect and focus. This class also helps them learn colors, shapes, and left from right all while learning the moves needed to complete a special ranking for the Dragon program and for movement into the next level.

### Age: 3-5

W	6/5-6/26	4:30-5:30P	\$40	357609-1
W	7/10-7/24	4:30-5:30P	\$30	357609-2
W	8/7-8/21	4:30-5:30P	\$30	357609-3

### Age: 6-9 Youth

W,F	6/5-6/26	5:30-6:30P	\$42	358609-1
W,F	7/10-7/24	5:30-6:30P	\$30	358609-2
W,F	8/7-8/23	5:30-6:30P	\$36	358609-3

### Age: 10+ Adult

W,F	6/5-6/26	6:30-8:30P	\$42	359619-1
W,F	7/10-7/24	6:30-8:30P	\$30	359619-2
W,F	8/7-8/23	6:30-8:30P	\$36	359619-3

**Looking for sports for your toddler?  
Check out Amazing Athletes on page 27.**

## KRAV MAGA SELF-DEFENSE

A self-defense training for civilians adapted from Israeli Defense Forces, Krav Maga provides everyone with the skills to defend themselves and others effectively. Techniques are easy to learn and can be implemented quickly. Min/Max: 1/10 Location: Krav Maga Loveland Studio, 567 N. Denver Ave.

### Youth & Teen

Classes focus on awareness/prevention, self-confidence, de-escalation and/or escape and self-defense.

### Age: 6-10 Juniors

M,W	6/3-6/26	4:30-5:15P	\$90	361509-1
M,W	7/1-7/31	4:30-5:15P	\$90	361509-2
M,W	8/5-8/28	4:30-5:15P	\$90	361509-3

### Age: 11-13 Teen Warriors

T,Th	6/4-6/27	4:30-5:30P	\$90	361519-1
T,Th	7/2-7/30	4:30-5:30P	\$90	361519-2
T,Th	8/1-8/29	4:30-5:30P	\$90	361519-3

### Adult

Classes focus on prevention, recognition of threats, attacks and counter-attacks, use of items/tools for defense, defense against threat with weapons and defense against one or multiple attackers.

### Age: 14+

M,W	6/3-6/26	5:30-6:30P	\$90	362509-1
M,W	7/1-7/31	5:30-6:30P	\$90	362509-2
M,W	8/5-8/28	5:30-6:30P	\$90	362509-3

### Women Only

T,Th	6/4-6/27	10:05-11:05A	\$90	362519-1
T,Th	7/2-7/30	10:05-11:05A	\$90	362519-2
T,Th	8/1-8/29	10:05-11:05A	\$90	362519-3

## FENCING CAMPS

Join Youth Enrichment League {YEL!} to THINK, LEARN and PLAY WELL. Classes follow four basic components:

- Teach It! - crafted by Hall of Fame Olympic Coach Ro Sobalvarro
- Practice It! - practice moves, rotate partners and repeat
- Move It! - participate in matches using only learned moves
- Play It! - fence with multiple fencers at your skill level

New and returning students invited to join this fast growing sport. All equipment provided. Min/Max: 6/14 Location: Cherry

### Grade: 2-5

M-F	6/10-6/14	2:00-4:00P	\$163	361219-1
M-F	8/5-8/9	2:00-4:00P	\$163	361219-2

**For more {YEL!} programs and other summer camps see page 41.**



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Prototypes shown with options. The Toyota model or models shown are designed to meet most off-road driving requirements, but off-roading is inherently dangerous and may result in vehicle damage. Toyota encourages responsible operation to help protect you, your vehicle and the environment. Seatbelts should be worn at all times.

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## AQUA & ACTIVE GENERATION FITNESS CLASSES

**EZflow Aqua Yoga\*** This water based, gentle total-body strengthening workout includes yoga balancing poses with EZ flow breathing, Pilates movements and core strength exercises. These mindful, flowing and graceful movements work the entire body while providing a reprieve from the hurried pace of life.

**Aqua Core\*** This class will assist you in learning to use slow, precise movements to increase muscle strength and coordination. Different pieces of equipment will be used such as bands, weights and balls to help bring the physical body into balance. This class also will help with posture and balance.

**Aqua Fitness** Water exercise increases flexibility and muscle strength and gives your cardiovascular system the workout it needs. It takes stress off joints & muscular-skeletal system, yet works the muscles, heart & lungs. Classes contain cardio, strength and stretching components. **Advanced level includes swim skills.**

**Aqua HIIT** HIIT optimizes your workout time by utilizing a series of short, high intensity intervals designed to improve your cardio and strength & increase your metabolism. Class includes a warm up, interval training section, strength work and cool down.

**LAZY RIVER AQUA HIIT** Cross train in the lazy river - the buoyancy of the water takes stress off the joints and allows you to challenge your regular running form (cadence and elbow drive.) This workout may be gentle on the joints but challenges your cardiovascular system and balances your current land workout!

**Aqua Motion\*** The cushioning effect of the water takes the jarring movement out of the joints, offering an opportunity for a lower-stress exercise experience. This class consists of 40-45 minutes of low impact cardio exercise along with gentle toning exercises and stretching.

**AQUA MOTION PLUS\*** This class also includes 15 minutes of gentle Chi Gong or stretching exercises designed to cultivate energy, breath, movement & balance.

**Aqua Zumba®** Make a splash by adding a low-impact, high-energy aquatic exercise to your fitness routine. It blends the Zumba® philosophy with water resistance. There is less impact on your joints, so you can really let loose. The natural resistance means every step is more challenging and helps tone your muscles.

**Deep Water** Held in the deep end of the pool and designed to improve cardiovascular health, muscle strength, core and flexibility. Belts/noodles are provided for flotation. **Sessions are held at Mountain View High School for fall/winter/spring; summer sessions are held at Winona Pool.**

**Hydro Dance** An opportunity to get "fit" and have fun while learning dance routines in the water. A fun, challenging work out that utilizes the resistance of the water.

**River Walking\*** Water walking and full-body exercises including walking with and against the current in the Lazy River; builds strength, cardiovascular fitness and balance.

**Water Walking\*** Work at your own pace while walking, lunging and side stepping through the pool. Includes low impact toning exercises and short intervals of stationary balance followed by stretching for a well-balanced (low impact) workout.

**Cardio Power\*** An advanced group exercise class designed for active adults who desire a safe and effective low-impact cardiovascular workout. Energizing, easy-to-follow movements promote heart-healthy, total-body conditioning to increase cardiovascular and muscular endurance. A variety of strength training options are offered to provide a well-rounded workout.

### Drop-In Weight Room Orientation\*

Provides a walk-through of the weight room to give you a better understanding of the setup and how to properly position yourself on our machines so that you can learn how to use the fitness equipment and cardio machines safely & effectively. Does not provide an exercise plan.

**Low Impact Fitness\*** Strength work, balance and coordination choreography complement the stretching & cool down. Mondays have a larger cardio component, Wednesdays prioritize strength.

**Power, Agility & Strength\*** Increase power, agility, strength and balance. You will become stronger and more flexible. Hand weights and floor work included.

**Strength Training\*** Improve fitness, muscle strength, bone mass and reduce risks of osteoporosis with circuit machines & free weights. Perfect for the beginning exerciser or those who require extra help (e.g., arthritis, MS or joint replacement). Assistance is provided as you strive toward independent workouts. **Call Julie at 970.962.2462 prior to your initial class visit or attend a fitness orientation. Must be able to ambulate/transfer independently within environment.**

**Zumba Gold®\*** For the active older adult and beginners of all ages, Zumba Gold® takes the Zumba® formula and modifies the moves and pacing to fit beginners and active seniors.



**SS Classic\*** Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers® ball are offered for resistance. A chair is available if needed for seated or standing support.

**SS Circuit\*** Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles and a SilverSneakers® ball is alternated with low-impact aerobic choreography. A chair is used for standing support, stretching and relaxation exercises.

**SS Yoga\*** Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Breathing exercises and final relaxation will promote stress reduction and mental clarity.

\* These classes are geared toward participants age 50+; however, all ages are welcome to attend.

# CARDIO & CORE STRENGTH FITNESS CLASSES

## Fitness Schedules

are available at the front desk and online. To view the most up-to-date schedule, visit [cityofloveland.org/fitnesswellness](http://cityofloveland.org/fitnesswellness)

**Use your Chilson pass or pay the daily fee for these ongoing drop-in classes. 970.962.2FUN**

**Barre** Classes include components of yoga, Pilates and ballet in a fun, upbeat environment. Use your own body weight to achieve the toned and lean muscles you desire. All fitness levels are welcomed to this challenging yet low impact fitness class. No experience required!

**Core & More** Develop balance and core strength by working leg strength, abdominals and back muscles with fit balls, body weight exercises and yoga balance movements.

**Country Cardio** Lace up your cross trainers for these high energy line dances! Includes a progressive aerobic format with step-by-step instructions. Dance patterns are repeated, and everyone learns at the same pace. Learn contemporary as well as classic line dances. Dress for cardio country movin'! You won't need a partner.

**Flexible Strength** Combines yoga positions with dynamic movement to build strength, stamina, balance and flexibility. Best suited for those with prior instruction in physical alignment who are physically fit without current injuries.

**Group Cycling** One of the most effective and motivating group exercise classes on our schedule! Provides great motivation AND allows for a variety of ages and levels. Arrive 15 minutes early for your first session.

- **MOVIE RIDE** A great workout! Time will fly by as you watch a movie and ride.
- **SENIOR CYCLING** A heart-pumping cycling class that strengthens your legs, glutes and core, improves balance and keeps your mind sharp...all to music. Designed to ensure proper form and alignment for a safe and effective workout.

**Interval Cardio Aerobics** A combination of step training, hi-low aerobics and strength and flexibility exercises all packed into one workout. Just what you need to start your day and feel energized!

**Pilates** While focusing on the Pilates breath, learn fundamental exercises using correct posture, alignment and understanding of the control and function of abdominal muscles used for exercises.

**Pilates Plus** Improve your core and postural muscle strength and endurance using Bender Ball and Bender Barre methods, resistance bands, fitballs and other apparatus. Increase muscle and joint mobility and improve blood flow, coordination and balance. Learn effective fascial active stretching, muscle activation and release techniques using myofascia balls, foam rollers and tennis balls.

**PiYo** PiYo is a total-body fitness class that combines the practices of Pilates and yoga to help you build strength and increase flexibility. Upbeat music and challenging movement patterns make this fusion class loads of fun.

**Power Toning** One of the fastest ways to get in shape. With a combination of great body sculpting routines, you will work every major muscle group in the body. Strengthen, tone and increase flexibility using weights, bands and balls. Appropriate for all fitness levels.

- **POWER BAR TONING** adds barbell and weight plates.
- **POWER TONE PLUS** is a total body workout with a variety of cardio intervals and core conditioning.

**Step** A medium impact cardio activity that ensures you will meet your step goal each day. Classes vary in the level of choreography. All instructors offer various options for different levels of intensity (step height) and coordination.

- **LEVEL I** A series of basic moves strung together into a sequence.
- **LEVEL II** Incorporates elements in combination such as turns, mambo and stomps.

**Yoga** Explore your body and mind with postures, breath and meditation. Emphasis on alignment and self-awareness for safe practice. Develop and maintain strength, focus, flexibility & balance for health and well-being. **Check out Mini Yogis: Yoga for Kids for ages 3-5 on page 37.**

**Yoga - Int/Adv** (*some Yoga background suggested*) Vinyasa Flow combines all of the elements of a classic yoga class in a flowing format. Standing and balance poses are incorporated into sun salutations that allow you to wake up and be energized for your day!

**Zumba®** Party yourself into shape. Zumba® classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, you'll be getting fit and energy levels will soar! It's easy, effective and exhilarating.

**See pages 16-17 for personal training, Rossiter and health/nutrition coaching, plus more fitness classes!**



**From beginners to athletes. Pick up a class schedule at Chilson for these 4-week class sessions or view at [cityofloveland.org/TRX](http://cityofloveland.org/TRX)**



# ADAPTED REC

Inclusive and welcoming, our adapted recreation program can help you find the classes and experiences that are just the right fit for you or your loved ones. Arrange a personalized exercise program, join our unified baseball program or drop in for a sensory-friendly family swim party on July 21. Come Dance With Me! Check out this new free-flow dance class on page 37 designed for those with adaptive needs or those who are hesitant to get involved in a structured dance program.

## Adapted Exercise

Do you have a special need and want to exercise but aren't sure where to start? The good news is a fitness plan can be designed for just about anyone. The Adapted Recreation program will help you find the class most appropriate for your needs or help you design a program to help you meet your individual fitness goals. Call Julie at 970.962.2462 with questions or to discuss how to meet your fitness goals.

## Specialized Fitness Orientation

Are you able to work out independently but need an orientation to our facility tailored to your own unique needs? Call 970.962.2462 to schedule a free one-time orientation tailored just for you. Guests pay the Chilson Center daily admission fee.

## Senior & Specialized 10-Visit Fitness Pass

Participate in drop-in fitness classes with access to the fitness/weight equipment, swimming pool, hot tub and walking track.

**Cost: \$36**

*The City of Loveland welcomes individuals of all abilities into all of our classes and programs. If you would like to participate in any class and are not sure what type of assistance or modifications can be made or if you would like help in making your recreation and leisure choices, please call the Adapted Recreation Coordinator at 970.962.2462. If you arrange for a friend or family member to provide needed assistance, that support person will be admitted at no extra charge except where noted. Call the Adapted Recreation Coordinator for more information.*

## Baseball for All Min/Max: 7/40

This baseball program gives children and teens (with and without disabilities) the opportunity to play baseball together as teammates. Players will learn skills, team work and camaraderie while playing non-competitive games against other unified teams from Northern Colorado. Travel is required. Location: Kroh Park, Field 2

**Age: 8-21 \*No class 7/4**

Th	6/13-8/1*	6:00-7:30P	\$29	369001-1
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## Sensory-Friendly Family Swim Party

The Chilson Center Pool is open after hours for families who include individuals with disabilities. The crowd is smaller, the environment accepting and the water features (except the lazy river) are turned off. Parent/caregiver participation required. Lifeguard on duty. The entire family and all ages welcome! **There are no sensory-friendly swim nights in June or August.** Join us for our regular nights beginning in September (3rd Sunday of the month). **Special fee:** Toddler (2-5 yrs) \$2.00; Youth (6-18 yrs) \$2.50; Adult (19-61 yrs) \$3.75; Senior (62+ yrs) \$3.00

Su	7/21	6:00-7:15P
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## Social Opportunities

A social group for adults with intellectual disabilities (and their parents or providers if assistance is needed) meets right here in Loveland most Thursday evenings from 4:30-6:00P. The 2nd Thursday of the month usually includes activities at the Chilson Center or other Parks & Recreation locations throughout Loveland. Call 970.962.2462 to get a copy of the current calendar or for info.

Finished with Swimming Lessons  
Level 4 or Higher?

**Join Loveland Swim Club!**



2 Week Free Trial Available      Open Placements Thursdays 6:30 pm at MVAC  
For More Information: [lovelandswimclub.com](http://lovelandswimclub.com)      Or (970) 980-1994

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# ADULT ATHLETICS

Bump, set, spike, or pitch with a variety of adult ball sports this summer. Enjoy end-of-season tournaments for volleyball, softball and basketball. Or, relax a bit with our new cornhole league alongside live music at the Foote Lagoon. Sign up early! The early bird gets the worm.

## League Skill Definitions

- LEVEL 1 - Competitive (Age 16+)**  
For teams who wish to play in the highest level of competition. Players should be very proficient in all skills and strategies.
- LEVEL 2 & 3 - Recreation (Age 16+)**  
For teams who wish to play for reasons other than exercise without getting into highly competitive levels of play. Players should have average to above average skills & knowledge of the sport.
- LEVEL 4 & 5 - Leisure (Age 16+)**  
For teams who wish to play for exercise in a low-key environment. Players should be beginners learning skills and techniques.

## Payments & Rosters

Full payment for each team is required at the time of registration. Major credit cards accepted. Rosters are required prior to the teams' first game. Bring them to Chilson, the first game or email to [allan.coseo@cityofloveland.org](mailto:allan.coseo@cityofloveland.org).

**TeamSideline** is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out: [teamsideline.com/loveland](http://teamsideline.com/loveland)

## Weather Cancellation Information

Visit [teamsideline.com/loveland](http://teamsideline.com/loveland) or call 970.962.2388, option 3. Recordings are updated 30 minutes before practices/games are scheduled to begin.

## Athletic Coordinators

General Athletics Info	970.962.2445 <a href="mailto:athletics@cityofloveland.org">athletics@cityofloveland.org</a>
Adult & Youth Softball	Allan 970.962.2444 <a href="mailto:allan.coseo@cityofloveland.org">allan.coseo@cityofloveland.org</a>
Adult & Youth Volleyball	
Adult Basketball	
Batting Cages	
Adult & Youth Soccer	Savannah 970.962.2445 <a href="mailto:savannah.garcia@cityofloveland.org">savannah.garcia@cityofloveland.org</a>
Youth Baseball & T-Ball	Dana 970.962.2450 <a href="mailto:dana.redford@cityofloveland.org">dana.redford@cityofloveland.org</a>
Youth Basketball	
Youth Flag Football	
Cornhole	
Adult & Youth Tennis	Kim 970.962.2437 Senior Athletic Coordinator <a href="mailto:kim.miller@cityofloveland.org">kim.miller@cityofloveland.org</a>
Gymnastics	
Youth In-Line Hockey	
Youth Lacrosse	

## Volunteer youth coaches needed!

Many activities need assistance! Call the coordinator for your area of expertise. Have FUN and make a difference this season.

### Summer Volleyball

Register 4/22-5/20

Early Bird (thru 5/13).....\$120/team  
 Team Fee (5/14-5/20).....\$145/team  
 Includes end of season tournament.

Schedules online 5/29 after 4pm. League begins week of 6/3.

Day	Start Date	Level	Class #
Th	6/6	4x4 Coed 1 Sand	371501-1
Th	6/6	4x4 Coed 2 Sand	371501-2
T	6/4	4x4 Coed 1 Grass	371601-1
T	6/4	4x4 Coed 2 Grass	371601-2
M	6/3	4x4 Women 1 Grass	371602-1
M	6/3	4x4 Women 2 Grass	371602-2
W	6/5	2x2 Men Sand	371701-1
W	6/5	2x2 Men Sand	371701-2

### Summer Softball

Register 4/8-5/6

Early Bird (thru 4/28).....\$695/team  
 Team Fee (4/29-5/6).....\$745/team  
 Includes USSSA sanction fee and end of season tournament.

Schedules online 5/15 after 4pm. League begins week of 5/20.

Day	Start Date	Level	Class #
Th	5/23	Men's D	374001-1
M	5/21	Men's E1	374002-1
M	5/20	Men's E2	374002-2
M	5/20	Men's E3	374002-3
M	5/20	Men's E4	374002-4
W	5/22	Men's E5	374002-5
T	5/21	Men's E6	374002-6
W	5/22	Men's E7	374002-7
Th	5/23	Men's E8	374002-8
M	5/20	Women's D	374101-1
T	5/21	Women's E	374102-1
W	5/22	Coed D	374201-1
W	5/22	Coed E1	374202-1
W	5/22	Coed E2	374202-2
T	5/21	Coed E3	374202-3
T	5/21	Coed E4	374202-4
M	5/27	Men's Church Upper	374301-1
Th	5/30	Men's Church Lower	374301-2
Th	5/30	Women's Church	374303-1

### Summer Coed Soccer

Register 4/29-5/28

Early Bird (thru 5/20).....\$685/team  
 Team Fee (5/21-5/28).....\$735/team

Schedules online 6/5 after 4pm. League begins week of 6/9.

Location: Loveland Sports Park (LSP)

Day	Start Date	Level	Class #
Su	6/9	Coed 1	377201-1
Su	6/9	Coed 2	377201-2

### Summer Cornhole League

Register 4/29-6/13

Come play this popular relaxing game while taking in the fresh air and fresh tunes of the Foote Lagoon concert series. Min/Max: 4/10  
 Location: Chilson west lawn

Age: 16+ \*No games 7/4

Fee: \$30/team thru 6/13 or until full

Day	Date	Time	Class #
Th	6/20-7/25*	6:00-8:00P	377901-1

### Have you tried pickleball yet?

See page 4 for details on the Pickleball Open House or check out page 57 for classes.

### Fall Volleyball

Register 8/5-9/3

Early Bird (thru 8/25).....\$315/team  
 Team Fee (8/26-9/3).....\$340/team

Includes end of season tournament.

Schedules online 9/11 after 4pm. League begins week of 9/16.

#### Women

Day	Start Date	Level	Class #
M	9/16	Women's 1	471101-1
M	9/16	Women's 2	471101-2

#### Coed

Day	Start Date	Level	Class #
Th	9/19	Coed 1	471201-1
Th	9/19	Coed 2	471201-2
W	9/18	Coed 3	471201-3

### Fall Softball

Register 7/15-8/12

Early Bird (thru 8/4).....\$425/team  
 Team Fee (8/5-8/12).....\$475/team

Includes end of season tournament.

Schedules online 8/22 after 4pm. League begins week of 8/26.

Day	Start Date	Level	Class #
T	8/27	Men's D	474001-1
T	8/27	Men's E1	474002-1
T	8/27	Men's E2	474002-2
T	8/27	Men's E3	474002-3
T	8/27	Women's D	474101-1
T	8/27	Women's E Upper	474102-1
T	8/27	Women's E Lower	474102-2
M	8/26	Coed 11"/12" D	474201-1
M	8/26	Coed 11"/12" E1	474202-1
M	8/26	Coed 11"/12" E2	474202-2
M	8/26	Coed 11"/12" E3	474202-3
M	8/26	Coed 11"/12" E4	474202-4
Th	8/29	Men's Church	474301-1

#### Men's Doubleheaders

Register 7/15-8/12

Early Bird (thru 8/4).....\$810/team  
 Team Fee (8/5-8/12).....\$860/team

Includes end of season tournament.

Schedules online 8/22 after 4pm. League begins week of 8/26.

Day	Start Date	Level	Class #
Th	8/29	Upper	474003-1
Th	8/29	Lower	474003-2

### Fall Coed Soccer

Register 7/8-8/5

Early Bird (thru 7/28).....\$685/team  
 Team Fee (7/29-8/5).....\$735/team

Schedules online 8/14 after 4pm. League begins week of 8/18.

Location: Loveland Sports Park (LSP)

Day	Start Date	Level	Class #
Su	8/18	Coed 1	477201-1
Su	8/18	Coed 2	477201-2

### Fall Basketball

Register 8/5-9/3

Early Bird (thru 8/25).....\$440/team  
 Team Fee (8/26-9/3).....\$465/team

Includes end of season tournament.

Schedules online 9/11 after 4pm. League begins week of 9/16.

Day	Start Date	Level	Class #
T	9/17	Men's	473001-2
W	9/18	Women's	473101-1



# YOUTH ATHLETICS

Let the kids explore summer camps with a twist – playing ball! Learn from international soccer pros through Challenger International Soccer Camps and get tips from expert coaches in the field with Skyhawks Sports Camps. Prefer a once or twice weekly meetup? Check out Amazing Athletes for the little ones or pick a single sport for those in grade school and above.

## NEW! Youth Athletic Registration Deadlines

Please make note of the new registration deadlines for our Youth Athletic Team Sports beginning with our **FALL** programs. Registration will begin the season prior with hard deadlines approximately 2-3 weeks before the program start date to allow for improved planning and coordination.

Youth Sport	Early Bird Fee	Regular Fee	Registration Deadline	Start Date
<b>FALL</b> soccer, flag football, volleyball	7/8	7/29	8/12	9/4
<b>FALL</b> basketball	7/8	9/23	10/7	10/21
<b>WINTER 2020</b> basketball	10/28	11/25	12/9	1/13/20

**Wait List Policy** If a class is full, you may be placed on ONE wait list. You are contacted when there is a cancellation or if a class is added (depends on facility, coach, participants). Indicate a DAYTIME phone for the wait list!

**Youth Athletic T-Shirts** Each participant is required to wear the Youth Athletics T-Shirt unless otherwise noted (purchase at Mountain Rentals, Inc. 400 E. Eisenhower Blvd in Loveland).

**No Jewelry** For the safety of participants, wearing jewelry is not allowed at practices or games. Medic Alert IDs will not be removed; chains should be taped properly to prevent injury.

**TeamSideline** is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out: [teamsideline.com/loveland](http://teamsideline.com/loveland).

**Volunteer Coaches Needed!** Volunteer coaches are **essential** to our athletic programs! Coaching can be rewarding and the coach's child's player registration fee is waived! Materials and equipment provided. Sign up to coach at [teamsideline.com/loveland](http://teamsideline.com/loveland) and click the VOLUNTEER! button.

**Weather Cancellations** Visit [teamsideline.com/loveland](http://teamsideline.com/loveland). Check up to 30 min. before practice/games are scheduled to begin.

## Community Youth Athletic Organizations

Other affiliated associations offering programs in Loveland are:

**United Soccer Club** - spring/fall soccer  
970.461.9358 • [unitedsoccerco.org](http://unitedsoccerco.org)

**Loveland Baseball Association** - spring/summer/fall baseball  
970.670.0540 • [lovelandbaseball.org](http://lovelandbaseball.org)

**Loveland Youth Athletic Association (LYAA)** - fall tackle football  
[lyaa.colorado@gmail.com](mailto:lyaa.colorado@gmail.com)/[thelyaa.com](http://thelyaa.com)

**Loveland Swim Club** - year-round swim team, summer camps  
970.203.1374 • [lovelandswimclub.com](http://lovelandswimclub.com)

*These contacts are provided as a courtesy to you and are only suggestions (not exclusively endorsed by the City of Loveland). There are other options available in the surrounding communities.*

### Summer Amazing Athletes Min/Max: 6/12

These action-packed classes explore the basics of nine different ball sports in a fun, non-competitive learning-based environment. Each class includes kid-friendly cardio, muscle terminology, motor development skills, speed & agility and teamwork.

Location: T/Th classes: Mehaffey Park North (enter from 29th St.)  
Friday classes: Loveland Sports Park, Field 5

#### Parent/Tot Age: 1.5-2.5 \*No class week of 7/1-7/5

Th	6/6-7/11*	11:00-11:25A	\$45	360009-1
Th	7/18-8/29	11:00-11:25A	\$63	360009-2
F	6/7-7/12*	11:00-11:25A	\$45	360009-3
F	7/19-8/30	11:00-11:25A	\$63	360009-4

#### Toddler Age: 2.5-3.5 \*No class week of 7/1-7/5

F	6/7-7/12*	9:15-9:45A	\$45	360019-1
F	7/19-8/30	9:15-9:45A	\$63	360019-2

#### Toddler/Preschool Age: 2.5-5 \*No class week of 7/1-7/5

Th	6/6-7/11*	10:00-10:45A	\$45	360019-3
Th	7/18-8/29	10:00-10:45A	\$63	360019-4

#### Preschool Age: 3.5-5 \*No class week of 7/1-7/5

T	6/4-7/9*	5:00-5:45P	\$45	360029-1
T	7/16-8/27	5:00-5:45P	\$63	360029-2
F	6/7-7/12*	10:00-10:45A	\$45	360029-3
F	7/19-8/30	10:00-10:45A	\$63	360029-4

### Summer Soccer/Pre-K Instructional Min/Max: 6/10

Drills and fun games are used to introduce soccer basics. Basics are taught during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-Shirts not required.

Age: 4-6

#### Session 1 Fee: \$47 (Early Bird thru 5/24), \$62 (after 5/24)

T,Th	6/4-6/27	9:00-9:45A	Kroh 1	333001-01
T,Th	6/4-6/27	9:45-10:30A	Kroh 1	333001-02
T,Th	6/4-6/27	5:15-6:00P	Loch Lon 3	333001-04
T,Th	6/4-6/27	6:00-6:45P	Loch Lon 3	333001-05
M,W	6/3-6/26	5:15-6:00P	LSP 5	333001-06
M,W	6/3-6/26	6:00-6:45P	LSP 5	333001-07
M,W	6/3-6/26	9:00-9:45A	NL Train	333001-08
M,W	6/3-6/26	9:45-10:30A	NL Train	333001-09
T,Th	6/4-6/27	5:15-6:00P	NL Train	333001-10
T,Th	6/4-6/27	6:00-6:45P	NL Train	333001-11

#### Session 2 Fee: \$47 (Early Bird thru 6/21), \$62 (after 6/21)

T,Th	7/9-8/1	9:00-9:45A	Kroh 1	333002-01
T,Th	7/9-8/1	9:45-10:30A	Kroh 1	333002-02
T,Th	7/9-8/1	5:15-6:00P	Loch Lon 3	333002-04
T,Th	7/9-8/1	6:00-6:45P	Loch Lon 3	333002-05
M,W	7/8-7/31	5:00-6:00P	LSP 5	333002-06
M,W	7/8-7/31	6:00-7:00P	LSP 5	333002-07
M,W	7/8-7/31	9:00-9:45A	NL Train	333002-08
M,W	7/8-7/31	9:45-10:30A	NL Train	333002-09
T,Th	7/9-8/1	5:15-6:00P	NL Train	333002-10
T,Th	7/9-8/1	6:00-6:45P	NL Train	333002-11

### Summer Soccer/Pre-K Leagues Min/Max: 5/10

Soccer fundamentals are taught using drills and fun activities during practice times. Games are held on same days/locations as practices; games at both 9:00A and 10:00A. No additional games played on Saturdays. Required: Youth Athletic T-Shirt, shin guards, water bottle. No jewelry. **\*No practice/games 7/2, 7/4**

Age: 4-6

#### Fee: \$57 (Early Bird thru 5/24), \$72 (after 5/24)

T,Th	6/4-7/18*	9:00-10:00A	LSP 5	333010-01
T,Th	6/4-7/18*	9:00-10:00A	LSP 5	333010-02
T,Th	6/4-7/18*	10:00-11:00A	LSP 5	333010-03
T,Th	6/4-7/18*	10:00-11:00A	LSP 5	333010-04

### Summer Soft Lacrosse Min/Max: 4/30

Introduce your young athlete to the sport of lacrosse in this exhilarating program. Soft lacrosse is a modified version of the game in which gender-neutral sticks and soft balls are used to teach the fundamentals of the game through drills and fun games. All equipment provided; no additional costs.

#### Age: 6-8 Boys & Girls

#### Session 1 Fee: \$47 (Early Bird thru 5/19), \$62 (after 5/19)

T,Th	6/4-6/27	6:00-7:00P	Kroh Fld 3	331301-01
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#### Session 2 Fee: \$47 (Early Bird thru 6/16), \$62 (after 6/16)

T,Th	7/9-8/1	6:00-7:00P	Kroh Fld 3	331301-02
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### Summer Boys Lacrosse Min/Max: 7/48

Designed for players of all abilities to learn and improve on the fundamentals of the game, this program combines practices and games in a camp-like environment. Teams are formed onsite.

The 6 week program follows these guidelines:

**Wk 1:** dedicated to learning skills and practicing

**Wk 2/3:** Tuesday practices; Thursday games

**Wk 4-6:** games played on both days

Determining age group: use the child's age as of 8/31/19.

Required equipment: all purpose soccer shoes (soft cleats)

or tennis shoes; mouthguard; stick; helmet with a face mask

(hockey helmets allowed); gloves (hockey gloves allowed);

arm pads; shoulder pads; cup; Youth Athletic T-Shirt (for games).

**Fee: \$57 (Early Bird thru 5/24), \$72 (after 5/24)**

**\*No practice/games 7/2,7/4**

#### Age: 8-10

T,Th	6/11-7/25*	5:00-6:00P	Kroh Fld 4	331101-01
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#### Age: 11-12

T,Th	6/11-7/25*	6:00-7:00P	Kroh Fld 4	331111-01
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#### Age: 13-15

T,Th	6/11-7/25*	7:00-8:00P	Kroh Fld 4	331121-01
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### Summer Outdoor Basketball 3-on-3

Register your team today for 3-on-3 outdoor half-court basketball! Minimum of 2 games played per day. 6 players allowed per team. Levels determined by participant's grade entering school in fall 2019. Min/Max: 3/8

Location: North Lake Park

**Fee: \$115 (Early Bird thru 5/13), \$135 (after 5/13)**

#### Grade: 5-8 \*No games 7/2, 7/4

##### Boys

Grade: 5-6	T,Th	6/4-7/11*	8:00-9:30A	332010-05
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Grade: 7-8	T,Th	6/4-7/11*	9:30-11:00A	332010-07
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##### Girls

Grade: 5-6	T,Th	6/4-7/11*	8:00-9:30A	332010-25
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Grade: 7-8	T,Th	6/4-7/11*	9:30-11:00A	332010-27
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**Keep your eye on the ball!**  
**See page 28 for t-ball and**  
**baseball for ages 4+.**

**Practice fields - Page 60**

**Summer T-Ball** Min/Max 9/12

Designed to introduce children to the game of baseball. Schedule: practices/games held on Mon/Wed at Kroh Park or North Lake Park

**Fee: \$62 (Early Bird thru 5/24), \$77 (after 5/24)**

**Age: 4-6 \*No practice/games 7/3**

M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-01
M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-02
M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-03
M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-04
M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-05
M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-06
M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-07
M,W	6/10-7/24*	4:45-6:00P	Kroh 1	335001-08
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-01
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-02
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-03
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-04
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-05
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-06
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-07
M,W	6/10-7/24*	4:45-6:00P	NL Fields	335002-08
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-01
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-02
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-03
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-04
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-05
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-06
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-07
M,W	6/10-7/24*	6:30-7:45P	Kroh 1	335003-08
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-01
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-02
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-03
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-04
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-05
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-06
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-07
M,W	6/10-7/24*	6:30-7:45P	NL Fields	335004-08

**Summer Baseball for All** Min/Max: 7/40

This baseball program gives children and teens (with and without disabilities) the opportunity to play baseball together as teammates. Players will learn skills, team work and camaraderie while playing non-competitive games against other unified teams from Northern Colorado. Travel is required. Location: Kroh Park, Field 2

**Age: 8-21 \*No class 7/4**

Th	6/13-8/1*	6:00-7:30P	\$29	369001-1
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**YOUTH SPORTS CAMPS**

at Loveland Sports Park - 950 N. Boyd Lake Ave.

Register at the websites below. Call us for info 970.962.2445.

• **Challenger International Soccer Camps**  
challengersports.com Age: 3-14

Learn respect, responsibility and sportsmanship while playing hard, having fun and making new friends.

Session 1: 6/10-6/14 Session 2: 7/29-8/2

• **Skyhawks Sports Camps - June and July**  
skyhawks.com Age: 4-14

Expert staff teaching life skills through sports for over 40 years!

Week-long camps: volleyball, flag football, lacrosse, baseball and Mini-Hawk® (baseball, basketball, soccer)

**Summer Baseball** Min/Max 10/15

Designed to introduce the game of baseball beyond T-Ball. Schedule: practices/games are held on Tues/Thurs at either Fairgrounds Park fields or North Lake Park/Owens fields.

**Fee: \$72 (Early Bird thru 5/24), \$87 (after 5/24)**

**COACH PITCH Age: 6-8 \*No practice/games 7/4**

T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-01
T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-02
T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-03
T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-04
T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-05
T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-06
T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-07
T,Th	6/4-7/25*	4:15-5:45P	Owens BB	335053-08
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-01
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-02
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-03
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-04
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-05
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-06
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-07
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-08
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-09
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-10
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-11
T,Th	6/4-7/25*	6:15-7:45P	Owens BB	335054-12

**MACHINE PITCH Age: 6-8 \*No practice/games 7/2, 7/4**

T,Th	6/4-7/25*	8:30-10:00A	Barnes #8	335051-01
T,Th	6/4-7/25*	8:30-10:00A	Barnes #8	335051-02
T,Th	6/4-7/25*	8:30-10:00A	Barnes #8	335051-03
T,Th	6/4-7/25*	8:30-10:00A	Barnes #8	335051-04

**MACHINE PITCH Age: 8-10 \*No practice/games 7/2, 7/4**

T,Th	6/4-7/25*	10:30A-12:00P	Barnes #8	335052-01
T,Th	6/4-7/25*	10:30A-12:00P	Barnes #8	335052-02
T,Th	6/4-7/25*	10:30A-12:00P	Barnes #8	335052-03
T,Th	6/4-7/25*	10:30A-12:00P	Barnes #8	335052-04

**Summer Girls Softball** Min/Max: 10/14

Promotes skill development and sportsmanship for girls ages 8-13 as of 8/31/19. Games at Barnes Complex at Fairgrounds Park:

Age 8-10 play games on Tues/Thurs; Age 11-13 play on Mon/Wed

**Age: 8-10 MACHINE PITCH - Practices**

**Fee: \$60 (Early Bird thru 5/27), \$75 (after 5/27)**

M	6/3-7/25	6:00-7:00P	Garfield Pk	336201-01
M	6/3-7/25	5:00-6:00P	Garfield Pk	336201-02
M	6/3-7/25	6:00-7:00P	Kroh 3	336201-03
M	6/3-7/25	7:00-8:00P	Kroh 3	336201-04
M	6/3-7/25	5:00-6:00P	NL Fields	336201-05
M	6/3-7/25	6:00-7:00P	NL Fields	336201-06
M	6/3-7/25	6:00-7:00P	Silver Glen	336201-07
M	6/3-7/25	5:00-6:00P	Silver Glen	336201-08
M	6/3-7/25	6:00-7:00P	High Plains	336201-09

**Age: 11-13 PLAYER PITCH - Practices**

**Fee: \$75 (Early Bird thru 5/27), \$90 (after 5/27)**

T	6/4-7/23	6:00-7:00P	Garfield Pk	336202-01
Th	6/6-7/25	5:00-6:00P	Garfield Pk	336202-02
Th	6/6-7/25	6:00-7:00P	Garfield Pk	336202-03
T	6/4-7/23	6:00-7:00P	Kroh 3	336202-04
T	6/4-7/23	7:00-8:00P	Kroh 3	336202-05
T	6/4-7/23	6:00-7:00P	Silver Glen	336202-06
Th	6/6-7/25	6:00-7:00P	Osborn BB	336202-07
T	6/4-7/23	5:00-6:00P	Woodmere	336202-08
Th	6/6-7/25	7:00-8:00P	Woodmere	336202-09

### Fall Soccer/Pre-K Instructional Min/Max: 6/10

Drills and fun games are used to introduce soccer basics. Basics are taught during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-Shirts not required.

**Age: 4-6**

**Register: 7/8-8/12 Fee: \$47 (Early Bird thru 7/28), \$62 (after 7/28)**

M,W	9/16-10/9	5:45-6:30P	Kroh 9	433000-01
T,Th	9/17-10/10	5:45-6:30P	Kroh 9	433000-02
M,W	9/16-10/9	4:30-5:15P	Loch Lon 4	433000-03
T,Th	9/17-10/10	5:45-6:30P	Loch Lon 4	433000-04
M,W	9/16-10/9	4:30-5:15P	NL Train 1	433000-05
T,Th	9/17-10/10	5:30-6:15P	Mehaffey A	433000-06

### Fall Youth Soccer Leagues

Emphasizes equal participation while learning basic soccer fundamentals and having fun! Practices are two times per week. Games are on Saturdays at Kroh Park beginning 9/14.

Youth Athletic T-Shirts and shin guards required. No jewelry.

### Fall Soccer/Pre-K League Min/Max 6/8

**Age: 4-5**

**Register: 7/8-8/12 Fee: \$57 (Early Bird thru 7/28), \$72 (after 7/28)**

M,W	9/4-10/19	4:30-5:30P	Kroh 3	433004-01
M,W	9/4-10/19	5:30-6:30P	Kroh 3	433004-02
M,W	9/4-10/19	4:30-5:30P	Loch Lon 3	433004-11
M,W	9/4-10/19	5:30-6:30P	Loch Lon 3	433004-12
T,Th	9/5-10/19	4:30-5:30P	LSP 2	433004-21
T,Th	9/5-10/19	5:30-6:30P	LSP 2	433004-22
T,Th	9/5-10/19	4:30-5:30P	NL Train 2	433004-31
T,Th	9/5-10/19	5:30-6:30P	NL Train 2	433004-32

### Fall Soccer/Pre-K League Min/Max 6/8

**Age: 5-6**

**Register: 7/8-8/12 Fee: \$57 (Early Bird thru 7/28), \$72 (after 7/28)**

T,Th	9/5-10/19	4:30-5:30P	Kroh 3	433006-01
T,Th	9/5-10/19	5:30-6:30P	Kroh 3	433006-02
T,Th	9/5-10/19	4:30-5:30P	Loch Lon 3	433006-11
T,Th	9/5-10/19	5:30-6:30P	Loch Lon 3	433006-12
M,W	9/4-10/19	4:30-5:30P	LSP 2	433006-21
M,W	9/4-10/19	5:30-6:30P	LSP 2	433006-22
M,W	9/4-10/19	4:30-5:30P	NL Train 2	433006-31
M,W	9/4-10/19	5:30-6:30P	NL Train 2	433006-32

### Fall Soccer/1st & 2nd Grade Min/Max: 8/12

**Register: 7/8-8/12 Fee: \$57 (Early Bird thru 7/28), \$72 (after 7/28)**

**Boys**

M,W	9/4-10/19	4:30-5:30P	Kroh 8	433011-01
T,Th	9/5-10/19	4:30-5:30P	Kroh 8	433011-02
T,Th	9/5-10/19	5:30-6:30P	Loch Lon 2	433011-03
M,W	9/4-10/19	5:30-6:30P	Loch Lon 3	433011-04
M,W	9/4-10/19	4:30-5:30P	LSP 2	433011-05
T,Th	9/5-10/19	5:30-6:30P	LSP 2	433011-06
M,W	9/4-10/19	4:30-5:30P	Namaqua El.	433011-07
T,Th	9/5-10/19	4:30-5:30P	NL Train 1	433011-08

**Girls**

M,W	9/4-10/19	4:30-5:30P	Kroh 7	433021-01
T,Th	9/5-10/19	5:30-6:30P	Kroh 7	433021-02
M,W	9/4-10/19	4:30-5:30P	Loch Lon 2	433021-03
T,Th	9/5-10/19	5:30-6:30P	Loch Lon 3	433021-04
M,W	9/4-10/19	4:30-5:30P	LSP 2	433021-05
T,Th	9/5-10/19	5:30-6:30P	LSP 2	433021-06
T,Th	9/5-10/19	4:30-5:30P	Namaqua El.	433021-07
T,Th	9/5-10/19	5:30-6:30P	NL Train 1	433021-08

### Fall Soccer/3rd & 4th Grade Min/Max 11/14

**Register: 7/8-8/12 Fee: \$57 (Early Bird thru 7/28), \$72 (after 7/28)**

**Boys**

M,W	9/4-10/19	4:30-5:30P	Kroh 7	433013-01
M,W	9/4-10/19	5:30-6:30P	Kroh 7	433013-02
T,Th	9/5-10/19	5:30-6:30P	Kroh 8	433013-03
M,W	9/4-10/19	4:30-5:30P	Loch Lon 2	433013-04
M,W	9/4-10/19	5:30-6:30P	LSP 2	433013-05
T,Th	9/5-10/19	4:30-5:30P	LSP 2	433013-06
M,W	9/4-10/19	5:30-6:30P	Namaqua El.	433013-07

**Girls**

M,W	9/4-10/19	4:30-5:30P	Kroh 8	433023-01
M,W	9/4-10/19	5:30-6:30P	Kroh 8	433023-02
T,Th	9/5-10/19	5:30-6:30P	Kroh 8	433023-03
M,W	9/4-10/19	5:30-6:30P	Loch Lon 2	433023-04
M,W	9/4-10/19	5:30-6:30P	LSP 2	433023-05
T,Th	9/5-10/19	4:30-5:30P	LSP 2	433023-06
T,Th	9/5-10/19	5:30-6:30P	Namaqua El.	433023-07

### Fall Soccer/5th & 6th Grade Min/Max 11/14

**Register: 7/8-8/12 Fee: \$57 (Early Bird thru 7/28), \$72 (after 7/28)**

**Boys**

M,W	9/4-10/19	5:30-6:30P	Kroh 7	433015-01
M,W	9/4-10/19	5:30-6:30P	Loch Lon 2	433015-02
T,Th	9/5-10/19	5:30-6:30P	LSP 2	433015-03
M,W	9/4-10/19	5:30-6:30P	Namaqua El.	433015-04

**Girls**

T,Th	9/5-10/19	4:30-5:30P	Kroh 7	433025-01
T,Th	9/5-10/19	5:30-6:30P	Loch Lon 2	433025-02
M,W	9/4-10/19	5:30-6:30P	LSP 2	433025-03
T,Th	9/5-10/19	5:30-6:30P	Namaqua El.	433025-04

### Fall Flag Football Min/Max: 10/16

This is an instructional program that is designed to teach the fundamentals of football to elementary-aged children. Practices are held two times per week from 5:30-6:30P with games on Saturdays beginning 9/14 at Loveland Sports Park (LSP), fields 6 & 7.

Required: Youth Athletic T-shirt

**Register: 7/8-8/12 Fee: \$57 (Early Bird thru 7/28), \$72 (after 7/28)**

**Grade: 1-2**

T,Th	9/5-10/19	5:30-6:30P	Centennial	438101-01
T,Th	9/5-10/19	5:30-6:30P	High Plains	438101-02
M,W	9/4-10/19	5:30-6:30P	Kroh 6	438101-03
M,W	9/4-10/19	5:30-6:30P	Loch Lon 4	438101-04
T,Th	9/5-10/19	5:30-6:30P	Loch Lon 4	438101-05
M,W	9/4-10/19	5:30-6:30P	LSP 6	438101-06
T,Th	9/5-10/19	5:30-6:30P	LSP 6	438101-07
M,W	9/4-10/19	5:30-6:30P	Mehaffey N	438101-08

**Grade: 3-4**

M,W	9/4-10/19	5:30-6:30P	Centennial	438103-01
T,Th	9/5-10/19	5:30-6:30P	High Plains	438103-02
M,W	9/4-10/19	5:30-6:30P	Kroh 6	438103-03
M,W	9/4-10/19	5:30-6:30P	Loch Lon 4	438103-04
T,Th	9/5-10/19	5:30-6:30P	Loch Lon 4	438103-05
M,W	9/4-10/19	5:30-6:30P	LSP 6	438103-06
T,Th	9/5-10/19	5:30-6:30P	LSP 6	438103-07
T,Th	9/5-10/19	5:30-6:30P	Mehaffey N	438103-08

**Grade: 5-6**

T,Th	9/5-10/19	5:30-6:30P	High Plains	438105-01
T,Th	9/5-10/19	5:30-6:30P	Kroh 6	438105-02
T,Th	9/5-10/19	5:30-6:30P	Loch Lon 4	438105-03
M,W	9/4-10/19	5:30-6:30P	Mehaffey N	438105-04

**Fall Itty Bitty Ballers Basketball** Min/Max 6/10

This is a fun new coed program for boys and girls in kindergarten and 1st grade to learn the fundamentals of basketball in a team setting with modified rules and basket height. All practices/games held at the Chilson Center, Large Gym

**Register: 7/8-10/7 Fee: \$47 (Early Bird thru 9/22), \$72 (after 9/22)**

**Grade: K-1st \*No class 11/30**

Sa	11/2-12/7*	9:00-10:00A	432021-01
Sa	11/2-12/7*	9:00-10:00A	432021-02
Sa	11/2-12/7*	10:00-11:00A	432021-03
Sa	11/2-12/7*	10:00-11:00A	432021-04
Sa	11/2-12/7*	11:00A-12:00P	432021-05
Sa	11/2-12/7*	11:00A-12:00P	432021-06

**Fall Basketball Girls 2nd -5th Grade** Min/Max: 6/10

Learn fundamentals, enhance current skills, develop good sportsmanship and have fun! Practices held at area elementary schools two days a week; games played Saturdays beginning 11/2 at the Chilson Recreation Center and local schools. Required: \*Youth Athletic T-shirts \*Non-marking soled shoes \*No jewelry.

**Register: 7/8-10/7 Fee: \$57 (Early Bird thru 9/22), \$72 (after 9/22)**

**Grade: 2-3 \*No practice/games 11/25, 11/26, 11/27, 11/28, 11/30**

T,Th	10/22-12/7*	6:00-7:00P	Carrie Martin	432023-01
M,W	10/21-12/7*	6:00-7:00P	Centennial	432023-02
T,Th	10/22-12/7*	7:00-8:00P	Coyote Ridge	432023-03
M,W	10/21-12/7*	7:00-8:00P	Garfield	432023-04
M,W	10/21-12/7*	6:00-7:00P	Mary Blair	432023-05
T,Th	10/22-12/7*	6:00-7:00P	Monroe	432023-06
T,Th	10/22-12/7*	5:00-6:00P	Namaqua	432023-07
T,Th	10/22-12/7*	7:00-8:00P	Ponderosa	432023-08
T,Th	10/22-12/7*	6:00-7:00P	Winona	432023-09
T,Th	10/22-12/7*	5:00-6:00P	High Plains	432023-10

**Grade: 4 \*No practice/games 11/25, 11/26, 11/27, 11/28, 11/30**

T,Th	10/22-12/7*	7:00-8:00P	Carrie Martin	432024-01
M,W	10/21-12/7*	7:00-8:00P	Centennial	432024-02
T,Th	10/22-12/7*	5:00-6:00P	Coyote Ridge	432024-03
M,W	10/21-12/7*	5:00-6:00P	Garfield	432024-04
M,W	10/21-12/7*	7:00-8:00P	Mary Blair	432024-05
T,Th	10/22-12/7*	5:00-6:00P	Monroe	432024-06
T,Th	10/22-12/7*	6:00-7:00P	Namaqua	432024-07
T,Th	10/22-12/7*	6:00-7:00P	Ponderosa	432024-08
T,Th	10/22-12/7*	7:00-8:00P	Winona	432024-09
T,Th	10/22-12/7*	6:00-7:00P	High Plains	432024-10

**Grade: 5 \*No practice/games 11/25, 11/26, 11/27, 11/28, 11/30**

T,Th	10/22-12/7*	6:00-7:00P	Coyote Ridge	432025-01
M,W	10/21-12/7*	6:00-7:00P	Garfield	432025-02
T,Th	10/22-12/7*	7:00-8:00P	Monroe	432025-03
T,Th	10/22-12/7*	7:00-8:00P	Namaqua	432025-04
T,Th	10/22-12/7*	5:00-6:00P	Ponderosa	432025-05
T,Th	10/22-12/7*	7:00-8:00P	High Plains	432025-06

**Volunteer to coach youth sports!  
Share your LOVE of the game.**

Use your knowledge and skills and inspire young players in youth athletics. Free enrollment for your child. Training and background check required. Sign up at [teamsideline.com/loveland](http://teamsideline.com/loveland) and click on the **Volunteer** button to get ready to have FUN! Call with questions 970.962.2445.

**Fall Coed Youth Volleyball** Min/Max: 6/10

This program emphasizes the basics while having fun! Rules may be adapted to meet skill levels of all players. Parents are encouraged to participate as coaches. Practices are held twice per week with games played on Saturday mornings beginning 9/14 at the Chilson Recreation Center.

**Register: 7/8-8/12 Fee: \$58 (Early Bird thru 7/28), \$72 (after 7/28)**

**Grade: 2-3**

T,Th	9/5-10/12	5:00-6:15P	Carrie Martin	437002-01
M,W	9/4-10/12	6:30-7:45P	Centennial	437002-02
M,W	9/4-10/12	5:00-6:15P	Coyote Ridge	437002-03
T,Th	9/5-10/12	6:30-7:45P	Monroe	437002-05
T,Th	9/5-10/12	5:00-6:15P	Namaqua	437002-06
M,W	9/4-10/12	5:00-6:15P	Ponderosa	437002-07
T,Th	9/5-10/12	5:00-6:15P	Garfield	437002-08
M,W	9/4-10/12	7:00-8:15P	High Plains	437002-09

**Grade: 4-5**

T,Th	9/5-10/12	6:30-7:45P	Carrie Martin	437004-01
M,W	9/4-10/12	5:00-6:15P	Centennial	437004-02
M,W	9/4-10/12	6:30-7:45P	Coyote Ridge	437004-03
T,Th	9/5-10/12	5:00-6:15P	Monroe	437004-05
T,Th	9/5-10/12	6:30-7:45P	Namaqua	437004-06
M,W	9/4-10/12	6:30-7:45P	Ponderosa	437004-07
T,Th	9/5-10/12	6:30-7:45P	Garfield	437004-08
T,Th	9/5-10/12	7:00-8:15P	High Plains	437004-09

**SUMMER TENNIS**

**Pre-CARA Tennis Camp** Min/Max: 4/99

A chance for those players registering for CARA Tennis to gain an advantage. Emphasis is on all aspects of match play, skills and strategies that you need to succeed. Participants must be registered for CARA Tennis in order to participate. Location: North Lake Ct 1

**Fee: \$30 (Early Bird thru 5/19), \$45 (after 5/19)**

<b>Age: 7-12</b>	T-F	5/28-5/31	4:00-5:00P	325001-01
<b>Age: 13-18</b>	T-F	5/28-5/31	5:00-6:00P	325002-01

**CARA Tennis Team** Min/Max: 1/99

CARA (Colorado Association of Recreational Athletics) provides a recreational, non-ranked, non-sanctioned opportunity for young tennis players to learn competitive strategies and skills in a fun learning environment. Practice two times/week; Matches on Friday: beginning 6/14. A State Tournament for all participants is held the week of July 22-26. Attend a mandatory parent meeting before or after your practice at 9:30A on Wed, 6/5 or Thurs, 6/6 at the courts. Required: Team T-shirt - see below. Location: North Lake Ct 1

**Fee: \$108 (Early Bird thru 5/26), \$123 (after 5/26)**

**Boys**

Age: 8-10	T,Th	6/4-7/18	8:00-9:30A	325101-01
Age: 11-12	T,Th	6/4-7/18	9:30-11:00A	325101-02
Age: 13-14	M,W	6/3-7/17	8:00-9:30A	325101-03
Age: 15-18	M,W	6/3-7/17	9:30-11:00A	325101-04

**Girls**

Age: 8-10	T,Th	6/4-7/18	8:00-9:30A	325201-01
Age: 11-12	T,Th	6/4-7/18	9:30-11:00A	325201-02
Age: 13-14	M,W	6/3-7/17	8:00-9:00A	325201-03
Age: 15-18	M,W	6/3-7/17	9:30-11:00A	325201-04

**CARA T-Shirt**

A team T-shirt is required (same design as previous years). Choose between a cotton shirt or Sport-Tek fabric. Order online [cityofloveland.org/webtrac](http://cityofloveland.org/webtrac) or at the Chilson front desk by 12P on 6/7. Cotton \$5 325900-01 • Sport-Tek \$12 325900-02

### Tennis - Parent/Tot Min/Max: 4/8

Introduce your 3-4 year old to the game of tennis. Toddlers bring an adult buddy to help you improve hand/eye coordination, learn exciting games and have fun! Enroll child only.

**Age: 3-4 Fee: \$30**

Sa	6/1-6/22	11:00-11:45A	D. Webster Ct 1	322101-01
Sa	7/6-7/27	11:00-11:45A	D. Webster Ct 1	322201-01

### Tennis - Parent/Child Min/Max: 4/8

A great class for parent and child ages 10+ to bond while learning and improving their game. Enroll both child and adult.

**Age: 10+ Fee: \$28 ea.**

M	6/3-6/24	6:00-7:00P	NL Ct 7	322105-40
W	6/5-6/26	6:00-7:00P	NL Ct 7	322105-41
M	7/8-7/29	6:00-7:00P	NL Ct 7	322205-40
W	7/10-7/31	6:00-7:00P	NL Ct 7	322205-41

### Tennis - 10 & Under Min/Max: 4/8

This program utilizes the new and exciting 10 & under format which encourages confidence through immediate progress.

Smaller racquets, slower and lighter balls and shorter court dimensions make the learning process easier and more fun!

Junior racquets and tennis balls provided.

**Age: 5-7 Fee: 1x/wk: \$31; 2x/wk: \$49**

Sa	6/1-6/22	9:00-9:45A	D. Webster Ct 1	321101-04
T,Th	6/4-6/27	10:00-10:45A	D. Webster Ct 1	321101-03
T,Th	6/4-6/27	4:00-4:45P	McKee Ct 1	321101-20
Sa	6/1-6/22	10:00-10:45A	Mehaffey Ct 6	321101-72
M,W	6/3-6/26	9:00-9:45A	Mehaffey Ct 6	321101-70
M,W	6/3-6/26	5:00-5:45P	Mehaffey Ct 6	321101-71
M,W	6/3-6/26	4:00-4:45P	NL Ct 7	321101-41
T,Th	6/4-6/27	5:00-5:45P	TVHS Ct	321101-60
Sa	7/6-7/27	9:00-9:45A	D. Webster Ct 1	321201-04
T,Th	7/9-8/1	10:00-10:45A	D. Webster Ct 1	321201-03
T,Th	7/9-8/1	4:00-4:45P	McKee Ct 1	321201-20
Sa	7/6-7/27	10:00-10:45A	Mehaffey Ct 6	321201-72
M,W	7/8-7/31	9:00-9:45A	Mehaffey Ct 6	321201-70
M,W	7/8-7/31	5:00-5:45P	Mehaffey Ct 6	321201-71
M,W	7/8-7/31	4:00-4:45P	NL Ct 7	321201-41
T,Th	7/9-8/1	5:00-5:45P	TVHS Ct	321201-60

**Age: 8-10 Fee: 1x/wk: \$34; 2x/wk: \$55**

Sa	6/1-6/22	10:00-11:00A	D. Webster Ct 1	321110-04
T,Th	6/4-6/27	9:00-10:00A	D. Webster Ct 1	321110-03
Sa	6/1-6/22	9:00-10:00A	Mehaffey Ct 6	321110-72
M,W	6/3-6/26	8:00-9:00A	Mehaffey Ct 6	321110-70
M,W	6/3-6/26	6:00-7:00P	Mehaffey Ct 6	321110-71
M,W	6/3-6/26	5:00-6:00P	NL Ct 7	321110-41
T,Th	6/4-6/27	4:00-5:00P	TVHS Ct	321110-60
Sa	7/6-7/27	10:00-11:00A	D. Webster Ct 1	321210-04
T,Th	7/9-8/1	9:00-10:00A	D. Webster Ct 1	321210-03
Sa	7/6-7/27	9:00-10:00A	Mehaffey Ct 6	321210-72
M,W	7/8-7/31	8:00-9:00A	Mehaffey Ct 6	321210-70
M,W	7/8-7/31	6:00-7:00P	Mehaffey Ct 6	321210-71
M,W	7/8-7/31	5:00-6:00P	NL Ct 7	321210-41
T,Th	7/9-8/1	4:00-5:00P	TVHS Ct	321210-60

### Tennis - Beginner Min/Max: 4/8

Basic fundamentals are taught and students are introduced to different types of grips, footwork, forehand, backhand, serve, volley and scoring. A great starting point for those who have never played or for those needing to review and master basic skills.

**Age: 11-17 1x/wk: \$34; 1x/wk 1.5 hrs: \$42; 2x/wk: \$55**

T,Th	6/4-6/27	8:00-9:00A	D. Webster Ct 1	322110-02
T,Th	6/4-6/27	5:00-6:00P	McKee Ct 1	322110-20
Sa	6/1-6/22	11:00A-12:00P	Mehaffey Ct 6	322110-71
M,W	6/3-6/26	10:00-11:00A	Mehaffey Ct 6	322110-70
W	6/5-6/26	7:00-8:30P	NL Ct 7	322110-41
T,Th	6/4-6/27	6:00-7:00P	TVHS Ct	322110-60
T,Th	7/9-8/1	8:00-9:00A	D. Webster Ct 1	322210-02
T,Th	7/9-8/1	5:00-6:00P	McKee Ct 1	322210-20
Sa	7/6-7/27	11:00A-12:00P	Mehaffey Ct 6	322210-71
M,W	7/8-7/31	10:00-11:00A	Mehaffey Ct 6	322210-70
W	7/10-7/31	7:00-8:30P	NL Ct 7	322210-41
T,Th	7/9-8/1	6:00-7:00P	TVHS Ct	322210-60

**Age: 18+ 1x/wk: \$34; 1x/wk 1.5 hrs: \$42; 2x/wk: \$55**

Sa	6/1-6/22	8:00-9:00A	D. Webster Ct 1	323110-01
T,Th	6/4-6/27	7:00-8:00P	McKee Ct 1	323110-20
M	6/3-6/24	7:00-8:30P	NL Ct 7	323110-40
Sa	7/6-7/27	8:00-9:00A	D. Webster Ct 1	323210-01
T,Th	7/9-8/1	7:00-8:00P	McKee Ct 1	323210-20
M	7/8-7/29	7:00-8:30P	NL Ct 7	323210-40

### Tennis - Intermediate Min/Max: 4/8

The intermediate player should be able to rally using forehands and backhands. Accelerated instruction and drills to improve stroke development & increase confidence in forehand, backhand, serve, return of serve and volley mid-court volleys.

**Age: 11-17 Fee: \$55**

T,Th	6/4-6/27	6:00-7:00P	McKee Ct 1	322130-21
M,W	6/3-6/26	11:00A-12:00P	Mehaffey Ct 6	322130-70
M,W	6/3-6/26	7:00-8:00P	Mehaffey Ct 6	322130-71
T,Th	7/9-8/1	6:00-7:00P	McKee Ct 1	322230-21
M,W	7/8-7/31	11:00A-12:00P	Mehaffey Ct 6	322230-70
M,W	7/8-7/31	7:00-8:00P	Mehaffey Ct 6	322230-71

**Age: 18+ Fee: 1x/wk: \$34; 2x/wk: \$55**

Sa	6/1-6/22	8:00-9:00A	Mehaffey Ct 6	323130-70
M,W	6/3-6/26	9:30-10:30A	NL Ct 7	323130-41
T,Th	6/4-6/27	7:00-8:00P	TVHS Ct	323130-60
Sa	7/6-7/27	8:00-9:00A	Mehaffey Ct 6	323230-70
M,W	7/8-7/31	9:30-10:30A	NL Ct 7	323230-41
T,Th	7/9-8/1	7:00-8:00P	TVHS Ct	323230-60

### Tennis - Advanced Min/Max: 4/8

Players have more dependable strokes and are able to judge where the ball is going. Introduces strategies for singles and doubles, drills for power, lob, overhead and half volleys.

**Age: 11-17 Fee: \$55**

T,Th	6/4-6/27	11:00A-12:00P	D. Webster Ct 1	322140-01
T,Th	7/9-8/1	11:00A-12:00P	D. Webster Ct 1	322240-01

**Age: 18+ Fee: \$74**

M,W	6/3-6/26	8:00- 9:30A	NL Ct 7	323140-40
M,W	7/8-7/31	8:00- 9:30A	NL Ct 7	323240-40

## TENNIS: PRIVATE LESSONS

Improve your skills quickly with focused attention! Call 970.962.2437 to request a specific instructor; otherwise, an instructor will contact you to arrange the date, time and location of the lesson once the registration process is complete. **Age: 5+**

**Private (one-on-one)** Enjoy one-on-one time with your instructor and focus on skills that make your game better.

**Fee: \$35 (1 person/1hr) 324101-01**

**Semi-Private (one-on-two)** Share a lesson with one or two other people and receive the benefits of a personalized lesson!

**Fee: \$28/person (2 people/1hr) 324151-01**

**Fee: \$25/person (3 people/1hr) 324171-01**

# MOVIES IN THE PARK

All movies are FREE and begin at dusk - approximately 8:45P. You are welcome to bring blankets, chairs and a picnic dinner (no alcohol or glass).

Movies at the Foundry Plaza | Wednesdays | Downtown Loveland  
NEW! Enjoy movies at this new downtown gathering space.



*Footloose* (PG)  
June 5



*Dirty Dancing* (PG)  
June 12



*Grease* (PG)  
June 19

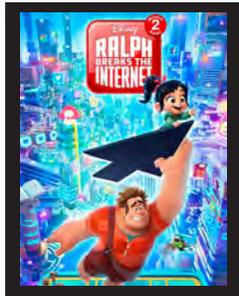


Dance Movie - TBD  
June 26

Movies in the Park | Fridays | Various Parks

Come early to play games at the Mobile Recreation Trailer, 6:30-8:30P.

At Cattail Creek  
2116 W. 29th St.



*Ralph Breaks the Internet* (PG)  
June 7

Free SNAG & driving range for families, 4-6P

At Barnes Complex  
405 W. Cleveland Ave.



*The Sandlot* (PG)  
June 14

At North Lake Park Amphitheater  
2750 N. Taft Ave.



*Jurassic World* (PG-13)  
June 21



*Incredibles 2* (PG)  
July 12

Dive-In Movie | at Winona Outdoor Pool

*Jaws* (PG) July 27

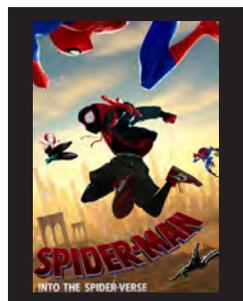
Bring your own float to the pool!  
Winona entry fee required

1615 Fourth St. SE



*Apollo 11* (G)  
July 19

In honor of 50th anniversary moon landing



*Spider-Man: Into the Spider-Verse* (PG)  
July 26

Weather permitting. Any changes/cancellations posted on Facebook: @cityoflovelandparksrecreation  
970.962.2446 or [cityofloveland.org/parksrecreation](http://cityofloveland.org/parksrecreation)



City of  
**LOVELAND**  
PARKS & RECREATION



# FARMERS MARKET

## SUNDAYS & THURSDAYS - Two locations!

Voted one of the 10 best farmers markets in the state of Colorado! Farm-fresh produce, baked goods, crafters and entertainment. Fun for the whole family! SNAP/Double Up onsite.

**Sundays | 6/23-9/29 | 9:00A-1:30P | Fairgrounds Park | 700 S. Railroad Ave.**

### June 23

- Musician: Denny Driscoll
- Artist Market

### June 30

- Musician: Clint Wilcox of More Than Physics
- Beer Garden: 10:00A-1:00P while supplies last

### July 7

- Musician: Brian Wendt - Guitar Wizard

### July 14

- Musician: Tim Ostdiek

### July 21

- Musician: Beni Brosh
- Artist Market

### July 28

- Musician: Johnny Johnston
- Beer Garden: 10:00A-1:00P while supplies last

### August 4

- Musician: Ryan Dart

### August 11

- Musician: Sandals with Socks



### NEW!

### HONEY FESTIVAL September 8

- vendor booths
- beekeeping demos
- mead
- bee-friendly gardening
- cooking with honey
- health/nutritional benefits
- massage and honey for healing
- kids' activities

### August 18

- Musician: David Coile & Friends
- Artist Market

### August 25

- Musician: Jacie McConnell
- Beer Garden: 10:00A-1:00P while supplies last

### September 1

- Musician: The Seers

### September 8

- Musician: Sean Waters
- Honey Festival

### September 15

- Musician: The Dulcileles
- Shop With a Chef: must preregister #451901-1

### September 22

- Musician: Johnny Johnston
- Artist Market

### September 29

- Musician: Tony Petrossi
- Beer Garden: 10:00A-1:00P while supplies last

### NEW! Thursdays | 7/11-8/29 | 4:00-7:00P | Foundry Plaza | Downtown Loveland

Purchase fresh food from local vendors - just in time for the weekend - at this downtown gathering space.

Questions? 970.962.2446 or [cityofloveland.org/farmersmarket](http://cityofloveland.org/farmersmarket)



# GYMNASTICS & DANCE

Keep the kids busy this summer and let them get out their wiggles. Our tumbling classes are perfect for tots just learning to walk all the way up through those more accustomed to jumping, rolling and bouncing. Check out Mini Yogis for calming connections with others.

## Preschool Playtime Min/Max: 4/15

Come run, jump, roll, climb and play in our gymnastics room! Bring an adult buddy to play with. A staff person is present to assist as needed. Space is limited to 15 participants. Pay for child only and present your receipt to the staff person.

**Age: 3-6 Fee: \$5 ea.**

### JUNE

T	6/4	1:30-2:30P	330168-01
T	6/11	1:30-2:30P	330168-02
T	6/18	1:30-2:30P	330168-03
T	6/25	1:30-2:30P	330168-04

### JULY

T	7/9	1:30-2:30P	330268-01
T	7/16	1:30-2:30P	330268-02
T	7/23	1:30-2:30P	330268-03
T	7/30	1:30-2:30P	330268-04

## Open Gym Saturdays Min/Max: 4/15

Drop in for extra workouts or practice skills on our equipment in an unstructured, safe environment. An instructor is present to lead a warm-up, set up stations, spot skills and assist. Location: Gymnastics

**Age: 6-16 Fee: \$5 ea.**

### JUNE

Sa	6/1	1:30-2:30P	330170-01
Sa	6/8	1:30-2:30P	330170-02
Sa	6/15	1:30-2:30P	330170-03
Sa	6/22	1:30-2:30P	330170-04

### JULY

Sa	7/6	1:30-2:30P	330270-01
Sa	7/13	1:30-2:30P	330270-02
Sa	7/20	1:30-2:30P	330270-03
Sa	7/27	1:30-2:30P	330270-04

## Flip Out With a Gymnastics Party!

Celebrate your birthday with your friends in the gymnastics room with facilitated activities. Visit [cityofloveland.org/birthdayparties](http://cityofloveland.org/birthdayparties) for detailed info. We also offer swim parties. Call 970.962.2468 and get ready to jump, tumble and play!

**Gymnastics: Parent/Tot Tumbling** Min/Max: 4/12

Spend time with your little one while helping them increase spatial awareness, gross motor and social skills through fun obstacle courses, swinging on bars and balancing on beams. Basic safety and spotting covered. An adult buddy is required; all children participating must be registered. Location: Gymnastics

**Age: 1.5-3**

Sa	6/1-6/22	9:00-9:30A	\$29	330101-01
M	6/3-6/24	9:00-9:30A	\$29	330101-02
M	6/3-6/24	6:00-6:30P	\$29	330101-03
T	6/4-6/25	9:00-9:30A	\$29	330101-04
W	6/5-6/26	9:30-10:00A	\$29	330101-05
Th	6/6-6/27	9:45-10:15A	\$29	330101-06
F	6/7-6/28	10:30-11:00A	\$29	330101-07
Sa	7/6-7/27	9:00-9:30A	\$29	330201-01
M	7/8-7/29	9:00-9:30A	\$29	330201-02
M	7/8-7/29	6:00-6:30P	\$29	330201-03
T	7/9-7/30	9:00-9:30A	\$29	330201-04
W	7/10-7/31	9:30-10:00A	\$29	330201-05
Th	7/11-8/1	9:45-10:15A	\$29	330201-06
F	7/12-8/2	10:30-11:00A	\$29	330201-07

**Gymnastics: Wiggle Worms** Min/Max: 4/6

Get your wiggles out as we move, tumble, climb, bounce & swing! A transitional class for 3 year olds seeking more independence. Parent participation optional. Location: Gymnastics

**Age: 3**

M	6/3-6/24	9:30-10:00A	\$29	330103-01
W	6/5-6/26	9:00-9:30A	\$29	330103-02
F	6/7-6/28	10:00-10:30A	\$29	330103-03
M	7/8-7/29	9:30-10:00A	\$29	330103-01
W	7/10-7/31	9:00-9:30A	\$29	330203-02
F	7/12-8/2	10:00-10:30A	\$29	330203-03

**Gymnastics: Tumbling Tots** Min/Max: 4/6

Experience obstacle courses, increase strength, balance and flexibility in a fun, creative environment while enhancing socialization and independence. Explore the bars, beams, vault, trampoline and tumbling in this fun-filled class! Location: Gymnastics

**Age: 3-4**

Sa	6/1-6/22	9:45-10:30A	\$35	330106-01
M	6/3-6/24	11:00-11:45A	\$35	330106-02
T	6/4-6/25	9:45-10:30A	\$35	330106-03
W	6/5-6/26	10:15-11:00A	\$35	330106-04
W	6/5-6/26	4:30-5:15P	\$35	330106-05
F	6/7-6/28	9:00-9:45A	\$35	330106-06
Sa	7/6-7/27	9:45-10:30A	\$35	330206-01
M	7/8-7/29	11:00-11:45A	\$35	330206-02
T	7/9-7/30	9:45-10:30A	\$35	330206-03
W	7/10-7/31	10:15-11:00A	\$35	330206-04
W	7/10-7/31	4:30-5:15P	\$35	330206-05
F	7/12-8/2	9:00-9:45A	\$35	330206-06

**Gymnastics: Tumble Mania** Min/Max: 4/8

Is your child constantly jumping, rolling, flipping and bouncing? This class will teach them how to safely do those things and much more. Learn rolls, handstands, cartwheels, roundoffs, backbends and handsprings. Most skills and drills will first be learned on the Tumbl Trak trampoline then progress to the floor exercise mat. As the child progresses, more advance tumbling skills are introduced. Location: Gymnastics

**Age: 3.5-5**

M	6/3-6/24	12:00-12:45P	\$42	330108-01
M	7/8-7/29	12:00-12:45P	\$42	330208-01

**Age: 6-12**

W	6/5-6/26	7:00-8:00P	\$42	330109-01
W	7/10-7/31	7:00-8:00P	\$42	330209-01

**Gymnastics: Kidnastics** Min/Max: 4/8

Age-appropriate skills are taught through the use of obstacle courses and fun stations for the development of strength, balance and flexibility. Introduction to basic gymnastic skills on the bars, beam, vault and floor exercise. Location: Gymnastics

**Age: 4-5**

Sa	6/1-6/22	10:30-11:30A	\$42	330110-01
M	6/3-6/24	10:15-11:00A	\$35	330110-02
M	6/3-6/24	5:00-5:45P	\$35	330110-03
T,Th	6/4-6/27	10:30-11:15A	\$49	330110-04
W	6/5-6/26	11:00-11:45A	\$35	330110-05
W	6/5-6/26	5:15-6:00P	\$35	330110-06
F	6/7-6/28	11:15A-12:00P	\$35	330110-07
Sa	7/6-7/27	10:30-11:30A	\$42	330210-01
M	7/8-7/29	10:15-11:00A	\$35	330210-02
M	7/8-7/29	5:00-5:45P	\$35	330210-03
T,Th	7/9-8/1	10:30-11:15A	\$49	330210-04
W	7/10-7/31	11:00-11:45A	\$35	330210-05
W	7/10-7/31	5:15-6:00P	\$35	330210-06
F	7/12-8/2	11:15A-12:00P	\$35	330210-07

**Gymnastics: Advanced Kidnastics** Min/Max: 4/8

For those 4 & 5 year olds who are ready for more advanced skills. Instructor approval required. Location: Gymnastics

**Age: 4-5**

T,Th	6/4-6/27	10:30-11:15A	\$49	330115-01
W	6/5-6/26	5:15-6:00P	\$35	330115-02
T,Th	7/9-8/1	10:30-11:15A	\$49	330215-01
W	7/10-7/31	5:15-6:00P	\$35	330215-02

**Gymnastics: Boys** Min/Max: 4/8

A boys-specific class introducing the fundamentals of men's gymnastics. Location: Gymnastics

**Age: 4-6**

Sa	6/1-6/22	10:30-11:30A	\$42	330145-03
Sa	7/6-7/27	10:30-11:30A	\$42	330245-03

**Age: 7-10**

Sa	6/1-6/22	12:30-1:30P	\$42	330147-03
Sa	7/6-7/27	12:30-1:30P	\$42	330247-03

**Children perform better when  
parents and siblings observe from  
the viewing area. Thank you!**

**Gymnastics: Intro** Min/Max: 4/8

New to gymnastics? This is the place to start! You will be introduced to all apparatus and terminology and be prepared for Novice Level 1. Location: Gymnastics

**Age: 6-12**

Sa	6/1-6/22	11:30A-12:30P	\$42	330117-01
M	6/3-6/24	6:45-7:45P	\$42	330117-02
T,Th	6/4-6/27	11:15A-12:15P	\$57	330117-03
T,Th	6/4-6/27	4:30-5:30P	\$57	330117-04
W	6/5-6/26	6:00-7:00P	\$42	330117-05
Sa	7/6-7/27	11:30A-12:30P	\$42	330217-01
M	7/8-7/29	6:45-7:45P	\$42	330217-02
T,Th	7/9-8/1	11:15A-12:15P	\$57	330217-03
T,Th	7/9-8/1	4:30-5:30P	\$57	330217-04
W	7/10-7/31	6:00-7:00P	\$42	330217-05

**Gymnastics: Novice Level 1** Min/Max: 4/8

The fundamentals of gymnastics are taught on each event - vault, uneven bars, balance beam and floor exercise. Location: Gymnastics

**Age: 6-12**

Sa	6/1-6/22	11:30A-12:30P	\$42	330120-01
M	6/3-6/24	6:45-7:45P	\$42	330120-02
T,Th	6/4-6/27	11:15A-12:15P	\$57	330120-03
T,Th	6/4-6/27	4:30-5:30P	\$57	330120-04
W	6/5-6/26	6:00-7:00P	\$42	330120-05
Sa	7/6-7/27	11:30A-12:30P	\$42	330220-01
M	7/8-7/29	6:45-7:45P	\$42	330220-02
T,Th	7/9-8/1	11:15A-12:15P	\$57	330220-03
T,Th	7/9-8/1	4:30-5:30P	\$57	330220-04
W	7/10-7/31	6:00-7:00P	\$42	330220-05

**Gymnastics: Beginner Level 2** Min/Max: 4/8

For those who have completed and mastered the skills in Novice Level 1 and are ready for more challenging skills. Location: Gymnastics

**Age: 6-12**

Sa	6/1-6/22	12:30-1:30P	\$42	330125-01
T,Th	6/4-6/27	12:15-1:15P	\$57	330125-02
T,Th	6/4-6/27	5:30-6:30P	\$57	330125-03
W	6/5-6/26	7:00-8:00P	\$42	330125-04
Sa	7/6-7/27	12:30-1:30P	\$42	330225-01
T,Th	7/9-8/1	12:15-1:15P	\$57	330225-02
T,Th	7/9-8/1	5:30-6:30P	\$57	330225-03
W	7/10-7/31	7:00-8:00P	\$42	330225-04

**Gymnastics: Advanced Beginner Level 3**

This level continues to build a strong foundation of skills on each event. Min/Max: 4/8 Location: Gymnastics

**Age: 6-12 \*No Class 3/19, 3/21**

T,Th	6/4-6/27	12:15-1:15P	\$57	330130-01
T,Th	6/4-6/27	5:30-6:30P	\$57	330130-02
T,Th	7/9-8/1	12:15-1:15P	\$57	330230-01
T,Th	7/9-8/1	5:30-6:30P	\$57	330230-02

**Did you see our drop-in gymnastics opportunities on page 34? Come run, jump, roll, climb and play!**

**Gymnastics: Intermediate Level 4** Min/Max: 4/8

A more involved class focusing on fine tuning and correct execution of all skills on each event while continuing to learn new ones. Location: Gymnastics

**Age: 6-12**

T,Th	6/4-6/27	6:30-8:00P	\$72	330135-01
T,Th	7/9-8/1	6:30-8:00P	\$72	330235-01

**Gymnastics: Intermediate Level 5** Min/Max: 4/8

This level corresponds with USAG Level 5 in which advanced skills, strength and flexibility are emphasized. Location: Gymnastics

**Age: 6-12**

T,Th	6/4-6/27	6:30-8:00P	\$72	330140-01
T,Th	7/9-8/1	6:30-8:00P	\$72	330240-01

**New! Teen Gymnastics** Min/Max: 4/8

Learn and refine your skills with others your own age. All abilities welcome. Location: Gymnastics

**Age: 13-16**

Th	6/6-6/27	6:30-8:00P	\$50	330155-01
Th	7/11-8/1	6:30-8:00P	\$50	330255-01

**Gymnastics: Adult Fitness** Min/Max: 4/8

Round out your fitness routine with this unique class! We will teach and use basic gymnastics skills and equipment to increase whole body strength, flexibility and cardio. No gymnastics experience necessary! Location: Gymnastics

**Age: 16+**

Th	6/6-6/27	8:45-9:30A	\$35	330180-01
Th	7/11-8/1	8:45-9:30A	\$35	330280-01

**Ready for a career where you can MAKE A DIFFERENCE?**

Have you always wanted to work with children? Are you interested in being your own boss and running your own business? Become a Licensed Family Child Care Provider and make a difference both in your life and in the lives of local families.

The Early Childhood Council of Larimer County offers support to prospective Licensed Child Care Home Providers for pre-licensing requirements and financial assistance.

For more information, contact:  
**Child Care Outreach Specialist**  
ccos@ecclc.org or 970-377-3388 ext. 200



Every single day, you'll be making a difference.



[ecclc.org](http://ecclc.org)

*Paid advertisement*

## DANCE | MOVEMENT

### Mommy & Me Dance Basics Min/Max: 4/10

Introduce your child to the very basics of ballet, tap and jazz. Movement skills will be enhanced while utilizing developmentally appropriate music and props. Ballet shoes are recommended, but not required. Class fee includes 1 child and 1 adult only (no additional, unregistered siblings please).

Location: Fitness/Dance Rm Instructor: Debby Jantzen

#### Age: 2.5-5

T	6/4-6/25	10:30-11:15A	\$28	357009-1
T	7/9-7/30	10:30-11:15A	\$28	357009-2
T	8/6-8/20	10:30-11:15A	\$21	357009-3

### Tiny Hip Hop Min/Max: 4/12

Get your jam on and learn basic hip hop dance techniques in this high-energy class for your youngest dancer.

Location: Fitness/Dance Rm Instructor: Nicole Kutella

#### Age: 2.5-4 \*No class 7/6

Sa	6/15-7/27*	10:40-11:25A	\$48	357039-1
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### Mini Yogis: Yoga for Kids Min/Max: 4/12

Children experience calming connections through partner poses, visualization stories and group games. \*Single day enrollments are \$6 or save money by enrolling in all three classes in a section for \$15. Location: Fitness/Dance Rm Instructor: Nicole Kutella

#### Age: 3-5

Sa	6/15-6/29	9:45-10:30A	\$6   \$15*	357109-1
Sa	7/13-7/27	9:45-10:30A	\$6   \$15*	357109-2
Sa	8/3-8/17	9:45-10:30A	\$6   \$15*	357109-3

### Ballet, Tap & Jazz Techniques Min/Max: 3/10

Introduce your child to beginning ballet, jazz rhythm and movement skills. Children benefit by building memory, concentration, coordination, creativity and self-confidence in a positive atmosphere. Ballet shoes are recommended but not required. Location: Fitness/Dance Rm Instructor: Debby Jantzen

#### Age: 3.5-6

T	6/4-6/25	11:25A-12:00P	\$29	357029-1
T	7/9-7/30	11:25A-12:00P	\$29	357029-2
T	8/6-8/20	11:25A-12:00P	\$29	357029-3

### Zumba® Kids Jr Min/Max: 4/12

This is a dance 'n' play party for little feet where pint-sized party animals get silly, dream big and begin their journey to a healthy future. Kids have a chance to socialize, move to age-appropriate music and play games with others their age. Location: Hickory Instructor: Sarah Vrem

#### Age: 4-6

W	6/5-6/26	5:30-6:10P	\$24	357209-1
W	7/10-7/31	5:30-6:10P	\$24	357209-2

### New! Youth Hip Hop Min/Max: 4/12

Get your groove on in this high-energy class, learning basic hip-hop techniques and a short routine. Kids gain confidence in themselves while they take on the dance floor.

Location: Fitness/Dance Rm Instructor: Nicole Kutella

#### Age: 5-8 \*No class 7/6

Sa	6/15-7/27*	11:30A-12:15P	\$48	358009-1
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### Come Dance With Me! Min/Max: 4/12

An inclusive, free-flow dance class designed specially for those with adaptive needs for those more hesitant to get involved in a structured dance program. Socialize with family and peers while expressing emotion through active movement.

Location: Fitness/Dance Rm Instructor: Nicole Kutella

#### Age: 6-12 \*No class 7/2

T	6/11-7/23*	2:15-3:00P	\$38	358029-1
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### Zumba® Kids Min/Max: 4/16

The perfect program for our younger Zumba® fans! Students get the chance to be active and jam out to their favorite age-appropriate music with moves that get them movin' to the beat. It is all about feeling fearless on the dance floor and dancing like no one is watching! Location: Fitness/Dance Rm Instructor: Sarah Vrem

#### Age: 7-11

M	6/3-7/8	5:30-6:10P	\$30	358209-1
M	7/15-8/19	5:30-6:10P	\$30	358209-2

### Lyrical Dance Min/Max: 4/12

Pour your emotions into motion with this freestyle dance class. Students learn age-appropriate, contemporary moves to their favorite hit music. Location: Fitness/Dance Rm

Instructor: Nicole Kutella

#### Age: 7-12

T	6/4-6/25	3:10-4:10P	\$28	358019-1
T	7/9-7/30	3:10-4:10P	\$28	358019-2

### Youth Dance: Rhythm & Pilates - Level 1

For the younger beginning dancer, this class incorporates rhythmic movements such as clapping and jumping while working on an easy choreographed dance. Elements of floor gymnastics including breathing and stretching are used for warm-ups and cool-downs.

Min/Max: 3/8 Location: Gymnastics Instructor: Marcy Littrell

#### Age: 4.5-7

M	6/3-6/24	4:15-5:00P	\$24	358149-1
M	7/8-7/29	4:15-5:00P	\$24	358149-2
M	8/5-8/19	4:15-5:00P	\$18	358149-3

### Youth Dance: Rhythm & Pilates - Level 2

For those with a bit of experience, this class addresses the foundation needed for dance, gymnastics and pilates, including how to build a strong core through balance, coordination, good posture and flexibility. Students will stretch their minds and bodies, incorporating breathing and cooling down techniques. Min/Max: 3/8

Location: Gymnastics Instructor: Marcy Littrell

#### Age: 8-12

F	6/7-6/28	3:30-4:15P	\$24	358159-1
F	7/12-7/26	3:30-4:15P	\$18	358159-2
F	8/9-8/23	3:30-4:15P	\$18	358159-3

**Looking for adult dance classes?**

**See page 52 and drop in for line dancing.**



# PRESCHOOL

Keep your preschooler active and learning this summer with our mini camps and enrichment programs – registration in Small Fries Preschool is not required to take advantage of these activities. Prefer one day a week? Explore Friday FUNdays! and Kids Mornings on the Farm. And, our Outdoor Family Fun Meetups are a great way to meet and have fun with other parents and caregivers.

## FALL 2019 SMALL FRIES PRESCHOOL



A quality rated licensed childcare for 3 to 5 year olds that includes a balance of play-based, child-directed discovery and teacher-led, small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. The Small Fries Preschool program follows the Colorado Early Learning & Developmental Guidelines to build curriculum in the following content areas:

- Social/Emotional Development
- Cognitive Development
- Language & Early Literacy
- Fine & Gross Motor Skills
- Creative Arts Expression
- Health & Physical Development
- Logic & Reasoning
- Approaches to Learning

**REGISTRATION FOR FALL 2019 BEGAN FEBRUARY 1, 2019.**  
REGISTRATION IS NOT AVAILABLE ONLINE.  
Visit [cityofloveland.org/smallfries](http://cityofloveland.org/smallfries) to download a registration form and submit it in person at the Chilson Center. Open spaces are filled on a first-come, first-served basis.

For more information or to schedule a tour, call 970.962.2467.

- An annual, non-refundable registration fee of \$35 is due at the time of enrollment. Session fees may be paid in full or broken down into monthly tuition payments that are due on the 1st of each month during the session.
- The Fall 2019 session runs September 3 through December 20 and generally follows the Thompson School District calendar for district-wide holiday breaks and other school closures. Parent and Child Orientation meetings will be held the week of August 19. The Chilson Center is CLOSED August 26-September 2 for maintenance and training.

**\*No classes held 10/4, 10/10, 10/11, 11/27, 11/28, 11/29**

**Pre-K: age: 4-5**

M-W	9/3-12/18*	9:00-11:30A	\$736	555019-1
M-W	9/3-12/18*	12:30-3:00P	\$736	555019-2

**Preschool: age: 3-4**

Th,F	9/5-12/20*	9:00-11:30A	\$378	555019-3
Th,F	9/5-12/20*	12:30-3:00P	\$378	555019-4

**Preschool/Kinder Mini-Camps** Min/Max: 4/8

Supplement your child's year-round preschool experience with these hands-on, engaging adventure camps! Children should come prepared for active play with a water bottle and good play shoes. Camp days are filled with songs, games, crafts, dramatic play and sensory activities. Location: Tiny Tot Rm

**Morning camps: age 2.5-4.5**

**Afternoon camps: age 4-6**

**Creative Campers** This week is all about process art. Children will make a variety of 3-D sculptures utilizing recycled and natural materials that they collect themselves.

T-Th	6/18-6/20	9:30-11:30A	\$36	355119-1
T-Th	6/18-6/20	12:30-3:00P	\$42	355119-2

**On the Road Again** We're going on a (pretend) adventure! Children will make maps, go on scavenger hunts and even put together a real outdoor picnic.

T-Th	7/9-7/11	9:30-11:30A	\$36	355129-1
T-Th	7/9-7/11	12:30-3:00P	\$42	355129-2

**Crazy Carnival** Play games, earn tickets and win prizes! Children will learn all about the sights and sounds they might find at the circus as they play.

T-Th	7/23-7/25	9:30-11:30A	\$36	355139-1
T-Th	7/23-7/25	12:30-3:00P	\$42	355139-2

**Buggin' Out** From one beautiful butterfly to one hundred roly-polys, children will get outside, play in the dirt and learn about all their favorite, fascinating insects.

T-Th	8/6-8/8	9:30-11:30A	\$36	355149-1
T-Th	8/6-8/8	12:30-3:00P	\$42	355149-2

**Friday FUNdays!** Min/Max: 4/12

Get involved in some serious play! Each Friday session features a partner project and a group activity to get children and family members working together and solving problems. Registration is for the child only; however, an adult caregiver must be present for the entirety of the program and is encouraged to participate as well. Location: Tiny Tot Rm

**Age: 2-5** (with required, accompanying adult/caregiver)

**Puppet Theater** Make a puppet out of simple materials and take turns putting on a show.

F	6/14	9:45-11:15A	\$10	357719-1
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**Amazing Architects** Build a tunnel, build a tower, build a road! Hard hats not required.

F	6/28	9:45-11:15A	\$10	357719-2
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**Mini Meteorologists** Have a rain dance, form a rainbow and make a cloud jar to take home.

F	7/19	9:45-11:15A	\$10	357719-3
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**Splish Splash!** Be ready to get wet! Build a water wall and have fun painting with spray bottles.

F	8/2	9:45-11:15A	\$10	357719-4
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**Let them get out their wiggles with yoga, gymnastics & dance classes on page 34.**

**Calling all cooks! Cooking - Page 45**

**Kids Mornings on the Farm** Min/Max: 5/30

Schedule a play date with friends and come explore a working farm. Take a tour of the farm, visiting with animals including free-range chickens, potbelly pigs and beautiful alpacas.

Little farmers will help to feed and water their new friends and practice doing real farm chores. Bring a sack lunch to enjoy while the kids explore the tree house and horse swings in the Fun Zone. Registration includes 1 child (required, accompanying adult and additional siblings under 2 years are free). Leave pets at home; dress for a working farm. Location: Zippity Zoo Barnyard, 6921 Ridge Valley Ct.

**Age: 2-5** See page 40 for ages 5-9

**Meet Joker the Horse and read *My First Horse***

M	5/13	9:30-11:30A	\$6	360309-1
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**Meet Jazz-man the "kissing" Llama and read *Is Your Mama a Llama?***

M	6/3	9:30-11:30A	\$6	360309-2
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**Meet Simon, Paco and the "devilish" ducks and read *Duck on a Tractor***

M	7/1	9:30-11:30A	\$6	360309-3
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**Meet Ricky and Bobby the goats and read *Grumpy Goat***

M	8/5	9:30-11:30A	\$6	360309-4
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**Mommy & Me - Make and Take** Min/Max: 4/10

All materials and equipment provided. Register only the child; however, an adult caregiver is required to attend and assist their child (1 child/adult). Location: Tiny Tot Rm Instructor: Summer Hurd

**Age: 2-5**

**"How I Grow" Growth Chart Keepsake** Share special memories with your child as they discover how much they've grown and changed since they were born. Bring a few special pictures to include in your handmade, no-sew fabric growth chart.  
M,W,F 6/10, 6/12, 6/14 9:45-11:00A \$36 357309-1

**No-Sew Fashion Design for Dolls & Bears**

Learn age-appropriate principles of S.T.E.A.M. (science, technology, engineering, art and math) as you work alongside your child to create fun and easy, no-sew fashion wear for 18" dolls and/or stuffed bears.  
M,W,F 7/22, 7/24, 7/26 9:45-11:00A \$36 357319-1

**Outdoor Family Fun Meet-Ups** Min/Max: 4/12

Register only the child; however, an adult caregiver is required to attend. Bring sunscreen, a water bottle and good walking shoes. A stroller or wagon is recommended. Location: Party Rm Instructor: Summer Hurd

**Age: 4-6**

**"Heart of the City" Scavenger Hunt** An evil villain has stolen the heart of Loveland and it's up to your child to help us find it! Discover inner super-hero qualities, decorate capes and prepare for action. Clues lead the group on scavenger hunts through the Civic Center campus and downtown Loveland. Learn a little about our city, enjoy time outdoors and find the prize at the end.  
M,W,F 6/24, 6/26, 6/28 9:00-11:00A \$18 357709-1

**Teddy Bear Tea Party & Picnic** Help your child learn basic, age-appropriate table etiquette including place setting, pouring and sharing "family-style". Bring a stuffed animal friend to help learn to measure and mix no-bake treats. On the last day, practice new skills and set up a fun and fancy decorated outdoor picnic.  
M,W,F 7/29, 7/31, 8/2 9:00-11:00A \$18 357319-1



# YOUTH & TEENS

Kids ages 11-16 looking for some extra money babysitting this summer can round out their knowledge and skills in our Babysitter Course Series. Or, take a peek at our summer camps including Harry Potter Engineering and SkateStart – learn to ride a skateboard and Ollie all over town!

## YOUTH | TEEN ENRICHMENT

### Kids Mornings on the Farm Min/Max: 5/30

Participate in age-appropriate activities including a hands-on tour of a working farm. Each date has a different animal focus with the opportunity to help with farm chores and a challenging scavenger hunt. Registration includes 1 child (required, accompanying adult and additional siblings under 2 years are free). Leave all pets at home and dress for a working farm.

Location: Zippity Zoo Barnyard, 6921 Ridge Valley Ct.

Age: 5-9 See page 39 for ages 2-5

#### The Cackling Hens

Sa 5/11 9:30-11:30A \$6 361609-1

#### Lucy and Hambo the Potbelly Pigs

Sa 6/1 9:30-11:30A \$6 361609-2

#### Joker the Horse

Sa 7/6 9:30-11:30A \$6 361609-3

#### Ricky and Bobby the goats

Sa 8/3 9:30-11:30A \$6 361609-4

### Scooter & BMX Clinic Min/Max: 5/15

Pro Scooter and BMX introduction. We will go through set-up and beginner to intermediate tricks. The first class will be at Mehaffey Skate Park and the second class will be at Loveland Sports Park. Bring your scooter/bike and a helmet.

Age: 5-12

Su 6/16, 6/23 9:00-10:30A \$100 353914-1

### Babysitter Course Series Min/Max: 6/20

Comprehensive skills-based classes cover topics including business and leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness and responding to emergencies. Taking the Ultimate Babysitter's Boot Camp first is recommended; however, classes can be taken individually based on personal preference. For detailed information on individual courses visit [cityofloveland.org/webtrac](http://cityofloveland.org/webtrac). Location: Chilson

Age: 11-16

#### Ultimate Babysitter's Boot Camp (CPR certification NOT included)

Sa	6/15	8:30-5:00P	\$75	361709-1
Sa	6/29	8:30-5:00P	\$75	361709-2
Sa	7/6	8:30-5:00P	\$75	361709-3
Sa	7/20	8:30-5:00P	\$75	361709-4

#### More About Babies (2-yr Infant CPR certification included)

Th	6/13	4:00-8:00P	\$49	361719-1
W	7/10	4:00-8:00P	\$49	361719-2

#### More About Toddlers/Preschoolers (2-yr Child CPR certification incl.)

Th	6/27	4:00-8:00P	\$49	361729-1
W	7/24	4:00-8:00P	\$49	361729-2

#### Be Disaster Ready (certificate of completion and 72-hour "bug-out" bag)

W	6/19	3:30-8:30P	\$69	361739-1
Th	7/18	3:30-8:30P	\$69	361739-2

#### Entrepreneurship (certificate of completion and starter business package)

W	6/26	3:30-8:30P	\$69	361749-1
Th	7/25	3:30-8:30P	\$69	361749-2

See page 47 for Mountain Bike Basics for Kids!

# SUMMER CAMPS

## Play-Well TEKologies LEGO® Camps

Gear up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Min/Max: 8/25 Loc: Party Rm

**Morning camps: age 5-7**

**Afternoon camps: age 8-12**

**Adventures in STEM** Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as: gear cars, gondolas, merry-go-rounds, scissor lifts, trains, helicopters, treehouses and beam bridges. Design and build as never before, and explore your craziest ideas in a supportive environment.

M-F	6/24-6/28	9:00A-12:00P	\$162	361119-1
M-F	6/24-6/28	1:00-4:00P	\$162	361119-2

**Harry Potter Engineering** Build Diagon Alley in preparation for your trip to Hogwarts School of Witchcraft and Wizardry. Find Platform 9 ¾, build Hogwarts Express train, and work cooperatively to construct the mysterious Hogwarts Castle. Challenge the Hungarian Horntail Dragon, hop on your broomstick and play Quidditch, or duel the evil Lord Voldemort. Travel to a world of wizardry and hone your magical skills while learning about Muggle (STEM) concepts.

M-F	7/8-7/12	9:00A-12:00P	\$162	361129-1
M-F	7/8-7/12	1:00-4:00P	\$162	361129-2

**Minecraft Engineering** Explore real-world concepts in physics, engineering and architecture while building engineer-designed projects such as a motorized Creeper, a portal to the Nether, a terrifying Ghast and a moving Minecart. Whether you are new to Minecraft and the LEGO® building system or a seasoned veteran, you'll be hooked on the endless creative possibilities.

M-F	8/5-8/9	9:00A-12:00P	\$162	361139-1
M-F	8/5-8/9	1:00-4:00P	\$162	361139-2

## Youth Enrichment League {YEL!} Camps

Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

Min/Max: 6/14 Location: Party Rm

### Grades 1-5

**Junior League Robotics** Build it, program it, play with it and learn from it using LEGO® Mindstorms WeDo software and LEGO® bricks. Be challenged to build, test, program and modify multiple projects including racecars, a forklift, boat and more. Basic robotics concepts as well as introductory computer coding skills will be investigated.

M-F	6/3-6/7	1:00-3:00P	\$137	361209-1
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### Grades 2-5

**Junior Coding & STEM Video Games** Using Scratch® (an MIT created and monitored, kid-safe web interface) code your own stories and video games, learning different techniques including movement blocks, control blocks, basic animation, adding scores, etc. A drag-and-drop programming interface teaches coding practices for all levels. Create your own Scratch® user name and password to access your projects from any computer.

M-F	6/17-6/21	1:00-3:00P	\$156	361229-1
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### Grades 3-8

**EV3 Robotics** Build a basic EV3 robot, the most current robotics system from LEGO® Mindstorms. Program, test and modify your robot to accomplish tasks and challenges such as line following, grand prix racing, box battles and more. This course is an excellent primer for students interested in FIRST® LEGO® League teams and events.

M-F	7/29-8/2	2:00-4:00P	\$195	361239-1
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## Adventure Bound Day Camp

A state-licensed, 12-week summer camp for children ages 5-12 who are entering grades K-6 in fall 2019. Awesome weekly field trips included in the weekly camp fee.

**More information:** cityofloveland.org/abdc

**Questions?** 970.962.2487

**Age: 5-12 Dates: M-F, 5/29 - 8/15\* Time: 7:30A-5:30P**

**\*No camp 5/27, 5/28, 7/4, 7/5, 8/16**

**Registration** Registration began in February and spaces are limited. Registration forms can be picked up at the Chilson Center front desk or downloaded online and are accepted in-person ONLY. Register only for the weeks your child will attend. Registration in the 2 & 3-day option requires a commitment to those days. A \$35 non-refundable registration fee along with a \$25/week deposit is due at the time of registration.

### Weekly Fees

2 days (T/Th)	\$84
3 days (M/W/F)	\$120
4 days (M-Th) Wk 12 ONLY	\$152
5 days (M-F)	\$180

Week	Date	Theme
1	5/29-5/31 (W,Th,F)	Around the World
2	6/3-6/7	Sports of all Sorts
3	6/10-6/14	Once Upon a Time
4	6/17-6/21	Wacky Water Week
5	6/24-6/28	Board Games & Beyond
6	7/1-7/3 (M,T,W)	Party in the USA
7	7/8-7/12	Destination Imagination
8	7/15-7/19	Superheroes
9	7/22-7/26	Crazy Carnival
10	7/29-8/2	Blast from the Past
11	8/5-8/9	Lions, Tigers & Bears Oh MY!
12	8/12-8/15 (M-Th)	Show us Your Talent!

## SkateStart Camps Min/Max: 4/14

A helmet and proper shoes are required. SkateStart patented skateboards are provided. **NEW!** Skatestart is offering its skateboards for purchase. Call 970.962.2446 to find out how to get yours! Bring a water bottle. Sunscreen provided by *Sun Bum*. Instructor: Patrick O'Toole

### Age: 5-12

**1-Day Camp** Your son or daughter will learn the basics of skateboarding including proper foot placement and riding technique. A great class for beginners and never-evers. Let's get rolling! Location: LSP Crs. Rink, 950 N. Boyd Lake Ave.

Sa	6/22	9:00-10:30A	\$55	353913-1
Sa	7/20	9:00-10:30A	\$55	353913-2

**3-Day Camp** Your up-and-coming skater will develop their skills, learning drop-ins, Ollies and more. Other activities include skateboard assembly, scavenger hunts, proper pad usage, fun games and ventures throughout Mehaffey Park. Kids will have a blast, make new friends and get lifelong memories.

Location: Mehaffey B, 3350 W. 29th St.

M-W	6/24-6/26	9:00A-12:30P	\$130	353923-1
M-W	7/22-7/24	9:00A-12:30P	\$130	353923-2
M-W	8/12-8/14	9:00A-12:30P	\$130	353923-3

## Ready to duel with {YEL!} Fencing Camps?

See page 18 for fencing, grades 2-5.

### Tenderfeet Camps - Beginner Bouldering

Are you interested in climbing but don't know the "right" way? This camp for novices will cover the basics of bouldering, the caveats of climbing, the joy of jostling those jangles and using your body to enjoy a vertical playground of wonder. Min/Max: 4/20  
Location: Wooden Mountain Bouldering Gym, 1503 Taurus Ct.

**Age: 6-12**

M-Th	6/3-6/6	9:00A-2:00P	\$215	353912-1
M-Th	6/17-6/20	9:00A-2:00P	\$215	353912-3

### The Upganglers - Intermediate|Advanced Bouldering

These camps provide intermediate to advanced Upganglers with the skills they need to discover beta, refine their movement, learn training techniques and up their game. These camps can serve as an introduction toward joining our youth team. Min/Max: 4/20  
Location: Wooden Mountain Bouldering Gym, 1503 Taurus Ct.

**Age: 10-17**

M-Th	7/15-7/18	9:00A-2:00P	\$235	353922-3
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### ABDC Middle School Camps

Has your camper outgrown traditional day camp? These camps focus on age-appropriate topics and activities for kids entering grades 6-9 in Fall 2019. Camps run Monday – Thursday ONLY; complete each week with additional registration in Friday teen trips.

**More information:** cityofloveland.org/abdc

**Questions?** 970.962.2487

**Grade: 6-9**

**Dates: M-Th, 6/3-6/27, 7/15-8/1 Time: 8:30A-4:30P\*\***

\*\*Campers needing extended hours may wait quietly in the Chilson lobby (supervision not provided) with required, completed permission form to sign themselves in and out of camp.

**Registration and Weekly Deposits** Registration began in February and spaces are limited. Registrations accepted in-person or online. A \$35 non-refundable registration fee (#356000-1) along with a minimum \$25/week deposit is due at the time of registration.

**Weekly Camp Fees** Remaining balances per week are broken down into three monthly payments: Weeks 1-3 due 5/15; Weeks 4-5 due 6/17; Weeks 6-7 due 7/22.

- **YOLO Sessions I & II** Get engaged in a variety of community engagement-based opportunities.  
6/3-6/6 \$125 356209-1 (Fri trip: Unser Karting\*)  
7/29-8/1 \$125 356269-1 (Fri trip: Progreh Action Sports\*)
- **Colorado Adventures** Adventure seekers get their thrills in!  
6/10/6/13 \$160 356219-1 (Fri trip: Bouldering Gym\*)
- **Jr. Counselor** Learn leadership skills and serve as 1-on-1 mentors to our younger ABDC campers.  
6/17-6/20 \$125 356229-1 (Fri trip: LLT Escape Room\*)
- **ABLE to Sail** Learn to sail...and then some at this youth empowerment camp!  
6/24-6/27 \$255 356239-1 (no Fri trip in case of rain date)
- **Cardboard & Kinetics** Learn about physics, engineering and kinetics concepts while making boats from recycled materials.  
7/15-7/18 \$140 356249-1 (Fri trip: Boondocks Fun Center\*)
- **Lights, Camera, Action!** Design and shoot your own short film or music video.  
7/22-7/25 \$160 356259-1 (Fri trip: Water World\*)

\*See Friday Teen Day Trips for class registration #'s

## TEEN TRIPS

### Friday Teen Day Trips Min/Max: 4/12

Get your teen out of the house on one or all of these fun and engaging day trips. Transportation, supervision and all entrance or participation fees are included in the trip fee. Required enrollment forms and liability waivers are due on or before the trip date; additional trip specific waivers may be required. Location: Chilson

**More information:** cityofloveland.org/abdc

**Questions?** 970.962.2487

**Age: 12-16 Time: 8:30A-4:30P\*\***

\*\*Water World & Elitch Gardens trips return by 6:00P

- **Unser Karting** (lunch included)  
6/7 \$65 356309-1
- **Wooden Mountain Bouldering Gym**  
6/14 \$40 356319-1
- **Escape Room & Movie**  
6/21 \$50 356329-1
- **Lake Day/Stand-up Paddle Boarding**  
7/12 \$50 356339-1
- **Boondocks Fun Center** (lunch included)  
7/19 \$50 356349-1
- **Water World**  
7/26 \$50 356359-1  
Meal \$14 (optional) 356359-3
- **Progreh Action Sports** (lunch included)  
8/2 \$45 356369-1
- **Elitch Gardens**  
8/9 \$50 356379-1  
Meal \$14 (optional) 356379-5



## What will your kid build this summer?

### Play-Well Summer Camps at Chilson Rec Center

June 24th - 28th STEM Engineering	July 8th - 12th Harry Potter Engineering	August 5th - 9th Minecraft Engineering
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Register through City of Loveland online or in person

For more information, contact shay@play-well.org or visit play-well.org

*Paid advertisement*

# DID YOU KNOW? Parks Are Good for Mental Health



Source: National Recreation and Park Association (NRPA)

**JAX**  
**Outdoor Gear**  
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# ART & COOKING

We're partnering with Artisan You! Studio for some unique creative offerings this summer including fused glass workshops. Like to paint? Try Ukrainian Egg Painting. For those who like to eat their creations, Food For Life cooking camp for kids at the Chilson Recreation Center will inspire new tastes for an entire week.

## ARTISAN YOU! STUDIO

**Location:** 405 E. 7th St.

Supplies included in fee. All completed projects will be kiln-fired onsite and ready for pick-up one week after class.

### Mommy & Me: Handprint BBQ Platter Min/Max: 1/10

Create a Father's Day gift that Dad will use! Kids will put handprints on the platter and decorate the edges by sponging "bricks." Moms can paint a BBQ grill design around the handprint. Infants welcome.

**Age: 0-5**

Sa	6/1	1:00-2:30P	\$49	360109-1
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### Preschool Art & Story Time Min/Max: 1/10

Read *Lily the Unicorn* then kids will paint a unicorn of their very own! Parent/caregiver attendance required.

**Age: 2-5**

F	6/7	10:30-11:15A	\$12	360119-1
F	7/26	10:30-11:15A	\$12	360119-2

### Painted Llama Plate Min/Max: 1/10

Kids will learn a special paper masking technique while painting a llama design onto a functional dinner plate.

**Age: 6-12**

Sa	6/8	10:30A-12:00P	\$25	361049-1
M	8/12	1:00-2:30P	\$25	361049-2

### Kids' Fused Glass: Animal Nightlight Min/Max: 1/8

Kids will make a nightlight featuring an animal of their choosing. They will learn how to cut glass and work with glass tools (safety is emphasized).

**Age: 7-12**

F	6/7	1:00-2:30P	\$25	361039-1
F	7/26	1:00-2:30P	\$25	361039-2

### Rose Teapot Min/Max: 1/6

Enjoy afternoon tea in a teapot decorated by you! Learn an easy technique for painting roses that looks like a watercolor painting.

**Age: 13+**

Th	6/20	6:30-8:30P	\$45	362019-1
Th	7/25	1:00-3:00P	\$45	362019-2

### Beginner Fused Glass: Cactus Sunset Min/Max: 1/8

Learn how to cut and layer glass using glass frit as a design element and then learn what happens in the kiln.

**Age: 16+**

Th	6/27	6:30-8:30P	\$45	362029-1
Th	8/15	1:00-3:00P	\$45	362029-2

## ART & POTTERY

### Youth Painting & Pastels Min/Max: 4/10

Work in paint or pastels and create your own art with these very user-friendly and forgiving mediums. Structured lessons in a fun and creative environment with emphasis on drawing and blending with pastels or painting composition. No prior experience necessary. **\$7 supply fee due to instructor at each class.**

Location: Chilson Art Studio Instructor: Doreen Thurston

#### Age: 8-13

<b>Mickey Mouse Portrait</b> Have fun painting a portrait of everyone's favorite character, Mickey Mouse, in acrylic paint.				
Sa	6/15	1:00-3:00P	\$15	358309-1
Sa	7/13	1:00-3:00P	\$15	358309-2

**"Warm" Lizards** Compose a pastel drawing of a desert scene, being creative to make lizards and cacti using only warm colors such as reds, oranges and pinks.

Sa	6/29	1:00-3:00P	\$15	358309-3
Sa	7/27	1:00-3:00P	\$15	358309-4

### Weaving Heirloom Baskets Min/Max: 8/12

Enjoy learning the basic skills to weave a basket to take home and enjoy. All tools included. **\$25 supply fee (\$15 for age 8-18) due to instructor at each class.** Location: Chilson Instructor: Kay Neckel

#### Age: 8-18

Th	6/20	9:30-11:30A	\$20	359252-1
Th	7/18	2:00-4:00P	\$20	359252-2
Th	8/15	2:00-4:00P	\$20	359252-3

#### Age: 13+

Th	6/6	6:00-9:30P	\$20	359251-1
Th	7/18	6:00-9:30P	\$20	359251-2

### Chilson Open Pottery Studio Min/Max: 4/8

Attend as many of these open studio dates as you like. An instructor is present to assist you with your own projects or to offer ideas to start something new. CLAY: 25 lbs of clay included in fee; additional clay may be purchased for a separate fee (10 lbs of recycled clay for \$10 or 25 lbs of new clay for \$20). **Wheel use may be limited due to shared space with other summer programs.**

Location: Chilson Art Studio Instructor: Shanel Cass-Caskey

#### Age: 13+ \*No class 7/6

Sa	6/8-8/3*	9:00A-12:00P	\$160	363509-1
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### Cruisin' Canvas Painting Party Min/Max: 8/20

Be an artist for the day! Everything is provided - canvas, paints, refreshments, music and of course the fun. Everyone will paint the same picture with instruction on how to create your very own Van Gogh. Location: Maple/Spruce (6/5), Cherry (8/14)

Instructor: Tami Showers

#### Age: 50+

W	6/5	1:30-3:30P	\$20	391006-1
W	8/14	1:30-3:30P	\$20	391006-2

### Ukrainian Egg Painting Min/Max: 8/12

Ukrainian Egg Painting is called Pysanka and follows a tradition over 2,000 years old. In the craft, the artist begins with a raw white egg, symbol of life and rebirth. Using heated beeswax, designs are drawn onto the shell and the egg is placed in a series of dye baths. Location: Party Rm

#### Age: 60+

F	6/14	12:30-3:30P	\$21	391402-1
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## COOKING

### Food for Life: Kids Nutrition & Cooking Camp

Poor diet and lack of exercise put today's children at greater risk for heart disease, diabetes and cancer later in life. The curriculum highlights the positives of the four food groups in the Power Plate. Kids learn about nutrition and how to cook healthy recipes in each class. Sign up for one session or all. A consent form is required.

Min/Max: 6/20 Location: Party Rm Instructor: Sapna Von Reich

#### Age: 6-12 Time: 1:30-3:30P

T	5/28	Bang-Up Breakfasts	\$20	262650-2
W	5/29	In Between Meals	\$20	262650-3
Th	5/30	Rainbow Lunches	\$20	262650-4
F	5/31	Digging These Dinners	\$20	262650-5
T-F	5/28-5/31	All sessions	\$75	262650-1

### Calling All Pasta Lovers Min/Max: 6/20

Do you enjoy experimenting with food and learning to make simple everyday meals that are healthy and delicious? If so, join us! All recipes are vegetarian friendly. Menu: homemade pasta sauce, a pasta dish, nutty parmesan cheese, wholesome salad and a delicious dessert. A consent form is required. Location: Cherry

Instructor: Sapna Von Reich

#### Age: 6-12

W	6/5	1:30-3:30P	\$25	362651-1
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### Homemade Fruit Sorbets Min/Max: 6/20

Join us for an adventurous class and make wholesome fruit sorbets with minimum ingredients. Use a variety of seasonal fruits to create these mouth-watering delights to stay cool this summer. A consent form is required. Location: Cherry Instructor: Sapna Von Reich

#### Age: 6-12

W	6/26	1:30-3:30P	\$25	362652-1
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### Everyday Asian Min/Max: 6/20

A culinary experience of all food ASIAN. All recipes are gluten-free and vegetarian friendly. Menu: Indian curry, Chinese stir-fry and a Thai curry. A consent form is required. Location: Cherry

Instructor: Sapna Von Reich

#### Age: 6-12

W	7/3	1:30-3:30P	\$25	362653-1
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### Summer Smoothies Min/Max: 6/20

Learn how to make nutritious and delicious smoothies at home. Explore how to get the most out of your blender. Join us for our most refreshing class yet! A consent form is required.

Location: Cherry Instructor: Sapna Von Reich

#### Age: 6-12

W	7/17	1:30-3:30P	\$25	362654-1
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### Thai Table Min/Max: 4/12

Thai food is not complicated with a little know how. Learn how to use herbs, and get tips and tricks for choosing quality ingredients to make your meals taste great. Menu: Tamarind shrimp, jungle curry, lemongrass ginger tea, jasmine rice and Thai dipping sauce.

**\$28 supply fee due to instructor.** Location: Cherry

Instructor: Sim Suinn

#### Age: 16+

T	6/11	6:00-8:30P	\$12	359501-1
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# OUTDOOR REC

Get fresh with us! Outdoors that is. Time outside in the fresh air is good for your health and well-being. Join us for a new GPS Family Treasure Hunt at one of our local parks, learn to stand up paddle board, cruise around town on our guided bicycle rides, or take a hike!

## **NEW! GPS Family Treasure Hunt** Min/Max: 2/5

Get your family and friends outside for a real treasure hunt this summer. Using GPS units, solve clues and find hidden treasures in a local park. Each session will begin with a brief orientation on how to use the GPS unit and along the route, you may need to complete additional challenges. **One registration fee covers up to five participants; one adult must be with the group at all times.**

Instructor: Kerry Helke

**Age: 1+**

**North Lake Park, 2750 N. Taft Ave**

Sa	5/18	10:00-11:30A	\$25	351910-1
Sa	5/18	12:00-1:30P	\$25	351910-2

**Viestenz-Smith Mountain Park, 1211 US Hwy 34**

Sa	6/15	9:00-10:30A	\$25	351910-5
Sa	6/15	11:00A-12:30P	\$25	351910-6
Sa	7/20	9:00-10:30A	\$25	351910-7
Sa	7/20	11:00A-12:30P	\$25	351910-8

## **General Outdoor and Hiking Safety** Min/Max: 5/40

Ready for some outdoor adventure in the mountains this summer? Come learn about how to prepare, what to take with you, safety concerns in the backcountry and what to do if lost. Location: Cherry Instructor: Larimer County Search and Rescue

**Age: 10+**

Th	6/6	6:30-8:00P	\$5	353915-1
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**Be prepared! See page 51 for outdoor education classes for ages 18+.**

## **Hunter Education Conclusion Course**

Hunter safety certification is required to obtain a Colorado hunting license if you were born after 1/1/1949. Students must complete a portion of the course online at their convenience prior to attending the conclusion course. **Class will meet at the Front Range Gun Club (697 N. Denver Ave. in Loveland; 970.622.7156) at 7:00A and classroom instruction will follow at the Chilson Recreation Center.** The major portion of this course is available at [hunter-ed.com/colorado](http://hunter-ed.com/colorado). Students must show the certificate of completion for the online course to attend the classroom session.

**To register: [register-ed.com/programs/colorado/99](http://register-ed.com/programs/colorado/99)**

Location: Maple/Spruce Instructor: James T. Merriott

**Age: 10+ Fee: \$10 ea.**

Su	6/9	7:00A-2:00P
Su	7/14	7:00A-2:00P
Su	8/11	7:00A-2:00P
Su	9/15	7:00A-2:00P

## **Beginner SUP Lessons** Min/Max: 4/10

Learn the basics of stand up paddle boarding with a certified instructor including positioning, proper care and carry techniques. All equipment provided. **Participants must pay state park entry fee (\$9).** Location: Boyd Lake State Park, 3720 N. Cty. Rd. 11C

**Age: 12+**

Sa	6/8	9:00-11:00A	\$45	353911-1
Sa	6/22	9:00-11:00A	\$45	353911-2
Sa	7/13	9:00-11:00A	\$45	353911-3
Sa	7/27	9:00-11:00A	\$45	353911-4
Sa	8/10	9:00-11:00A	\$45	353911-5

## BECOME A LIFEGUARD

### Lifeguard Certification Min/Max: 5/15

Learn the basics of lifeguard skills. First aid and CPR/AED for the Professional Rescuer included. All participants must complete prerequisite prior to class. Prerequisite: 300 yard continuous swim; using front crawl, breaststroke or combination of both, retrieve a 10lb brick from bottom of pool, and tread water for two minutes.

Location: Chilson Pool/Winona Pool

#### Age: 15+ \*Note the different times on Saturday

W,F & Sa*	5/8-5/18	4:00-8:30P 9A-5P* & 9A-12P*	\$99	203001-01
M-F	8/5-8/9	9:00A-3:00P	\$99	303001-02

### Waterfront Lifeguard Certification Min/Max: 5/15

The purpose of the waterfront skills module is to teach lifeguards the skills and knowledge needed to prevent and respond to emergencies in non-surf, open-water areas found at public parks, resorts, summer camps and campgrounds. Prerequisite: 550 yard continuous swim using front crawl and breaststroke. **Must have current American Red Cross Lifeguarding certification.**

Location: North Lake Park Swim Beach

#### Age: 15+

Su	5/19	9:00A-1:00P	\$49	203002-01
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## HISTORICAL HIKES

### Benson Sculpture Garden Walk Min/Max: 6/14

Enjoy a one-mile walk around Benson Sculpture Garden and learn about selected works of art with narration and evaluation by participants. Local historian Ken Jessen makes the tour enjoyable for all ages and interests. Drive on your own and meet at the park. Location: Benson Sculpture Garden, 1125 W. 29th St.

#### All ages

M	6/10	9:00-10:30A	\$30	353910-1
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### Devil's Backbone Historical Hike Min/Max: 5/11

Enjoy a two-mile hike to the Keyhole and back along the lower trail. The group will stop at multiple places along the trail for short history updates. Local historian Ken Jessen makes the hike enjoyable for all abilities. Transportation provided, meet at the Chilson Center.

#### Age: 16+

M	7/15	8:30-10:30A	\$42	353920-1
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### Rocky Mountain National Park Historic Hike

Everyone knows RMNP is full of beauty and iconic images, but what about the history of the area? Local historian Ken Jessen will take you to a number of different sites within the park to show you remnants of long-gone structures and tell stories of the early days. Enjoy 1.5 miles of hiking at an elevation of 9,000 ft on uneven surfaces. Bring water and a sack lunch. Min/Max: 6/11 Transportation provided, meet at the Chilson Center.

#### Age: 16+

M	7/29	8:30A-2:30P	\$60	353940-1
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### Bobcat Ridge: Kitchen/Smith Cabin Hike

Enjoy a three-mile hike at the very scenic Bobcat Ridge Open Space and learn about the Kitchen/Smith cabin and other historic structures. Local historian Ken Jessen leads this interesting tour. Min/Max: 5/11 Transportation provided, meet at the Chilson Center.

#### Age: 16+

M	8/5	8:30-11:00A	\$48	353930-1
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## BIKE RIDES | CLASSES

### Glow & Go Family Ride Min/Max: 5/100

Join us along the Loveland Recreation Trail for a family bike ride. One-mile loop or 2.5 mile out and back options. Registered participants will receive glow lights at check-in. Bike trailers, scooters and strollers welcome. Helmets required. **One adult 18+ must accompany each family (family fee covers up to 5 people).**

Location: Fairgrounds Park Instructor: Kerry Helke

#### All ages 6:00P check-in, 7:00P ride begins

##### Individual

Sa	6/8	6:00-8:30P	\$4	351940-1
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##### Family - up to 5 people

Sa	6/8	6:00-8:30P	\$16	351940-2
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### Scooter & BMX Clinic Min/Max: 5/15

Pro Scooter and BMX introduction. We will go through set-up and beginner to intermediate tricks. The first class will be at Mehaffey Skate Park and the second class will be at Loveland Sports Park. Bring your scooter/bike and a helmet.

#### Age: 5-12

Su	6/16, 6/23	9:00-10:30A	\$100	353914-1
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### NEW! Mountain Biking Basics: Kids Min/Max: 6/12

Before your child hits the trails it is important they know how their bike functions and how to handle different terrain. Kids can enjoy the many benefits of this sport: building fitness, gaining confidence and enjoying time outdoors. All they need is the correct gear, instruction and practice. They'll learn to ride with greater ease, have more control and have fun. Location: Meet in Chilson lobby

#### Age: 9-12

W	6/5-6/26	5:00-6:00P	\$35	317012-01
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### Guided Bike Tours Min/Max: 6/15

In celebration of Bike Month! A trained guide leads each ride. Helmets and waivers for all riders are required.

**Route 1** - Northwest Art: learn about Loveland's art collection; meet artists while riding between Mehaffey Park, Columbine Gallery and Benson Sculpture Garden. Loc: Mehaffey Pk South, 3285 W. 22nd St.  
**Route 2** - Downtown History & Architecture: learn about Loveland's history & exceptional architecture while riding between the Sugar Factory, Washington School, Bill Reed, Pulliam Building and the Uhrich Residence. Location: Police Building, 810 E. 10th St.

**Route 3** - Downtown Art: learn about Loveland's art collections, mural program while riding between artwork and studio locations around downtown. Location: Chilson Senior Center, 700 E. Fourth St.

#### Age: 11+

Rte 1	Sa	6/1	8:00A-12:00P	\$4	391011-1
Rte 2	Sa	6/15	8:00A-12:00P	\$4	391011-2
Rte 3	Sa	6/22	8:00A-12:00P	\$4	391011-3

### Tour de Brewer Ride Min/Max: 6/18

Join us for a cruise around town and explore Loveland's growing craft brewery scene. Sample beers with the brewers and whet your appetite with small bites along the route. Must provide your own bike; helmet required. Snacks and tastings included in the fee. Short ride is approximately 5.5 miles; long ride is approximately 9 miles. Location: Chilson Senior Center Instructor: Kerry Helke

#### Age: 21+

##### Short Ride - 5.5 miles

Sa	6/1	4:00-7:00P	\$30	351920-1
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##### Long Ride - 9 miles

Sa	6/1	4:00-8:00P	\$35	351920-2
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**See page 4 for other Bike Month events!**



# OPEN LANDS & TRAILS

Join us for another Dog Day of Summer, a furry friend event on June 15 at River's Edge. Bring your leashed, well-mannered dogs and learn about responsible pet ownership, meet vendors exhibiting products and have some fun with your pet. On August 16, bring your picnic baskets to our annual Open Lands Community Picnic.

## FREE PROGRAMS & ACTIVITIES

PEEPs = Preschool Environmental Education Program

### MAY

5/4	Guided Bird Walk at Boise Bend
5/5	Astronomy Night with NoCo Astronomical Society <b>R</b>
5/11	Volunteer Native Planting Project <b>R</b>
5/16	PEEPs <b>R</b>
5/17	Art In Nature - Sketch Hike <b>R</b>
5/19	Volunteer Trail Host Training

### JUNE

6/1	National Trails Day – Volunteer Stewardship Project
6/1	Guided Bird Walk at Oxbow
6/14	Evening of Storytelling at River's Edge
6/15	Dog Day of Summer at River's Edge
6/20	PEEPs <b>R</b>
6/21	Art In Nature - Sketch Hike <b>R</b>
6/29	Critter Scene Investigation (CSI) guided program

**R** = Registration required for some events.  
 Please visit [offer.cityofloveland.org](http://offer.cityofloveland.org) for details.

### JULY

7/6	Guided Bird Walk at River's Edge
7/7	Astronomy Night with NoCo Astronomical Society <b>R</b>
7/18	PEEPs <b>R</b>
7/19	Art In Nature - Sketch Hike <b>R</b>
7/21	Evening Orienteering at River's Edge

### AUGUST

8/3	Guided Bird Walk at Morey Wildlife Reserve
8/9	Evening of Storytelling at River's Edge
8/15	PEEPs <b>R</b>
8/16	Art In Nature - Sketch Hike <b>R</b>
8/16	Open Lands Community Picnic
8/25	Astronomy Night with NoCo Astronomical Society <b>R</b>



OPEN LANDS	AMENITIES/RECREATION OPPORTUNITIES												
<b>Boise Bend</b> 1225 S. Boise Ave.	✓			✓		✓		✓			✓	✓	
<b>Boyd Lake</b> (State Parks Partnership) 6500 N. Cty. Rd. 11C	✓	✓	✓	✓				✓	✓			✓	✓
<b>Cottonwood Run</b> Taft-Wilson along Big Thompson River <small>at Wilson</small>	✓			✓	✓	✓	✓	✓				✓	✓
<b>Devils Backbone</b> (Cty. Partnership) 1725 Hidden Valley Dr.	✓	✓	✓	✓	✓	✓						✓	✓
<b>Emerald Glen</b> Wilson Ave. & 43rd St.				✓				✓				✓	✓
<b>King's Crossing</b> 990 S. Lincoln Ave.	✓			✓		✓	✓	✓				✓	✓
<b>Mariana Butte</b> 701 Clubhouse Dr.	✓	✓		✓		✓	No bikes					✓	✓
<b>Meadowbrook</b> 2000 Cascade Ave.				✓		✓	✓					✓	✓
<b>Morey Wildlife Reserve</b> 5439 Cedar Valley Dr.		✓		✓		✓	No bikes	✓					✓
<b>Namaqua</b> (and Park) 816 N. Cty. Rd. 19E (Namaqua Rd.)	✓	✓	✓						✓			✓	✓
<b>Old St. Louis</b> 1010 S. St. Louis Ave.	✓			✓		✓						✓	✓
<b>Oxbow</b> 1135 & 1140 Rossum Dr.			✓	✓	✓	✓	✓	✓				✓	✓
<b>River's Edge</b> 960 W. First St.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Round Mountain</b> 1211 W. Highway 34	✓	✓		✓	✓	✓						✓	✓

See page 61 for open lands & natural areas map and rules; see page 62 for recreation trail map.

## OPEN LANDS & TRAILS VOLUNTEER OPPORTUNITIES More info at offero.cityofloveland.org

- Trail Hosts**
- Assist visitors and answer questions about natural areas
  - Engage in positive interactions with the public
  - Collect & report information for management of open lands

*Flexible schedule, year-round opportunities*  
*No previous knowledge or experience necessary*  
*All training and materials provided*  
*Volunteers should be in good physical condition, capable of an easy 1-mile hike*

- Environmental Educators**
- Programs about local wildlife, plants & urban natural areas
  - For school groups, preschoolers, families and adults

- Special Projects & Stewardship**
- Hands-on projects like trail-building, planting, construction, wildlife monitoring and clean-up

**Questions?**  
 Michele Van Hare, Coordinator: [michelevanhare@cityofloveland.org](mailto:michelevanhare@cityofloveland.org)  
 or call 970.962.2643



# ADULT ENRICHMENT

Visit countries around the world from right here in Loveland! Kenneth Jessen, who has appeared on CBS Sunday Morning, will give you tours of Iceland and Greenland and help you train spot.

Plan for your own future travel with our Financial Freedom class; make your money work FOR you and build wealth for the days still ahead.

## GOT MUSIC?

### Acoustic Guitar - Level 1 Min/Max: 4/8

Learn basic chords, fingerstyle strumming and picking patterns that you can use to play your favorite songs. Jeff will show you several left-hand chord change techniques to make your playing more fun.

No experience necessary. Bring your own guitar.

Location: Party Rm Instructor: Jeff Hoffman

Age: 17+

M	6/17-7/15	6:00-7:00P	\$44	359600-1
M	7/22-8/19	6:00-7:00P	\$44	359600-2

### Acoustic Guitar - Level 2 Min/Max: 4/8

This is a continuation for those who took the Beginning Acoustic Guitar Level 1 class. Review and add more left-hand skills based on previous techniques. Be introduced to basic improvisation using the major scale of the key and learn how it supports the chords for that key. All of this will grow as you grow! Location: Party Rm

Instructor: Jeff Hoffman

Age: 17+

M	6/17-7/15	7:15-8:15P	\$44	359601-1
M	7/22-8/19	7:15-8:15P	\$44	359601-2

**Bluegrass Jam! 2nd Friday of the month at 2:00P - see page 55 for all the details.**

### Beginning Harmonica Min/Max: 4/8

Learn to play this lively instrument that has many musical applications. Start by playing single notes on all the holes and then play familiar songs to build skills as you go. Medical science tells us that harmonica playing increases your oxygen intake. See how breathing can turn into music! Location: Party Rm

Instructor: Jeff Hoffman

Age: 17+

M	6/17-7/15	4:45-5:45P	\$44	359602-1
M	7/22-8/19	4:45-5:45P	\$44	359602-2

### Ukulele for Beginners, Part 1/Part 2 Min/Max: 5/12

Get involved in music because of its power to break down barriers, relieve stress and unite with others. Learn the basics of how to play the ukulele with no musical background. Part 1 is for beginners; Part 2 is for players with experience or instructor permission.

Location: Gertrude Scott Rm, Library Instructor: Alyna Waters

Age 18+ \*No class 7/2

Part 1	T	6/11-7/23*	11:30A-1:00P	\$47	391400-1
Part 2	T	6/11-7/23*	1:30-3:00P	\$47	391400-2

### Ukulele Jam Session Min/Max: 5/12

Jamming sessions plus workshopping songs for ukulele! No instruction; just time to play together as a group. Prerequisite: must have attended at least one session of ukulele class with Alyna.

Location: Gertrude Scott Rm, Library Instructor: Alyna Waters

Age: 18+ \*No class 7/2

T	6/11-7/23*	10:00-11:00A	\$36	391401-1
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## OUTDOOR EDUCATION

### Hike the Front Range

Min/Max: 6/60  
With so much great hiking close by, it is important to know how and where to begin! Join veteran Longmont hiker Pete KJ for an overview of geography, equipment and methods. He will let you know about some of his favorite nearby trail choices as described in his guidebook, *Base Camp Denver: 101 Hikes in Colorado's Front Range*. Location: Maple/Spruce Instructor: Pete Jarvis

**Age: 18+**  
Th 6/6 2:00-3:30P FREE 391120-1

### Be Prepared

Min/Max: 8/20  
The City of Loveland's Office of Emergency Management will be at the Chilson Center to update you on what to do in an emergency. Police officer Pat Mialy will present a program on how to be prepared for a natural emergency including floods and tornadoes. Important information for all of us to know! Location: Cherry Instructor: Pat Mialy

**Age: 18+**  
M 6/10 1:30-3:00P FREE 391090-1  
W 8/7 1:30-3:30P FREE 391090-2

### Presentations by Kenneth Jessen

Experienced lecturer Kenneth Jessen and has taught adult education for Colorado State University and is an author of over 2,200 illustrated articles and 21 published books. He has appeared on Channel 4 Colorado GetAways eight times and most recently on CBS Sunday morning. Min/Max: 5/20 Location: Maple/Spruce

**Age: 18+**

**Iceland and Greenland** Imagine yourself circumnavigating Iceland with its spectacular mountains, massive waterwall, ice fields and geothermal features. Add to this the southern coast of Greenland, with its glaciers and rugged mountains.  
Th 6/13 2:00-3:30P \$3 391081-1

**World Trains** Ever wonder what the railroads in other countries look like and what gauges they use? In this presentation, visit countries around the world and admire the many different types of trains from South America to Africa, Asia, Europe and Australia. All aboard!  
T 8/20 2:00-3:30P \$3 391082-1

### Interesting Summer Hikes

Min/Max: 6/60  
Summer and hiking go hand in hand. This is the season to head to high altitude wonderlands inaccessible to hiking boots the rest of the year. Join veteran Longmont hiker and author Pete KJ as he presents his favorite trail choices and delves into the stories of history, geology, etymology and wildlife that go with them. Bring your curiosity and get ready to write your own stories by going out and hiking these dazzling trails! Loc: Maple/Spruce Instructor: Pete Jarvis

**Age: 18+**  
W 6/26 2:00-3:30P FREE 391121-1

**Ready to hike? See page 47 for historical hikes throughout the summer.**

## GENERAL INTEREST

### Handwriting Analysis

Min/Max: 8/12  
Come get your handwriting analyzed and learn more about your character traits through the physical characteristics and patterns of strokes of cursive handwriting. This 15-minute meeting with Jerrold is a mini analysis. Call 970.962.2783 or sign up at the Senior Center front desk for a 10:00A, 10:15A, 10:30A or 10:45A time slot. Location: Aspen Room Instructor: Jerrold Groves

**Age: 18+**  
W 6/12 10:00-11:00A \$1 391403-1  
by appointment

### Financial Freedom

Min/Max: 8/12  
How do I get there and what can I do when I arrive? This is an opportunity to get to know how money works and how you can get it to work FOR you. Learn how you can build wealth and create the future you desire. Discussion includes how to navigate savings, cash flow debt, insurance, mortgages and planning for the future. Location: Cherry Instructor: Babette Champlin

**Age: 18+ \*No class 7/3**  
W 6/12-8/14\* 5:30- 8:00P \$42 391404-1

### Responsible Casino Gambling for Fun & Profit

Are you interested in Black Jack, Roulette or Baccarat? Here is your chance to play these games and learn the strategy as well as advanced techniques to make your next gambling junket profitable in a real casino. **Required book: \$25 payable to the instructor.** Min/Max: 5/15 Location: Cherry Instructor: Haiko Eichler

**Age: 21+**  
W 7/10-7/31 2:00-4:00P \$8 390001-1  
W 8/7-8/28 2:00-4:00P \$8 390001-2

## INSTRUCTOR SPOTLIGHT

### HAIKO EICHLER Gambling classes



#### How long have you been coming to the Chilson Senior Center?

Since I moved from Berthoud to Loveland four years ago.

#### What's the best piece of advice you have for those learning to play cards/gamble responsibly?

Be sure to treat ANY gambling as "entertainment" and not an attempt to make extra money! Only take money that you can afford to lose without any impact on your day to day lifestyle.

Attend our gambling classes where I can teach you how to minimize any losses and turn them into "positive" cashflow most of the time.

#### Do you have a favorite memory from any of your time spent at the Senior Center?

There are so many of them! Gina and her staff are absolute winners and I could not ask for a better relationship. Of course, every Wednesday when we have the class. My group has become like a family, maybe even better - very dear friends. Some of them even pinch hitting when I need some help, like Rick Kendall and Gary Luke helping at the Black Jack and Roulette table.

## ADULT DANCE

**Drop-in Line Dance** ♦ Min/Max: 6/30  
 Get exercise and socialize! Location: Fitness/Dance Rm  
**Dates:** 5/2-5/30; 6/6-6/27; 7/11-7/25\*; 8/1-8/29  
 Instructor: Tracey Ingraham  
**Age: 18+ \*No class 7/4**

**BEGINNING - Thursdays 12:15-1:15P**  
 Drop-in fee: \$5 or 4-visit pass for \$20

**CONTINUING - Thursdays 10:30A-12:00P**  
 Drop-in fee: \$5.75 or 4-visit pass for \$23, \$21 w/SAC

**Dance the night away!**  
**Attend social dances with live bands.**  
**See page 57 for details.**

## FRIDAY FUN

**Friday Afternoon at the Movies** Min/Max: 6/45  
 Enjoy movies on the Chilson Center big screen. Popcorn, candy and drinks available for a minimal fee. Put your name on the list at the Senior Center front desk or call 970.962.2783.  
**Age: 18+ Fee: FREE**

F	5/10	1:30-3:30P	<i>Fried Green Tomatoes</i>
F	5/24	1:30-3:30P	<i>Just Getting Started</i>
F	6/7	1:30-3:30P	<i>Barefoot in the Park</i>
F	6/21	1:30-3:30P	<i>Greenfingers</i>
F	7/12	1:30-3:30P	<i>Chappaquiddic</i>
F	7/26	1:30-3:30P	<i>Ocean's Eleven</i>
F	8/9	1:30-3:30P	<i>Inferno</i>
F	8/23	1:30-3:30P	<i>Blue Hawaii</i>

**Summer B-I-N-G-O** Min/Max: 6/45  
 Enjoy refreshments and games of BINGO. Winners receive fun prizes donated by Brookdale Senior Living. Put your name on the list at the Senior Center front desk or call 970.962.2783.  
 Location: Maple/Spruce  
**Age: 18+**

F	7/19	1:30-3:30P	\$2 suggested donation
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### What makes for a successful community?

We believe it's connections. And that's just what the City of Loveland Parks & Recreation Department strives to accomplish. We invite you to view our flipbook or download the annual report today. [bit.ly/PR2018AR](http://bit.ly/PR2018AR)



## HEALTH & WELLNESS

**Have a Say in Your Care!** Min/Max: 5/12  
 Who would make your medical decisions if you were unable to speak for yourself? Attend this no-cost service by the Health District of Northern Larimer County Advance Care Planning Team to help create Colorado advance medical directives that represent your values and what is important to you, especially when it comes to end of life matters. Call 970.962.2423 for a 60-minute appointment. Help also is available to update and distribute existing directives. Walk-ins accepted as space allows. For additional times/locations, call 970.482.1909. Location: Aspen  
**Age: 18+ Fee: FREE Time: 10:00-11:00A**  
**Thursdays: 5/2, 6/6, 8/1**

**Hearing Assessments** Min/Max: 6/7  
 On the 3rd Thursday of every other month, the Hearing Rehab Center does basic hearing assessments at Chilson for ages 6+. Sign up at the Senior Center front desk for a 10-minute appointment or call 970.962.2783. Location: Senior Clinic  
 Instructor: Chris Hollabaugh  
**Age: 18+ Fee: FREE Time: 8:30-10:15A**  
**3rd Thursday of every other month: 5/16, 7/18**

**Healthy Living for Brain & Body** Min/Max: 6/35  
 Recent research shows that for centuries we've known that the health of the brain and body are connected. But now science is able to provide insights into how to optimize our physical and cognitive health as we age. Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement. Location: Party Rm Instructor: Angel Hoffman  
**Age: 18+**  
 M 6/10 10:00-11:30A FREE 391012-1

**Do You Have Low Vision?** Min/Max: 6/40  
 Lynda McCullough, Outreach Coordinator for the Ensign Skills Center, and staff will discuss major eye disorders such as macular degeneration, glaucoma and diabetic retinopathy, and how they affect everyday life. Discussion includes adaptations for living with low vision and how occupational therapists and assistive technologies can help. Learn about resources in Larimer County. Location: Party Rm Instructor: Lynda McCullough  
**Age: 18+**  
 W 7/17 10:00-11:00A FREE 391201-1

**10 Warning Signs of Alzheimer's** Min/Max: 5/40  
 Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Learn 10 common warning signs and what to watch for in yourself and others, typical age-related changes, how to approach someone about memory concerns, early detection, the benefits of a diagnosis, the diagnostic process and resources. Location: Maple/Spruce  
 Instructor: Alzheimer's Association  
**Age: 18+**  
 Th 7/25 2:00-3:30P FREE 391029-1

**Understanding Alzheimer's & Dementia**  
 Alzheimer's is not normal aging. Learn the impact of Alzheimer's, the difference between Alzheimer's and dementia, disease stages and risk factors, current research and treatments to address some symptoms and Alzheimer's Association resources. Min/Max: 6/40  
 Location: Party Rm Instructor: Katie Fahrenbruch  
**Age: 18+**  
 T 8/27 10:00-11:30A FREE 391010-1



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# ACTIVE GENERATION

Take advantage of spa services through the Senior Center. Foot care is especially important. Improve foot comfort and posture, prevent ingrown nails and relax during your appointment. You also can enjoy a little TLC thanks to our licensed massage therapists. See the Chilson Senior Center front desk for more information.

## Senior Activity Cards (SACs) Benefits! ♦

- Benefit #1** Registration priority for day trips
- Benefit #2** Discounted fees
- Benefit #3** Reduced admission to senior dances
- Benefit #4** Entry to many FREE programs

Anyone age 62 and over can purchase a card. The SAC is \$20 per person and is valid for one year. Please refer to listings denoted by this symbol: ♦ for discounted rates.

## Welcome & Orientation

Join us for a "Get to Know You" presentation where we provide information about the Senior Center and answer your questions. This is for all new guests!

**Last Wednesday of every month, 11:45A-12:30P**

**Dates: 5/29, 6/26 No July or August date**

**Fee: FREE**

## Financial Help Available

The Chilson Senior Advisory Committee (CSAC) has funds to assist Senior Center guests to participate in classes, programs and day trips. If you or someone you know wants to get involved but are unable due to financial or other reasons, call 970.962.2428.

## VOA Senior Nutrition Lunch

Lunch is served at the Senior Center on Monday, Tuesday, Thursday and Friday at 12:00P by the VOA Senior Nutrition Program to those who are 60+. **Reservations required by calling 970.472.9630 by 1:00P the previous business day.** Check-in time is 11:30-11:45A. **Fee: \$2.50** suggested donation

## Spa Services for All Ages

Call our providers directly to schedule an appointment. Gift certificates also available. Info: 970.962.2783

### Therapeutic Massage

Gay Koopman, LMT, BCTMB: 970.420.0505

Joyce Meis, LMT: 970.691.3441

### Drop-In Chair Massage, Chilson lobby

2nd & 4th Tuesday of every month, 9A-12P, \$1/minute

### Medically Based Foot Care

Patti Krkosa, RN: 303.651.5224

## Medicare Enrollment Assistance

Trained SHIP Medicare counselors answer questions for Medicare beneficiaries. UCHHealth Aspen Club at 970.624.1860.

## CLUBS | ONGOING ACTIVITIES

### Chilson Senior Advisory Committee (CSAC)

2nd Thursday of every month, 9:00A

Chair: Doug East 970.669.3159

The CSAC hosts several fundraising events for the Chilson Senior Center. Become a member!

### National Association of Retired Federal Employees (NARFE)

2nd Tuesday of the month, 1:30P (Sept-May)

Chair: Dana Carlson 970.669.3034

### Fishing Club

3rd Tuesday of the month, 2:00P

Contact: Jim Visger 970.893.1334

### Cards & Games with Golden Age

Every Monday, 12:00P

Contact: Janice Soukup 970.669.3204

Meetings on 1st Monday; Potluck on 2nd Monday

### Bluegrass Jam

2nd Friday of the month, 2:00P

Contact: Kathleen Barker 970.302.4399

Bring your instrument or your voice and come play!

### BUNCO

1st & 3rd Thursday of the month, 1:30P

Contact: Senior Center 970.962.2783

### CRAZY BUNCO

4th Thursday of the month, 1:15P

Contact: Eileen Donahue 702-273-8899

### Chess

Every Tuesday & Thursday, 1:30P

Contact: Senior Center 970.962.2783

### Rhythm Singers/Heartbeat Band

Last Tuesday of the month, 2:00P (Aug-May)

for Rhythm Singers; call for Heartbeats schedule

Contact: Wayne Graham 970.214.7102

### Senior Bookworms

Last Monday of the month, 11:30A

Contact: Janice Benedict 970.593.0990

Current book list is on Senior Center bulletin board.

Dates: 5/20, 6/24, 7/29, 8/19\* \*due to facility closure

### The Nurse Is In

4th Monday of the month, 9:00-11:00A

Contact: UHealth 970.624.1860

Drop-in for a FREE visit with an RN for blood pressure/pulse checks, tips to manage a chronic condition, healthy lifestyle info & helpful resources.

Dates: 5/20\*, 6/24, 7/22, 8/19\* \*due to facility closure

## ENRICHMENT CLASSES

### Cruisin' Canvas Painting Party Min/Max: 8/20

Be an artist for the day! Everything is provided - canvas, paints, refreshments, music and of course the fun. Everyone will paint the same picture with instruction on how to create your very own Van Gogh.

Location: Maple/Spruce (6/5), Cherry (8/14)

Instructor: Tami Showers

Age: 50+

W	6/5	1:30-3:30P	\$20	391006-1
W	8/14	1:30-3:30P	\$20	391006-2

### Ukrainian Egg Painting Min/Max: 8/12

Ukrainian Egg Painting is called Pysanka and follows a tradition over 2,000 years old. In the craft, the artist begins with a raw white egg, symbol of life and rebirth. Using heated beeswax, designs are drawn onto the shell and the egg is placed in a series of dye baths. Location: Party Rm

Age: 60+

F	6/14	12:30-3:30P	\$21	391402-1
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### How to Sign Up for Uber & Lyft Min/Max: 8/20

Learn how easy it is to download apps for transportation including Uber and Lyft. Bring your iPhone and learn how to set up your account today!

Location: Party Rm Instructor: Chuck Donahue

Age: 50+

W	6/12	1:30-2:30P	FREE	390014-1
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### Safe Driving Course with AARP Min/Max: 6/30

This 4-hour AARP course covers comprehensive, safe driving techniques. We use videos and classroom discussion to remind participants of key points such as distracted driving, sharing the road with all types of vehicles, new Colorado laws, exercise programs and vehicle maintenance. Ages 16+ welcome. Seniors 55+ may be eligible for a discount on auto insurance.

**Required book fee due to instructor** (\$15 AARP member, \$20 non-AARP member) Location: Cherry

Instructor: Kay Neckel

Age: 55+

T	6/18	5:30-9:30P	\$5	391110-1
Sa	7/20	9:00A-1:00P	\$5	391110-2
W	8/14	5:30-9:30P	\$5	391110-3

Looking for more art classes?

See pages 44-45 and create something new.

## HEALTH & WELLNESS

### A Matter of Balance Min/Max: 8/12

This award-winning program co-sponsored with Banner Health is designed to reduce the fear of falling and increase activity levels. Set realistic goals for increasing activity, change your environment to reduce fall risk factors and increase your flexibility, strength and balance.

Location: Cherry Instructor: Jodi States

**Age: 50+ \*No class 7/2**

T 6/11-8/6\* 2:00-3:30P FREE 391208-1

### 'N Balance Min/Max: 6/15

A quality and effective fall prevention class that achieves results! Practice these evidence-based exercises and movements to strengthen your core balance and overcome the fear of falling.

**Please call 970.962-2462 to find out about class requirements and to schedule the short balance evaluation occurring the week of 7/15.**

Sign up deadline: 7/8 Location: Fitness/Dance Rm

**Age: 60+**

M,W 7/22-8/21 2:15-3:15P \$24 392002-1



## UCHEALTH ASPEN CLUB ♦

Min/Max: 8/40 Location: Maple/Spruce

**Fee: \*FREE w/SAC, Aspen Club pass or SilverSneakers® pass**

**Age: 50+ Days: Thursdays**

### Downsizing & Decluttering ♦

Downsize and declutter - the double d's. So much stuff! What to do with it all? These are common thoughts when deciding to downsize and simplify your life. Decluttering can be a job, but it can give a sense of freedom too. In this session you'll get ideas on how to sort through your possessions, consider wants and needs of yourself and others who are important to you, and find homes for your extras.

Instructor: Laurel Kubin

Date	Time	Fee	SAC	Class #
6/20	2:00-3:30P	\$4	FREE*	291203-1

### Is a Reverse Mortgage for You? ♦

Alea Rodriguez from Neighbor to Neighbor will discuss the pros and cons of a reverse mortgage as well as typical costs and alternatives. One alternative she will discuss is the new Home Share program. There will be plenty of time for questions!

Instructor: Alea Rodriguez

Date	Time	Fee	SAC	Class #
7/18	2:00-3:30P	\$4	FREE*	391206-1

### Life Reimagined ♦

In a rut? Feeling stuck? Developed by AARP, Life Reimagined introduces a powerful step-by-step approach to help you discover new possibilities, prepare for new change and make your ideas real.

Instructor: Laurel Kubin

Date	Time	Fee	SAC	Class #
8/15	2:00-3:30P	\$4	FREE*	391207-1

**Check out page 52 for more health and wellness education classes.**

## SPORTS 50+

### Pickleball Beginning Skills ♦ Min/Max: 5/8

A structured, fun class to learn basic strokes, rules and scoring through a program of demonstrations, drills and practice. Learn key fundamentals and develop basic skills so you're ready to participate in the "Drop in Pickleball" sessions - see page 3. All equipment provided.

Location: Sunnyside Park, 899 E. 5th St., Court 1  
Instructor: Robert Monroe

#### Age: 50+

Day	Date	Time	Fee	SAC	Class #
M	6/3-7/8	10:00-11:00A	\$30	\$28	396006-1
W	6/5-7/10	6:00-7:00P	\$30	\$28	396006-2
M	7/15-8/19	10:00-11:00A	\$30	\$28	396006-3
W	7/17-8/21	6:00-7:00P	\$30	\$28	396006-4

### Drop-in Sports

**Fee:** Use your Chilson fitness pass, SilverSneakers® pass or pay the daily fee (unless otherwise noted)

**See full drop-in gym schedule on page 3.**

### Volleyball 50+

Location: Small Gym

Tuesday	9:00-11:00A
Friday	1:30-3:30P

### Pickleball 50+

Location: Large Gym, east side  
Drop-in pickleball play is recreational for players with experience and working knowledge of rules; they are not instructional times for new or inexperienced players. All skill levels/ages participate through rotation of play.

Monday	6:00-9:00A   1:30-3:30P (thru May)
Tuesday	6:00-9:00A
Wednesday	6:00-9:00A   9:00A-1:00P (all ages)
Thursday	6:00-9:00A   1:30-3:30P (thru May)
Friday	1:30-7:00P
Sunday	11:00A-1:30P

### Table Tennis 50+

Mon|Wed|Thurs  
1:30-4:00P  
**Fee:** \$1 donation

### Billiards 55+

Mon-Fri, 8:00A-5:00P  
Sat, 9:00A-12:00P  
**Fee:** 50¢ donation

## SPECIAL EVENTS

### Pickleball Open House

Join the Parks & Recreation Department and the Loveland Pickleball Club for an introduction to pickleball, the fastest growing sport in America! Try your hand against other players and learn the basics of the game. Have an opportunity to register for the Pickleball Beginning Skills class and visit several vendors with pickleball merchandise. A fun game for all ages. Location: Mehaffey Park, 3350 W. 29th St.

#### All ages

Sa	5/4	12:00-4:00P	FREE
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### Loveland Senior Dances ♦

Music provided by live bands. Enjoy delicious refreshments at most dances; some nights are potlucks\*, so bring a favorite dish!

**Fee at the door:** \$4, \$3.50 w/SAC

#### Age: 16+

#### 2nd & 4th Mondays, 7:00-10:00P

5/13	Life in the Past Lane
5/27	NO DANCE (Memorial Day)
6/10	Kathy Connolly Band
6/24*	Just Us
7/8	Tom Yook
7/22	Big Twang Theory
8/12	Jim Ehrlich
8/26	NO DANCE (facility closure)

### Harvest Bazaar Craft Tables - on sale 8/30

The fall Harvest Bazaar is Saturday, September 14. We are seeking crafters to sell homemade items at this annual family event. Fall produce, hearty soup, warm chili and delicious pies round out this fun day!

**Craft table reservations are IN PERSON ONLY beginning Friday, 8/30 at 8:00A at the Chilson Senior Center. First-come, first-served. Cash or check only. All crafts must be homemade. No food items.** This is a fundraising event for the Chilson Senior Advisory Committee (CSAC) where proceeds benefit the Senior Cener scholarship program for Loveland seniors.

**Questions?** Call 970.962.2783

**Craft table fee:** \$15 (half table, 3'x3')  
\$30 (full table, 6')

**Loveland has lots of special events this summer! See pages 4-6.**

## DAY TRIP REGISTRATION

- **Senior Activity Card (SAC) holders have priority registration Tues, 4/30 - Tues, 5/7** (during this time trips are not open to online registration).
- Adults 62+ are eligible to purchase a SAC for \$20.
- **Trip registrations open to all adults (18+) on 5/8.**
- Trip refunds may be granted pending circumstances of the trip. See page 64 for info and policies.
- Participants transported in City van or motor coach; all trips depart from the Senior Center and are escorted by activity leader Jenny Sanders unless otherwise noted and are subject to change.

### Rockies Baseball ♦

Celebrate the Colorado Rockies as we root for our favorite team from our seats in the shade. Pack your lunch or choose from vendors at *Coors Field* (cost on your own \$12-\$16). 6/2 -vs- Toronto Blue Jays; 7/14 -vs- Cincinnati Reds; 8/14 -vs- Arizona Diamondbacks. Destination: Denver

Day	Date	Time	Fee	SAC	Class #
Su	6/2	10:30A-5:30P	\$46	\$42	393103-1
Su	7/14	10:30A-5:30P	\$46	\$42	393103-2
W	8/14	10:30A-5:30P	\$46	\$42	393103-3

### Wicked at the Buell ♦

*Wicked*, the Broadway sensation, looks at what happened in the Land of Oz from a different angle. Long before Dorothy arrives, there is another young woman born with emerald skin who is smart, fiery and misunderstood. When she meets a bubbly blonde who is exceptionally popular, their initial rivalry turns into the unlikeliest of friendships until the world decides to call one good and the other wicked. Dinner prior to the show at *Sweet Tomatoes* (cost on your own for \$10-\$14). **Travel by motorcoach.** Destination: Denver

Day	Date	Time	Fee	SAC	Class #
T	6/4	2:45-10:30P	\$85	\$81	393000-1

### Travel Training ♦

Join us for this fun and educational travel class! Learn how to read the bus schedule, plan your next bus trip and see how new transit rider tools make riding easier than ever. Training includes riding COLT and FLEX buses to Fort Collins and continuing on the MAX bus with a stop for lunch at *Austin's* (includes lunch, non-alcoholic drink and tip). Destination: Fort Collins

Day	Date	Time	Fee	Class #
T	6/4	10:00A-3:30P	\$15	393199-1
T	7/2	10:00A-3:30P	\$15	393199-2
T	8/6	10:00A-3:30P	\$15	393199-3

### Lunch Bunch Trips ♦

Each month, explore a different restaurant in Northern Colorado. Lunch cost on your own for \$10-\$20.

**Fee: \$23, \$19 w/SAC Time: 11:15A-2:30P**

Day	Date	Restaurant	Class #
M	6/10	<i>The Rainbow</i> , American Destination: Fort Collins	393002-1
M	7/22	<i>Sweet Basilico</i> , Italian Destination: Estes Park	393010-1
M	8/19	<i>Longhorn Steakhouse</i> Destination: Fort Collins	393015-1

### Fiddler on the Roof at the Buell ♦

*Fiddler on the Roof* is the heartwarming story of fathers and daughters, husbands and wives, and life, love and laughter. It's rich with musical hits you know and love, including "*Tradition*", "*Sunrise, Sunset*", "*If I Were A Rich Man*" and "*Matchmaker, Matchmaker*". Dinner prior to the show at *Steuben's* (cost on your own for \$12-\$18). Destination: Denver

Day	Date	Time	Fee	SAC	Class #
W	6/12	2:45-10:30P	\$74	\$70	393001-1

### Denver Botanic Gardens ♦

Enjoy a wide range of gardens and collections that illustrate an ever-widening diversity of plants from all over the world. Spanning over 23 acres, the Denver gardens include a gorgeous conservatory and a sunken amphitheater. Bring your own brown bag or have lunch at one of the garden bistros (cost on your own for \$10-\$15). Destination: Denver

Day	Date	Time	Fee	SAC	Class #
M	6/17	8:15A-3:30P	\$40	\$36	393004-1

### Casino Trips - Mardi Gras ♦

Join the Ft Collins Senior Center on a fun and lucky time at the *Mardi Gras Casino*. Depart from Chilson. Destination: Black Hawk

**Age: 21+**

Day	Date	Time	Fee	SAC	Class #
T	6/18	8:15A-5:00P	\$10	\$8	393035-1
T	7/16	8:15A-5:00P	\$10	\$8	393035-2
T	8/20	8:15A-5:00P	\$10	\$8	393035-3

### Colorado Horse Rescue ♦

The steady upsurge of unwanted horses and increased public awareness of reporting abuse brings more impounds and requests for owner surrenders. The Colorado Horse Rescue is dedicated to saving the disadvantaged horse...one human, one rescue, one home at a time. Lunch at *Oskar Blues* after the tour (cost on your own for \$10-\$15). Destination: Longmont

Day	Date	Time	Fee	SAC	Class #
Th	6/20	8:00A-2:00P	\$28	\$24	393005-1

**Greeley Stampede ♦**

The Greeley Stampede is rich in tradition and heritage dating back to the late 1800s. Explore the events and food on the midway (meal cost on your own for \$10-\$15). Before the PRCA Rodeo, saddle up for a "Behind the Chutes" tour for the opportunity to meet the rodeo clown and Miss Rodeo Colorado, explore the rodeo stock and equipment, and get up close and personal with some of the animal athletes. The rodeo performance includes bareback and saddle broncs, steer wrestling, team roping, tie down roping, mutton bustin', barrel racing, bull riding and more!

Destination: Greeley

Day	Date	Time	Fee	SAC	Class #
Sa	6/29	8:45A-4:00P	\$58	\$54	393006-1

**Colorado Irish Festival ♦**

This eclectic gathering of thousands is known throughout the west for its outrageous display of kilts, bagpipes, Irish step dancing and the best Irish rock and classic music this side of the Emerald Isle. Select your lunch from the many vendors at the festival (cost on your own for \$12-\$18).

Destination: Littleton

Day	Date	Time	Fee	SAC	Class #
Sa	7/13	8:15A-4:00P	\$43	\$39	393007-1

**Hay Ride and Weenie Roast ♦**

Enjoy a horse-drawn hayride into Rocky Mountain National Park. Take in the incredible scenery and abundant wildlife as we ride to our picnic area to enjoy a weenie roast and cowboy entertainment. **Meal cost is included in the fee.** Destination: Estes Park

Day	Date	Time	Fee	SAC	Class #
Sa	7/20	2:45-8:30P	\$58	\$54	393009-1

**Madama Butterfly ♦**

Experience the Central City Opera's presentation of Puccini's drama of unfortunate, doomed love. *Madama Butterfly* tells the story of the teenage geisha who gives up everything for an American naval officer who does not understand the depth of her affection. Lunch prior to the opera at the *Teller House Face Bar* (cost on your own for \$12-\$18).

Destination: Central City

Day	Date	Time	Fee	SAC	Class #
Su	8/4	10:15A-6:30P	\$96	\$92	393011-1

**Buy a Senior Activity Card (SAC) to receive discounts & priority registration!**  
 See page 54 for all the details.

**Bellvue-Watson Fish Hatchery ♦**

The national fisheries program is committed to protecting and maintaining stable populations and healthy habitats as well as restoring degraded habitats and depleted populations. The Bellvue-Watson Hatchery & Rearing Unit raises rainbow trout, rainbow/cutthroat trout hybrids, cutthroat trout, splake and brown trout. The Watson Lake Rearing Unit raises approximately 300,000 catchable trout each year, and the Bellvue Fish Hatchery annually raises approximately 1.5 million sub-catchable trout. Lunch after the tour at *Vern's Place* (cost on your own for \$10-\$13). Destination: Bellvue

Day	Date	Time	Fee	SAC	Class #
T	8/6	9:30A-3:00P	\$25	\$21	393012-1

**Georgetown Loop ♦**

This spectacular stretch of narrow gauge railroad was completed in 1884 and was considered an engineering marvel for its time. The once thriving mining towns of Georgetown and Silver Plume lie two miles apart in the steep, picturesque narrow canyon of Clear Creek. Lunch after the train ride is at the *Alpine Restaurant* (cost on your own for \$10-\$15).

Destination: Georgetown

Day	Date	Time	Fee	SAC	Class #
Th	8/8	8:00A-5:00P	\$74	\$70	393013-1

**Grand Lake ♦**

Delight in the splendor of our beautiful Rocky Mountain National Park as we travel over Trail Ridge Road to Grand Lake then have a relaxing chartered cruise on Colorado's largest and deepest natural lake. Select from one of the numerous restaurants in town for lunch on your own. Destination: Grand Lake

Day	Date	Time	Fee	SAC	Class #
Th	8/22	7:15A-6:00P	\$54	\$50	393003-1

**NOAA ♦**

The National Oceanic and Atmospheric Administration is the scientific agency that focuses on the conditions of the oceans, major waterways and the atmosphere. NOAA warns of dangerous weather, charts seas, guides the use and protection of ocean and coastal resources, and conducts research to provide understanding and improve stewardship of the environment. Lunch after the tour at the *Mediterranean Restaurant* (cost on your own for \$10-\$18). Destination: Boulder

Day	Date	Time	Fee	SAC	Class #
W	8/28	7:45A-3:00P	\$31	\$27	393008-1

**Want to bike and hike this summer?**  
 Check out page 47 for guided trips.

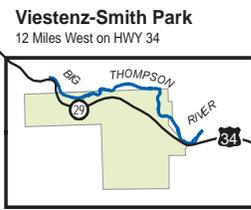
# CITY OF LOVELAND ATHLETIC FACILITIES

## LEGEND

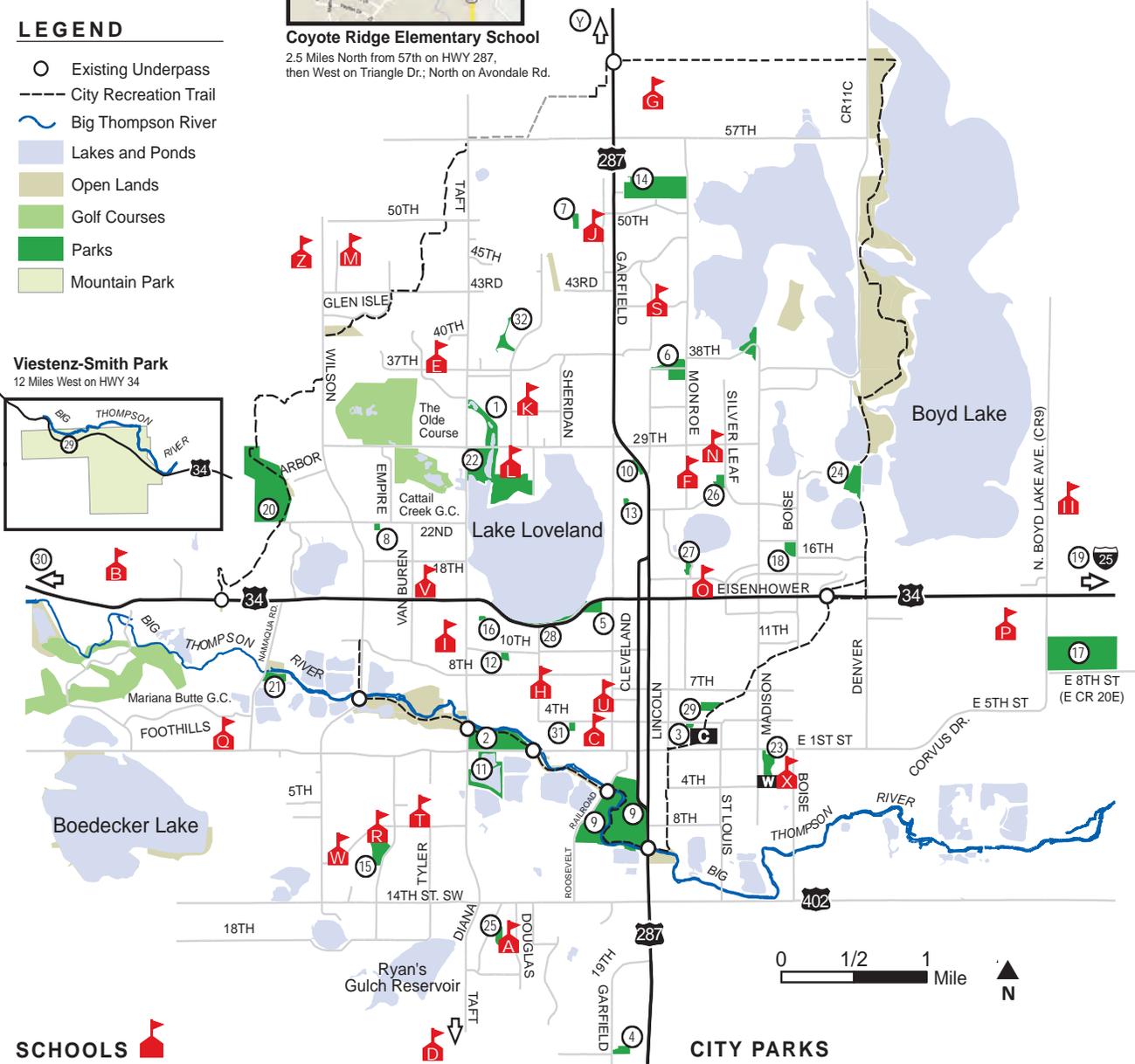
- Existing Underpass
- City Recreation Trail
- ~ Big Thompson River
- Lakes and Ponds
- Open Lands
- Golf Courses
- Parks
- Mountain Park



**Coyote Ridge Elementary School**  
2.5 Miles North from 57th on HWY 287,  
then West on Triangle Dr.; North on Avondale Rd.



**Viestenz-Smith Park**  
12 Miles West on HWY 34



## SCHOOLS

- A B F Kitchen Elementary
- B Big Thompson Elementary
- C Bill Reed Middle School
- D Carrie Martin Elementary
- E Centennial Elementary
- F Conrad Ball Middle School
- G Cottonwood Plains Elementary
- H Garfield Elementary
- I Harold Ferguson High School
- J Laurene Edmondson Elementary
- K Lincoln Elementary
- L Loveland High School
- M Lucile Erwin Middle School
- N Mary Blair Elementary
- O Monroe Elementary
- P Mountain View High School

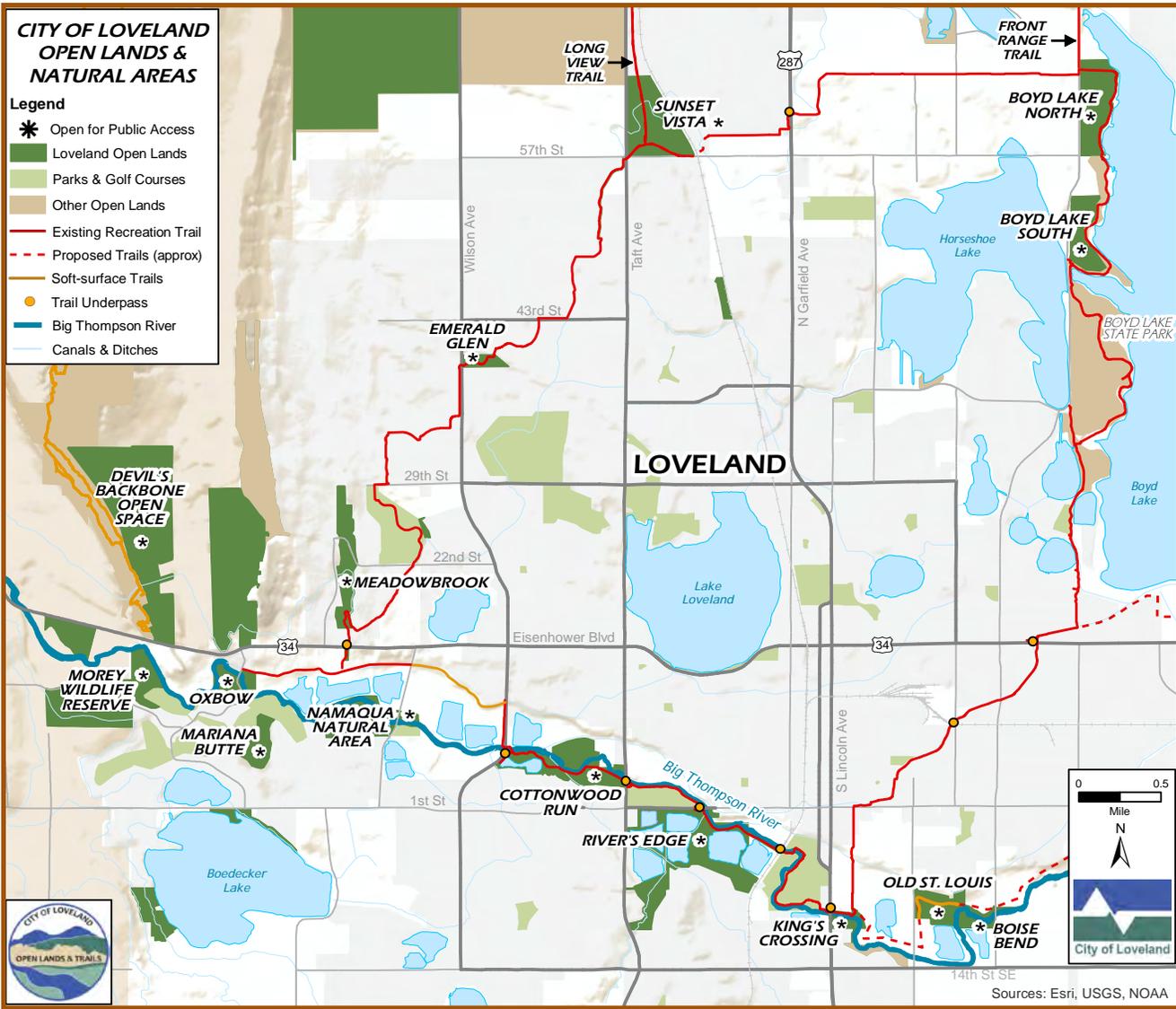
- Q Namaqua Elementary
- R Sarah Milner Elementary
- S Stansberry Elementary
- T Thompson Valley High School
- U Truscott Elementary
- V Van Buren Elementary
- W Walt Clark Middle School
- X Winona Elementary
- Y Coyote Ridge Elementary
- Z Ponderosa Elementary
- II High Plains School

## OTHER FACILITIES

- C** Chilson Recreation/Senior Center
- W** Winona Pool

## CITY PARKS

- 1 Benson
- 2 Centennial
- 3 Civic Center
- 4 Derby Hill
- 5 Dwayne Webster
- 6 Eagleview
- 7 Edmondson
- 8 Estrella
- 9 Fairgrounds/Barnes
- 10 Glen Arbor
- 11 Jayhawker Ponds
- 12 Garfield Park
- 13 Kirkview
- 14 Kroh
- 15 Loch Lon
- 16 Loch Mount
- 17 Loveland Sports Park
- 18 McKee
- 19 McWhinney Hahn Sculpture
- 20 Mehaffey
- 21 Namaqua
- 22 North Lake
- 23 Osborn/Winona Pool
- 24 Seven Lakes
- 25 Sherri Mar
- 26 Silver Glen
- 27 Silver Lake
- 28 South Shore Parkway
- 29 Sunnyside
- 30 Viestenz-Smith
- 31 Westside
- 32 Woodmere



## OPEN LANDS & TRAILS RULES & REGULATIONS Visit [cityofloveland.org/openlands](http://cityofloveland.org/openlands) for detailed rules.

**Hours** Hours of operation are from 6:00A-10:30P, except Morey Wildlife Reserve and Mariana Butte Trails (open dawn until dusk). Overnight parking or camping is prohibited in open lands & trails.

**Biking** Bicycling permitted on designated trails only. Bicycles are not permitted at Morey Wildlife Reserve or Mariana Butte Trails. Bicyclists yield to other trail users.

**Pets** Pets must be leashed and under human control at all times. Owners must pick up and remove pet waste. Pets are not permitted at Morey Wildlife Reserve or in environmentally sensitive areas.

**Fishing** Fishing is regulated by Colorado State Regulations. Site-specific regulations apply. All persons age 16 and older are required to have a Colorado Fishing License.

**Horses** Horses (except police) are not permitted on City of Loveland Open Lands & Trails.

**Alcohol** Alcoholic beverages are not permitted. Glass containers/bottles are prohibited.

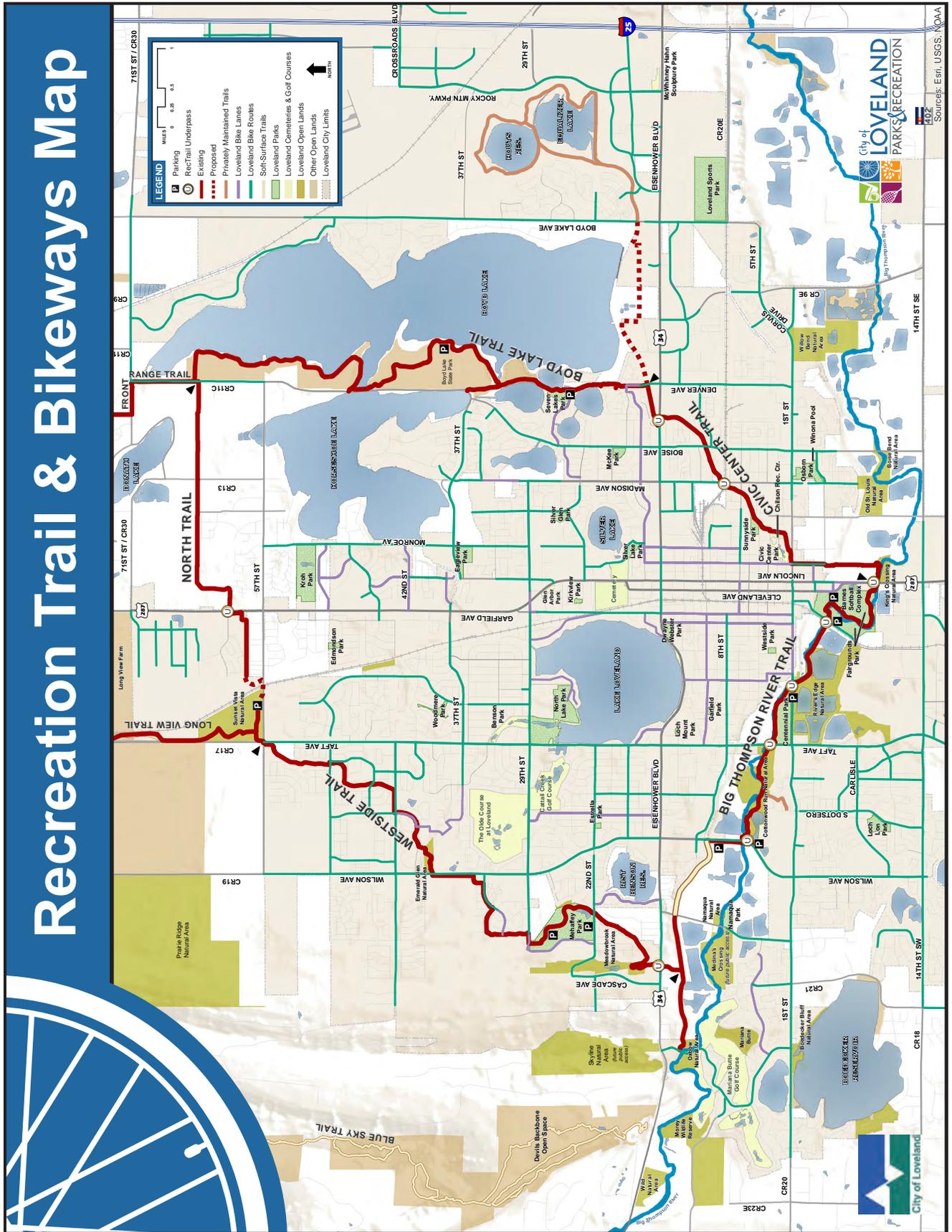
**Fire** Discharge or use of firearms, projectiles or fireworks is prohibited. No open fires or flames.

### Trail Etiquette

- Please stay on the designated trail and respect the rights of adjacent property owners.
- Loveland's trails have many different types of users; please be courteous to others on the trail.
- Flow of traffic is similar to road traffic. Always ride or walk on the right side. When passing others on the trail, verbally warn them that you are passing on the left.
- Be predictable: ride or walk in a straight line - avoid weaving.
- Bicyclists are encouraged to use helmets; make sure your bike is operational and properly equipped (including reflectors and lights).

**Maintenance** Report maintenance concerns or vandalism to the Parks & Recreation Dept. at 970.962.2727.

# Recreation Trail & Bikeways Map



View and print a full-size PDF of this recreation trail & bikeways map online: [cityofloveland.org/trails](http://cityofloveland.org/trails)

## HOW DO I REGISTER?

You may choose to register for activities by going ONLINE, MAILING IN your registration, or COMING IN to the Chilson Center to register in person.

### 1 WEBTRAC ONLINE REGISTRATION - BEGINS APRIL 29, 6:00P

#### For Enrollment Online: [cityofloveland.org/webtrac](http://cityofloveland.org/webtrac)

Request your Household ID number by filling out the online form: [cityofloveland.org/webtrac](http://cityofloveland.org/webtrac)  
OR call 970.962.2383 or 970.962.2727.  
Once logged in to WebTrac, verify/update your household information prior to registration.

**Receipt:** A receipt will NOT automatically be mailed to you. We suggest that you print the webpage that shows your activities and fees paid before completing your enrollment process. Please call the Chilson Center at 970.962.2383 if you'd like your receipt mailed along with any other class or activity information specific to your registration.

### 2 WALK-IN | DROP-OFF REGISTRATION - BEGINS APRIL 30, 8:30A

#### For Walk In/Drop-Off Registration

Drop off the completed registration form (on page 64) along with your check or credit card information. For confirmation of registration, please include your e-mail address. Registrations may be dropped off at the Parks & Rec Administration Office and the Chilson Recreation/Senior Center during regular business hours.

**Chilson Recreation Center**  
Mon-Fri 8:30A-4:30P  
700 E. Fourth St.  
Loveland, CO 80537  
970.962.2386

**Chilson Senior Center**  
Mon-Fri 8:00A-4:30P  
700 E. Fourth St.  
Loveland, CO 80537  
970.962.2783

**Parks & Rec Administration**  
Mon-Fri 8:00A-4:30P  
500 E. Third St., Suite 200  
Loveland, CO 80537  
970.962.2727

### 3 MAIL-IN REGISTRATION - BEGINS APRIL 30, 8:30A

#### Mail-In Registration

Mail in completed registration form (on page 64) along with your check or credit card information and e-mail address to:

**Parks & Recreation Department**  
500 E. Third St., Suite 200  
Loveland, CO 80537

*Registrations received before the date above are held for processing on this date in the order they are received.*

## Notice of Non-Discrimination

It is the policy of the City of Loveland to provide equal services, programs and activities without regard to race, color, national origin, creed, religion, sex, sexual orientation, disability, or age and without regard to the exercise of rights guaranteed by state or federal law. It is the policy of the City of Loveland to provide language access services at no charge to populations of persons with limited English proficiency (LEP) and persons with a disability who are served by the City.

For more information on non-discrimination or for translation assistance, contact the City's Title VI Coordinator at: [titlesix@cityofloveland.org](mailto:titlesix@cityofloveland.org) or call 970.962.2372. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act (ADA). For more information on ADA or accommodations, contact the City's ADA Coordinator at: [jason.smitherman@cityofloveland.org](mailto:jason.smitherman@cityofloveland.org) or call 970.962.3319.

# REGISTRATION POLICIES & PROCEDURES

## Things To Know

- Please register at least one week prior to the first class. Class cancellation decisions are made three days prior to class start date. If class enrollments are below the minimum requirements, a class may be cancelled.
- Registrations cannot be approved by an instructor or the team coach.
- The Department has the right to cancel classes.
- Before you purchase supplies, call 970.962.2383 to verify that your class is occurring.
- The City of Loveland does not discriminate on the basis of race, color, national origin, creed, religion, sex, sexual orientation, age or disability in the provision of services. For disabled persons needing reasonable accommodation to attend or participate in a service or program/activity, call 970.962.2462 or TDD #962.2620.
- SAC holders have priority registration 4/30-5/7 for day trips listed in the Active Generation section, denoted by this symbol (♦). Non SAC holders can register on or after 5/8.

## Use This Enrollment Checklist

- Complete the registration form below
- Double check class fees and total
- Include a 2nd and 3rd choice where possible
- Make checks payable to City of Loveland or include credit card number & expiration date
- Include email address for receipt confirmation

## Cancellations

- When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully to avoid cancellations and/or refunds.
- If you must cancel your class spot, please call 970.962.2383 [seniors call 970.962.2783] at least five (5) business days before the class begins. You may choose to transfer to another class or to receive a refund. See Refunds.
- You are notified if a class is cancelled due to low enrollments, and are given options at that time.

## Refunds

Unless otherwise noted, the following refund policy applies:

- Refund requests must be submitted in writing. Refund request forms are available at the Chilson Recreation Center front desk.
- After registration & up to 3 days prior to the class start date, a \$5 service charge will be assessed.
- Up to two days prior to the class start date, 50% of the class fee is refundable.
- No refunds are given after the 1st week of class.
- Full refunds are only given for fully cancelled classes.
- Allow 2 weeks for processing.
- No cash refunds.
- No refunds for Senior Activity Cards (SACs).
- All refunds must be approved by the Recreation Coordinator and/or the Program Supervisor.
- **Other Charges:** There is a \$20 charge for returned checks.

<b>Loveland Parks &amp; Recreation Registration Form</b>				
Please fill out this registration form for use with all registration options. The information in shaded areas is required during the enrollment process.	<b>Address:</b>			
	<b>City/Zip:</b>			
<b>Household ID #:</b>	<b>Home/Cell:</b>	<b>Work:</b>		
<b>Name:</b> <i>Head of Household/Primary Guardian Full Name</i>	<b>Email Address:</b> <i>For City of Loveland internal use only. Your contact information is not shared.</i>			
<b>Family Member Names:</b>	<b>Birthdates:</b>	<b>Activity/Program #:</b>	<b>Section #:</b>	<b>Fees Due:</b>
				\$
				\$
				\$
				\$
Do you need a special accommodation to safely and enjoyably participate in these programs? ___ Yes ___ No. If yes, please state your special requirements: _____.			<b>Total Paid:</b>	\$
Pay By: ___ Cash <i>(Do not send cash in the mail)</i> ___ Check <i>(Made out to: City of Loveland)</i>		<b>Waiver for Participation:</b> By signing below, I hereby release and absolve the Parks & Recreation Department, the City of Loveland, and all of its employees or agents of same from any claims of damages arising from injury received by the participation involved in this activity, whether due to negligent acts or omissions of said parties, other participants, or otherwise.		
Credit/Debit Card: ___ Visa ___ MC ___ Discover ___ AmEx Card #: _____ Expiration: _____		<i>Signature required showing I agree to the Waiver Statement above and agree to pay the charges listed here as stated.</i> <b>Signature:</b> _____		

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## CONTACT US

(970) 667-4611

104 E. Fourth Street

loveland@aims.edu

[www.aims.edu/campus/loveland](http://www.aims.edu/campus/loveland)



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